



# CAPITAL CITY SHAG CLUB NEWSLETTER

VOLUME 18, ISSUE 1

FIRST QUARTER, 2025

CCSC Mission Statement:  
THE PURPOSE OF THE CLUB SHALL BE TO PROMOTE FELLOWSHIP AND HARMONY AMONG ITS MEMBERS, TO PRESERVE SHAG DANCING AND BEACH MUSIC, AND TO INTRODUCE SHAGGING TO JUNIORS AND OTHERS THROUGH SOCIAL AND CHARITABLE EVENTS, AND WORKSHOPS.

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Through the National FastDance Association, this event is properly and legally licensed by:



Capital City Shag Club  
PO Box 53  
Irmo, SC 29063



## President's Greeting



*I hope everyone had a Merry Christmas and Happy New Year. I'm sure that those of you that went to SOS Mid Winter had a great time. I certainly did. I am looking forward to 2025 being a great year for my shag family.*

*Our Christmas Party was a huge success and so much fun. Barney Mims, our DJ, did a great job. The decorating committee and those who came to help up did an awesome job. I would like to give all of you a big thank you! Mathias Sandwich Shop provided delicious food as usual. I would also like to thank those that helped during the party with check-in, serving, 50/50 and all of those that attended.*

*I want to apologize for the Newsletter being delayed this quarter. As everyone knows, we were informed on December 26 that Embassy Suites was closing their doors January 6. So, we had to find a new location for our Shag Extravaganza XV. I am excited to let everyone know that our Shag Extravaganza XV will be located at Double Tree. We were postponing getting the Newsletter out until we finalized everything with Double Tree and created a new flyer to be able to have it in our Newsletter.*

*It was an honor to be reelected for second year as your President. Congratulations to our elected board members: Jeff Woods, Vice President; Renee Polites, Secretary; Sarah Jones, Treasurer; Henry Dowd, Sergeant at Arms. My fellow board members and I will do our best to make 2025 a great year. I could not have asked for a better team to serve with and to serve CCSC members.*

*It takes a village to make a strong Shag Club. I need you all on my TEAM!!!!*

*Keep these dates in mind for this quarter: February 27, Mardi Gras and First Quarterly Membership Meeting (catered), March 28, 29 Shag Extravaganza XV.*

Vickey Van Frank  
CCSC President  
803.837.2415  
vf244@windstream.net

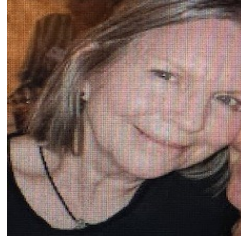
## Capital City Shag Club Executive Board 2025



**Vickey Van Frank**  
**President**  
803.837.2415  
vf244@windstream.net



**Jeff Woods**  
**Vice President**  
803.351-0826  
Louis\_woods01@bellsouth.com



**Renee Polites**  
**Secretary**  
803.513.2460  
r.polites@yahoo.com



**Sarah Jones**  
**Treasurer**  
229-400-0436  
sbexp2005@yahoo.com



**Henry Dowd**  
**Sergeant-At-Arms**  
803.622-9438  
shagginglady@att.net



## Capital City Shag Club's Past Presidents

Marlene Steiner, 2008  
Will DiMirra, 2009  
Bob Mergle, 2010  
Cleo Gleaton, 2011  
Carole Cooper, 2012

Josiane Horton, 2013  
Josiane Horton, 2014  
Otis Paris, 2015  
Josiane Horton, 2016  
Carol Gasque, 2017  
Carol Gasque, 2018

Marlene Steiner, 2019  
Marlene Steiner, 2020  
Carol Richardson, 2021  
Carol Richardson, 2022  
Liz Smith, 2023  
Vickey Van Frank, 2024

## Capital City Shag Club's Committees

### **Bylaws**

Wayne Cabaniss  
Rosemary Dalton  
Deborah Ward  
Duane Ward

### **Communications**

Terry MacKinnon  
Rhonda Ruff

### **Newsletter**

Rhonda Ruff

### **Photographer**

Terry MacKinnon

### **Membership**

Betty Jeffcoat

### **Nominating**

Betty Bailey  
Terry MacKinnon  
Phyllis McKay  
Barney Mims  
Janis Ruff

### **Ways and Means**

Diane Hinson

### **Social**

Janis Ruff

### **Historian**

Olga Christy  
Carol Gasque

### **Web Site**

Shawncee Sapp

### **Finance**

Ron Clary  
Ronnie Elliott  
Betty Jeffcoat  
Janice Thomas  
Duane Ward  
Sarah Jones, Ex-officio  
Jeff Woods, Ex-officio

