

## Building a Brighter Tomorrow.

In Arizona, foster teens face significant and often overlooked challenges as they navigate the critical transition from adolescence to adulthood.

Many enter the system due to abuse, neglect, or abandonment and are met with instability, limited resources, and a lack of consistent emotional support.

As they approach aging out of the system, too many teens are left unprepared for independent living, resulting in higher risks of homelessness, unemployment, mental health struggles, and incarceration.

Without targeted, teen-specific support and guidance, these youth are denied not only stability—but also the opportunity to discover their potential and build a future rooted in confidence and self-worth.

Self-Actualization

Esteem

Love & Belonging

Safety

Physiological



### Make a Donation

Over 3,500 teens need our help in Arizona. Help us build strong teens who can become thriving adults.



### Reach Us

Become part of the alliance to impact a foster teens life.



[www.fosteruniversity.org](http://www.fosteruniversity.org)



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# FOSTER

UNIVERSITY

*An Arizona Foster Non-Profit*



# Why Us?

## ✓ Truly Non-Profit.

100% of all donations go directly back to the teens and young adults we serve.

## **We are committed to partnership.**

✓ Whether you are a non-profit, religious group or corporation we believe in being connectors into a community that want to serve foster teens.

## **WE are not a WE without YOU!**

✓ Foster University is an alliance of people who believe they can make an impact in a child's life regardless of their ability to become a foster parent.



# Steps to Self Worth

*When a teen's core needs are met they can begin to overcome and thrive.*



Our cooking crew looks to make meals, educate and enjoy a meal with teens.



Our clothing crew is responsible for ensuring all teens have access to leisure, dress and school clothes to build safety and esteem.



Our mentor crew, in partnership with Arizonans for Children, supports mentors who will walk alongside a teen and build belonging.



We offer both grants and hosted events so that kids can be kids and build memories. Students learn to love themselves when they accomplish new things.



Teens and group homes can make personal requests and we will work to find partners in our community to help support that wish!



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**I believe in the work we are doing at Foster University and want to help impact the lives of other foster teens across Arizona!**

- Nathan Otero  
Former Foster Teen and Foster University Advisor