

October

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Kelli 9:30-10:30 1 Slow flow yoga Community Acupuncture 2:00-5:00	Michelle 6:00-7:15 2 Yin /Yang Yoga Series	Michael 9:30-10:30 3 Yoga for Strength and Alignment	4
5	Kelli 9:30-10:30 6 Slow Flow Yoga	Michael 9:30-10:30. 7 Yoga for Strength and Alignment	Kelli 9:30-10:30 8 Slow Flow Yoga	Michelle 6:00-7:15 9 Yin/Yang Yoga Series	Michael 9:30-10:30 10 Yoga for Strength and Alignment	11
12	Kelli 9:30-10:30 13 Slow Flow Yoga	Michael 9:30-10:30. 14 Yoga for Strength and Alignment	Kelli 9:30-10:30 15 Slow Flow Yoga Community Acupuncture 4:00-6:00	Michelle 6:00-7:15 16 Yin/Yang Yoga Series	Michael 9:30-10:30 17 Yoga for Strength and Alignment	18
19	Kelli 9:30-10:30 20 Slow Flow Yoga	Michael 9:30-10:30. 21 Yoga for Strength and Alignment	Kelli 9:30-10:30 22 Slow Flow Yoga	Michelle 6:00-7:15 23 Yin/Yang Yoga Series	Michael 9:30-10:30 24 Yoga for Strength and Alignment	25
26	Kelli 9:30-10:30 27 Slow Flow Yoga	Michael 9:30-10:30 28 Yoga for Strength and Alignment	Kelli 9:30-10:30 29 Slow Flow Yoga	Michelle 6:00-7:15 30	Michael 9:30-10:30 31 Yoga for Strength & Alignment	