



DRESSAGE RULES 2020

£3.50

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THE PONY CLUB DRESSAGE OBJECTIVES

- a) The object of the Competition is to stimulate interest and enjoyment in Dressage and correct training of the horse, thereby encouraging Members to improve their riding by acquiring and establishing an independent seat, and a true knowledge of the aids.
- b) The object of Dressage is the harmonious development of the physique and ability of the horse. As a result it makes the horse calm, supple, loose and flexible, but also confident, attentive and keen, thus achieving perfect understanding with his rider.

These qualities are revealed by:

- i) The freedom and regularity of the paces.
- ii) The harmony, lightness and ease of the movements.
- iii) The lightness of the forehand and the engagement of the hindquarters, originating in a lively impulsion.
- iv) The acceptance of the bridle, with submissiveness throughout and without any tenseness or resistance.

RULES

These rules are based on British Dressage current rules for Dressage Competitions.

Every eventuality cannot be provided for in these rules. In any unforeseen or exceptional circumstances or any other issue in connection with Pony Club Dressage it is the duty of the relevant officials to make a decision in a sporting spirit and to approach as nearly as possible the intention of these Rules. It is the competitor's responsibility to ensure that they are complying with the Rules of the competition.

NOTE: Rules which differ from those of 2019 appear in bold type and side-lined (as this note).

THE PONY CLUB DRESSAGE COMMITTEE

All rules are made by The Pony Club Volunteer Committees including consultation with others

The Pony Club Office provides administrative support and any queries or questions relating to these rules must be directed to the Chairman of the sport and copied to dressage@pcuk.org.

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As a Member of The Ponv Club. I stand for the best in sportsmanship as well as in horsemanship. I shall compete for the enjoyment of the game well played and take winning or losing in my stride, remembering that without good manners and good temper, sport loses its cause for being. I shall endeavour to treat my horse with consideration.

PART I – GENERAL RULES FOR PONY CLUB DRESSAGE

1. DRESS

New equipment is not expected, but what is worn must be clean, neat, tidy and safe.

It is the competitor's responsibility to ensure their dress complies with the Rules. Contravention may incur disqualification. Apart from Cross Country colours and silks, brightly coloured accessories must not be worn.

a) Hats

It is mandatory for all Members to wear a protective helmet at all times when mounted with a chinstrap fastened and adjusted so as to prevent movement of the hat in the event of a fall. This rule defines the quality of manufacture that is required. The individual sports also have additional requirements with regard to colour and type. It is strongly recommended that second hand hats are not purchased.

The hat standards accepted as of 1st January 2020 are detailed in the table below:

Hat Standard	Safety Mark	Allowed at the following activities:
PAS 015:1998 or 2011* with BSI Kitemark	₽	All activities
VG1 with BSI Kitemark	₩	All activities
Snell E2001* onwards with the official Snell label and number	E2001 Switt	All activities
ASTM-F1163 2004a onwards with the SEI mark	5	All activities
AS/NZS 3838, 2006 onwards	www.	All activities

For cross-country riding (over 80cm) including Eventing,
Tetrathlon, Horse Trials, Pony Racing (whether it be tests, rallies,
competition or training) and Mounted Games competitions,
a jockey skull cap must be worn with no fixed peak, peak type

extensions or noticeable protuberances above the eves or to the front, and should have an even round or elliptical shape with a smooth or slightly abrasive surface, having no peak or peak type extensions. Noticeable protuberances above the eves or to the front not greater than 5mm, smooth and rounded in nature are permitted. A removable hat cover with a light flexible peak may be used if required.

- It is strongly recommended that a jockey skull cap is worn for cross-country riding over lower fences (less than 80cm) as there is research evidence that a fall onto the fixed peak can result in an over extension of the neck backwards with the potential for serious iniurv.
- No recording device is permitted (e.g. hat cameras) as they may have a negative effect on the performance of the hat in the event of a fall
- The fit of the hat and the adjustment of the harness are as crucial as the quality. Members are advised to try several makes to find the best fit. The hat should not move on the head when the head is tipped forward. Most helmet manufacturers recommend you visit a qualified BETA (British Equestrian Trade Association) fitter.
- Hats must be replaced after a severe impact as subsequent protection will be significantly reduced. Hats deteriorate with age and should be replaced after three to five years depending upon the amount of use
- Hats must be worn at all times (including at prize-giving) when mounted with a chinstrap fastened and adjusted so as to prevent movement of the hat in the event of a fall.
- For Show Jumping and Mounted Games the cover, if applicable, shall be dark blue, black or brown only.
- For Dressage, hats and hat covers must be predominately black. navy blue or a conservative dark colour that matches the rider's jacket for Area competitions or above. The Pony Club Hat silk is also acceptable.
- The Official Steward / Organiser may, at his discretion, eliminate a competitor riding in the area of the competition without a hat or with the chinstrap unfastened or with a hat that does not comply with these standards

Hat Checks and Tagging

The Pony Club and its Branches and Linked Centres will appoint Officials, who are familiar with The Pony Club hat rule, to carry out hat checks and tag each hat that complies with the requirements set out in the hat rule with an aquamarine Pony Club hat tag. Hats fitted with an aquamarine Pony Club, British Eventing (BE) or British Riding Club (BRC) hat tag will not need to be checked on subsequent occasions. However, The Pony Club reserves the right to randomly spot check any hat regardless of whether it is already tagged.

Tagging indicates that a hat meets the accepted standards, NO check of the fit and condition of the hat is implied. It is considered to be the responsibility of the Member's parent(s) / quardian(s) to ensure that their hat complies with the required standards and is tagged before they go to any Pony Club event. Also, they are responsible for ensuring that the manufacturer's guidelines with regard to fit and replacement are followed.

- b) Breeches - must be white, cream or beige.
- c) Jackets - traditional jackets must be worn with a Pony Club tie or hunting stock. It is permitted to wear a Pony Club stock with any iacket. Jackets must be worn for the duration of the test. Jackets may be removed during warming up, provided the competitor is wearing a shirt that at a minimum covers the shoulders. **During** hot weather the Judges may give permission for competitors to ride without jackets, but shirts must cover the shoulders.

Competitor numbers should be worn at all times.

- d) Pony Club Badge - the official metal membership badge should be worn on the left lapel of the rider's jacket.
- e) **Gloves** – all competitors must wear gloves.
- f) **Hair** – in the interests of safety, long hair should be secured appropriately.
- g) **Jewellery** – no jewellery is allowed for safety reasons, other than a wristwatch, a wedding ring, a stock pin worn horizontally, or a tie clip. It is recommended that stock pins are removed for Cross Country. Members who are contemplating piercing their ears or any other part of their body should be aware that they will not be allowed to participate in Pony Club mounted equestrian activities until such time as the "sleepers" can safely be removed. The reason for this is that sleepers have in the past caused injuries following falls. This rule will be strictly enforced.

In the event of a person being unable to remove permanent jewellery, it must be adequately protected by being covered by a sticking plaster or other appropriate material prior to presenting at tack check. The wearing of such jewellery while competing is at the risk of the Member / parent / guardian.

- Spurs may be worn at Rallies and other events. Any misuse h) of spurs will be reported to the DC/Centre Proprietor, Area Representative and Training Chairman; any reported riders will be recorded and monitored
 - Sharp spurs are not permitted. Only blunt spurs, without rowels or sharp edges, and spurs that have a smooth rotating ball on the shank may be worn. If the spurs are curved, the curve must be downwards and the shank must point straight to the back and not exceed 4cm in length. The measurement is taken from the boot to the end of the shank See also Rule 10
- Footwear only standard riding or iodhpur boots with a welli) defined square cut heel may be worn. Plain black or brown half chaps may be worn with jodhpur boots of the same colour. Tassels and fringes are not allowed. No other footwear will be permitted. including wellington boots, yard boots, country boots, "muckers" or trainers.

