



May

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Michelle – No Class 1 Elizabeth 7:45-8:45 Ballroom Dance	Michael 9:30-10:30 2 Strength and Alignment Gina 5:30-6:30. Yin to Slow Flow	3
2:00-3:00 4 Burlesque Choreo 3:00-4:00 Burlesque Choreo 5:30-6:30 Metal Yoga class with Gina	Kelli 9:30-10:30 5 Slow Flow Yoga	Michael 9:30-10:30 6 Yoga for Strength and Alignment	Kelli 9:30-10:30 7 Slow Flow Yoga	Michelle 6:00-7:15 8 Drop in yoga! Elizabeth 7:45-8:45 Ballroom Dance	Michael 9:30-10:30 9 Strength and Alignment Gina 5:30-6:30 Yin to Slow Flow	10
2:00-3:00 11 Burlesque Choreo 3:00-4:00 Burlesque Choreo	Kelli 9:30-10:30 12 Slow Flow Yoga	Michael 9:30-10:30 13 Yoga for Strength and Alignment	Kelli 9:30-10:30 14 Slow Flow Yoga	Michelle -No Class 15 Elizabeth 7:45-8:45 Ballroom Dance	Michael 9:30-10:30 16 Strength and Alignment Gina 5:30-6:30 Yin to Slow Flow	17
2:00-3:00. 18 Burlesque Choreo 3:00-4:00 Burlesque Choreo	Kelli 9:30-10:30 19 Slow Flow Yoga (Michael Subs)	Michael 9:30-10:30 20 Yoga for Strength and Alignment	Kelli 9:30-10:30 21 Slow Flow Yoga	Michelle – No Class 22 Elizabeth 7:45-8:45 Ballroom Dance	Michael 9:30-10:30 23 Strength & Alignment. Gina 5:30-6:30. Yin to Slow Flow	24
2:00-3:00 25 Burlesque Choreo 3:00-4:00 Burlesque Choreo	Kelli – No Class 26	Michael 9:30-10:30 27 Yoga for Strength and Alignment	Kelli 9:30-10:30 28 Slow Flow Yoga (Michael Subs)	Michelle New Yoga 29 Series Begins! Elizabeth 7:45-8:45 Ballroom Dance	Michael 9:30-10:30 30 Strength & Alignment. Gina 5:30-6:30. Yin to Slow Flow	31