### **ShagX Treasurer**

Jeff Woods

### **DJ Scheduler**

Barney Mims

### **Shag Extravaganza**

Henry Dowd, Chair  
Vickey Van Frank  
Liz Smith

### **Decorating**

Liz Smith, Chair  
Phyllis McKay  
Frances Miller  
Janis Ruff  
Rhonda Ruff  
Deborah Ward  
Duane Ward  
Judy Wasieczko



**VOLUNTEERS NEEDED**

Please give thought and consider serving on one of the CCSC committees. Contact anyone on the Nominating Committee if you are interested in serving on the CCSC Board.



## Capital City Shag Club Birthdays

# Happy Birthday !!

### JANUARY

Kathleen Rush 04  
Sherry Robinson 05  
Tina Stambaugh 07  
Les Johnson 08  
Bill Taylor 10  
Gayle Gay 13  
Billy Fanning 16  
John Hunter 23  
Betty Jeffcoat 27



### FEBRUARY

Alice Spigner 03  
MaryJane Phipps 06  
Vicki Nettles 07  
Louis Truesdale 09  
Sam Mitchum 11  
Lisa Mello 11  
Tristan Thompson 12  
Judy Wasieczko 12  
Dorothy Garrick 18  
Marie Mims 27  
Ken Ray 29

### MARCH

Jim Lane 04  
Robert Lampley 05  
Brent Helms 08  
Phyllis McKay 08  
Debra Neal 10  
Kevin Bluemel 11  
Cody Russell 16  
Wayne Cabaniss 18  
Gerald Wrenn 19  
Vickey Van Frank 24  
Johnny Dowd 26  
Susan Horton 27  
Thomas Clark 30  
Garth Knapp 31



Please email Rhonda Ruff at [rlhwuff@gmail.com](mailto:rlhwuff@gmail.com) if you notice a missing birthday, thanks!



## Capital City Shag Club Calendars

**Monthly Board Meetings** are held at the Lexington VFW at 5:15 pm. Meeting dates: 02/12, 03/12, 04/09, 5/14, 06/11, 07/09, 08/13, 09/10, 10/08, 11/12 and 12/10/25.

**Quarterly General Membership Meetings** are held at the VFW at 6:30 pm. Meeting dates for 2025 are 02/27, 06/07, 09/04 and 12/13/25.

**Shag Night** - Dancing Together with Palmetto Shag Club: Thursdays and the third Wednesday at the VFW at 424 Cedarcrest Drive in Lexington, SC. Doors opens at 6:30 pm, music at 7:00 pm. Note that there is no dancing at the VFW on the third Thursday of the month.

Please bring a covered dish or dessert to share. If you don't bring a food item, please consider making a cash donation in the Green Box. Also, be sure to support the DJs and bartenders with your generous tips.



### 2025 Party Schedule

February 27	Mardi Gras Party ( <i>catered</i> )
March 28-29	Shag Extravaganza
May 24	DJ Rumble
June 7	Anniversary Party ( <i>catered</i> )
September 4	Appreciation Party ( <i>catered</i> )
October 30	Halloween Party
December 13	Christmas Party ( <i>catered</i> )

### 2025 SOS Schedule

January 16 -19	SOS Mid Winter
April 24 - May 4	SOS Spring Safari
September 11 - 21	SOS Fall Migration



## Where We Dance !!



**VFW**  
 424 Cedarcrest Dr  
 Lexington, SC 29073  
 No Cover  
**Thursdays at 6:30 pm**  
**3rd Wednesdays at 6:30 pm**  
**Hosts: Capital City and**  
**Palmetto Shag Clubs**

**VFW**  
 424 Cedarcrest Dr  
 Lexington, SC 29073  
 \$5 Cover  
**Fridays at 7:00 pm**  
**except 3rd Fridays**  
**Host: Columbia Shag Club**

