

I AM BACK!

Learn how to successfully support parents back to work



01. Clear expectations

A clear 30-day plan followed by a 3- and 6-month review. Revise the job description, align on expectations of the role, and what the glass balls are.



02. A buddy system

Identify a couple of working parents who could be a good buddy or peer-to-peer mentors for returning parents. Align on the buddy's role and responsibilities.



03. Invest in a coach

As part of the return to work plan, offer the returning parent access to a qualified coach who specialises in working parents and the challenges they face.



04. Effectively use KIT days

KIT days are essential to set up parents for a successful return to work and being able to gradually ease back into their role.