



**SIMILDIET  
LABORATORIOS**

# MISSION AND VISION

- Simildiet Laboratorios is a Spanish laboratory established in 1993. Our main activity is the research, development, manufacture and commercialization of phytotherapeutic and cosmeceutical products with tested therapeutic action, free from side effects and contraindications, as well as products which may be applied by different techniques used in the Aesthetic Medicine.
- We seek out for the maximum quality in our products and the total absence of iatrogenic events. From the first steps of the development of a specialised product, we demand the closest attention to all the details defining the concept of maximum quality.
- Simildiet has based the development of its activity on the customer service, maintaining a close collaboration with the technical, human and commercial areas. The main object of the technical-commercial team is to collect the customer needs and inquiries, contributing to create an extra value to the established relationship.



# QUALITY CERTIFICATIONS



Simildiet seeks the highest quality of its products and services. For that reason, the company is subject to regularly quality controls:



ISO 22716:2008, Cosmetics - Good Manufacturing Practices (GMP).



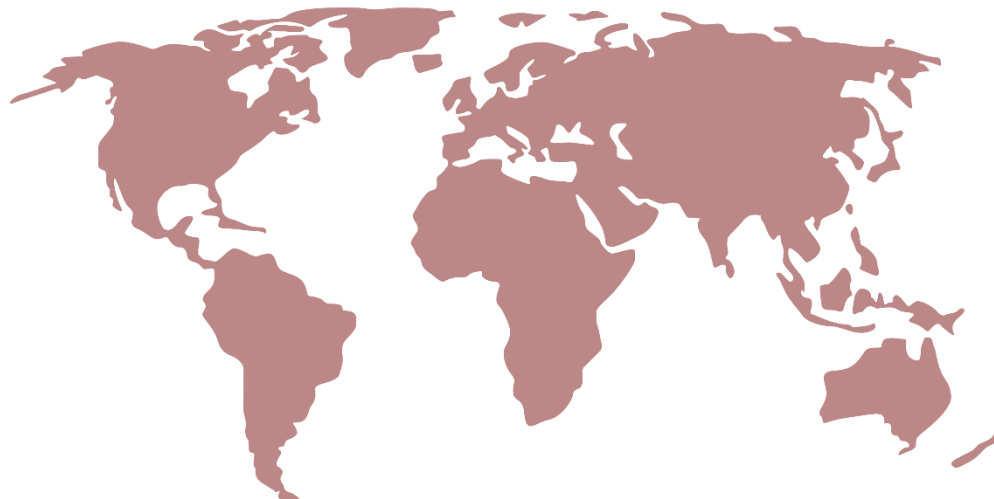
Cosmetic products notified in the European CPNP, and aesthetic products registered in AEMPS.



Notification of Food Supplements in Brussels.

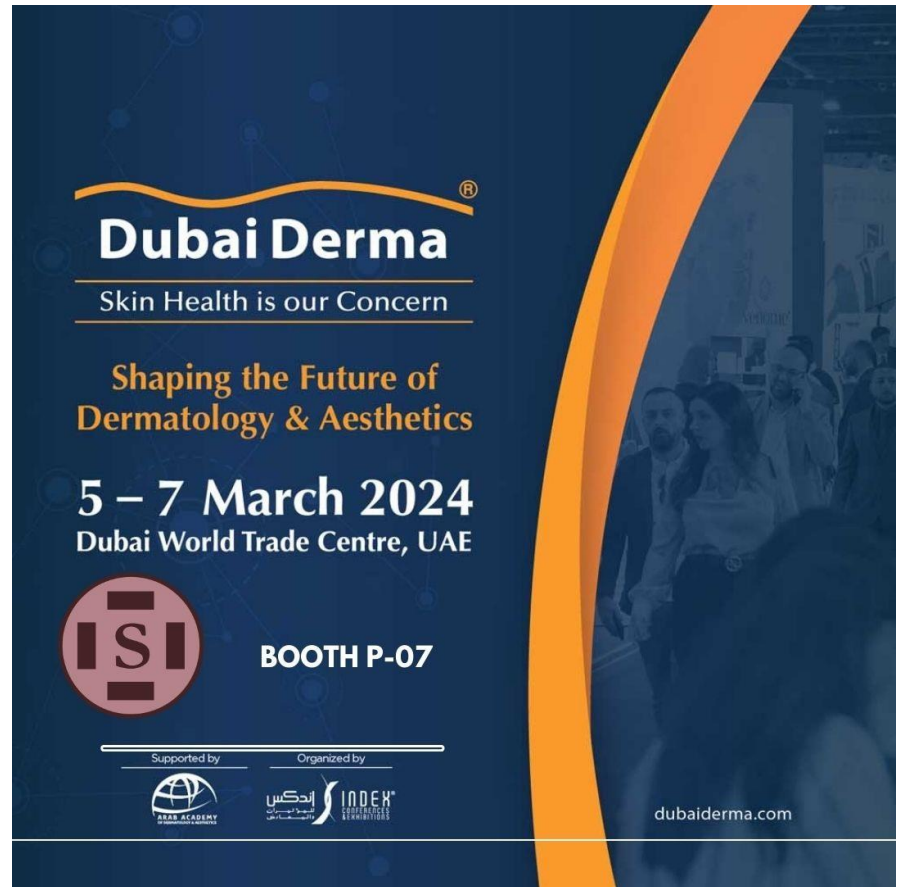
# INTERNATIONAL PRESENCE

- We are present in more than **80 countries**.
- Simildiet continues expanding into new markets.
- Reliable exporter, partner and manufacturer of high-quality cosmetics.
- Strong international vocation.
- Collaboration with official institutions.



# INTERNATIONAL CONGRESSES AND FAIRS PARTICIPATION

Simildiet participates in international congresses and fairs.







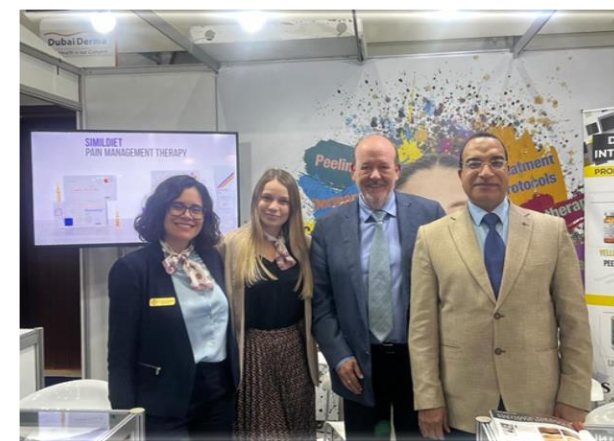
## DR CARLOS AZNAR ĐẾN VIỆT NAM

[ NHÀ SÁNG LẬP THƯƠNG HIỆU SIMILDIET LABORATORIOS ]

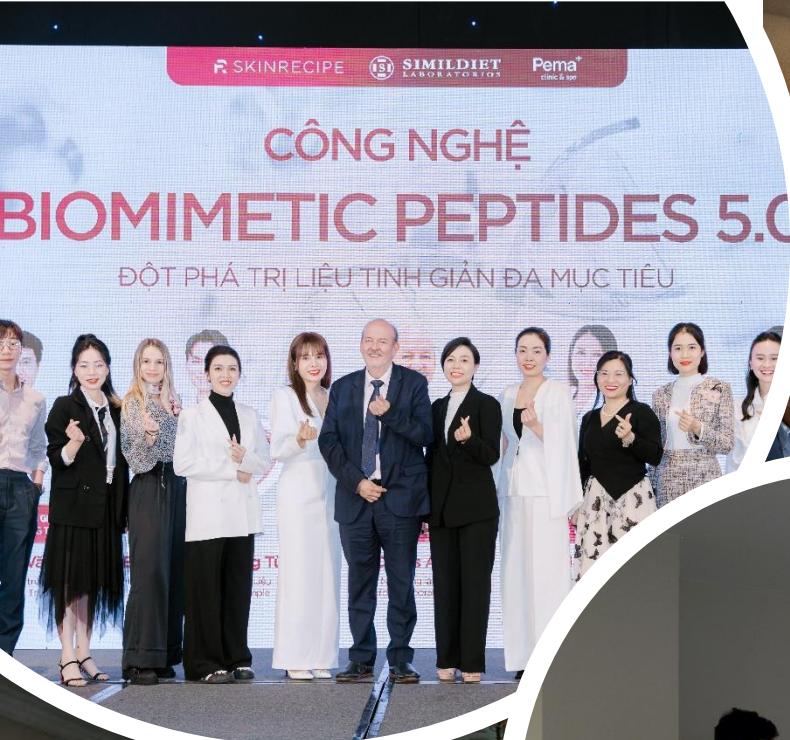
DUY NHẤT TẠI HÀ NỘI: 09/12/2023

- Thành viên danh dự Hiệp hội Y học Thẩm mỹ Tây Ban Nha
- Tác giả của 5 công trình nghiên cứu khoa học ngành Thẩm mỹ được công bố và nghiệm thu bởi Hội đồng Khoa học Đa Quốc gia.
- Diễn giả tại nhiều Hội nghị thẩm mỹ Quốc tế

QUÉT MÃ QR ĐĂNG KÝ THAM GIA HỘI THẢO







**SIMILDIET WORKSHOPS**

# SIMILDIET PRODUCTS

1. XTRA LINE
2. EXOS LINE
3. SERUM INTENSIVE LINE
4. ION LINE
5. BASIC LINE
6. BASIC ENZYMES LINE
7. CHEMICAL PEELS LINE
8. TONICS LINE
9. FOOD SUPPLEMENTS



# 1. XTRA LINE

The Xtra line represents a big step forward in Simildiet's dermocosmetic development.

