



Anna Zubets-Anderson
ART



THE EMBODIED SPIRIT: JOURNEYS OF TRANSFORMATION

MARCH 2025



ABOUT THE ARTIST

I am a contemporary artist, and I view my creative process as a spiritual practice, as well as a method of inner exploration. To me, true art serves to facilitate connection – to ourselves as well as to one another, in a way that transcends language, culture, time, and belief systems. I share my art for two reasons – one, to connect to you, the viewer, in an authentic way; and two, to hopefully inspire others to create, as I believe it is a transformative and healing process that's accessible to everyone.

Most of my art, therefore, seeks to facilitate healing both for myself and for my audience. Often it elevates a life or social issue that needs a resolution or deeper understanding. Although I do create and market products, I don't consider my art to exist primarily for that purpose.

My art often reflects a reverence for nature, a desire to repair a rift between the modern psyche and the environment, and an understanding of the soul as an extension of the natural world. It usually depicts a process of inner transformation, or an evolution of some kind. In that vein, much of my recent art celebrates the freedom of female body and spirit, and seeks to reclaim the power of the feminine from ways in which the patriarchal culture has suppressed, vilified, limited, and shamed it for centuries. My paintings often portray women in nature or in mystical context, and my work is also strongly influenced by the themes of divine feminine, tarot and Jungian archetypes. My art portrays nudity as a metaphor for authenticity, truth, connection to nature, and freedom from the constraints of the modern world.

I am largely self-taught, although I took many classes in art and design at various schools. Besides being a painter, I also like to express myself through aerial dance, and my appreciation of female form and love of movement show in my work. Sometimes I dance my project before I paint it. I use a variety of different materials, including colored pencil, acrylic, oil and alkyd-based glass paint.

In addition to my artistic practice, I am also a coach. In working with my clients, I aim to liberate their own creative potential to design a life that's meaningful and fulfilling to them. You can read more about my work as a coach at www.annazubets.com/coaching.

CONTACT INFO

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EXHIBITS

Body & Pole, New York, 2024
Red Dot Exhibit, Miami, 2022
MADS Gallery, Milan, 2021
Agora Gallery, New York, 2020
One Art Space, New York, 2020