Boots with interlocking treads are not permitted, nor are the boots or treads individually.

Stirrups should be of the correct size to suit the rider's boots (see the Stirrup rule). Laces on boots must be taped for Mounted Games only.

- i) **Body Protectors** – see Appendix B.
- k) Button Holes – shall not be worn
- While dismounted in the collecting area, competitors must be 1) tidily dressed but not necessarily in riding clothes.
- m) At **prize-giving**, mounted or dismounted, competitors must be correctly dressed in their competition riding clothes.

SADDLERY AND EQUIPMENT

New equipment is not expected, but what is worn must be clean, neat, tidy and safe.

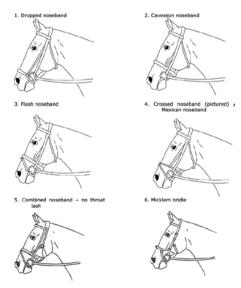
It is the competitors' responsibility to ensure that their tack is in accordance with the rules and that they present themselves for inspection. Any competitor who presents to compete in the wrong saddlery/equipment will not be allowed to compete until they decide to re-present in the correct saddlery/equipment. Any competitor who then changes their tack after the Tack Inspection will be disqualified from the competition.

The Official Steward has absolute discretion to forbid the use of any bit. gadget, spur or boot which he considers cruel or misused. Any misuse of a bit/bridle will be reported to the District Commissioner/Centre Proprietor. Area Representative and Training Chairman, Any reported riders will be recorded and monitored

Any equipment not covered in these Rules must be referred at least two weeks in advance of the competition to The Pony Club Office to allow time for the Chairman of the Dressage Committee to be consulted. All tack must be correctly fitted. Disabled riders are welcome to apply to The Pony Club Office to use special equipment.

- a) **Saddles** – brown or black saddles of plain English type with white. cream or dark coloured girths. Competitors wishing to use a sidesaddle must notify the Organiser of the competition at the time of entrv.
- **Bridles and Nosebands** black or brown bridles must be used b) Double bridles can be used at Open level Dressage only. For safety reasons, leather bridles are recommended. Bridles/nosebands matching the diagrams below are permitted. Nosebands shown in 1, 3, 4 and 6 are not permitted for use with a double bridle. Diagram 5, when used as a double bridle, the lower strap (flash) of the nose band is not allowed.

Nosebands must not incorporate chain or rope. Nosebands should be correctly fitted and should not cause discomfort.



- Numnahs, saddle cloths, pads any solid colour is permitted. c) Contrasting piping is permitted. Branch logos are allowed when competing for the Branch; logos must not exceed 200 sg. cm. This does not preclude the wearing of clothing for horses or riders that has been presented by sponsors of the Championships in the current or previous years. See also Rule 11.
- d) **Stirrups** – stirrups should be of the correct size to suit the rider's boots. They must have 7mm (1/4") clearance on either side of the boot. To find this measurement, tack checkers should move the foot across to one side of the stirrup, with the widest part of the foot on the tread. From the side of the foot to the edge of the stirrup should be 14mm.

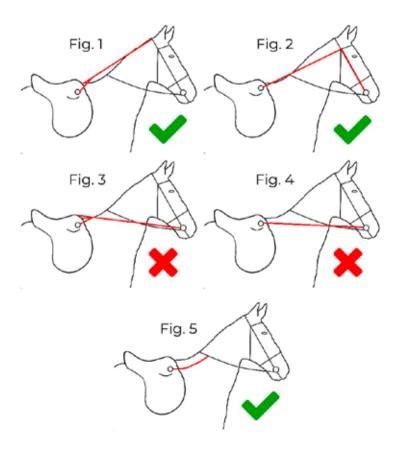
Note: There are now many types of stirrups marketed as 'safety stirrups'. All riders must ensure that their stirrups are suitable for their type of footwear, the activities in which they take part and that the stirrup leathers are also in good condition.

There are no prescribed weight limits on metal stirrups, however with the advent of stirrups of other materials, weight limits are seen to be given by manufacturers. Any person buying these stirrups should take particular notice if weight limits are on the box or attached information leaflets.

Neither the feet nor the stirrup leathers or irons may be attached to the girth, nor the feet attached to the stirrup irons.

- The following are **not permitted**: e)
 - bitless bridles or hackamores
 - bit auards
 - · reins with elastic inserts or bridge reins
 - martingales. Market Harborough's and bearing, side, check or running reins of any kind (see grass reins rule below)
 - blinkers of any kind, including sheepskin or leather cheek pieces
 - humane girths (described as having non-independent straps that will loosen if one of the straps were to break).

- f) Grass and Balanced Support Reins Grass reins and balanced support reins are permitted at Pony Club rallies and competitions jumping up to 50cm, or in the Walk and Trot Test subject to the following:
 - only those reins shown in diagrams 1 and 2 (and 5) are permitted
 - the reins must be fitted to allow and not restrict the normal head position of the pony. The rein length must be sufficient to allow the pony to stretch over a small fence
 - reins may be leather or synthetic material, if synthetic then a break point of leather or other suitable material must be included

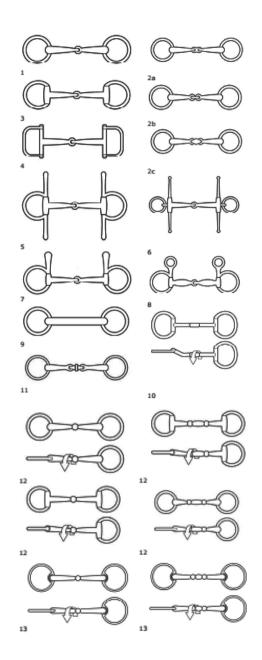


- The use of a **Micklem Multibridle** is permitted without bit clips. a)
- h) Bits - The Pony Club follows the guidance of British Dressage in relation to permitted bits. Only the bits illustrated are permitted. They must be used in their manufactured condition without any addition to/on any part. If in doubt, guidance should be sought from The Pony Club Office in writing with a photo of the bit in question.
 - i. Snaffles only the bits illustrated on page 16 and 18 are permitted. Combination of mouthpieces may be used with any of the cheeks or rings illustrated.

Bits of rubber, nylon or other synthetic materials are permitted. Bits must be used in their manufactured condition without any addition to any part. A mix of metals in the mouthpiece is permitted'. 'Rainbow bits' are not permitted.

Straight bars must be straight and may not have 'lumps or bobbles' on the mouth piece.

Straight bars may also have a mullen mouth.



- 1. Loose ring snaffle
- 2. a.b.c Snaffle with jointed mouthpiece where middle piece should be rounded, i.e. French link, Eggbutt sides also allowed
- 3. Eggbutt snaffle.
- 4. Racing snaffle D-ring.
- 5. Egabutt snaffle with cheeks.
- 6. Loose ring snaffle with cheeks (Fulmer). Fulmer keepers are permitted
- 7. Snaffle with upper cheeks only.
- 8. Hanging cheek snaffle.
- 9. Straight bar snaffle. Permitted also with mullen mouth and with egabutt rings, these must be straight and have no ports or raised bumps.
- 10. Snaffle with rotating mouthpiece.
- 11. Snaffle with rotating middle piece.
- 12. Rotary bit with rotating middle piece.
- 13. Rotary bit with rotating middle piece and looped rings

ii. Double Bridles (at Open level Dressage only)

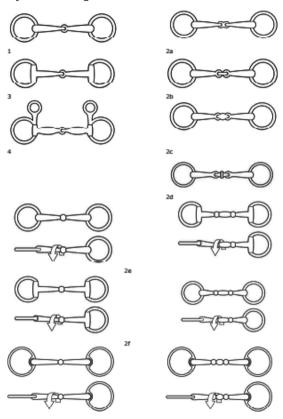
All permitted snaffle bits may be used with the exceptions of any combination of mouthpiece with full cheeks.