Fusing our traditional active principles with biomimetic peptides we are acting on the innermost mechanisms of cell physiology.

Biomimetic peptides interact as biocatalyzers, they participate in and inhibit the intercell communication, activate metabolic processes and produce an overall biostimulation of the skin.

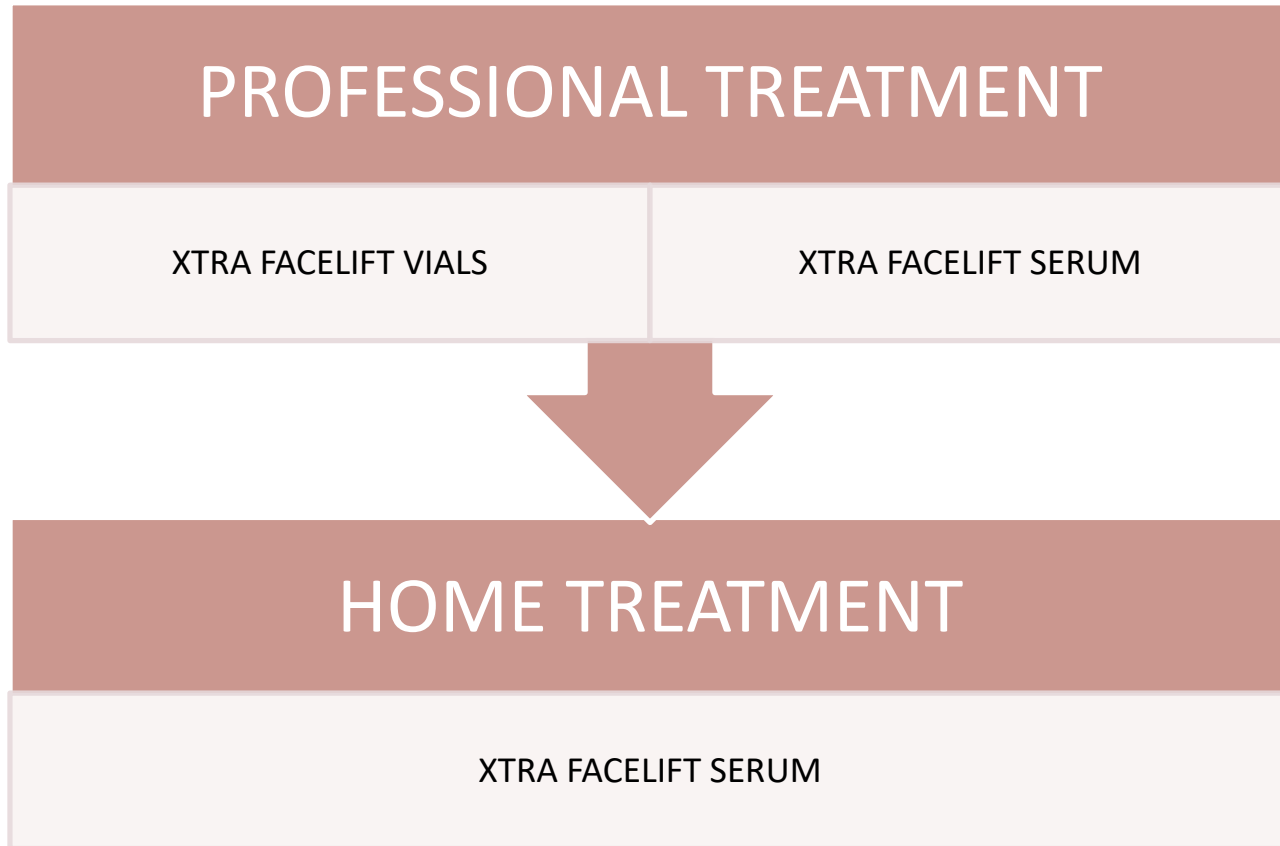


# 1. XTRA LINE

- XTRA FACELIFT LINE
  - Xtra Facelift vials
  - Xtra Facelift serum
- XTRA ANTIAGING LINE
  - Xtra Face Antiaging vials
  - Xtra Face Antiaging serum
  - Xtra Face Antiaging cream 50/250 ml.
- XTRA HAIR RESTORER
- XTRA SKIN REPAIR
  - Xtra Skin Repair vials
  - Xtra Skin Repair serum
  - Xtra Skin Repair cream 50 ml.
- XTRA LIGHTENING
  - Xtra Lightening plus+ vials
  - Xtra Lightening plus+ serum
  - Xtra Lightening cream 50 ml.
- XTRA SKIN FIRMING LINE
  - Xtra Skin Firming vials
  - Xtra Skin Firming cream 50/250 ml.
- XTRA SLIMMING LINE
  - Xtra Slimming vials
  - Xtra Slimming serum



# 1.1 XTRA FACELIFT LINE



# 1.1.1 XTRA FACELIFT VIALS

*Dermatologically tested – Sterile and pyrogen-free product*



## PRODUCT DESCRIPTION

It is a specific treatment for glabellar, periorbital and forehead wrinkles. Reduces wrinkles and provides the skin with more firmness and smoothness.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session as a maintenance treatment.



# 1.1.2 XTRA FACELIFT SERUM

*Dermatologically tested*



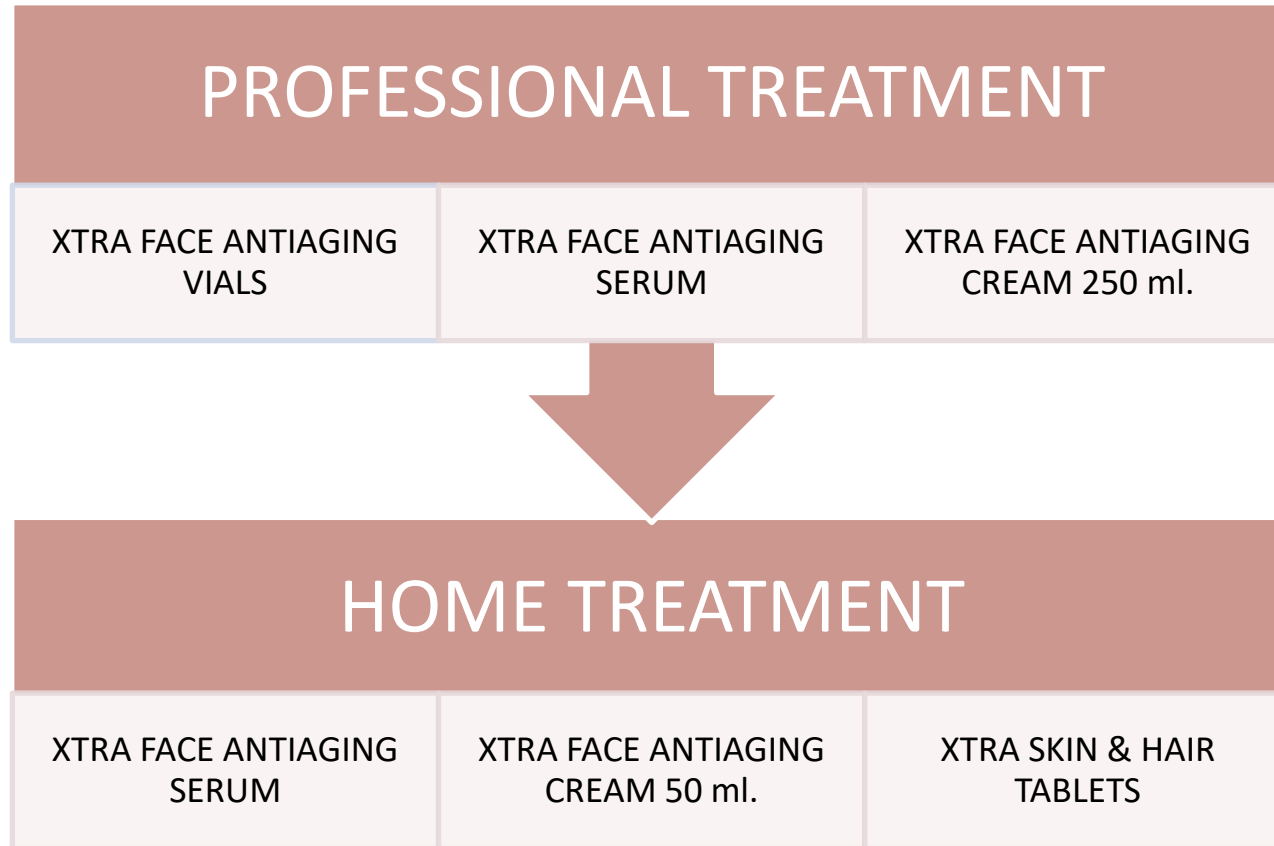
## PRODUCT DESCRIPTION

Intensive serum particularly indicated for the correction of glabellar and forehead wrinkles, eye bags and dark circles. Hydrates immediately, strengthens the delicate areas and provides the skin with a fresh and bright appearance.

## HOW TO USE

Apply morning and evening, after cleansing and degreasing the area, some drops of Xtra Facelift serum with fingertips to the periorbital area, forehead, between the eyebrows and eyelids with gentle circular massages until its complete absorption.

# 1.2 XTRA FACE ANTIAGING LINE



# 1.2.1 XTRA FACE ANTIAGING VIALS

*Sterile and pyrogen-free product*

## PRODUCT DESCRIPTION

Ideal for treating superficial wrinkles and expression lines. It can also be used for revitalising and hydrating the skin. Particularly recommended for its overall anti-aging effect. Reduces wrinkles and expression lines, increases luminosity. Reduces skin pores. Improves skin's quality and texture.



## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session as a maintenance treatment.

# 1.2.2 XTRA FACE ANTIAGING SERUM



## PRODUCT DESCRIPTION

Is a powerful and spectacular global anti-aging serum. Reduces immediately aging signs: intensely hydrates and reduces wrinkles, puffiness under the eyes and eyebags. Provides strong antioxidant protection against damage caused by free radicals and environmental damage.

## HOW TO USE

Morning and evening, on skin cleaned from make-up, properly cleansed and degreased, apply some drops face and neck by means of a gentle massage, starting at the centre of the face and moving towards the exterior.



# 1.2.3 XTRA FACE ANTIAGING CREAM

*Dermatologically tested*



50 and 250 ml format.



## PRODUCT DESCRIPTION

Provides the skin with firmness, elasticity and hydration.

It reduces wrinkles and fine lines. Formulated with active principles of great antioxidant and anti-aging power. Improved formula boosted with a new generation of biomimetic peptides.

## HOW TO USE

Morning and evening, prior cleansing face, neck and décolleté. Apply with the fingertips a small quantity, gently massage until completely absorbed.

# 1.2.4 XTRA SKIN & HAIR TABLETS



## PRODUCT DESCRIPTION

Nutraceutical that contains all the active principles that have proved to have an intense action in order to fight against the signs of cutaneous aging. Effective against hair and nail loss and weakening.

Provides the essential components (Hyaluronic Acid + Collagen) that ensure the replacement of losses caused by age and, thanks to its powerful antioxidant effect, protects the skin from free radicals and oxidative stress.

# 1.3 XTRA HAIR RESTORER LINE



# 1.3.1 XTRA HAIR RESTORER VIALS

*Sterile and pyrogen-free product*



## PRODUCT DESCRIPTION

Recommended for all types of alopecia (male and female). Restores the hair quality, preventing its loss and caring for dry, delicate and devitalised scalp.

Improves the problems brought on by alopecia in men and women.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session as a maintenance treatment.



# 1.3.1 XTRA HAIR RESTORER LOTION



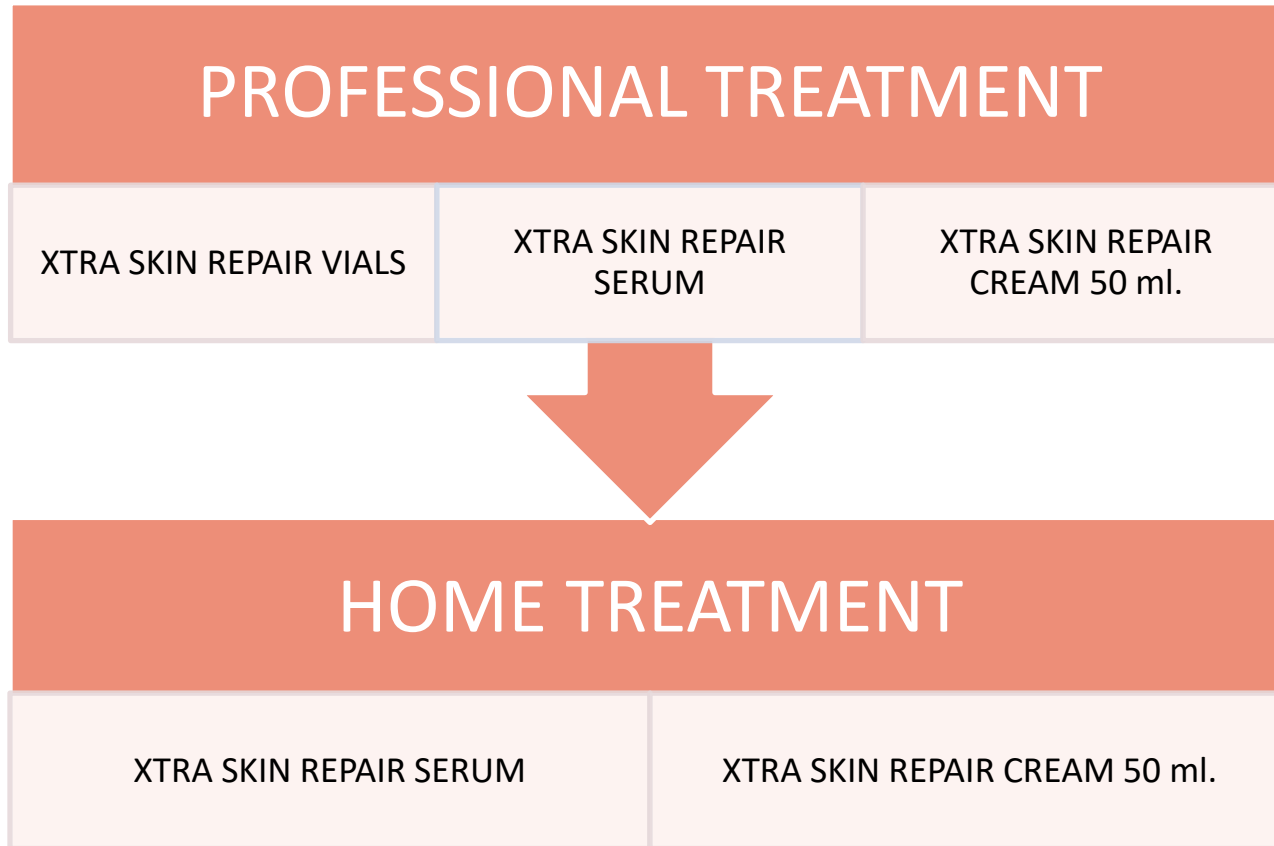
## PRODUCT DESCRIPTION

Induces hair growth, revitalises the follicles and improves blood circulation, favouring nutrition and oxygenation of the hair roots. It does not contain hormonal substances and does not interact with hormonal receptors, so it can be used by both sexes. Increases hair thickness and volume, improving its strength and resistance.

## PROTOCOL

Gently massage the product into dry hair once or twice a day using the content of two pipettes of the product.

# 1.4 XTRA SKIN REPAIR LINE



# 1.4.1 XTRA SKIN REPAIR LINE

*Sterile and pyrogen-free product*



## PRODUCT DESCRIPTION

Ideal for thick skin, skin with large pores or dychromias, dull or bright skin, with acne and scars.

Ideal for treating stretch marks of any etiology: pregnancy, obesity, dieting and endocrine disorders.

The skin gradually recovers its natural color and progressively blends with the surrounding skin.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session as a maintenance treatment.

# 1.4.2 XTRA SKIN REPAIR SERUM

*Dermatologically tested*



## RECOMMENDATIONS

Skin with imperfections, irregular, irritated. Enlarged pores. Oily and shiny skin (evens the skin tone with a mattifying effect).

Scars, erythema due to injuries, stretch marks of any etiology: pregnancy, obesity and weight loss or endocrine disorders.

## HOW TO USE

Apply morning and evening, after cleansing and degreasing the area to be treated. Apply some drops with fingertips gently massaging until completely absorbed.



# 1.4.3 XTRA SKIN REPAIR CREAM

*Dermatologically tested*



## PRODUCT DESCRIPTION

Skin with imperfections, irritated, irregular and enlarged pores. Oily and shiny skin (evens the skin tone with a mattifying effect). Acne scars and stretch marks of any etiology: pregnancy, obesity and weight loss or endocrine disorders.

## HOW TO USE

Morning and evening, prior cleansing and degreasing the skin, apply a small quantity with the fingertips and gently massage until completely absorbed.

# 1.5 XTRA LIGHTENING LINE

## PROFESSIONAL TREATMENT

XTRA LIGHTENING PLUS+  
VIALS

XTRA LIGHTENING PLUS+  
SERUM

XTRA LIGHTENING PLUS+  
CREAM 50 ml.



## HOME TREATMENT

XTRA LIGHTENING PLUS+ SERUM

XTRA LIGHTENING PLUS+ CREAM 50  
ml.

# 1.5.1 XTRA LIGHTENING PLUS+ VIALS

*Dermatologically tested – Sterile and pyrogen-free product*

## PRODUCT DESCRIPTION

Indicated for the treatment of skin with age spots, matte skin with dyschromias due to excess of sunlight exposure or skin aging and for skin revitalisation and moisturisation.

Regulates melanin synthesis and decreases pigmentation, spots and freckles.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session as a maintenance treatment.



# 1.5.2 XTRA LIGHTENING PLUS+ SERUM

*Dermatologically tested*



## PRODUCT DESCRIPTION

Home hyperpigmentation treatment with biomimetic peptides and tranexamic acid.

Apply some drops twice a day on the pigmented area. It can be combined with Xtra Lightening plus+ vials and Xtra Lightening Plus+ cream.

# 1.5.3 XTRA LIGHTENING PLUS+ CREAM

*Dermatologically tested*



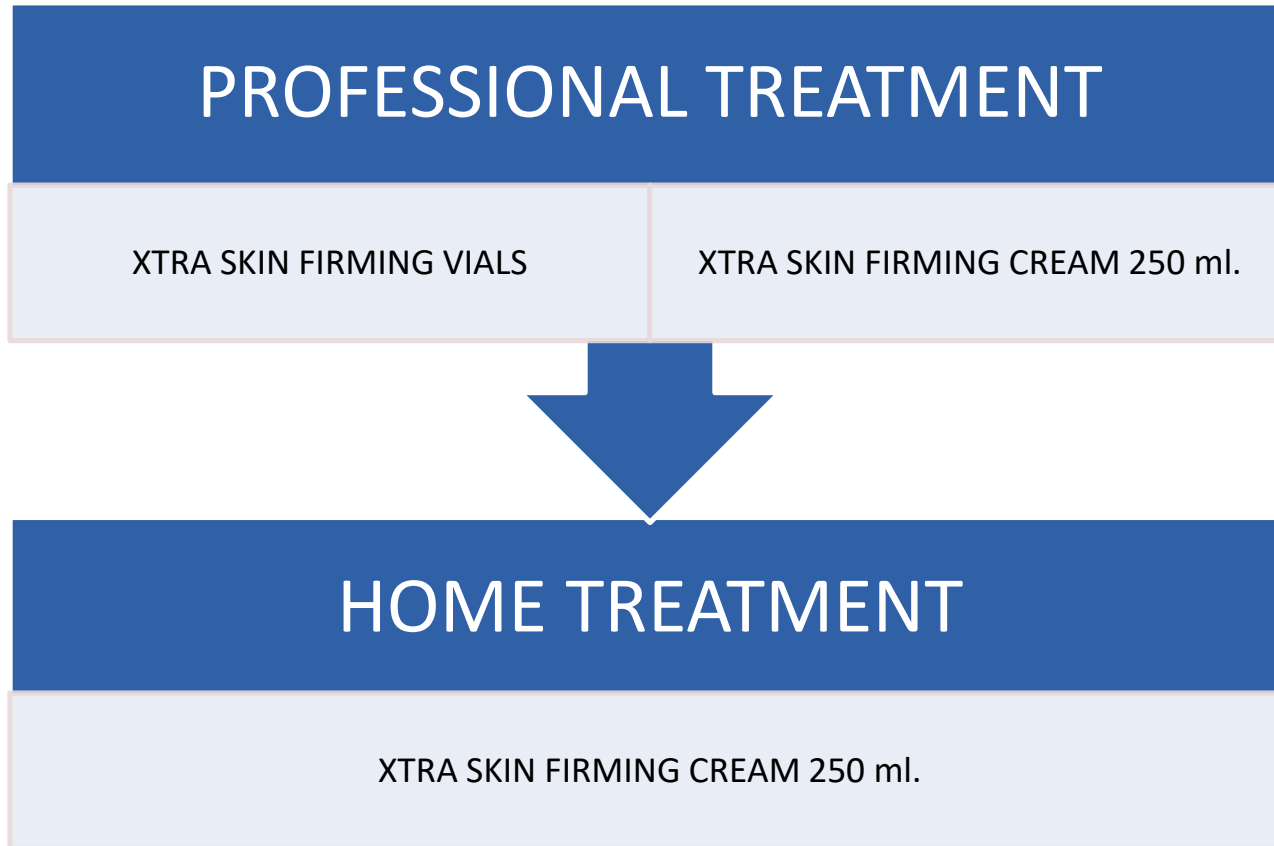
## PRODUCT DESCRIPTION

Home hyperpigmentation treatment with biomimetic peptides.

It is recommended to be used with Xtra Lightening Plus+ vials and Xtra Lightening Plus+ serum. Apply to the entire face, morning and evening.



# 1.6 XTRA SKIN FIRMING LINE



# 1.6.1 XTRA SKIN FIRMING VIALS

*Sterile and pyrogen-free product*

## PRODUCT DESCRIPTION

It is recommended for skin flaccidity, both physiological and caused by diets and weight loss treatments.

Restores skin with the following features: aging, flaccidity, lack of elasticity and firmness, bringing back its smoothness and firmness. Ideal for face and body.



## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session as a maintenance treatment.

# 1.6.2 XTRA SKIN FIRMING CREAM

*Dermatologically tested*



## XTRA SKIN FIRMING CREAM

It has a regenerating and tightening effect.

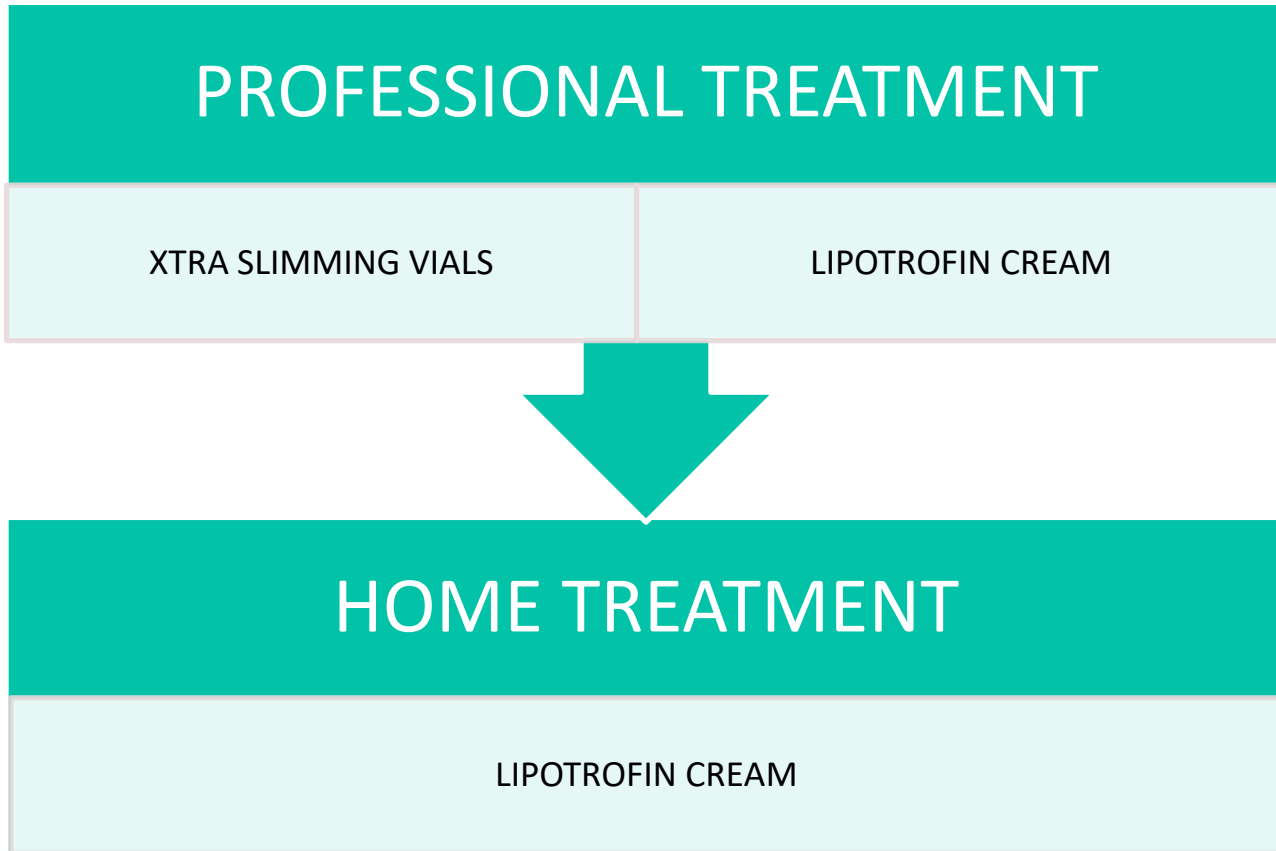
Prevents and treats skin flaccidity.

Apply morning and evening with a gentle massage into the treated area.



50 and 250 ml format.

# 1.7 XTRA SLIMMING LINE



# 1.7.1 XTRA SLIMMING VIALS

## PRODUCT DESCRIPTION

Its immediate effect is to trigger a natural lipolytic reaction that transforms lipidic deposits in fatty acids. At the same time, it has a firming and re-densifying effect that impedes possible flaccid effect on skin caused by fatty deposits reduction, thus remodelling, re-densifying shape.



## 2. EXOSOMES

Exosomes are vesicles of nanometer size (30 to 200 nanometers in diameter) that contain proteins, lipids, and genetic material such as mRNA and miRNA. They are released by different types of cells through the endosomal-liposomal pathway.

They play a fundamental role in intercellular communication, intervening in multiple biological processes as tissue healing and modulation of immune system.





# 2.1 EXOS ANTIAGING



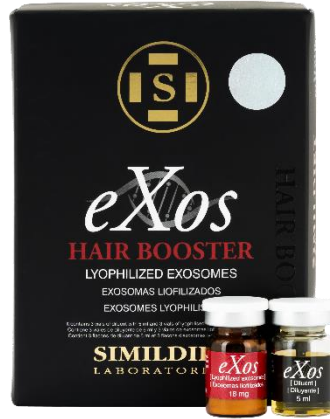
Each box of eXos Antiaging contains:

- **3 vials of lyophilized Exosomes** with 7 Growth Factors and Cytokines.
- **3 vials of diluent** with DMAE, Sodium Hyaluronate, 7 Biomimetic Peptides, DNA, RNA, Magnesium, Copper, Zinc and Mannan.

The administration of exosomes in the treatment of skin aging reduces wrinkles and improves skin elasticity by:

- Decreasing the production of reactive oxygen species.
- Reducing inflammatory factors.
- Increasing the production of substances beneficial to the skin.
- Boosting the activity of collagen-producing cells.
- Diminishing the activity of certain cells associated with inflammation and excessive skin growth.

## 2.2 EXOS HAIR BOOSTER



Each box of eXos Hair Booster contains:

- **3 vials of lyophilized Exosomes from *Allium Sativum*** useful in the treatment of alopecia areata and androgenic alopecia.
- **3 vials of diluent** with hyaluronic acid, 3 types of biomimetic peptides, *Ginkgo biloba*, *Curcuma longa*, and *Chamomilla recutita*, vitamins, minerals, and amino acids (Biotin, Glutamine, Phytic Acid, Succinic Acid, Troxerutin, Taurine, Thiamine, Proline, Panthenol, Calcium, and Magnesium).

In conducted studies, it has been demonstrated that exosomes derived from *Allium sativum* produce a significant increase in the count of hair follicles in the anagen phase, reaching up to 105.71% higher than that of the control group.

Additionally, a notable increase was observed in the activation of the Wnt/beta-catenin signaling pathway, which is involved in the induction of the anagen phase and hair regeneration, as well as an increase in hair diameter.

# 3. SERUM INTENSIVE LINE

**METABOLITES SERUM INTENSIVE**

**LIPOTROFIN SERUM INTENSIVE**

**MUSCLEBIG SERUM INTENSIVE**

**CONDROTROFIN SERUM INTENSIVE**



# 3. SERUM INTENSIVE LINE

- Skin allergy test is not needed before their application.
- **Sterile and pyrogen-free products.**
- There are four different products in this group:
  - **METABOLITES** SERUM INTENSIVE: lipolytic and reducer.
  - **LIPOTROFIN** SERUM INTENSIVE: microcirculatory, anti-cellulite.
  - **MUSCLEBIG** SERUM INTENSIVE: firming, anti-flaccidity.
  - **CONDROTROFIN** SERUM INTENSIVE: anti-inflammatory.
- All these products can be combined among themselves in order to obtain the desired effect.  
They can be applied with dermaroller, dermapen, equipment and other techniques used in Aesthetic Medicine.

# 4. ION LINE



# 4. ION LINE

- Cosmetic vials of 10 cc.
- ION line products are hydrosoluble, sterile and pyrogen-free.
- There are three different products in this group:
  - **METABOLITES ION**: lipolytic and reducer.
  - **LIPOTROFIN ION**: microcirculatory, anti-cellulite.
  - **MUSCLEBIG ION**: firming, anti-flaccidity.
- All these products can be combined among themselves in order to obtain the desired effect.
- They are designed in order to be applied with the most common techniques used in Aesthetic Medicine.



# 5. BASIC LINE

## Basic Line features:

- 5 cc vials and 2 cc ampoules.
- **Sterile and pyrogen-free cosmetic products.**
- It is important to carry out a previous allergy test.
- Designed to be applied with dermaroller, dermapen, equipment and other techniques used in Aesthetic Medicine.
- These products can be combined with creams and serums.

# 5.1 BASIC FACE ANTIAGING

## PRODUCT DESCRIPTION

Contains the basic and essential active principles for an overall effective anti-aging facial treatment.

Overall effect: anti-aging effect that regenerates, repairs, restructures, moisturises, tones and tautens the skin, acting as an antioxidant and reduces sagging.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.



# 5.2 BASIC IDEBENONE



## PRODUCT DESCRIPTION

Reduces the appearance of fine lines. Moisturizing, increases cutaneous hydration. Improves skin firmness and elasticity. Restores skin's elasticity providing a more luminous, firm and smooth appearance.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 5.3 BASIC ORGANIC SILICON

## PRODUCT DESCRIPTION

Structural component of the conjunctive tissue which is, at the same time, part of macromolecules such as elastin, collagen, proteoglycans and structural glycoproteins.

Metabolic protector acting at different levels.

Powerful lipolytic action, the product can be used in anti-cellulite and localised fat deposits treatments.



## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 5.4 BASIC HYALURONIC ACID

## PRUDUCT DESCRIPTION

Its function is to maintain tissue's optimum hydration level, thus avoiding elasticity loss and boosting the production of collagen and elastin, key components of the tissue.

Stimulates the peripheral circulation. Essential element in any anti-aging and fine wrinkles treatment. It can be perfectly combined with DMAE, Ascorbic Acid and Idebenone to achieve greater results.



## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 5.5 BASIC DNA3



## PRODUCT DESCRIPTION

Triple strengthener in anti-aging treatments: antioxidant, regenerating and firming. It can be combined with Ascorbic acid, DMAE and Idebenone in anti-aging, antioxidant and firming treatments.

## PROTOCOLO

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.



# 5.6 BASIC DMAE



## PRODUCT DESCRIPTION

Precursor of acetylcholine and responsible for muscle contraction. It acts on muscle fibres, making them firmer and more toned.

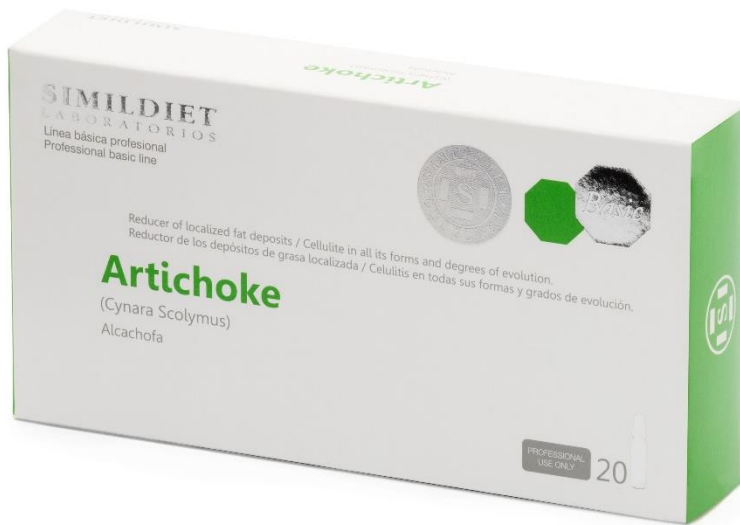
Great anti-flaccidity effect, immediate lifting action and long-term firming effects.