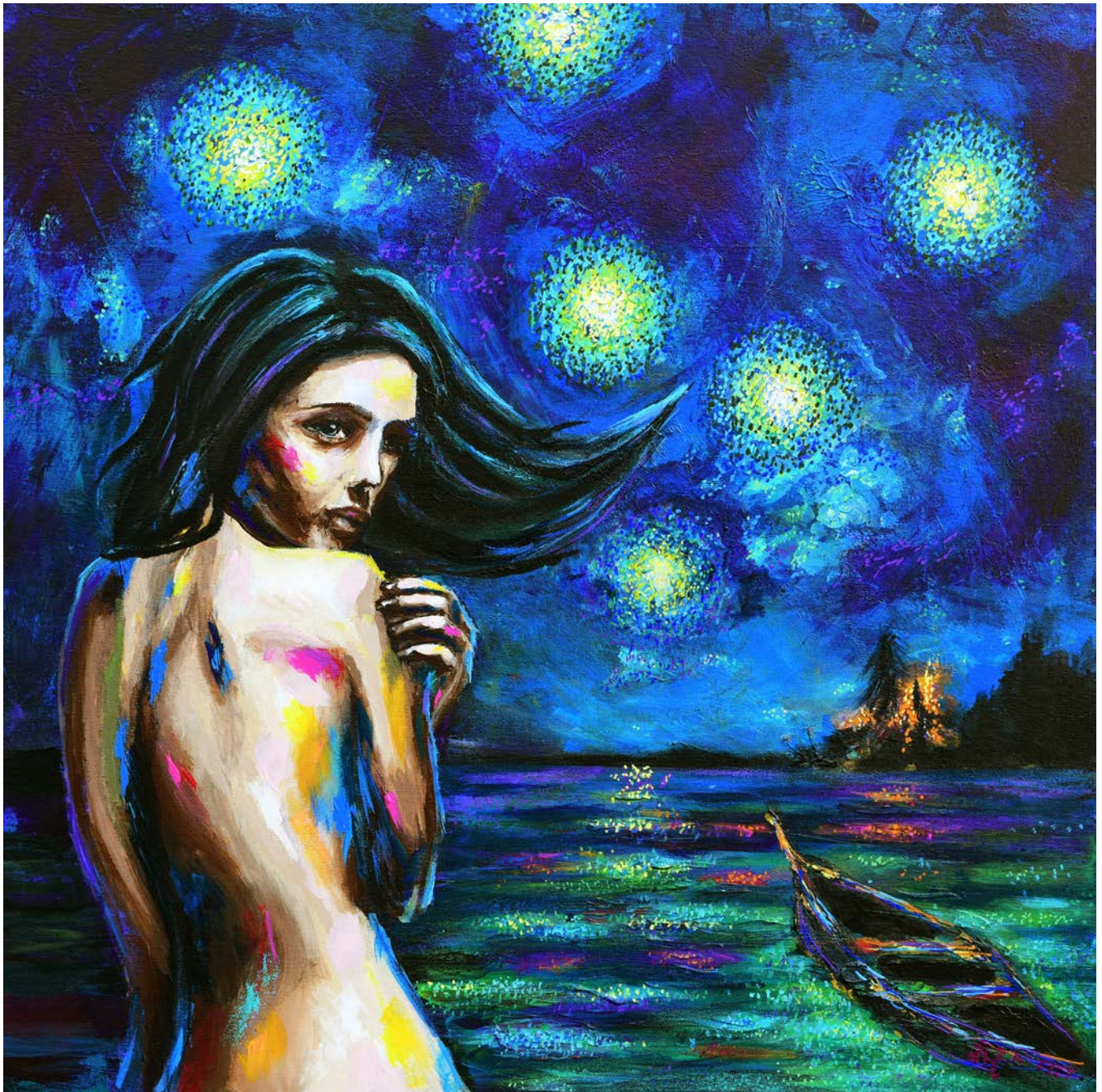
ART EDUCATION

New York Academy of Art
Academy of Art University
Yard School of Art
Seton Hall University
Empire State College

