



MAY

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Michael 9:30 1 No Class today	2
3	Kelli 9:30. 4 Slow Flow Yoga	Katy 8:30-9:30 5 Strengthen and Soothe	Kelli 9:30. 6 Slow Flow Yoga Michelle 5:30 SloMo Yoga	7	Michael 9:30 8 Yoga for Strength and Alignment	9
10	Kelli 9:30. 11 Slow Flow Yoga	Katy 8:30-9:30 12 Strengthen & Soothe	Kelli 9:30. 13 Slow Flow Yoga Michelle 5:30 SloMo Yoga	14	Michael 9:30. 15 Yoga for Strength and Alignment	16
17	Kelli 9:30. 18 Slow Flow Yoga	Katy 8:30-9:30 19 Strengthen & Soothe	Kelli 9:30. 20 Slow Flow Yoga Michelle 5:30 SloMo Yoga	21	Michael 9:30 22 Yoga for Strength & Alignment	23
24/31. May 31 11:15-12:30 Daija Beginner Hip Hop Dance!!	Kelli 9:30. 25 Slow Flow Yoga No Class Today	Katy 8:30 26 Strengthen & Soothe	Kelli (Michael) 9:30 27 Slow Flow Yoga Michelle 5:30-6:30 SloMo Yoga	28	29 Michael 9:30 Yoga for Strength & Alignment	30