



July

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Michael 9:30-10:30 1 Yoga for Strength and Alignment	Kelli 9:30-10:30 2 Slow Flow Yoga	No Michelle class 3	Michael 9:30-10:30 Yoga for the Fourth!	5
6	Kelli 9:30-10:30 7 Slow Flow Yoga	Michael 9:30-10:30 8 Yoga for Strength and Alignment	Kelli 9:30-10:30 9 Slow Flow Yoga	Michelle 6:00-7:15 10 Full Moon Restorative with Reiki Elizabeth 7:45-8:45 Ballroom Dance	Michael 9:30-10:30 11 Yoga for Strength and Alignment	12
13	Kelli 9:30-10:30 14 Slow Flow Yoga	Michael 9:30-10:30 15 Yoga for Strength and Alignment	Kelli 9:30-10:30 16 Slow Flow Yoga	Michelle 6:00-7:15 17 Drop In Yoga. Elizabeth Ballroom Dance 7:45-8:45	Michael 9:30-10:30 18 Yoga for Strength and Alignment	19
20	Kelli 9:30-10:30 21 Slow Flow Yoga	Class is canceled 22	Kelli 9:30-10:30 23 Slow Flow Yoga	Michelle 6:00-7:15 24 New Moon Yin with Thai massage	Michael 9:30-10:30 25 Yoga for Strength & Alignment (Kelli Subs)	26
27	Kelli 9:30-10:30 28 Slow Flow Yoga	Michael 9:30-10:30 29 Yoga for Strength and Alignment	Kelli 9:30-10:30. 30 Slow Flow Yoga	No Michelle Class 31		