### Dance & DJ Schedule

01/02	No Dancing
01/09	Barney Mims
01/15	Dan Spivey
01/23	Billy Fanning
01/30	Mark Swygert
02/06	Barney Mims
02/13	Mark Swygert
02/19	Billy Fanning
02/27	John Fletcher Mardi Gras Party
03/06	Mark Swygert
03/13	Billy Fanning
03/19	Barney Mims
03/27	Barney Mims Shag XV PreParty

### Dance & DJ Schedule

Butch Davidson  
*(unless Butch is out of town)*



# Capital City Shag Club Newsletter

## Volume 18, Issue 1 January - March, 2025

### Capital City Shag Club Membership Benefits

Our Membership Year is Jan 1<sup>st</sup> to Dec 31<sup>st</sup>. We would love for you to share an exciting year of excitement and fun. Your membership includes:

1. Four Great Catered Parties
2. Junior Shag Day to promote the Shag to the next generation
3. Shagging most Thursday Nights at Our Favorite Shag Place
4. Outstanding Deejays playing Fantastic Beach, Shag Music and a little line dancing
5. Four (4) issues of our Newsletter
6. Communications on upcoming shag events, special events and happenings throughout the Shag World
7. CCSC Facebook page and a website to post and share club events, pictures and other shag related information
8. Membership in the Association of Carolinas Shag Clubs (ACSC)
9. A \$5 Discount on SOS Cards
10. Membership in the National Fast Dance Association (NFA)
11. Friendships and memories to last a lifetime!

Please complete the membership application ([page 10](#)), and make your check payable to Capital City Shag Club, and mail your application and dues to:

Capital City Shag Club  
P. O. Box 53  
Irmo, SC 29063

Applicants, 21 years of age and older, will be considered for membership. Forms must be signed by all participants. Renew your membership now to stay on our active roster and not miss any announcements.

Thank you!

*ccsc* Membership Chair

### Member News, Sympathy, Prayers

Please continue to keep Olin Bolton in your thoughts and prayers as he deals with medical issues.

Don't forget to visit our CCSC website and Facebook page. We hope this will help our members and friends stay in the know about our events, view pictures and partake in a lasting friendship on and off the dance floor. Offering a big thank you to our web master, Shawncee Sapp.



We also have a CCSC Business Card! This picture shows the front and back. Utilize the QR codes to access our website and FB page. And don't forget you can also view the Smug-mug pictures on the website.



Do you have news, celebrations, milestones that you want to share with club members? Or, if you know of an illness or death of a CCSC member or their family that can be shared, please contact: Rhonda Ruff at [rlhwuff@gmail.com](mailto:rlhwuff@gmail.com).


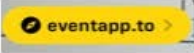
# Capital City Shag Club Newsletter



## Volume 18, Issue 1 January - March, 2025

Mary Gregory, the SOS Web Master, has shared the following instructions on how to add the SOS App to your mobile device. This App allows you to view all the SOS event schedules for the clubs including DJs, bands and workshops. Also, it provides access to the Carefree Times including Archives and ACSC Club Information.

### How to Install the SOS App.

1. Scan this QR Code either with a QR Reader or your Camera

	Or if you use your Camera: It will come up  Click on the eventapp.to (box)
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1. If Android Phone Click on the Install Icon at the top  and then click install. (it will be installed)
2. If iPhone, If you Scanned by **QR Code** or clicked on the "**eventapp.to**" box the following screen appears:
3. Then click on this icon:  and **scroll down** and click on "**Add to Home Screen**"



4. Name it: **SOS APP** and Click **ADD**.

# **LOCAL DANCING OPPORTUNITIES**

## **JANUARY**

**Thursday 1-30-25 Mark Swygert**

## **FEBRUARY**

**Thursday 2-6-25 Barney Mims**

**Thursday 2-13-25 Mark Swygert**

**Wednesday 2-19-25 Billy Fanning**

**Thursday 2-27-25 John Fletcher  
(Mardi Gras Party)**

## **MARCH**

**Thursday 3-6-25 Mark Swygert**

**Thursday 3-13-25 Billy Fanning**

**Wednesday 3-19-25 Barney Mims**

**Thursday 3-27-25 Barney Mims  
(Shag Extravaganza Pre-Party)**

## **COLUMBIA SHAG CLUB**

**Lexington VFW, 424 Cedarcrest Drive**

**Lexington, South Carolina**

**7:00 p.m. - \$5 Donation - Friday**

**DJ Richard Connor - January 31, 2025**



# **Capital City Shag Club Weekly News**



**Stay Connected with Us Through Our  
Various Platforms:  
CCSC Email Address  
[capitalcityshagclub.sc@gmail.com](mailto:capitalcityshagclub.sc@gmail.com)**