LIGHT IN THE DESERT, 2025



JOURNEY, 2024



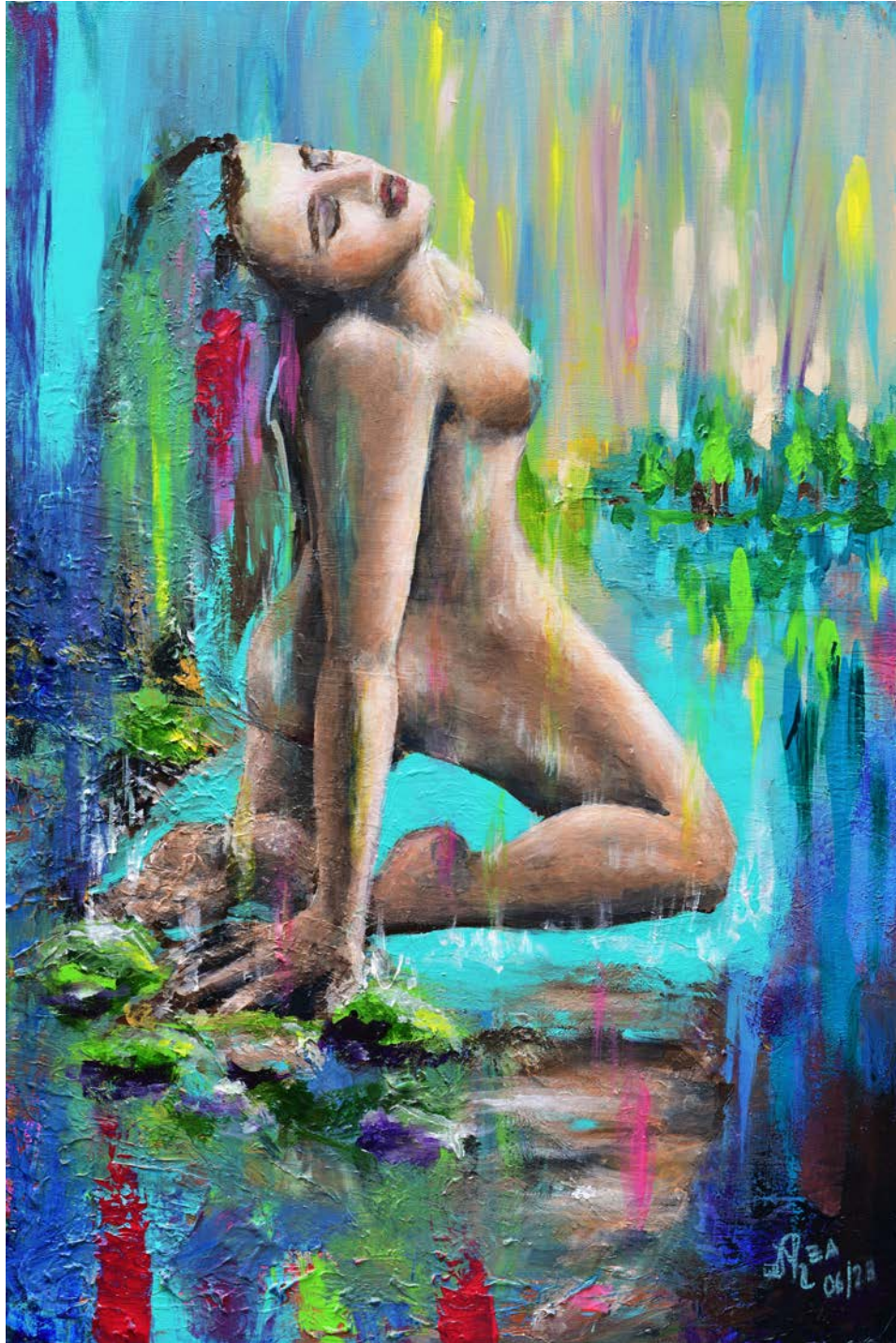
PERSEPHONE'S TRUTH, 2024



THE MOTHER F*CKERS THOUGHT THEY BURIED ME BUT I WAS A SEED, 2023