The lever arm of the curb is limited to 10cm in length (length below the mouthpiece). The upper cheek must not be longer than the lower cheek. The ring of the bridgon bit must not exceed 8cm in diameter. If the curb has a sliding mouthpiece. the lever arm of the curb bit below the mouthpiece should not measure more than 10cm when the mouthpiece is at the uppermost position. The diameter of the mouthpiece of the bridoon and/or curb must be such as not to hurt the horse. Rigid bits coated in plastic are permissible in a double bridle. however flexible rubber bits are not permissible.

The curb chain (including its cover) may be made of leather. metal, neoprene or rubber or a combination thereof and must be fitted in the conventional way.

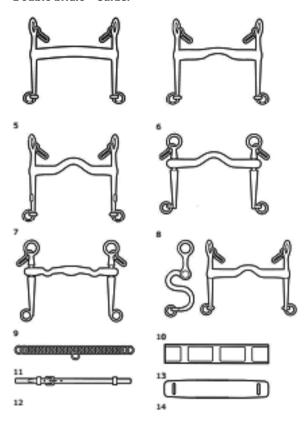
Double bridle - Bridoons:

Only the following illustrated bits are allowed.



- 1. Loose ring bridoon bit.
- 2. a,b,c Bridoon bit with jointed mouthpiece where the middle piece should be rounded. Eggbutt sides also allowed.
- Bridoon bit with rotating middle piece. 2.d
- 2.e Bridoon Rotary bit with rotating middle piece.
- 2.f Bridoon Rotary bit with rotating middle piece and looped rings.
- 3. Eggbutt bridoon bit.
- 4. Bridoon bit with hanging cheeks.

Double bridle - Curbs:



- 5. Half-moon curb bits.
- 6.+7. Curb bit with straight cheeks and port.
- 8. Curb bit with port and sliding mouthpiece (Weymouth). A curb bit with rotating lever arm is also allowed.
- Variation of bits no 6.7 and 8. 9.
- 10. Curb bit with S-curved cheeks.
- 11. Curb chain (metal or leather or a combination).
- 12 Lip strap.
- 13. Leather cover for curb chain.
- 14. Rubber, leather or sheep skin cover for curb chain.

- i) Bandages and Boots - may be worn while riding-in, but not during a test. Hoof boots are not permitted.
- i) Neckstraps – are allowed at all levels.
- k) Fly-fringes, nose gauzes and ear covers – are permitted for all competitions, and may also provide noise reduction. The ear cover/ fly fringe must not cover the horse's eyes. Ear plugs are not permitted and spot checks may be carried out. Nose nets are permitted. Nose nets must cover the nose only leaving the mouth and bit visible.
- I) **Saddle covers** are not permitted except during riding-in. A gel pad/memory foam seat saver is permitted, provided that it is unobtrusive and matches the colour of the saddle. Other types of seat saver are not permitted.
- **Lungeing** in side reins, but NOT bearing, check or balancing reins m) is allowed when exercising or warming up.
- n) **Electronic devices** (i.e. headphones, mobile phones etc. enabling another person to communicate with the rider) are not allowed whilst the rider is competing. No recording device is permitted (e.g. head/bridle cameras etc).
- Any **unusual decoration** of the horse with unnatural things, such 0) as ribbons, glitter, flowers etc. in the mane/tail or applied to the coat is forbidden. Discreet red bows in the tail are permitted for horses that kick.
- p) Competitors using saddlery and gadgets which are not allowed in the competition may be eliminated. See Rule 4.

3. WHIPS

- May be carried during the test. This includes Area Competitions a) and the Championships.
- b) May be of any length.
- May not be picked up if dropped during a test. c)
- d) May be carried in either hand, but must be in the rein hand when saluting.
- If misused, in the opinion of the Judge, the rider will be eliminated. e) (See also Rule 10).
- Whips are not allowed in the Dressage phase of an Eventing f) competition at PC100 and PC110.

4. **PENALTIES FOR CONTRAVENING THE RULES**

Contravention of the rules will incur elimination. Under certain circumstances, instead of elimination, a 2-point penalty may be deducted at the discretion of the Dressage Judge, in collaboration with the Official Steward (if there is no Official Steward, then the Organiser may be consulted). The 2-point penalty would only apply to minor infringements that do not affect the performance of the horse, i.e. rider not wearing gloves, horse entering arena with tail bandage in place, etc. Points will be deducted from the final score and will not count as errors of course. There is a downloadable reference quide to penalties for contravening the rules available on The Pony Club website.

ACTION AFTER A FALL

Any competitor who has a fall or sustains a serious injury anywhere at the competition site **MUST** see the medical personnel on the day and be passed fit to ride before riding that horse in a further test or before riding any other horse.

6. **HEAD INJURIES AND CONCUSSION**

a) **General Advice**

Head injuries and concussion are life threatening and potentially life changing incidents. Serious head injuries are usually obvious, but concussion can be very subtle and not always immediately apparent. Head injuries result from a mechanical insult to the head, and can cause traumatic brain injury, possibly leading to permanent disability or death.

Concussion is a disturbance in brain function caused by a direct or indirect blow to the head. Some people describe concussion as mild traumatic brain injury. Concussion should be seen as part of a spectrum of brain injury with traumatic brain injury at one extreme and no injury at the other. Typically concussion cannot be seen on standard brain scans, which makes it difficult to diagnose objectively. Repeated injury to the head can worsen an already preexisting concussion, even if the time between injuries is counted in davs or weeks.

The Pony Club wants to ensure members / riders attending Pony Club activities enjoy themselves and get the most out of riding. At the same time, they must also balance that enjoyment with members' / riders' safety. This may mean on occasion that members / riders are asked not to ride by officials who believe they may have sustained a concussion either at the time of injury or from a previous injury (which may not have been sustained whilst riding). Parents / guardians, members, officials and other

riders must respect this decision. It is a decision sometimes made without having objective evidence, but it is made in good faith and in the pursuance of avoiding further harm.

b) Incidents that could cause head injuries or concussion

Any member / rider who, at a Pony Club activity, suffers an incident that could cause head injury or concussion (for example, a fall from their horse / pony) should be assessed.

The person who does this assessment will depend on the first aid cover that is in place for that activity. Depending on the level of first aid cover then the exact process of diagnosing whether the member has suffered:

- No head injury / concussion
- A suspected head injury / concussion
- Confirmed head injury / concussion.

Each option is talked through in more detail below.

From the assessment being carried out it may be immediately obvious that there is no cause for concern. In the course of Pony Club activities. The Pony Club is well aware that there are different kinds of falls and that assuming every fall leads to a head injury would be counterproductive to the aims of the organisation. We ask that reasonable care is taken to ensure members / riders have not sustained a serious head injury or concussion.

Unconsciousness c)

If a member / rider is unconscious following an incident they should be treated as if they are suffering with a confirmed concussion and the steps in points vii) below should be followed.

Who can diagnose head injury or concussion? d)

Diagnosis of a head injury or concussion (both confirmed and suspected) can be carried out by any level of first aid cover officiating at a Pony Club activity. These could be a trained or qualified first aider (including a coach), a paramedic or a doctor. If there is any doubt as to the diagnosis the member / rider should see the highest level of first aid cover that is present and they should make the diagnosis. If the first aid cover at the activity cannot reach a definite diagnosis then they should refer the member / rider to a hospital or a doctor off site for them to make a diagnosis.

