

MARCH



SUN MON TUE WED THU FRI SAT

01

Kelli 9:30-10:30
Slow Flow Yoga

02

Katy 8:30-9:30
Michelle 6:00-7:15
Kundalini Yoga

03

Kelli 9:30-10:30
Slow Flow Yoga
Kelli 12:00-1:00
Gentle/Beginner
Michelle 5:30-6:30
SloMo Yoga

04

05

Michael 9:30-10:30
Yoga for
Strength &
Alignment

06

07

08

Kelli 9:30-10:30
Slow Flow Yoga

09

Katy 8:30-9:30
Michelle 6:00-7:15
Kundalini Yoga

10

Kelli 9:30-10:30
Slow Flow Yoga
Kelli 12:00-1:00
Gentle Yoga
Michelle. 5:30-6:30
SloMo Yoga

11

12

Michael 9:30-10:30
Yoga
for Strength
& Alignment

13

14

15

Kelli 9:30-10:30
Slow Flow Yoga

16

Katy 8:30-9:30
Michelle 6:00-7:15
Kundalini
Yoga

17

Kelli 9:30-10:30
Slow Flow Yoga
Kelli 12:00-1:00
Gentle Yoga
Michelle 5:30-6:30
SloMo Yoga

18

19

Michael 9:30-10:30
Yoga
for Strength
& Alignment

20

21

22

Kelli 9:30-10:30
Slow Flow Yoga

23

Katy 8:30-9:30
Michelle 6:00-7:15
Kundalini
Yoga

24

Kelli 9:30-10:30
Slow Flow Yoga
Kelli 12:00-1:00
Gentle Yoga
Michelle 5:30-6:30
SloMo Yoga

25

26

Michael 9:30-10:30
Yoga
Michelle
6:00-7:30
Sound/Resto
rative Yoga

27

28

29

Kelli 9:30-10:30
Slow Flow Yoga

30

Katy 8:30-9:30
Michelle 6:00-7:15
Kundalini
Yoga

31