ONE WITH THE WATERFALL, 2023



SEEKING DEPTH, 2023



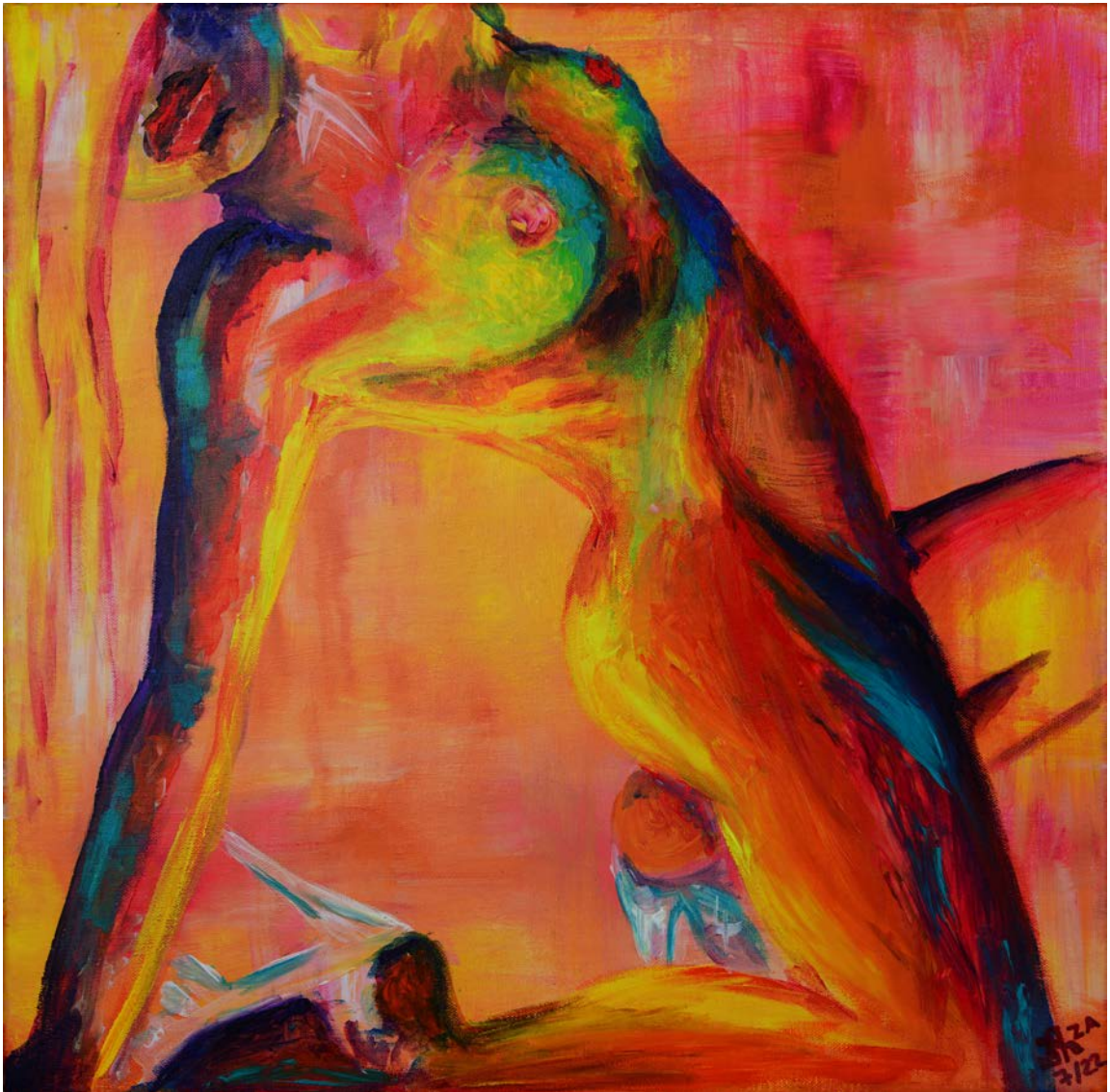
PRIMA MATERIA, 2023



RHAPSODY, 2023



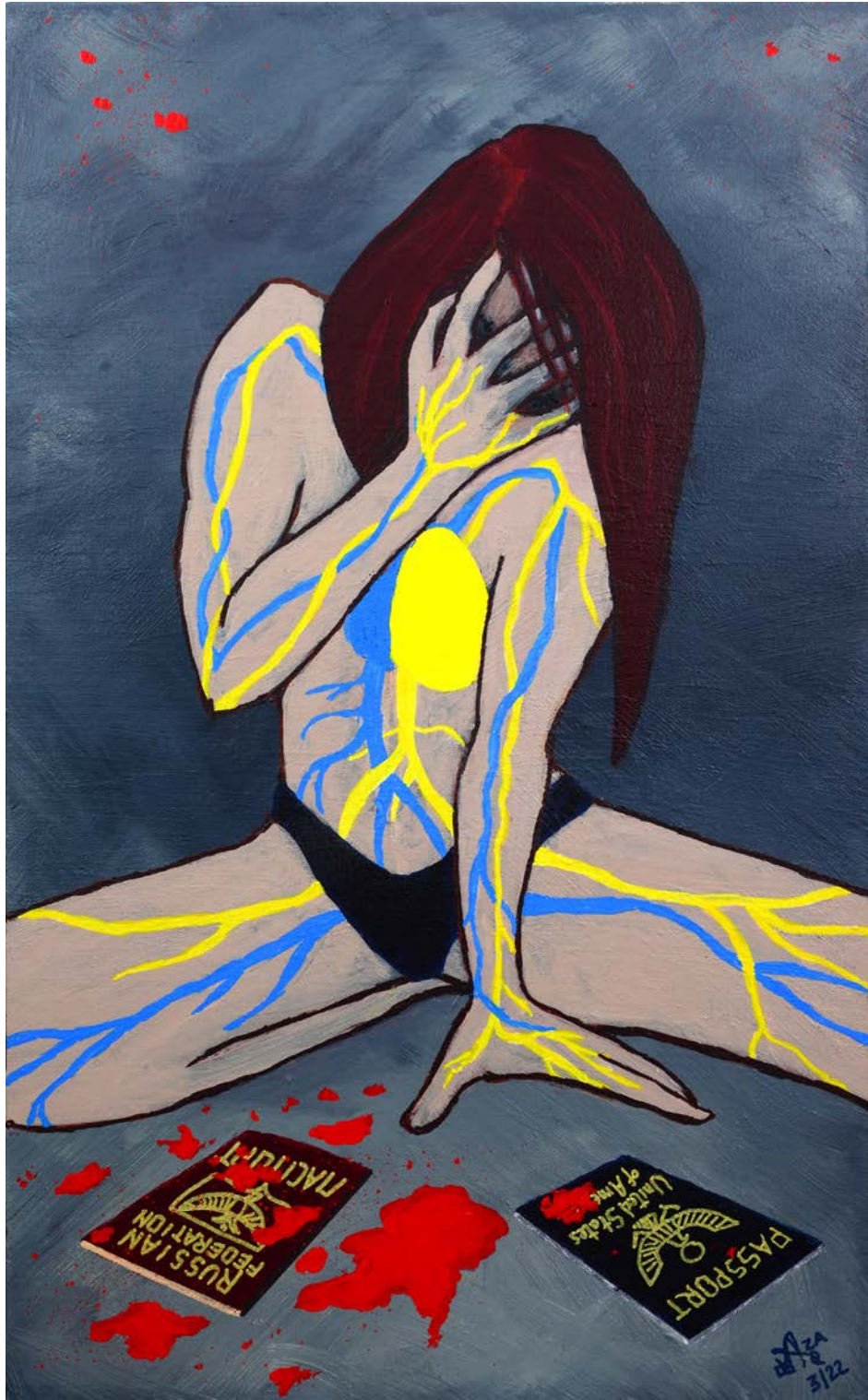
UNDER STROBE LIGHTS, 2022