It would be more usual for a trained or qualified first aider to say they suspect a head injury or concussion than to diagnose it themselves. If they are the highest level of first aid cover available at the activity that will mean the member / rider has to go off site to have the diagnosis made by a doctor.

The member / rider should not ride again until they have been seen by a doctor. This may mean that the rider will miss any part of an activity or competition.

Actions to be taken in the event of a suspected head injury or d) suspected concussion diagnosis

If a diagnosis of a suspected concussion or head injury is made by a first aider, they should advise the parents / quardians to take the member / rider to hospital.

Any member / rider who has been diagnosed with a suspected or confirmed head injury or concussion should not be left alone and must be returned to the care of their parents / quardians where appropriate.

Once a diagnosis of suspected head injury or concussion is made by the highest level of official first aid cover present at the activity. then that decision is final. No one may overrule that decision on the day if it is made in good faith. If a member / rider is advised to see a doctor because of suspected head injury or concussion and the parents / guardians decide not to allow the member to be examined (either at the activity or in hospital), the member will not be allowed to ride again on the day and will be treated as if they have sustained a confirmed head injury / concussion. Depending on the circumstances, the decision not to allow further examination may be considered a safeguarding issue.

Where a member / rider is diagnosed with a suspected concussion by a first aider or paramedic and that member / rider subsequently sees a doctor who is sure that they do not have a concussion and did not suffer a concussion and will provide evidence that they are satisfied that the member / rider is well, that member / rider will be treated as if they did not sustain a concussion.

Actions to be taken in the event of a confirmed head injury or e) confirmed concussion

In the event of a diagnosis of a confirmed head injury or confirmed concussion, the doctor will advise the member not to ride or take part in any activity that potentially involves hard contact for three weeks. They will advise the member that they could, after 10 days. ask a doctor, who is experienced in assessing concussion (including in children where appropriate), whether they have any concerns about any ongoing concussion problems. If that doctor is happy

to certify that the member is not suffering with a concussion. the member may ride again, providing evidence regarding that decision is provided. If no evidence that such an assessment has been made, the member should not take part in any Pony Club. riding activity and/or any unmounted activity that may involve any hard contact for at least three weeks after the initial injury.

f) Actions to be taken in the event of a diagnosis of a confirmed or suspected head injuries/ concussions outside of Pony Club activities

The Pony Club has no official way of automatically knowing about members who sustain a confirmed or suspected head injury / concussion outside of Pony Club activities. A concussion may be sustained outside Pony Club activities, for example at riding activities organised by other BEF member bodies or at school football / rugby / hockey matches. It is for parents / quardians ultimately to make a decision about the welfare of their child.

However, if a Pony Club official in charge of any Pony Club activity becomes aware that a member has sustained a suspected or confirmed head injury / concussion and has been advised not to take part in any potentially hard contact activities for three weeks, they should not allow the member to take part in any mounted activities and/or any unmounted activities that could potentially involve hard contact for three weeks, unless the member or their parents / quardians can produce appropriate medical evidence of fitness to ride dated at least 10 days after the initial injury.

See Appendix C for Head Injury and Concussion Flowchart.

7. SUSPENSION FROM COMPETING FOR MEDICAL REASONS.

If a rider is banned/suspended from competing in any sport for medical reasons, they should not compete at any Pony Club event until passed fit for the sport in which they are banned/suspended. It is the responsibility of the rider or parent/quardian to ensure that this rule is adhered to.

UNSEEMLY BEHAVIOUR

Unseemly behaviour on the part of riders, team officials, or team supporters will be reported as soon as possible by the Official Steward to The Pony Club Office. Offenders may be penalised by disqualification of the Branch or Branches concerned for a period up to three years. Any competitor, who in the opinion of the Official Steward, or Organiser, has been extremely rude or aggressive towards any officials at a competition, or who has behaved in an aggressive or unfair manner to their horse, may be disqualified.

9. PERFORMANCE-ENHANCING DRUGS

- a) Equine - Controlled Medication. It is clearly essential for the welfare of the horse that it is given appropriate veterinary treatment if and when required and that this should include appropriate medication. However, medication may mask an underlying health problem and horses should not compete when taking medication where such medication may have a detrimental effect on the horse's welfare.
- **Human** Performance-enhancing drugs are forbidden. b)
- c) All competitors should be aware that random samples may be taken for testing from both themselves and/or their horse. The protocol used will be that of the relevant adult sport.

Please also refer to The Pony Club Health and Safety Rule Book for The Pony Club Drugs Policy.

10. DISQUALIFICATION

The Official Steward or Chief Judge may disqualify a competitor at any stage of the competition:

- for dangerous riding, or a)
- b) if, in his opinion, the horse is lame, sick or exhausted, or
- c) for misuse of whip, spur or bit, or ill-treatment of the horse, or
- d) any breach of the rules, or
- for unseemly behaviour, including bad language.

11. **SPONSORSHIP**

In the case of competitors and horses, no form of advertising, and this includes a sponsor's name, may appear on the competitor's or horse's clothing and equipment at any Pony Club competition. This does not preclude the wearing of clothing for horses or riders that has been presented by sponsors of the Championships in the current or previous years.

Sponsors at Area Competitions must not be business competitors of the main sponsors of the sport, and must be approved by The Pony Club Office. Any advertising material that is used by sponsors, whether it is in the form of display banners or programme material, must be tasteful, and not inappropriate to the image of The Pony Club.

12. INSURANCE

The Pony Club Third Party Legal Liability Insurance Policy is extended to give cover for all the official Area Competitions and the Championships. Details of this insurance are given in the "Administrative Notes" in the current issue of The Ponv Club Handbook.

In the event of any accident, loss or damage occurring to a Third Party or to the property of a Third Party (including the general public and competitors) no liability should be admitted, and full details should be sent at once to The Ponv Club Office.

13. HEALTH AND SAFETY

Event organisers have taken reasonable precautions to ensure the Health and Safety of everyone present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring and must obey the instructions of the organisers and all the officials and stewards.

14. LEGAL LIABILITY

Save for the death or personal injury caused by the negligence of the organisers, or anyone for whom they are in law responsible, neither the event organisers or The Pony Club nor any agent, employee or representative of these bodies, nor the landlord or his tenant, accepts any liability for any accident, loss, damage, injury or illness to horses, owners, riders, spectators. land, cars, their contents and accessories, or any other person or property whatsoever, whether caused by their negligence breach of contract or in any other way whatsoever. Entries are only accepted on this basis.

15. PONY CLUB TESTS

The current Pony Club tests are:

- Open Dressage Championship Test 2018
- ۱. Open Dressage Test 2020
 - Intermediate Dressage Championship Test 2014
 - Intermediate Dressage Test 2013
 - Novice Dressage Championship Test 2017
- ۱. **Novice Dressage Test 2020**
 - PC110 Eventing Championship Test 2015
 - PC110 Eventing Test 2010
 - PC100 Eventing Championship Test 2013
 - PC100 Eventing Test 2015
 - PC90 Eventing Championship Test 2015
 - PC90 Eventing Test 2013
 - Introduction to Dressage Test 2019
 - Grassroots Dressage Test 2018
 - Freestyle Dressage to Music 2012 Novice/Intermediate/Open/Pairs
 - Walk and Trot Test 2013
 - D and C level tests (D being walk and trot only)
 - Riders Test 2004

The tests to be used for Summer Area Competitions and the Championships are shown in the following tables:

DRESSAGE

Area Competitions and Championships

Level	Area	Championship
Grassroots Regional Championships	Grassroots Dressage Test 2018	Grassroots Dressage Test 2018
Novice and Open Novice	Novice Dressage Test 2020	Novice Dressage Championship Test 2017
Intermediate	Intermediate Dressage Test 2013	Intermediate Championship Test 2014
Open	Open Dressage Test 2020	Open Dressage Championship Test 2018

EVENTING

Area Competitions and Championships

Level	Area	Championship
Grassroots Regional Championships	Grassroots Dressage Test 2018	Grassroots Dressage Test 2018
PC90 and Open PC90	PC90 Eventing Test 2013	PC90 Eventing Championship Test 2015
PC100	PC100 Eventing Test 2015	PC100 Eventing Championship Test 2015
PC110	PC110 Eventing Test 2010	PC110 Eventing Championship Test 2015

The Rider Test - The Pony Club Dressage tests may be used for Rider Test classes. These classes should be judged using The Pony Club Rider Test sheets. They are a test of competence of the rider, correctness of their position and their influence on the horse.

