	ETELY CONFIDENTIAL***		
	CLEARLY)		
		Today's Date:	
Name:	Birthda	ate	_Age
Address			
City State	Zip		
Email Address:			
Home Phone	Work Phone		
Can we leave a message? Yes/No -Be	est Place to Leave a Mes	sage	
Who referred you? Or how did you find me?			
Level of Education: HS College	Other		
Place/Type of Employment			
How long? If unemployed, how	long: what type of	of work did you do?	
Marital Status (Parents if for a child) m years; widowed# of years			
Spouse's Name	Spouse's Occ	upation	
CHILDREN (SIBLINGS IF FOR A TEE	N)		
NAME	BIRTHDATE	GENDER	
NAME	BIRTHDATE	GENDER	
NAME	BIRTHDATE	GENDER	

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In Case of Emergency Notify:	Phone:

Relationship:_____

Have you ever been hospitalized for psychiatric reasons? Y/N If yes, what were the circumstances?

Please include dates:

When was your last full physical exam?

Any physical/medical issues?

Sleeping issues? Y / N How many hours of sleep do you get each evening?

List any medications you are presently taking and dosage:

Any family members (include parents, grandparents, aunts, or uncles with emotional issues (depression, anger, anxiety, etc)

Any problems with Alcohol?_____drugs?_____

Do you have current thoughts of suicide? Yes/No If so, do you have a plan? Yes/No

Have you *ever* had thoughts about suicide? Yes/No If yes, when was the last time you thought about suicide?

Have you ever attempted suicide? Yes No If yes, how many times?

How do you spend time relaxing? _____

Have you ever had concerns about eating habits? Yes No

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Reasons for seeking counseling at this time?

Have you ever been in counseling before? Y N

For how long? _____

Was it helpful? Y N Please explain:

Is this your choice for counseling? (if no, please explain)

Please Check Any of the Following Conditions That Currently Apply to You

Headaches	Nervousness	Dizziness	Fainting Spells

- ___Shyness ___Stomach Trouble ___Relaxation ___Stress ___Anxiety ___Fatigue ___Legal Matters ___Self Control
- ____No Appetite ____Anger ____Memory Making Decisions
- Insomnia Nightmares Separation Energy
- ____Inferiority ____Take Sedatives ___Drug Use ___Loneliness
- Bowel Troubles Marriage Use Alcohol Allergies
- ____Suicidal ____Sexual Problems ____Work ____Under eating
- ___Overeating ___Home Conditions ___Friends ___Concentration
- ____Temper ___Ambition ___Divorce ___My Thoughts
- ____Parenthood ____Health Problems ____Age ____Finances
- ____My appearance ____Future ____Sexual Abuse ____ Children
- ____Career Choices ____Weight ___Unhappiness ____Depression
- ____Mood Swings _____Fears ___Self-esteem ___Physical Abuse

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Circle everything that has happened to you in the past two years: Death of a spouse/partner, Marriage Problems, Divorce, Death of a family member, Family Issues (with children/parents/in-laws)

Major illness/injury of self, Financial issues, Move to another city or state, Major illness/injury of relative, Legal Problems, Bad break up

Job dissatisfaction/Loss of job

Other _____

Religious/Spiritual/ Faith Information:

How often do you attend Church, Synagogue or other religious services?
If so, where do you attend?
Describe any specific religious/spiritual beliefs/values you feel strongly about

Consent for evaluation and treatment. – I hereby give consent for evaluation and treatment. It is agreed that either of us may discontinue the evaluation and treatment at any time and that I am free to accept or reject the treatment provided.

In the case of a minor child, I hereby affirm that I am a custodial parent or legal guardian of the child and that I authorize services for the child under the terms of this agreement.

Signature:	Date:	

In the case of a minor child, please specify the following:

Full name of minor:	DOB
Relationship:	