



## ANNOUNCING: SACCounty Healthy Beginnings

Sacramento County SUPT's innovative new project focuses on prenatal substance exposure. The project includes education, screening, prevention, and intervention for prenatal substance exposure from substances including methamphetamines, marijuana, opioids, alcohol, and more. Its scope includes the pregnant woman, the infant, and learning about the impacts of prenatal substance exposure and perinatal intervention on the developing child.

### VISION

Empowering families and children to thrive physically, socially, and emotionally, free from the effects of substance use and misuse in pregnancy.

### MISSION

SACCounty Healthy Beginnings will promote a healthy and safe environment for Sacramento County's families and children through outreach and education for professionals and community members, addressing perinatal substance use prevention and intervention.

### GOALS

1. Enhance the knowledge and skills of physicians, nurses, substance abuse treatment professionals, mental health professionals and other providers who deliver services to pregnant and parenting women to create a continuum of substance use and misuse prevention and intervention across the perinatal period and the span of childhood.
2. Promote community knowledge and decrease community stigma regarding perinatal substance use and misuse.

### TRAINING EVENTS

SACCounty Healthy Beginnings proudly provides free online training events for community members. These trainings are presented by Ira J. Chasnoff, MD, of NTI Upstream.

Registration for all online training events is required. Please register today and join us for these unique learning opportunities! Scan the QR code to learn more and reserve your spot!



Learn more about SACCounty Healthy Beginnings at [www.sachealthybeginnings.com](http://www.sachealthybeginnings.com).

Questions? Contact Pamela Hawkins at [HawkinsP@saccounty.gov](mailto:HawkinsP@saccounty.gov).