

JULY UPCOMING OBSERVANCES & EVENTS

JULY

BIPOC (Black, Indigenous, and People of Color) Mental Health Awareness Month



A month dedicated to focusing on the unique mental health struggles, systemic barriers, and cultural strengths of Black, Indigenous, and People of Color. This observance reminds us of the importance of advancing equitable access to mental health resources, reducing stigma, and supporting culturally responsive services that promote wellness, and resilience, while strengthening community partnership and advancing health equity. Learn more by visiting the Mental Health America's online [BIPOC Mental Health Resource Center](#).

JULY

15

Sacramento County Opioid Coalition and Methamphetamine Coalition Meeting

Click [here](#) to register for meeting or scan QR code.



Sacramento County Behavioral Health Commission (BHC) Meetings



JULY 6

BHC Youth Prevention and Treatment Committee
(1st Monday monthly @ 6:00 PM)

JULY 9

BHC Crisis and Justice Involved Continuum Committee
(2nd Thursday monthly @ 4:00 PM)

JULY 13

BHC Adult Prevention and Treatment Committee
(2nd Monday monthly @ 6:00 PM)

JULY 15

BHC General Meeting
(3rd Wednesday monthly @ 6:00 PM)

The meeting agendas are posted to the [Behavioral Health Commission Meetings webpage](#).



Safer Sacramento
www.safersacramento.com



Safer Sacramento provides educational multimedia resources to help youth, families, and community members make healthy choices, seek support, and reduce harm.



**THE
RIPPLE
EFFECT**

▶ WATCH NOW



Safer Sacramento Youth
www.safersacmentoyouth.com

Safer Sacramento Youth provides a welcoming, inclusive online space for all things related to mental health, well-being, and substance use.



SACCounty Healthy Beginnings
www.sachealthybeginnings.com



SACCounty Healthy Beginnings is a program that focuses on supporting healthy pregnancies and preventing prenatal substance exposure through education, screening, and early intervention.

2026 TRAINING SCHEDULE - ONLINE EVENTS
[Learn more and register](#)



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FOR YOUR BABY'S HEALTH – AND FOR A BRIGHTER FUTURE.



FREE Narcan® - Fentanyl Testing Strips - Sexual Health Kits
To request free supplies, scan QR Code



Opioid Coalition Data Dashboard

LIVE dashboard that has information on Emergency Department visits and hospitalized cases suspecting opioid overdoses.