**CCSC Website with Our Club Information,  
Updates on Extravaganza, Dancing Events,  
Our Current Newsletter, and Fun Photos  
<https://capitalcityshagclubsc.org>**

**CCSC Facebook Page with Our Latest Club  
Information on Extravaganza, Club Parties,  
Weekly Dancing, and Community Events  
[facebook.com/ccsc/capitalcityshagclub](https://facebook.com/ccsc/capitalcityshagclub)**

**CCSC Smugmug Page with All of Our Fun  
Photo Galleries  
[www.capitalcityshagclub.smugmug.com](http://www.capitalcityshagclub.smugmug.com)**



**Capital City Shag Club**  
**Columbia, SC**  
**Membership Application**  
**January 1—December 31**  
**Year 2025**

*Mail completed application with payment to:*

**Capital City Shag Club — PO Box 53 — Irmo, SC 29063**  
[capitalcityshagclub.sc@gmail.com](mailto:capitalcityshagclub.sc@gmail.com)

Check One:  RENEWAL  NEW MEMBER (*Sponsor Required*)

#1 Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
#1 Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
#1 Phone# \_\_\_\_\_ Birthday: Month \_\_\_\_ Day \_\_\_\_ Occupation \_\_\_\_\_  
(if retired, what was your occupation)  
#1 Email: \_\_\_\_\_ Other Shag Club Affiliations \_\_\_\_\_

#2 Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
#2 Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
#2 Phone# \_\_\_\_\_ Birthday: Month \_\_\_\_ Day \_\_\_\_ Occupation \_\_\_\_\_  
(if retired, what was your occupation)  
#2 Email: \_\_\_\_\_ Other Shag Club Affiliations \_\_\_\_\_

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Annual Dues \$50 Check# \_\_\_\_\_ Cash \_\_\_\_\_

Make checks payable to: **Capital City Shag Club**

**Release:** For and in consideration of dues paid to membership in Capital City Shag Club (CCSC), I (the undersigned) being of lawful age, hereby release and forever discharge CCSC from any and all causes of action, claims, and demands for or upon or by reason of any damages, loss or injury which heretofore has been sustained by me as a consequence of my actions at any CCSC function. It is understood that the act of admission to any CCSC sponsored event as a member is not construed as an admission on the part of CCSC of any liability to me whatsoever for any injury or loss.

#1 Signature \_\_\_\_\_ Date \_\_\_\_\_

#2 Signature \_\_\_\_\_ Date \_\_\_\_\_

Received by \_\_\_\_\_ Date \_\_\_\_\_

*Capital City Shag Club*  
*Presents Our*

★ ★ ★ ★ ★  
**15<sup>th</sup>**  
ANNIVERSARY

★ ★ ★ ★ ★  
**GALA**

**Special  
Auction  
Chinese  
Auction**

**Raffle  
Tickets  
On Sale  
Soon!**

**50/50  
Drawings  
Each  
Night!**

**Pre-Party  
Thursday  
March 27  
2025**

**March  
28-29  
2025**

# Capital City Shag Extravaganza

## 15<sup>th</sup> ANNIVERSARY GALA

### March 28-29, 2025

- ◆ Friday and Saturday, March 28 and 29, 2025
- ◆ Double Tree by Hilton, 2100 Bush River Rd, Columbia, SC 29210
- ◆ 3 Shag Lessons, and 1 Line Dance Lesson by Sam and Lisa West
- ◆ Spotlight Dance by Sam and Lisa West (National Shag Champions)
- ◆ Junior Shaggers "Dancing for Dollars"
- ◆ Tickets \$90 each
- ◆ **Friday DJs are : Mark Swygert and Gene Hensley**
- ◆ **Saturday DJs are : Billy Fanning and Buck Crumpton**
- ◆ Hospitality Room Friday and Saturday
- ◆ Two Meals: Dinner Friday and Saturday Evening
- ◆ Complimentary Breakfast for Double Tree Guests
- ◆ Gift Bags
- ◆ Great Vendors
- ◆ Silent Auction, Chinese Auction, Raffle & 50/50
- ◆ Friendships and memories to last a life time
- ◆ Shag Extravaganza is a great value!