16. EXECUTION OF THE TEST

All movements they contain must follow in the order laid down in the test. In a movement which must be carried out at a certain point of the arena, it is at the moment when the rider's body is above this point that the movement must be executed. All tests will be ridden with both hands except where stated otherwise on the test sheets. Transitions may be progressive unless where stated otherwise on the test sheets. All trot work may be executed sitting or rising at the discretion of the rider.

17. SALUTE

All riders must take the reins and whip, if carried, in one hand when saluting and drop the other hand down by the side and bow with their head only.

18. DISMOUNTING AND/OR FALL OF HORSE AND RIDER

If, after the rider has entered the arena, he dismounts without a reason acceptable to the Judges, no marks will be given for the movement. In the case of a fall of horse and/or rider, the competitor will not be eliminated, but will be penalised by the effect of the fall on the execution of the movement concerned and in the collective marks. (See rules 5 and 6)

19. RESISTANCE

- a) Any horse failing to enter the arena within 60 seconds of the bell being sounded shall be eliminated.
- b) Any horse refusing to continue the test for a period of 20 consecutive seconds during the course of a test shall be eliminated.

20. GRINDING OF TEETH AND TAIL SWISHING

Grinding the teeth and swishing the tail are signs of nervousness, tenseness, or resistance on the part of the horse and can be taken into account by the Judges in their marks for the movements concerned as well as in the appropriate collective mark at the end.

21. ASSISTANCE

- a) The Voice the use of the voice is prohibited and will be penalised by the loss of two marks from those that would have been awarded for the movement in which this occurred.
- b) Outside Assistance any outside assistance by voice, signs, etc. is considered as assistance to a rider or to his horse. A rider or horse receiving assistance must be eliminated.

22. LEAVING THE ARENA

All riders must leave the arena in free walk on a long rein at a convenient place after performing a test. A horse is eliminated if, during a test, it leaves the arena when the surround is 23cm (9") high or more. Where the surround is less than 23cm (9") and is marked by boards or similar, no marks shall be given for the movement when the horse places all four feet outside the arena. Where the arena is marked by a line only or intermittent boards, it is left to the discretion of the Judges as to the marks deducted.

Any horse leaving the arena not under control will be eliminated and, for this purpose, the test begins when the horse enters at A and finishes with the final halt

23. ERRORS OF COURSE OR TEST

When a competitor makes an 'error of course' (takes the wrong turn, omits a movement etc.) the Judge warns him by sounding the bell. The Judge shows him, if necessary, the point at which he must take up the test again and the next movement to be executed, then leaves him to continue by himself.

However, in some cases when, although the competitor makes an 'error of course', the sounding of the bell would unnecessarily impede the fluency of the performance it is up to the Judge to decide whether or not to sound the bell. In fairness to the competitor, it is recommended that the bell should be rung when a movement is executed at the wrong marker, if there is the possibility of a similar mistake when the movement is to be repeated on the other rein.

If the Judge, for any reason, does not realise until the competitor has left the arena that one or more movements have been omitted he must:

- Adjust as necessary the position of his marks and comments on his sheet to accord with the movements actually performed.
- Give to each of the movements not executed a mark equal to the b) average of the collective marks entered at the bottom of his sheet (averaged to the nearest whole number, 0.5 to be rounded up).
- Record the penalty for error of course. c)

When the rider makes an 'error of the test' (e.g. does not take the reins in one hand at the salute, etc.) they must be penalised as for an 'error of course'. The Judge should put a star against the movement concerned and mark for an error at the bottom of the sheet

Competitors are not to repeat a movement of the test unless the Judge at C decides on an error of course and sounds the bell. If, however, the rider has started the execution of a movement and tries to do the same movement again, the Judges must consider only the first movement shown and also penalise for an error of course. The penalty points are deducted on each Judge's sheet from the total points given to the competitor.

24. PENALTIES FOR ERRORS OF COURSE

Every 'error of the course', whether the bell is sounded or not, must be penalised:

First Error 2 marks Second Error 4 marks 8 marks Third Error

(The points deducted are cumulative; after three errors of course 14 points are deducted).

Fourth Error Flimination

(After the fourth time the competitor may continue his performance to the end, the marks being awarded in the ordinary way).

25. RIDING THE WRONG TEST

A rider who starts the wrong test for the class may be allowed to restart the test (at the Judge's discretion) subject to time at the end of the class. They will be penalised for a first error of course.

26. OFFICIALS AT DRESSAGE COMPETITIONS

At all Pony Club Dressage Competitions:

- An Official Steward should be nominated by the organiser (it may be the organiser if necessary).
- b) A steward should be appointed to check the tack of each horse, but the competitor remains responsible for complying with the rules for saddlery.
- c) The Official Steward has absolute discretion to forbid the use of any bit, gadget or spur which he considers cruel or misused.
- d) The Official Steward can eliminate any competitor.

27. COMPETITORS AT ALL DRESSAGE COMPETITIONS

Competitors will assist Stewards in the efficient running of events.

- a) Competitors are required to report their presence to the Tack Steward while riding in 20 minutes before their starting time, and being on hand nearer the time to receive the Steward's signal to go to the arena.
- b) Competitors should ride where directed close to the arena, as soon as the previous competitor has made his exit.
- c) Competitors should ensure that they are conforming to all the rules of The Pony Club, particularly regarding dress and saddlery.
- d) Competitors should begin their test without delay on receiving the judge's signal to start.
- e) On a signal being given for error or course, the judge shows the competitor, if necessary, the point at which he must take up the test again and the next movement to be executed.

28. TIME

The approximate time given on each test sheet is for guidance only; there are no penalties for exceeding it.

29. EXERCISE

- a) Competitors should exercise their horses in the area provided. They shall not exercise in the car park or horsebox area or among spectators. They must not enter or practise in the competition Dressage arenas on penalty of elimination.
- b) On the day of the competition, horses competing may be ridden only by their competitors, or in exceptional circumstances, and with the permission of the Official Steward, by another member of the same team.
- c) While exercising any horse, whether competing or not, at a Pony Club competition, it is permissible to use only the saddlery allowed for Pony Club Dressage competitions.
- d) Lungeing of a horse is only permitted in areas designated by the organiser who may also prohibit it completely at their discretion.

If allowed, lungeing may be carried out by either the rider or other persons. Lungeing of a horse and rider is prohibited.

- e) When riding in, especially in restricted areas:
 - Pass left hand to left hand when meeting another rider coming towards you. Don't pass so close as to upset either horse.
 - ii. Make tack adjustments in a safe area without causing an obstruction
 - iii. Trainers and other pedestrians should endeavour to stand out of the way of competitors.

30. RIDING IN ARENAS

No horse, either ridden or led, may enter any arena, other than the practice arena, except when actually competing in a contest, on penalty of elimination. Competitors must wait until the Judge has sounded the horn, rung the bell, or in some other way signified that he may start, before entering the arena. Failure to do so may lead to elimination.

