

# BEHAVIORAL HEALTH SERVICES-SCREENING AND COORDINATION (BHS-SAC)

## NEW CALL CENTER !

### BHS-SAC: YOU'RE JUST ONE CALL AWAY FROM SUPPORT

**Sacramento County BHS-SAC** will link you to services for all your mental health and substance use treatment needs! By calling **916-875-1055**, you can get access to the following services and more:

- Screening for Mental Health and Substance Use Services
- Mental Health and Substance Use Outpatient Treatment
- Residential Treatment
- Recovery Residences/Sober Living Environments
- Care Coordination
- Crisis Intervention
- Medication Support
- Medication Assisted Treatment
- Prevention Services
- Therapy/Rehabilitation Services and Groups
- Driving Under the Influence Programs
- Linkage to Community Resources



Bilingual staff or interpreters are available at no cost. Please let us know if you need an interpreter.

Visit Behavioral Health Services Online at:  
<https://dhs.saccounty.gov/BHS>



## BHS-SAC

**Phone: 916-875-1055;**  
**CA Relay 711**

**Toll Free: 888-881-4881**

**Fax: 916-875-1190**

**Hours: 24 Hours a Day,**  
**365 Days a Year**

If you are experiencing a behavioral health crisis, please call 988. If you are experiencing a life threatening emergency, please call 911.

**DON'T FEEL LIKE  
CALLING? WALK IN  
TO SERVICES  
TODAY!**



**Mental Health Adult  
and Child Provider Walk  
In Hours**



**Substance Use Prevention  
and Treatment  
Community Resource List**