



Healthy Beginnings Perinatal Program (HBPP)



Launching July 1, 2026

**Support during pregnancy
and After Birth**



HBPP offers caring support for pregnant people and new parents for up to 12 months after birth.



Who We Support

- People who are pregnant
- Parent who gave birth within the past 12 months
- People who need help with substance use or mental health support
- Medi-Cal members and families who do not have insurance or do not have enough insurance



How We Can Help

- Live-in treatment, outpatient care, and sober living
- Help planning and managing your care
- Support during pregnancy and after birth
- Mental health and recovery services
- Parenting classes and family support
- Breastfeeding, doula, childbirth, and baby care education
- Help finding housing, food, benefits, transportation, and other resources



Get Connected

Call, email, or visit us to learn more or connect with services



Referrals from families and community partners are welcome



www.bridgesinc.net



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