Should the construction of the arena make it impossible for the competitor to ride round the outside before the Judge's signal to enter is sounded, he may on the instruction of the Organiser and/or Judge, ride inside the arena.

31. COMMANDERS

- a) Commanders are permitted in all classes except for the Novice, Intermediate and Open Area Competitions and Championships and Eventing competitions at PC80, PC90, PC100 and PC110.
- Commanders are not allowed for the Winter League b) Area Competitions or Championships
- Commanders are not allowed for the Grassroots Regional c) Championships but are permitted for Qualifiers.
- Where commanders are allowed it is the responsibility of the d) competitor to ensure that only the printed text or extracts therefrom are read out and that there is no emphasis on any part of the command. Failure to observe this rule may entail elimination.
- e) Repetition of any part of the text may incur an error of course if used to redirect a competitor in process of making an error.
- Commanders may be introduced partway through a test at the f) Judge's discretion but only at Branch level.
- Commanders may not stand inside the arena. g)

32. LAMENESS

In the case of marked lameness, the Judge informs the rider that he is eliminated. There is no appeal against this decision. If there are any doubts as to the soundness of a horse, the competitor will be allowed to complete the test and any unevenness of pace will be severely penalised.

33. SCORING - METHOD

The Judge may allot from 0-10 marks for each numbered movement. These marks are then added together and any penalty marks are deducted. It is essential that all penalty marks are deducted from the individual totals before these are added together.

The Judges' marks are totalled to find the final marking. In the event of equality of total marks, the collective marks should be added together and the competitor with the higher collective marks shall take the higher placing. If the total of the collective marks is also equal then the mark for 'Submission' should be consulted and the competitor with the higher mark shall take the higher placing. If the mark for Submission is also equal the competitors concerned shall be given the same placing.

The mark and the percentage should then be displayed on the scoreboard in two separate columns. Crib sheets are available to purchase from The Pony Club Office

Team competition results - When all the tests have been totalled, the competitors in each arena shall be placed in order. Points shall be awarded to each team competitor depending on their placing (1st =1 point, 2nd = 2 points etc.) relative only to other team competitors in that arena and not on their overall placing in that arena. Any competitors riding as an individual in the same arena as team competitors should not be given points. The points for the three best-placed team members shall be added together to give the team score. The winning team will be the team with the least points. In the event of equality of team scores, the collective scores of the three best team members are added together, the highest-placed team is the one with the highest collectives. If the total of the collective marks is also equal then the mark for 'Submission' should be consulted and the team with the higher mark shall take the higher placing. If the mark for Submission is also equal the teams concerned shall be given the same placing.

34. SCALE OF MARKS

The Scale of Marks is as follows:

10 – Excellent 6 - Satisfactory 2 - Bad 9 – Verv good 5 - Sufficient 1 - Verv bad 4 – Insufficient 0 - Not executed 8 – Good

7 – Fairly good 3 – Fairly bad

The marks 10 and 0 must be awarded where the performances warrant their use. By 'not executed' is meant that nothing which is required has been performed.

Half marks may be used for all Pony Club Dressage competitions, including for Eventing competitions.

PART II – ADMINISTRATIVE RULES FOR AREA **COMPETITIONS AND CHAMPIONSHIPS**

All rules for Area Competitions apply to Open, Intermediate, Novice and Grassroots Regional Championship Qualifiers except where stated.

Where a rule states District Commissioner, Centre Proprietor also applies. and where Branch is stated, Centre also applies.

35. AREA COMPETITIONS

- Each Pony Club Area will organise a qualifying competition. Branches/Centres will compete within their own Areas. The competition comprises:
 - i. The Team Competition
 - ii. The Individual Competition which is open to all competitors in the Team Competition, whose scores are automatically counted for this competition, and to additional individual competitors.
- Proprietors of Pony Club Centres may enter Area Competitions under the same rules as apply to Branch entries.

36. AGE

All Members (i.e. those who have not attained their 25th birthday by the beginning of the current calendar year) shall be eligible to enter both the Team and Individual competition. See Rule 38 for Eligibility to compete at Area Competitions and the Championships.

Juniors are those who have not attained their 14th birthday by the beginning of the current calendar year.

37. VACCINATIONS

EVENTS THAT ARE HELD AT SOME VENUES MAY BE SUBJECT TO ADDITIONAL RULES.

E.G. ANY HORSE / PONY ENTERING A LICENSED RACECOURSE PROPERTY MUST COMPLY WITH THE VACCINATION REQUIREMENTS AS SET BY THE BRITISH HORSERACING AUTHORITY. SIMILAR RESTRICTIONS APPLY IN THE CASES OF POLO VENUES.

IN ADDITION, IF YOU ARE INTENDING TO COMPETE UNDER FEI, BRITISH EVENTING, BRITISH SHOW JUMPING OR BRITISH DRESSAGE RULES YOU WILL NEED TO ENSURE YOU ARE COMPLIANT WITH THEIR RULES.

To protect the health of other competing horses and the biosecurity of the venue, the following rules will apply to all Pony Club Competitions:

a) Passports

A valid passport and vaccination record:

- must accompany the horse / pony to all events
- must be available for inspection by the event officials
- must be produced on request at any other time during the event
- b) No horse / pony may compete (or be present at the event as a companion) unless it has a Record of Vaccination against equine influenza completed by the veterinary surgeon who gave the vaccination, signed and stamped line by line, which complies with the Minimum Vaccination Requirements.
- The Minimum Vaccination Requirements for a horse / pony are that it has received:
 - a Primary Vaccination followed by a Secondary Vaccination given not less than 21 days and not more than 92 days after the Primary Vaccination; and
 - if sufficient time has elapsed, a booster vaccination given not less than 150 days and not more than 215 days after the Secondary Vaccination and further booster vaccinations at intervals of not more than a year apart
- d) At competitions at Area level and above including Grassroots Regional Championships and the finals of the Winter Series competitions, the most recent booster injection must have been given within the six calendar months prior to the date of the competition.
- No horse / pony may compete on the same day as a relevant injection is given or on any of the 6 days following such an injection.

NOTE: We also remind owners of the importance of vaccinations and to ensure that their vaccination records are up to date. The vast majority of confirmed cases reported by the Animal Health Trust are in unvaccinated horses. We continue to recommend that if it has been longer than six months since the last vaccination, owners should discuss a booster with their veterinary surgeon.

38. ELIGIBILITY

The District Commissioner or Centre Proprietor is required to certify the eligibility of horse and rider as follows. Should a breach of eligibility subsequently be discovered, then the Dressage Committee may disqualify the offending competitor.

Area – Members must fulfill all the following eligibility rules on the day of their Area Competition.

Championships – Between the Area Competition and the Championships, combinations who qualify for the Championships are permitted to compete in BD (or DI) competitions at a higher level than they are allowed to for the level at which they are qualified but not more than one level higher. Please see below.

APPLICABLE TO OPEN, INTERMEDIATE, NOVICE AND GRASSROOTS REGIONAL CHAMPIONSHIPS

- 1. Horses must be 4 years of age or over and there is no height limit.
- 2. Combination of Horse and Rider cannot compete at two different levels of the same Sport at the Area Competition or at the Championships.
- Stallions may only be ridden by Members if written permission is obtained from their District Commissioner and they must wear identifying discs on their bridles in the interests of safety.
- 4. All horses and ponies must have genuinely participated at a minimum of three working rallies of this or their previous Branch or Centre since 1st July in the previous year, one of which must have been in the current year, with the current rider as a combination.
- 5. All competitors entered must be active Members of the stated Branch or Centre and must have genuinely participated at a minimum of three working rallies of this or their previous Branch or Centre since 1st July in the previous year.
- 6. To count for the purposes of this rule a working rally must have been organised by the Branch Committee, the District Commissioner or Centre Proprietor and advertised as open to all members of the Branch or Centre at least seven days prior to the date of the rally.
- Team practises and coaching do not count as a working rally for the purposed of this rule.
- 8. Attendance at camp counts as one working rally.
- The District Commissioner or Centre Proprietor has discretion, in the case of competitors who are working or in further education, to exempt a member or horse/pony from having to comply with this rule.
- 10. All competitors must be Members of The Pony Club both at the closing date for entries to the competition and at the date of the relevant competition to be eligible to compete at Area qualifying competitions and the Championships (including Grassroots Regional Championships).