For Double Tree Hotel Reservations, call 1-866-247-3572. Specify Group Code CDT91G.

\$119/per night for basic room and \$139/per night for two room suite (plus taxes and applicable fees).

You can also book online at <https://hil.tn/hg82a5>. Reservation Deadline - February 26, 2025.

For more information, call or text: 803.837-2415



Through the National Fast Dance Association, this event is properly and legally licensed by:





Capital City Shag Club Proudly Presents:

# Shag Extravaganza 15th Anniversary Gala



Friday & Saturday, March 28 & 29, 2025

Name \_\_\_\_\_ Shag Club \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email: \_\_\_\_\_  
 Amount Enclosed \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_

**Release:** For and in consideration of fees paid for event participation in Capital City Shag Extravaganza, I (the undersigned) being of Lawful age, hereby release and forever discharge Capital City Shag Club (CCSC), its Directors and Officers, its members, vendors, and subcontractors from any and all cause of action, claims, and demands for or upon or by reason of any damage, loss, or injury which heretofore has been sustained by me as a consequence of my actions at this event as an attendee is not construed as an admission on the part of CCSC of any liability to me whatsoever for any personal injury or loss.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**1st Applicant must sign here.**

Name \_\_\_\_\_ Shag Club \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email: \_\_\_\_\_  
 Amount Enclosed \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_

**Release:** For and in consideration of fees paid for event participation in Capital City Shag Extravaganza, I (the undersigned) being of Lawful age, hereby release and forever discharge Capital City Shag Club (CCSC), its Directors and Officers, its members, vendors, and subcontractors from any and all cause of action, claims, and demands for or upon or by reason of any damage, loss, or injury which heretofore has been sustained by me as a consequence of my actions at this event as an attendee is not construed as an admission on the part of CCSC of any liability to me whatsoever for any personal injury or loss.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**2nd Applicant must sign here.**



Please sign where indicated and mail this form with payment.  
 Attach additional names and contact information for those wishing to sit at the same table.  
**ALL PARTICIPANTS MUST SIGN APPLICATION !**  
 Tickets are \$90.00 each, \$180.00 per couple, \$900.00 per table of 10.  
 Make Checks payable to **Capital City Shag Extravaganza.**  
 Send all money and registration form(s) in one envelope for tables sitting together.  
 Tickets are **NON-REFUNDABLE.**  
 Mail to: CCSC Shag Ex, PO Box 53, Irmo, SC 29063  
 Questions? Call or Text: 803-837-2415 or Email: [capitalcityshagclub.sc@gmail.com](mailto:capitalcityshagclub.sc@gmail.com)





**AUCTION ITEMS NEEDED FOR OUR  
SHAG EXTRAVAGANZA  
FIFTEENTH ANNIVERSARY GALA  
MARCH 28-29, 2025!**



**"Sharing Happiness, Helping Our Club"**



**Men's,  
Women's &  
Children's  
Gift Items**



**Kitchen &  
Bathroom  
Baskets**



**Wine & Liquor  
Baskets**

**Diane Hinson has graciously agreed to chair  
our auction again this year for our Shag  
Extravaganza, March 28-29, 2025.**

**PLEASE START BRINGING ITEMS  
ON DANCE NIGHTS. THANK YOU!**

**Capital City  
Shag Club  
Invites You  
to Our  
15th Anniversary  
Gala  
Pre-Party!**

**Come  
Join the  
Fun!**

**DJ  
Barney Mims  
March 27, 2025  
6:30 PM**

**Lexington  
VFW  
424  
Cedarcrest  
Drive  
Lexington  
SC**

## Support our Sponsors!



311 Blanding St  
Batesburg Leesville, SC 29006  
803-532-4481



Through the National FastDance Association,  
this event is properly and legally licensed by:

