

Yoga, Etc.

March 29-April 5

Public Classes

www.yogaetcfalmouth.com

Monday and Wednesday

Kelli's Slow Flow Yoga class meets 9:30-10:30 Mondays and Wednesdays. All levels are welcome. All walk-ins are welcome. \$10.00

Friday

Michael's Yoga for Strength and Alignment will meet this Friday! All levels are welcome. All walk-ins are welcome. \$10.00

Tuesday and Thursday

Michelle's 6:00-7:15 pm Tuesday Kundalini class and her Wednesday 5:30-6:30 SloMo Yoga continue this week! Walk-ins are welcome (\$20.00)



Coming Saturday 4/18

**A New Moon Event!
More to follow soon.**