 In the case of a transfer of Branch/Centre since the previous year's competition, the Transfer Rule in the current Pony Club Handbook will be enforced. This does not apply to the Grassroots Regional Championships and their qualifiers.

INTERMEDIATE

Area Competitions:

- A. Riders are NOT eligible if they have:
 - i. Represented GB internationally

B. Combination of Horse & Rider are <u>NOT</u> eligible if they have:

- i. represented any Branch or Centre in Open Area Dressage or above in previous years
- ii. won any British Dressage (or Dressage Ireland) points at Elementary level or above
- iii. competed at BD (or DI) Medium level or above (BD Team/My Quest competitions do not count for the purposes of this rule)

Championships: as for Area Competitions except that the combination of Horse and Rider are <u>permitted to have</u>:

- i. won BD (or DI) points at Elementary level
- ii. competed up to BD (or DI) Medium level

NOVICE

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Area Competitions: Riders are NOT eligible if they have:

- i. competed an Open Area level or above competition in Dressage in the current year or have done so in previous years
- ii. won any BD (or DI) points (BD Preliminary points do not count for the purposes of this rule)
- competed at BD (or DI) Elementary level or above (BD Team/My Quest competitions do not count for the purposes of this rule)
- iv. competed in BD Novice Music classes

Championships: as for Area Competitions except that the combination of Horse and Rider are <u>permitted to have</u>:

- i. won BD (or DI) points at Novice level
- ii. competed up to BD (or DI) Elementary level

OPEN NOVICE

- i. Open to all Members who are not eligible for the Novice.
- ii. Open to any Horse.
- iii. Eligibility is subject to points 1 8 at the beginning of this Rule.

This class is open to Individuals only.

GRASSROOTS REGIONAL CHAMPIONSHIPS Area Competitions:

A. Riders are NOT eligible if they have:

 i. previously represented their Branch or Centre at Novice level or above in any Dressage or Eventing Area Competitions

B. Combination of Horse and Rider are NOT eligible if they have:

- i. competed above Prelim level with British Dressage (or DI) or competed at BD Novice My/Team Quest
- ii. previously competed in a Winter Series Championships

Championships: as for Area Competitions except that the combination of Horse and Rider are permitted to have:

i. competed at BD Novice My/Team Quest

39. FORM OF THE AREA COMPETITION

The competition comprises:

- a) The Team Competition open to teams that must consist of three or four Members from each Branch/Centre of The Pony Club in Great Britain and Northern Ireland.
- b) The Individual Competition the scores for all competitors in the Competitions automatically count for this competition. In addition, Branches/Centres may enter individuals, irrespective of whether they have entered a team or not.
- c) Combined Teams if a Branch has a Member/s who are not included in a team, they may combine with another Branch in a similar situation to form a team to compete at the Area Competition. This team shall not be eligible to qualify for the Intermediate, Novice or Grassroots Regional Championships, though the individual Members shall be. Such teams will affect the number to qualify for the Championships. Combined Teams at the Area Competition must be declared before the start of the competition or they will not count towards the number to qualify.

Combined Teams for OPEN level only

- i. If a Branch/Centre has a Member/s who are entered as individuals at the Area competition and not included in a Branch/Centre team, they may combine with other Branch/ Centre Members to form a team at the Area Competition and also be eligible to qualify for the Open Championships. The following rules will apply:
 - Combined teams can only be put together by the Area Representative and/or Area Organiser via a draw

• If a combined team is in a qualifying position based on the current rules then they will be eligible to qualify for the Championships and the next placed Branch/Centre team will also qualify.

All qualifying teams will be eligible for all prizes on offer at the Championships.

d) Open Novice Competition – Members may enter the Open Novice Competition at the Area Competition as individuals only. The Open Novice is to be run as an additional section to the Novice competition. Area Competitions may run up to two Open Novice sections if they have more than 20 competitors. If two sections are run, only the 1st placed competitor in each section will qualify for the Championships. If one section is run the 1st and 2nd placed competitors will qualify for the Championships.

40. ENTRIES

a) **Area Competitions**

Entries should be sent, together with the entry fee agreed by the Area Organiser, to the Secretary of the organising Branch, A start fee may be charged if necessary.

Open/Intermediate/Novice Championships b)

- Entries for competitors who have qualified for the Championships should be made via the online entry system no later than 7 days after their Area Competition or the following day if the Area Competition is held on or after 30th July 2020.
- ii. There will be no start fee charged.

Grassroots Regional Championships c)

Please refer to the relevant Championship venue schedule for entry details.

41. WITHDRAWALS (ALL COMPETITIONS & CHAMPIONSHIPS)

If a Branch or Centre withdraws a team or individual prior to the closing date for a competition, a full refund of entry and stabling fees will be made, less an administration charge.

Withdrawals after the closing date for a competition will not be refunded except on production of a vet certificate or medical certificate.

42. ABANDONMENT (ALL COMPETITIONS & CHAMPIONSHIPS) In the event of a competition being abandoned, for whatever reason,

a refund of 50% of the entry fee will be given. In such an instance the refund process will be communicated and must be followed.

43. SUBSTITUTIONS

- a) Area Competitions after the closing date for declarations, no substitutions may be made of horses or riders except in cases of illness, lameness or other unavoidable circumstances which must be certified in writing by the District Commissioner or his appointed representative. In such a case:
 - If a horse has to be substituted an alternative rider may be nominated.
 - ii. If a rider has to be substituted an alternative horse may be nominated.
 - iii. If a Branch enters two teams under Rule 39, substitution may be made from one team to the other

b) The Championships and Grassroots Regional Championships

 no substitutions may be made of horses or riders except in cases of illness, lameness or other unavoidable circumstances which must be certified in writing by the District Commissioner or his appointed Representative. In such a case:

- i Teams
 - If a horse has to be substituted an alternative rider may be nominated.
 - If a rider has to be substituted an alternative horse may be nominated.
 - If a team of three qualifies for the Championships, then a fourth team member may be entered at the Championships, as long as both the horse and rider are eligible.
 - Substitutions of rider for Open Combined teams are not permitted
- ii. Individuals:
 - A substitute horse may be entered but not a substitute rider.

c) Area Competitions and the Championships

- i. No substitutions are allowed after the competition has started.
- No horse or rider replaced by a substitute may re-enter the competition.
- In all cases of substitution, the District Commissioner or Appointed Representative must certify in writing that the substitute is eligible under Rule 38.
- iv. It is the strict responsibility of the District Commissioner or his Appointed Representative to ensure that the Competition Secretary is aware of any substitutions before the start of the class concerned.

44. NUMBERS TO OUALIFY

a) Open Dressage Championships

Open to the top two teams from each Open Area Competition. Where a qualifying individual is a member of a qualifying team, the qualifying place should be passed down the line. In addition, where 6 or more teams compete on the day the third team shall qualify.