WHEN THE WAR ENDS, 2022



UKE BLOOD, 2022



HIDING PLACE, 2021



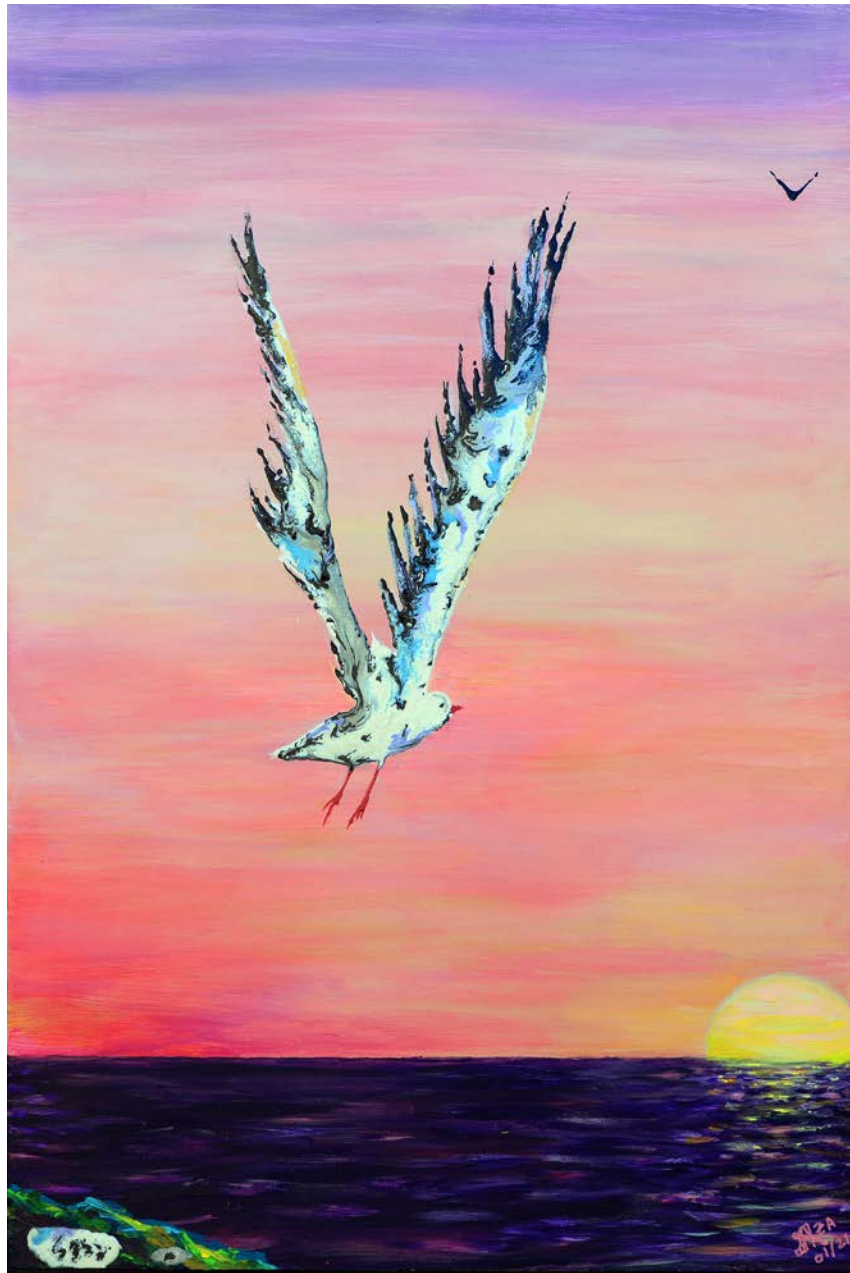
INVIGORATING UNKNOWN, 2020



METAMORPHOSIS 1, 2021



METAMORPHOSIS 2, 2021



