



Dr. C. Butch Dunn, MD.

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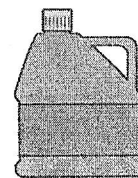
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Golytely Prep Instructions

Preparation the Day Before:

Date: _____

- CLEAR LIQUID DIET - NO SOLID FOODS ALL DAY (It is important to drink plenty of clear liquids before, during, and after the prep.
- Clear liquids you may have include: water, sprite, tea, orange juice (without pulp), white grape juice, sports drinks, chicken broth, beef broth, vegetable broth, gelatin, popsicles, hard candy, & black coffee.
- NO dairy products.
- Do NOT eat or drink anything RED OR PURPLE.
- No alcoholic beverages.
- No oral diabetic medications on the prep day (pills).
- If you take insulin, take 1/2 morning dose and no insulin in evening.
- Mix the Golytely powder with 1 gallon of water and refrigerate in A.M.
- At 5:00 PM begin drinking the Golytely preparation.
- Drink one 8 ounce glass every 10 to 15 minutes.
- Please finish drinking the entire prep solution around 9:00 PM.
- NOTHING by mouth after midnight. This includes chewing tobacco, chewing gum, and candy.
- You may have a sip of water the morning of your procedure to take blood pressure, heart, and seizure medications.
- Hold all other medications until after procedure.
- You will need a driver for the day of your procedure. If you do not have a driver, your procedure will be cancelled.
- You should not drive for 8-10 hours after the procedure.



* PLEASE CALL OUR OFFICE AFTER YOUR PROCEDURE TO SCHEDULE A FOLLOW-UP *