It can be used with Hyaluronic acid 3%, Idebenone and DNA3 in anti-aging, anti-wrinkles and anti-flaccidity treatments.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 5.7 BASIC ARTICHOKE



## PRODUCT DESCRIPTION

It is a classic product in the treatment of cellulite.

Effects: choleretic, hepatoprotector, detox, lipolytic, draining, etc.

It can be used with other direct lipolytics (Organic Silicon, Caffeine, L-Carnitine) and circulatory products (Rutin-Melilot) in the treatment of any kind of cellulite.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 5.8 BASIC L-CARNITINE

## PRODUCT DESCRIPTION

For the process of fat entries into the lipolytic metabolic line, it is necessary a conveyor that carries them to its interior, it is L-CARNITINE. It closes the circle of combustion of these fatty acids and prevents them from being converted back into triglycerides.

It is an excellent indirect activator of lipolysis, adjuvant of other direct lipolytic products such as Caffeine, Artichoke and Organic Silicon within which it can be perfectly combined.



## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 5.9 BASIC CAFFEINE



## PRODUCT DESCRIPTION

It is a classic product in lipolytic performances. Particularly recommended for localised obesity and anti-cellulite treatments with great fat component.

It is usually combined with other lipolytic products such as Artichoke, L-Carnitine and Organic Silicon.

## PROTOCOL

- 1 weekly session during 4 or 6 weeks.
- 1 fortnightly session during 2 or 3 months.
- 1 monthly session for result maintenance.

# 6. BASIC ENZYMES LINE



# 6. BASIC ENZYMES LINE

- Enzymes have no side effects, as they are substances that are intrinsic to the body.
- The Basic Enzymes line consists of the following products:
  - **COLLAGENASE** 150 IU.
  - **LIPASA** 1.500 IU.
  - **HYALURONIDASE** 1.500 IU.
- All these products come in single-dose packs and should be reconstituted with 5-6 ml of saline solution. Additionally, they can be combined with Basic Artichoke, Basic Organic Silicon and Basic Caffeine.

# 6.1 COLLAGENASE 150 IU

## COLLAGENASE 150 IU



- It is involved in physiological processes on which the integrity of collagen or its fibrillar rearrangement depends.
- Its main function corresponds to normal collagen turnover but its activity is increased to achieve the remodeling of the extracellular matrix.
- Indications: hard, fibrous cellulite, cellulite with nodules and orange peel skin.



# 6.2 LIPASE 1.500 IU

## LIPASE 1.500 IU



- It has a great direct lipolytic effect on fat accumulations by catalysing and dissolving triglyceride deposits and by liquefying them it facilitates their elimination through the lymphatic system.
- Indications: adipose cellulite, localised fat accumulation and remodelling.

# 6.3 HYALURONIDASE 1.500 IU

## HYALURONIDASE 1.500 IU



- Partially digests polymerised sugars responsible for water retention.
- It facilitates the diffusion of other products thanks to its permeabilising effect both to integrate them into the dermis and to facilitate their elimination, whether they are therapeutic active ingredients (integration) or toxic (elimination).
- Indications: oedematous cellulite, lymphoedema and reversal of iatrogenesis caused by cross-linked hyaluronic acid fillers.

# 7. SIMILDIET CHEMICAL PEELS



# 7.1 PRE - PEEL TREATMENT



## STEP 1 – MICELLAR WATER

Makeup removal using Simildiet Micellar Water. It contains a tensioactive derived from olive oil which deeply hydrates the skin.

- 400 and 100ml format.

## STEP 2 – DEGREASING LOTION

Degrease the skin correctly. It is important to carry out a mechanical peel in order to remove impurities.

- 400 and 100ml format.



# MANDELIC PEEL

pH 3.3



## PRODUCT DESCRIPTION

Mandelic Acid	50%
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DMAE	2%
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Indications: ideal for flaccid skin, those with poor muscle tone and skin with low tolerance.

# FERULIC PEEL

pH 2.4

## PRODUCT DESCRIPTION



Ferulic Acid	8%
Malic Acid	5%
Citric Acid	5%
Lactic Acid	5%

Indications: skin aged by exposure to sun or wind and tobacco products. Skin that lost vitality and luminosity, dull, lifeless or uneven in tone. Sensitive skin with small dilated superficial veins or microcirculatory alterations, highly reactive and suffering from telangiectasias.

# AZELAIC PEEL

pH 2.9



## PRODUCT DESCRIPTION

Azelaic Acid	10%
Lactic Acid	9%
Salicylic Acid	2%
Arnica	1%

Indications: oily and acne skin. Folliculitis and rosacea. Enlarged, open pores. Skin troubled with zits, shiny areas, pimples and blackheads.

# YELLOW PEEL

pH 0.5

## PRODUCT DESCRIPTION



Resorcinol Acid	14%
Trichloroacetic Acid	14%
Lactic acid	13%
Salicylic acid	5%
Retinyl palmitate	0,2%

Indications: hyperchromic spots (sun, hormonal, aging).  
Integral facial rejuvenation in cases of fine wrinkles, acne scars, stretch marks, devitalised skin lightless, dull, non-uniform colouring or dyschromic skin.



# SAMA PEEL

pH 1.6

## PRODUCT DESCRIPTION



Mandelic Acid 22%

Salicylic acid 20%

Indications: comedogenic acne, medical cystic acne or pimples. Oily skin with enlarged pores. Post-acne scars. Seborrheic dermatitis. Exfoliating and skin tone-evening with a clarifying effect.

Improves pigmentation and decreases the intensity of spots. Improves the aspect of superficial wrinkles.

# ARGILAC MASK

pH 5.5

*Dermatologically tested for sensitive skin*



## PRODUCT DESCRIPTION

Arginine	25%
Lactic acid	15%
Pyruvic acid	1%
Vitamin K1 oxide	1%

Indications: is the perfect mask for sensitive, intolerant, delicate and itchy skin that do not tolerate any other type of actions and show imperfections, spots, irritations, couperose, dehydration and flaking caused by wind or cold.

Ideal for young skin that want to have their first facial cares.

Recommended to tackle problems such as eye bags and swollen eyelids.

# GLYCOLIC PEEL 70 %

pH 0.6



## PRODUCT DESCRIPTION

Glycolic acid 70%

Indications: aged skin with age spots or melasma. Fine wrinkles. Clarifying and depigmenting. Matte, lifeless skin, with irregular dyschromias, scars and acne-scars, post-acne or post-scars pigmentations. Dirty appearance and devitalized skin.

# LIGHTENING PEEL

pH 1.5



## PRODUCT DESCRIPTION

Glycolic acid	49%
Kojic acid	7%
Tranexamic acid	5%
Citric acid	4%
Lactic acid	3%
Salicylic acid	2%

Indications: aged skin with age spots. Fine wrinkles. Clarifying and depigmenting. Matte, lifeless skin, with irregular dyschromias, scars and acne-scars, post-acne or post-scars pigmentations. Dirty appearance and devitalised skin, thick hyperkeratotic skin. Body use in intimate areas, armpits, elbows, knees, groins and friction areas.

# 7.2 POST - PEEL TREATMENT



## STEP 4 - SIMIL CARE

*Dermatologically tested*

Apply Simil Care in case of irritations and redness.

- 50ml and 300ml format.

## STEP 5 - SUN CARE 50+ SPF

*Dermatologically tested for sensitive skin*

It is a must to protect the skin from sunlight after a chemical peel.



Natural

Color light

Color medium

# 7.3 CREAMS

## SIMIL CARE

*Dermatologically tested*

Moisturizes the skin thanks to its regenerating action on the skin's natural barrier. Apply topically morning and night.

- 300 and 50ml format



## HAND CARE SIMILDIET™

*Dermatologically tested*

Moisturizing hand cream with a rich formulation of biomimetic peptides that combat wrinkles and spots. It absorbs quickly, leaving the skin clarified, nourished, and delicately scented.

- 50 ml format.



# 7.3 CREAMS



## LIPOTROFIN CREAM

Toning, reducing and anti-cellulite cream with remodeling effect.

Apply morning and evening. Massage using circular movements.

- 200 ml format.

## CONDRO GEL

Gel recommended for direct and immediate relief of painful processes related to the locomotor system.

- 200 ml format.



# 8. TONICS LINE

Designed to cleanse, refresh, tone and balance skin's natural pH.

Our Tonics contain ingredients such as water, plant extracts, vitamins, antioxidants, and mild acids that help hydrate, soothe, and prepare the skin for subsequent skin care steps, such as applying serums or creams.





# 9.1 ANTIAGING TONIC



**ANTI-AGING TONIC** with Glycolic, Malic, Ferulic Acids, Retinol and Japanese Tangerine Extract.

- Moisturizes
- Illuminate
- Improves elasticity
- Reduces expression wrinkles
- Evens out the skin
- Protects against free radicals
- Antioxidant effect

Use daily after cleansing the skin with Simildiet **Micellar Water**. Soak a cotton pad with the tonic and apply to the face, neck and décolleté (avoiding the eye area). Do not rinse.