ONE SOUL, 2020



SURRENDER, 2020



PLANET B, 2020



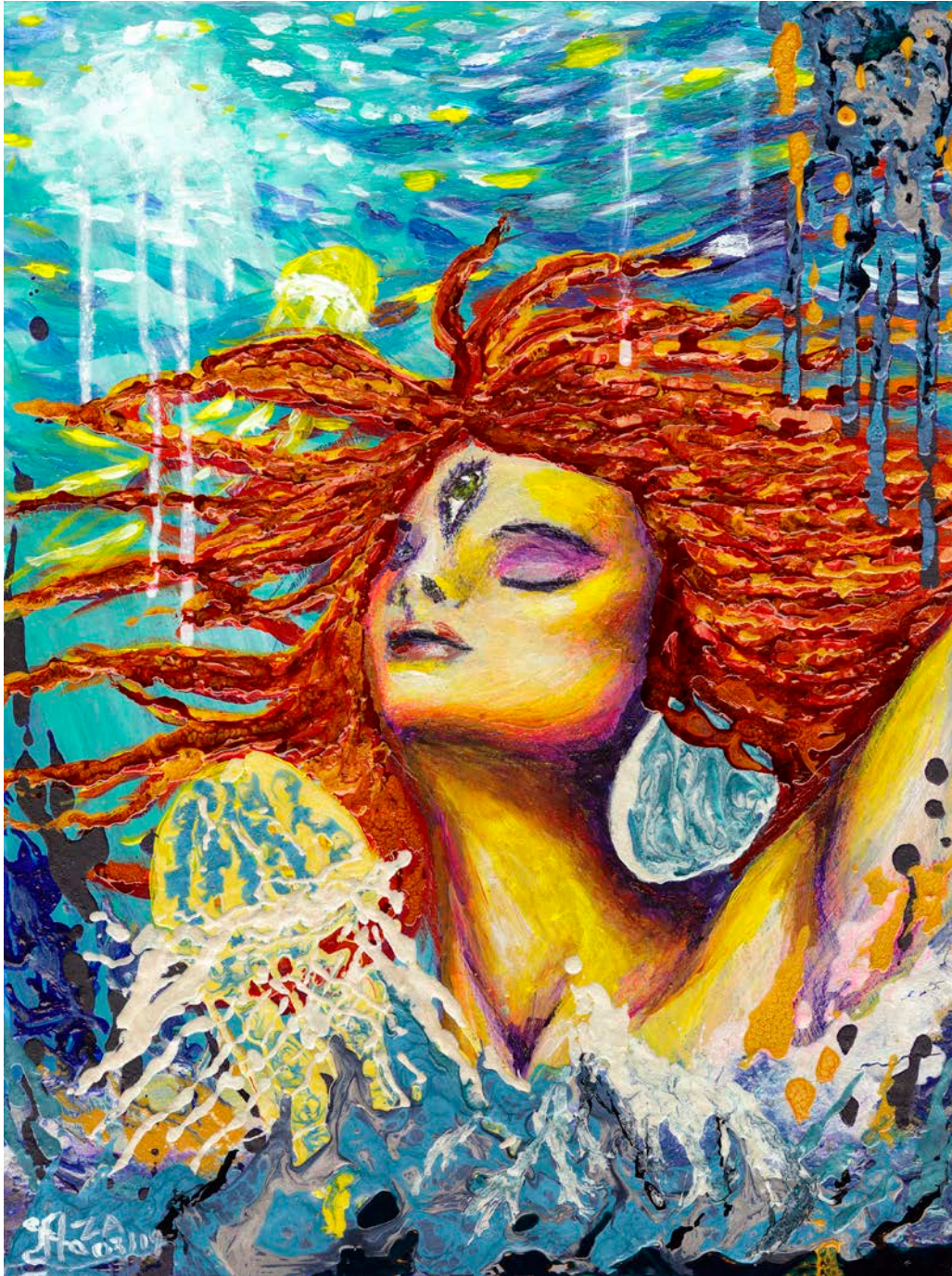
KNOW THYSELF, 2019



PLAY WITH ME, 2019



BETWEEN TWO WORLDS, 2019



OPEN, 2019



SEDNA, 2018



STREAMING THROUGH THE ELEMENTS, 2018



INSPIRATION, 2018



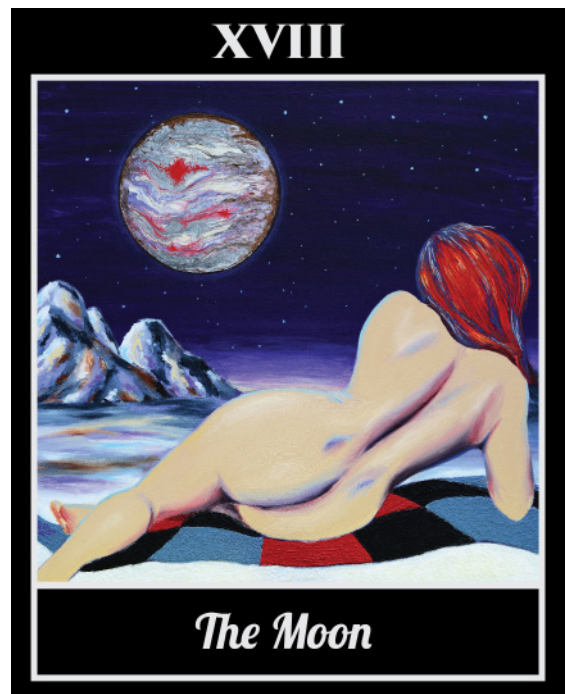
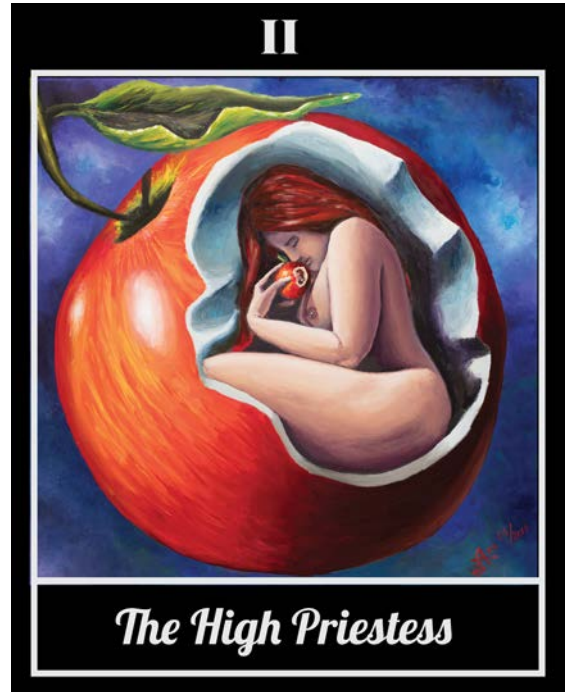
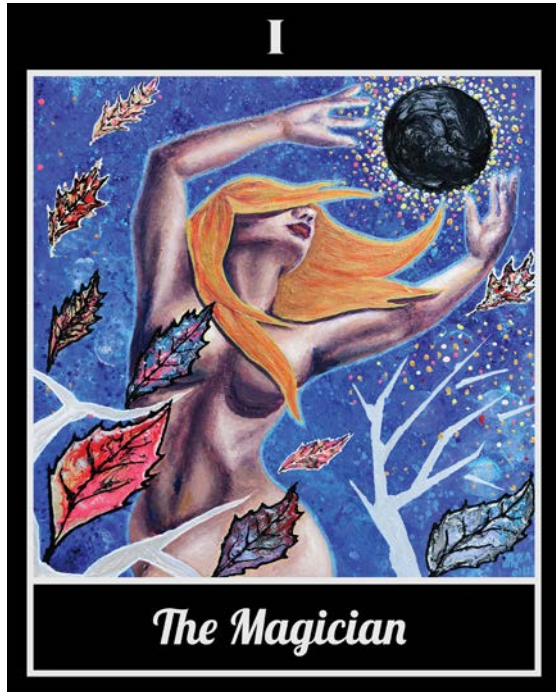
RISING, 2017



