How is our privacy protected?

Confidentiality is central to the iSucceed Program. Information will not be shared with any person or agency without the written informed consent of a parent.

In addition, student results are not available to teachers or school administrators.

Each school has a trained Site Coordinator and Site Support Staff who are responsible for all aspects of program implementation. Student privacy and confidentiality are their top priority at all times.

Students and parents always have access to their results and can use the ADSI-E results to discuss next steps with their doctor or other mental health/substance abuse treatment service provider.

For more information, or if you have questions about the iSucceed Program contact

Rikke Addis rikke@bhestrategies.com

OR

Program Supervisor Name
Phone #
or list
Site Coordinators by school
with phone #'s



Proactive Schools Ensuring Student Success through Healthy Student Development



Information for Students, Parents/Guardians

What is the iSucceed Program?

The iSucceed Program is a school system-provider partner coordination initiative developed by Dr. Steve Weatherbee. Dr. Weatherbee is a former school principal who recognized the challenges for school districts to effectively coordinate supporting students at risk in collaboration with their community partner agencies and providers. The iSucceed system enables school districts and providers to effectively support students at risk of social and emotional health problems, substance abuse, and adverse outcomes in school.

Specifically, the overall goals of the *i*Succeed Program include

- Promoting positive mental health and reduce substance use of youth.
- Guiding the development and improvement of school based mental health and substance abuse prevention and intervention programs.
- Providing an efficient screening process for early detection, triage, and treatment of mental health and substance use disorders in youth.

What is the ADSI-E?

The iSucceed Program utilizes the ADSI-E (Adolescent Development Screening Inventory for Education) which was developed by Dr. Steve Weatherbee and Dr. Ralph Tarter.

The ADSI-E examines the relationship between social and emotional health adjustment, substance use, and school success.

Social and emotional health problems and substance use can have devastating affects on youth if left undetected and untreated at the early stages. The ADSI-E identifies areas where the student may benefit from support.

Why should my child participate?

All students in grades 7 to 12 should complete the ADSI-E annually.

Your child may, or may not, be at risk of social and emotional problems and/or substance abuse at the present time, however, adolescence is a time of rapid change. Annual screening allows early detection of problems that are often not obvious to parents and teachers. The most effective time for intervention is at the onset of problems.

At minimum, the ADSI-E will provide ongoing confirmation that your son/ daughter is developing and maintaining positive mental health as they mature through adolescence.

What does the ADSI-E measure?

The ADSI-E Brief Screen takes less than two minutes and confirms your son/daughter is adjusting well.

Students who have an elevated score on the Brief Screen may be experiencing adjustment problems and will be invited to complete the ADSI-E Short or Full Screen (student participation is voluntary and parent consent is required for students to complete the Short or Full Screen).

The ADSI-E measures the student's current adjustment in 9 areas:

Peer Relationships
Leisure/ Recreation
School Adjustment
Family System
Behaviour Patterns
Social Competence
Emotional Health
Substance Use
Physical Health

What are the results used for?

The results from the Brief Screen are used to determine who may be at risk and should benefit from completing the ADSI-E Short or Full Screen.

The results from the ADSI-E are used to

- Provide students and parents with a comprehensive profile of the student's strengths and areas that may be problems.
- Provide school staff with important information about your son/daughters specific needs enabling them to provide targeted in-school support to ensure student success.
- ✓ Enable students and parents to take their ADSI-E results to their doctor or other agency that specializes in mental health and substance abuse treatment.

Where is the ADSI-E completed?

Students will complete the ADSI-E at school in a supervised environment to ensure privacy and confidentiality. Administration and scoring of the ADSI-E is managed by trained staff under the direction of the *i*Succeed Site Coordinator.

The ADSI-E Brief Screen is a paper and pencil survey consisting of 10 questions and takes less than two minutes to complete. For students identified as potentially at risk, the ADSI-E Short or Full Screen is completed electronically at a computer that ensures the student has privacy.

Who has access to the results?

Teachers and school administrators do not have access to student results on the ADSI-E. ADSI-E results are made available to students and parents during a confidential debriefing meeting. The results provide indicators of specific areas of need and can be used to determine the most appropriate approach to supporting the student.