# 9.2 FIRMING TONIC



**FIRMING TONIC** with Silicon, Centella Asiatica, Mandelic Acid and DMAE.

- Reduces sagging
- Tones
- Reaffirms
- Tensor effect
- Moisturizes in depth
- Reduces wrinkles
- Rejuvenates the skin

Use daily after cleansing the skin with Simildiet **Micellar Water**. Soak a cotton pad with the tonic and apply to the face, neck and décolleté (avoiding the eye area). Do not rinse.

## 9.3 GLOWING TONIC



**ILLUMINATING AND REVITALIZING TONIC** with a combination of fruit extracts with high AHA content.

- illuminates
- General revitalizing
- Provides freshness
- Younger appearance
- Enhances texture and softness
- Evens out the skin
- More radiant skin

Use daily after cleansing the skin with Simildiet **Micellar Water**. Soak a cotton pad with the tonic and apply to the face, neck and décolleté (avoiding the eye area). Do not rinse.

# 9.4 LIGHTENING TONIC



**LIGHTENING TONIC** with Tranexamic, Salicylic, Glycolic Acids, Licorice extract and Lactobacillus ferment.

- Reduces spots
- Evens out the skin
- Balanced appearance
- Provides luminosity
- Antioxidant effect
- Overall texture improvement

Use daily after cleansing the skin with Simildiet **Micellar Water**. Soak a cotton pad with the tonic and apply to the face, neck and décolleté (avoiding the eye area). Do not rinse.

# 9.5 SOFTENING TONIC



**SOFTENING TONIC** with Arnica, Comfrey, Burdock and Arginine.

- Improves elasticity
- Reduces redness
- Moisturizes
- Reduces roughness
- Great nutrition
- General calming sensation

Use daily after cleansing the skin with Simildiet **Micellar Water**. Soak a cotton pad with the tonic and apply to the face, neck and décolleté (avoiding the eye area). Do not rinse.

# 9. FOOD SUPPLEMENTS

These products come in capsules, vials and solutions composed by medicinal plants, minerals, vitamins and/or amino-acids.

**ADELPLUS CAPSULES**

**Satiating**

**METABOL CAPSULES**

**Lipolytic thermogenic**

**K-LINFO & B'S DROPS**

**Anti-oedematous oral solution**

**LIPOTROFIN CAPSULES**

**Anti-cellulite-draining-reducer**

**VACIRTON CAPSULES**

**Venous return**

**BHIOERBA CAPSULES**

**Detoxifying**

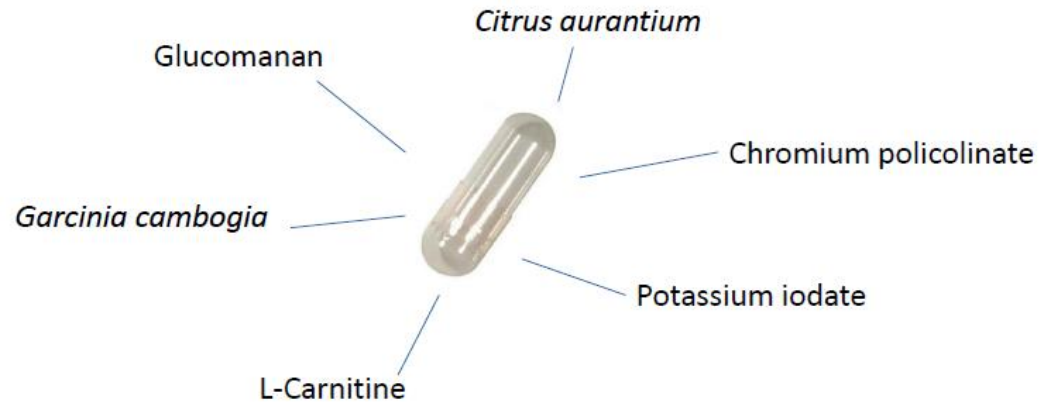
**CONDRO CAPSULES**

**Antirheumatic**

**XTRA SKIN & HAIR TABLETS**

**Antiaging-firmness-vitality**

# 9.1 ADELPLUS



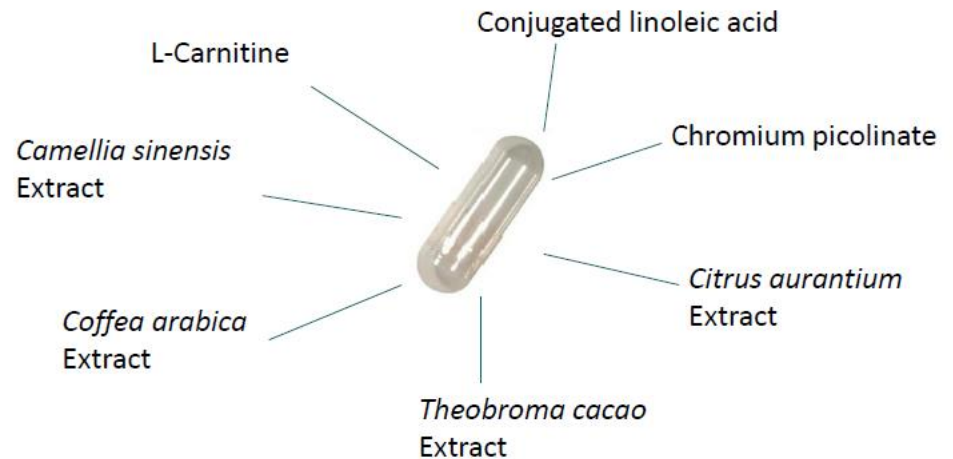
## PRODUCT DESCRIPTION

Activates fat combustion and inhibits fat and sugar absorption. Satiating effect.

## INDICATIONS

Slimming diets. Bulimia. Constipations (mucilaginous and mechanical action).  
Adjuvant in hypolipemic and hypoglycaemic treatments.

# 9.2 METABOL



## PRODUCT DESCRIPTION

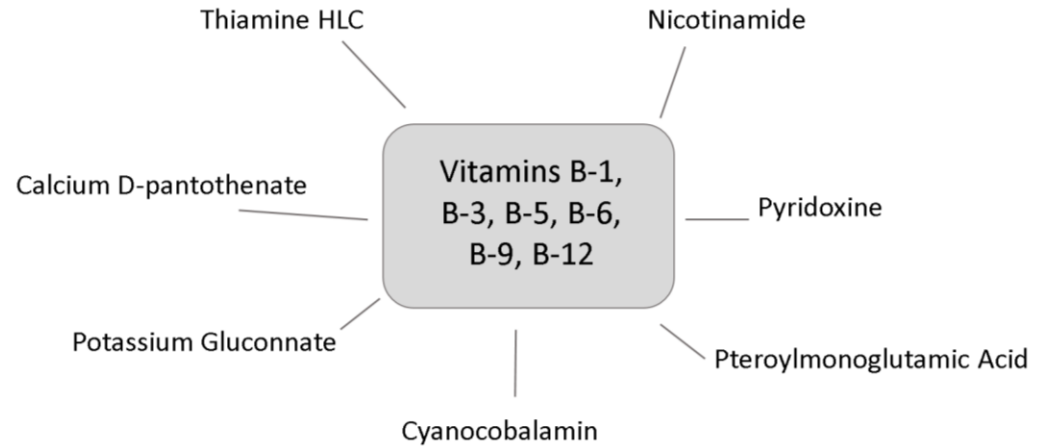
Dietary supplement which, thanks to its thermogenic activity, regulates insulin levels and inhibits appetite. Supplement of choice in slimming diets.

## INDICATIONS

Appetite inhibitor. Increases fat oxidation in the muscles, thus decreasing body fat. Regulates glucose and insulin levels, thus enhancing combustion. By reducing lactic acid levels, it decreases the fatigue caused by exercise. Decreases cholesterol and triglycerides levels.



## 9.3 K-LINFO & B'S



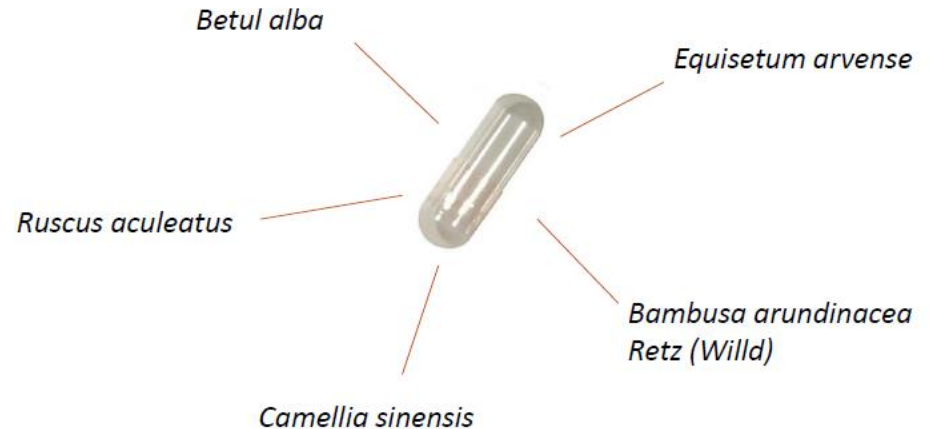
### PRODUCT DESCRIPTION

Draining, liquid mobiliser and anti-oedematous.

