

DREAM YOUR YEAR

CREATE A LIFE YOU'LL LOVE



a guide from

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An invitation to reflect & dream

- **Reflect on the past year**
- **Dream about the new year**
- **Get inspired for what's ahead**
- **Find ways to stay focused**



Reflections from 2023

What big changes did you experience?
(in your family, your work, your community...)

How were you stretched?

How were you loved well?

Reflections from 2023

What challenged you most?

What unexpected gifts came into your life?

How did you change over the last year?

What do you HOPE for in 2024?

What do you desire as you imagine your year?

What do you want to focus your energy on?

How do you want to be different by the end of 2024?

What do you HOPE for in 2024?

In what ways do you want to give of your talents and unique abilities?

What will you be most proud of this year?

Hope deferred makes the heart sick, but desire fulfilled is like a tree of life.

Proverbs 13:12

Imagine a year you'll love

Close your eyes and picture yourself a year from now.
What does your life look like?

Who is with you?

In what ways have you been supported?

Imagine a year you'll love

What are you proud of?

How do you feel?

What else do you see?

Take some steps

Now that you know what you want to focus on, create some forward momentum.

What are some steps you can take to make your year a reality?

What kind of support do you need in 2024?

Who can help you create your year?

Celebrate!

Celebration is like fuel for our soul. It's a way to truly acknowledge our effort and creates momentum for the journey ahead.

Do something that brings you joy, and take some time to reflect on all that you've accomplished in the last year. You're one step closer to a new year you'll love.



Take some time to reflect on what you've learned and accomplished by completing this guide...

What are you most proud of?

What are you most excited about for the year ahead?

What do you want to continue working on?

Here's to an amazing year ahead!

INVITATION TO JOIN

Radiant Leader Community

Join a group of soulful women who want to journey together in 2024 to stay rooted in our *radiance* and inspired to keep creating lives we love.

Learn more here:
<https://discovertrueself.com/>

or reach out directly:
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