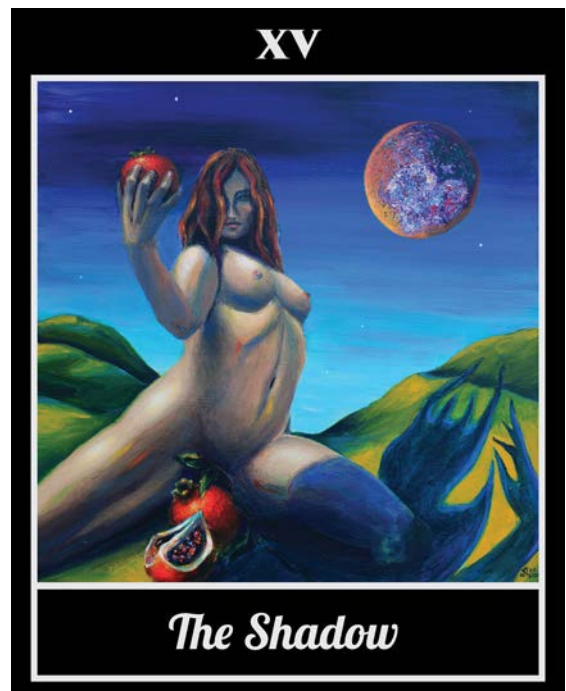
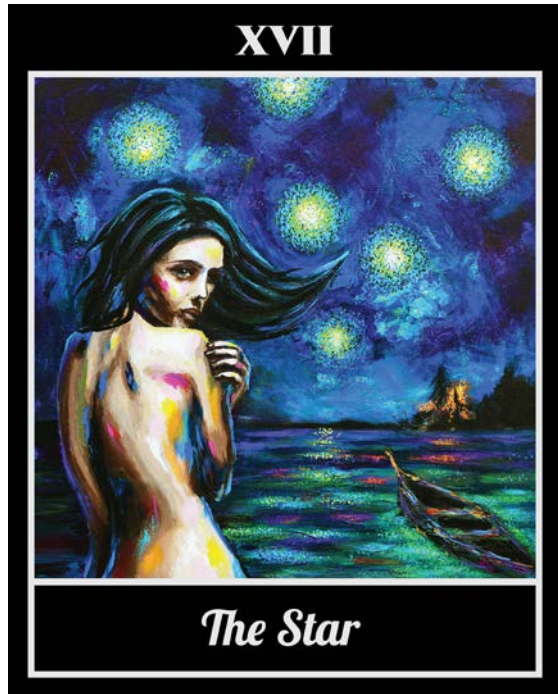
BLACK MOON LILITH, 2016



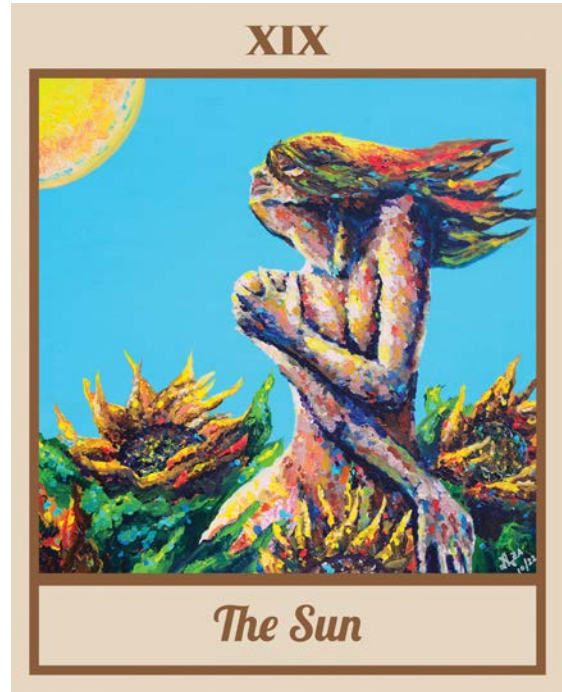
TAROT POSTERS (PRINTS)



TAROT POSTERS (PRINTS)



TAROT POSTERS (PRINTS)



TAROT POSTERS (PRINTS)

XIII



Death and Rebirth

XXI



The Universe