### INDICATIONS

Oedematous cellulite. Premenstrual oedematous syndrome. Lymphedema, oedema following any type of surgical procedure. Vascular oedemas. Lymphostatic oedemas of traumatic origin.

# 9.4 LIPOTROFIN CAPSULES



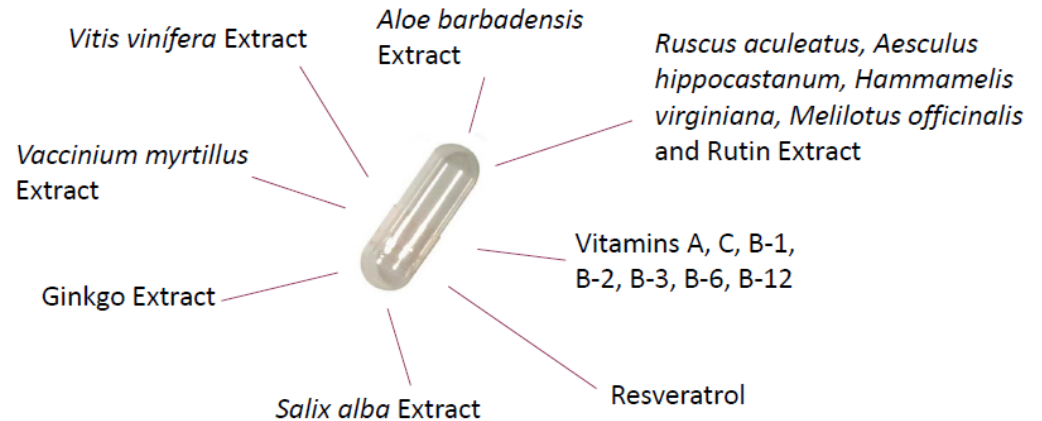
## PRODUCT DESCRIPTION

Dietary supplement that provides the active principles required for a powerful micro-circulatory, draining, anti-cellulite effect, as well as tissue restructuring effect.

## INDICATIONS

Adjuvant in slimming diets that present fluid retention, cellulite or where skin restructuring is needed.

# 9.5 VACIRTÓN



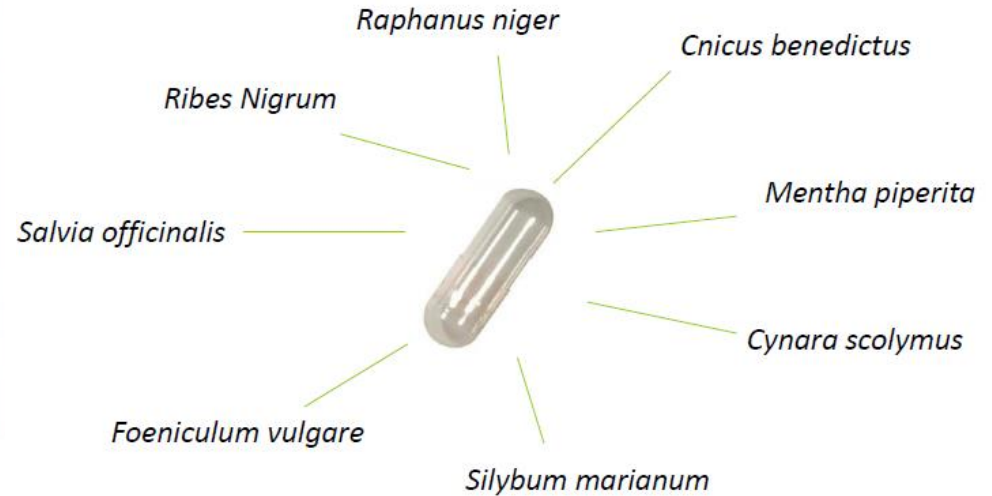
## PRODUCT DESCRIPTION

Improves the venous-lymphatic return. Capillary protector, improves heavy legs, redness, cramps, etc.

## INDICATIONS

Background, palliative or symptomatic treatment of: phlebology, cardiovascular, gynaecology, dermatology, ophthalmology, orthopaedics, Aesthetic Medicine.

# 9.6 BHIOERBA 1 HB



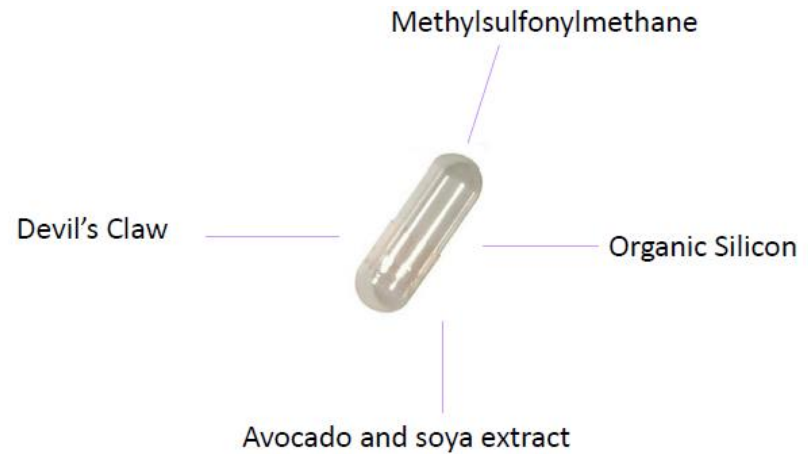
## PRODUCT DESCRIPTION

Choleretic effect, colagogue, carminative, anti-dyspeptic, hepatic detoxifying, general depurative.

## INDICATIONS

Heavy digestions. Epigastric pain. Regurgitation. Heartburn. Saburral tongue. Nausea and vomiting. Sensation of abdominal fullness and flatulence. Aerophagy. Constipation tendency.

# 9.7 CONDRO CÁPSULAS



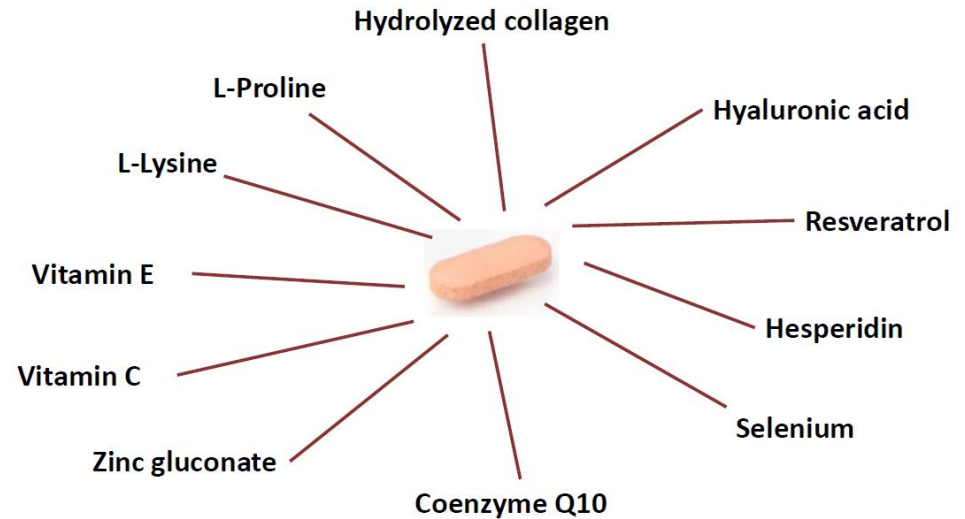
## PRODUCT DESCRIPTION

Increases collagen and joint proteoglycans synthesis. Prevents joint degradation in degenerative joint diseases.

## INDICATIONS

Joint chronic degenerative diseases accompanied by inflammation, pain and functional impotence: arthrosis, arthritis, gouty arthritis, lower back pain and sciatica, spondylitis, cervical syndrome. Post-traumatic recoveries, tendinitis and fibrillar lesion.

# 9.8 XTRA SKIN & HAIR TABLETS



## XTRA SKIN & HAIR TABLETS

It is a nutraceutical that contains all the active principles that have an intense action in order to fight against the signs of cutaneous aging. Reduces wrinkles and makes the skin softer and smoother.

Provides the essential components (Hyaluronic Acid + Collagen) that ensure the replacement of losses caused by age and protects the skin from free radicals and oxidative stress, thanks to its powerful antioxidant effect.

