

Women's Yoga RETREAT



A woman's journey in nurturing the mind, body, and soul. Reconnect through meditation. Recharge through movement and personal connections. Rest in nature.

October 10-13 | \$560 per person



the Retreat PACKAGE

All vegan meals, snacks, and tea/coffee

Shared room twin bed in a beautiful cabin in Blue Ridge Mountains.

All activities (yoga, hikes, sauna, hot tub)

Sound Bath

Location: 84 Eagles Pass, Blue Ridge, GA



PLEASE BOOK IN ADVANCE AT
WWW.TELLUSYOGA.COM OR CALL CHRISTINA
ARNOLD AT 850-567-9692 FOR DETAILS