

# BEHAVIORAL HEALTH SERVICES SUBSTANCE USE PREVENTION & TREATMENT

## MAY UPCOMING OBSERVANCES & EVENTS

MAY

### National Treatment Court Month

Treatment Courts are problem-solving courts that promote accountability by combining judicial supervision with rigorously monitored rehabilitation and treatment services in lieu of detention. Currently, approximately 4,000 treatment courts across the nation are now considered the most successful justice intervention in our nation's history. Sacramento County has several robust Treatment Courts. To learn more: <https://www.saccourt.ca.gov/criminal/collaborative-courts.aspx>

MAY

### Mental Health Awareness Month

Mental Health is essential for overall well-being at every stage of life.



Check out the [Mental Health Awareness Month Toolkit](#) for additional resources.

MAY



### National Foster Care Month

There are over 368,000 children and youth in foster care (*U.S. Department of Health and Human Services*). Approximately 18,500 youth are emancipated from foster care without a permanent family. National Foster Care Month is an important opportunity to spread awareness of issues related to foster care and acknowledge the parents, family members, foster parents, child welfare and related professionals, mentors, policy makers, and other members of the community who help children and youth in foster care find permanent homes and connections.

MAY

### Older Americans Month

Join us in recognizing the contributions of older adults in our community and reaffirming our commitment to serving older adults with respect, compassion, and integrity.

MAY

5

### Sacramento County Alcohol & Drug Advisory Board Criminal Justice Committee

Time: 2:00 PM- 4:00 PM

Location: Sacramento County's District Attorney's Office, 901 G Street, Conference Room, Sacramento

MAY

5-11

### National Children's Mental Health Awareness Week

Mental health is very important- especially for children, who are still developing the tools they need to process emotions, cope with stress, and build resilience. Let's all foster environments where children and youth can thrive and be their best selves.

MAY

7

### Sacramento County Coalition for Youth(SCCY)

Time: 4:30 PM- 6:00 PM

Sign up to receive meeting information at this link: <https://www.sacramentoccy.org/>

MAY

13

### Sacramento County Alcohol & Drug Advisory Board Treatment Committee (Hybrid Format)

**Time:** 2:00 PM- 3:30 PM

**Location:** WellSpace Health, 4441 Auburn Blvd, Sacramento

Please refer to the agenda at this link: <https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Alcohol-and-Drug-Advisory-Board/BC-2025-Alcohol-and-Drug-Advisory-Board-Meetings.aspx>

MAY

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### Sacramento County Alcohol & Drug Advisory Board Meeting (Hybrid Format)

**Time:** 5:30 PM- 7:30 PM

**Location:** WellSpace Health, 1500 Expo Parkway, Sacramento

Please refer to the agenda at this link:

<https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Alcohol-and-Drug-Advisory-Board/BC-2025-Alcohol-and-Drug-Advisory-Board-Meetings.aspx>

MAY

15

### Sacramento County Methamphetamine Coalition

The next Sacramento County Methamphetamine Coalition meeting will be held virtually on the ZOOM platform. Registration will be required in order to attend. After registering, you will receive a confirmation email with information about joining the meeting.

**Time:** 2:00 PM to 3:30 PM

**Location:** Virtually via ZOOM

**Register in advance for this meeting:**

<https://www.zoomgov.com/meeting/register/QrdPQjgUSSy6puODeJD99Q>

MAY

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### Sacramento County Alcohol & Drug Advisory Board Executive Committee (Hybrid Format)

**Time:** 1:30 PM- 3:00 PM

**Location:** 7001A East Parkway, Suite 501, Sacramento

Please refer to the agenda at this link: <https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Alcohol-and-Drug-Advisory-Board/BC-2025-Alcohol-and-Drug-Advisory-Board-Meetings.aspx>

MAY

20

### Sacramento County Alcohol & Drug Advisory Board Prevention Committee (Hybrid Format)

**Time:** 1:30 PM- 3:00 PM

**Location:** Sacramento County Office of Education, 10474 Mather Blvd., Mather

**Zoom:** Please refer to the agenda at this link:

<https://dhs.saccounty.gov/BHS/Pages/Advisory-Boards-Committees/Alcohol-and-Drug-Advisory-Board/BC-2025-Alcohol-and-Drug-Advisory-Board-Meetings.aspx>



### Safer Sacramento

[www.safersacramento.com](http://www.safersacramento.com)

Safer Sacramento provides educational multimedia resources to guide individuals to make healthy choices and to avoid or reduce the potential harm from the use or misuse of alcohol, tobacco, marijuana, and other substances.



A nine-part documentary blog series that sheds light on the harrowing reality of the fentanyl crisis in the U.S. and its impact on Sacramento County in particular.

**WATCH NOW**



Safer Sacramento



Safer Sacramento Youth



## SACCounty Healthy Beginnings

[www.sachealthybeginnings.com](http://www.sachealthybeginnings.com)

SACCounty Healthy Beginnings mission is to promote a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.

**Please visit this link to access free, informative training sessions:**  
[www.sachealthybeginnings.com](http://www.sachealthybeginnings.com)



**FOLLOW US**



## Let's Talk Meth

[www.letstalkmeth.org](http://www.letstalkmeth.org)

As a campaign for Sacramento County Methamphetamine Coalition in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Let's Talk Meth offers drug education, resources, and support for any person in need. Let's Talk Meth seeks to increase enrollment in Sacramento's substance use treatment programs while decreasing methamphetamine use throughout the county.



## 1PILLCANKILLSAC

[www.1pillcankillsac.com](http://www.1pillcankillsac.com)

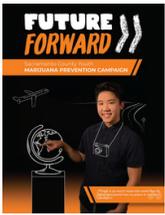
The 1 Pill Can Kill Sac media campaign offers education and resources to raise awareness about the risk and dangers of fentanyl poisoning and counterfeit pills. Information on harm reduction strategies, substance use prevention and treatment services, and resources to save lives.



## Future Forward

[www.sacramentoccy.org/futureforward.html](http://www.sacramentoccy.org/futureforward.html)

As a campaign for Sacramento County Coalition for Youth and in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Future Forward is a youth marijuana prevention campaign.



## Talk. They Hear You.

[www.sacramentoccy.org/TalkTheyHearYou.html](http://www.sacramentoccy.org/TalkTheyHearYou.html)

As a campaign for Sacramento County Coalition for Youth and in partnership with Sacramento County Division of Behavioral Health Services, Substance Use Prevention and Treatment Services, Talk. They Hear You. is a youth underage drinking prevention campaign.



## FREE Narcan® and Fentanyl Testing Strips

For free Narcan® - scan QR code. Be sure to click through to page 2 to complete the form and make your request.

Organizations may apply to DHCS, Naloxone Distribution Project for free Narcan® and Fentanyl Testing Strips at:

[www.dhcs.ca.gov/individuals/Pages/Naloxone\\_Distribution\\_Project.aspx](http://www.dhcs.ca.gov/individuals/Pages/Naloxone_Distribution_Project.aspx)



## Opioid Coalition Data Dashboard

[www.sacopioidcoalition.org](http://www.sacopioidcoalition.org)

With help from Sacramento County, the Opioid Coalition now has a LIVE updating dashboard that keeps track of suspected opioid overdoses over the last few years. You can examine the data monthly or annually, and filter by various demographics.



Updated: 4/18/25

**For more information on Substance Use Prevention and Treatment (SUPT) Services, please visit this link or scan the QR Code:**

<https://dhs.sacounty.gov/BHS/Pages/SUPT/Substance-Use-Prevention-and-Treatment.aspx>

**SCAN**

