

Yoga, Etc.

August's Public Class Offerings

www.yogaetcfalmouth.com

Mondays and Wednesdays

Kelli's Slow Flow Yoga class meets 9:30-10:30 Mondays and Wednesdays this month. All levels are welcome. All walk-ins are welcome. \$10.00

Wednesdays

Michelle's Wednesday, 5:30-6:30 class is taking a break for the summer. She will return in the fall!

Fridays

Michael's Yoga for Strength and Alignment meets on Fridays! All levels are welcome. All walk-ins are welcome. \$10.00



The summer is upon us! Many of our public classes are taking a break until fall. Kelli's and Michael's are still meeting! Come join us. All are welcome.

