



FOR IMMEDIATE RELEASE

Greenwich Child Psychiatrist Receives U.S. Design Patent for Wellness Pizza®, an Interactive Tool for Children's Well-Being

Sixteen colorful slices turn big conversations about sleep, feelings, friendships, and creativity into something children can see, hold, and build.

GREENWICH, Conn., October 19, 2026 — Dr. Ayotunde "Ayo" Ayobello, a Greenwich-based child and adolescent psychiatrist, former Yale faculty member, and visual artist, has received a U.S. design patent for Wellness Pizza®, a hands-on educational tool designed to help children and families explore what it means to be well.

U.S. Design Patent No. D1,153,466 was issued on October 13, 2026, marking an important milestone in the invention's development.

Wellness Pizza® uses 16 interactive slices to represent different dimensions of well-being. From sleep and nutrition to relationships, movement, and creativity, the tool transforms abstract wellness concepts into something children can see, touch, and explore through guided conversation and play.

"Kids don't always have the words for how they're doing, but they know pizza," said Dr. Ayobello. "I wanted to create something tangible that children and families could see, touch, and use to start conversations about wellness that might otherwise feel too big or too abstract."

Dr. Ayobello began developing Wellness Pizza® in 2023, initially introducing the concept in New Haven, a city celebrated for its pizza culture, before expanding into community programming across Connecticut. Since then, the tool has been introduced through workshops and collaborations with organizations and institutions in Connecticut and beyond.

Designed for use beyond traditional clinical settings, Wellness Pizza® offers schools, healthcare organizations, educators, and community programs a hands-on approach to exploring well-being. Dr. Ayobello is now focused on expanding institutional partnerships and making the tool more widely accessible.

"A single slice can open a conversation," Dr. Ayobello added. "My hope is that families leave with a shared language for well-being they can continue using in their everyday lives."



Dr. Ayobello is the medical director of Greenwich Child & Adolescent Psychiatry and a former assistant professor at the Yale Child Study Center, where he also completed his child and adolescent psychiatry fellowship training. His work brings together psychiatry, visual art, and educational design.

About Wellness Pizza®

Wellness Pizza® is an interactive, hands-on wellness education tool featuring 16 slices representing different dimensions of a healthy life. Created by child and adolescent psychiatrist Dr. Ayotunde Ayobello, it is designed for families, educators, clinicians, and community organizations to encourage reflection, conversation, and interactive learning.

Wellness Pizza® is an educational resource and is not a substitute for professional medical or mental health care.

Learn more: www.thewellnesspizza.com

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High-resolution product photographs, founder portraits, demonstration videos, and patent documentation are available upon request.