Where 6 or more individuals compete in any section the winner and runner-up shall qualify, where 10 or more individuals compete in any section the winner, runner-up and third shall qualify, and where 16 or more individuals compete in any section the winner, runner-up, third and fourth shall qualify.

b) **Intermediate Dressage Championships**

Open to the winning team and the winning individual of each section from each Intermediate Area Competition. Where the winning individual is a member of the winning team, the qualifying place should be passed down the line. In addition, where 10 or more teams compete on the day the second team shall qualify and where 16 or more teams compete on the day the third team shall qualify.

Where 15 or more individuals compete in any section the winner and runner up shall qualify, where 25 or more individuals compete in any section the winner, runner up and third shall qualify.

Novice Dressage Championships c)

Team Competition – Open to the winning team from each Novice Area Competition. In addition, where 12 or more teams compete on the day the second team shall qualify and where 28 or more teams compete on the day the third shall qualify.

Individual Competition – Open to the winning individual in each arena (where four arenas are used) from each Novice Area Competition. Where two arenas are used the two highest-placed individuals from each arena will qualify and where only one arena is used the four highest-placed individuals will qualify. Where a qualifying individual is a member of a qualifying team the place should be passed down the line.

d) **Open Novice Dressage Championships**

Individuals only. Open to the winning individual in each arena (where two arenas are used) from each Open Novice Area Competition. Where only one arena is used the two highest placed individuals will qualify.

e) Grassroots Regional Championships

Open to the top 6 teams from each Grassroots Regional Championship qualifying class and the first 4 individuals in each section not in one of the qualifying teams.

f) Ride-Offs

Following the team and individual competition at the Championships, there will be a ride-off to determine the overall individual winner. The ride-off is open to the competitors placed first and second in each arena at the Championships.

g) Teams/Individuals Unable to Compete at the Championships

Should a qualified team/individual be unable to compete at the Championships, the next team/individual down the line may compete providing the substitution is made to The Pony Club Office before 12 noon on Monday 10th August.

Branches or individuals not able to go forward to the

Championships must inform the Area Competition Organiser immediately so that the qualifying documents can be handed without delay to the next highest-placed team/individual who is able to compete at the Championships.

If a TEAM ceases to be eligible following withdrawals (fewer than three Members remaining), the team place would then be passed down the line, as long as the withdrawals are made by 12 noon on Monday 10th August. The remaining individual/s from the team may retain their place/s.

45. JUDGES

- a) Area Competitions the Area Organiser shall appoint Judges (one per arena) who must be on the British Dressage Judges Panel Lists 1-4 for Open Area Competitions and Lists 1-6 for Novice and Intermediate Area Competitions. The Senior Judge shall serve on the Jury of Appeal.
- b) Grassroots Regional Championships the Area Organiser and Grassroots Regional Championship Organiser shall appoint Judges (one per arena) who must be on the British Dressage Judges Panel Lists 1-6.
- c) Championships Judges shall be appointed by The Pony Club Office, all of whom should be on Lists 1, 2a, 2 or 3a for Open Championships, Lists 1, 2a, 2, 3a, or 3 for Intermediate Championships or Lists 1-4 for Novice Championships. (See also Rule 45).
- d) Inspection of Arenas. It is the ultimate responsibility of the Judges to check that the arenas are satisfactory and to have them modified at their discretion

46. METHOD OF JUDGING

At Area Competitions there shall be one Judge per arena (See also Rule 45). At the Championships there shall be two Judges per arena in the Open Competition and one Judge per arena for Intermediate and Novice. Five of the Open Judges shall judge the Open individual ride-off, three of the Intermediate/Novice Judges shall judge the Intermediate/Novice individual ride-off and two of the Grassroots Regional Championship Judges shall iudge the individual ride-off.

Judges shall complete their own sheets which are added together to give the total for each competitor. For the Team Total, see Rule 33.

47. TIES

In the event of a tie the collective marks (paces, impulsion, submission) and rider position) shall be totalled to decide the highest-placed individual competitor. In the team competition the collective marks of the three team members with the best results shall be added together to decide the highest-placed team. In either case, if the collective marks are equal the result shall be declared a tie. If two teams or individuals tie for a qualifying place, all parties concerned shall qualify.

48. ORDER OF RIDING

a) Competitors will be allocated to arenas in the order that they appear on the declaration form.

Area Competitions: b)

- Where the total number of competitors is less than 32, it is strongly recommended that no more than two arenas are used.
- ii. Where two arenas are to be sufficient, the first two members of each team shall compete in arena A and the third and fourth members of each team in arena B. Additional individuals shall be divided equally between the two arenas.
- iii. Where four arenas are required, one member of each team shall compete in each arena, and additional individuals shall be divided between the four arenas

If the Organisers are unable to provide four arenas, the first two members should compete in two separate arenas in the morning and the third and fourth members in the same arenas but with different Judges in the afternoon.

c) Open, Intermediate, Novice and Grassroots Regional **Championships** – there shall be four arenas for the teams, with one member of each team competing in each. The individuals will be allocated to a fifth and sixth arena (not applicable for the Grassroots Regional Championships). The Judges will be at C and B/E for the Open.

d) Open, Intermediate, Novice and Grassroots Regional
Championships Ride-off – to obtain the Individual Open/
Intermediate/Novice/Regional Championship winner, the highest and second highest-placed competitor in each arena shall ride off against each other, before five/three/three/two Judges, in one arena. The ride-off order will be drawn

49. OFFICIAL STEWARD

The Pony Club Dressage Committee shall appoint an Official Steward for each Area Competition and for the Championships. He should ensure well in advance that the site chosen for the competition is suitable. He shall be present on the day of the competition to ensure that it is conducted in accordance with the Rules, and to give what help and guidance may be required. He should check the Dressage arenas in advance to see that they comply with the rules and regulations.

In consultation with the Organiser, he shall appoint the Senior Judge. At the end of the competition he is responsible for ensuring that the final results sheet is completed and signed.

The Official Steward shall adjudicate on any unforeseen eventualities.

50. JURY OF APPEAL

- a) Area Competitions and Intermediate/Novice Championships the Jury shall consist of the Official Steward, the Senior Judge and the Organiser.
- b) Open Championships the Jury shall consist of the Official Steward, two Judges and a Member of the Dressage Committee, nominated by the Official Steward.
- c) All Members of the Jury of Appeal must remain on the ground until half an hour after the scores have been published.
- The Official Steward may appoint a replacement for any Member of the Jury if the need arises.

51. BRANCH REPRESENTATIVES

If the District Commissioner of a competing team or individual is unable to be present at the competition, he or she must inform the Organiser of the Area Competition or Secretary at the Championships, in writing, of the name of the person appointed to be his or her representative. Representatives must carry with them a copy of the District Commissioner's letter of appointment.

52. PROTESTS AND OBJECTIONS

Apart from the Official Steward, the Area Representative and officials of the competition, only District Commissioners or their Appointed Representatives are entitled to lodge protests or objections, which must be made in writing and addressed to the Organiser of the Area Competition, or Secretary of

the Championships. They must be accompanied by a deposit of £50 at either Area or Championships, which is forfeited unless the Jury of Appeal decides that there were good and reasonable grounds for them. Protests or objections must be made not later than half an hour after the scores have been published. The Official Steward/Organiser shall give his decision in the first instance. If this is not accepted, the Jury of Appeal shall give their decision after investigation and this decision is final.

53. COMPETITORS WITH MEDICAL CONDITIONS

Competitors with medical conditions of any type should be dealt with sympathetically. Should a condition be noted on the entry form, it would be dealt with by the Official Steward.

PART III - DIRECTIONS TO ORGANISERS OF AREA DRESSAGE COMPETITIONS

54. DRESSAGE ARENAS

- Arenas (see diagrams on pages 71 & 72) are either 40 metres by 20 metres or 60 metres by 20 metres and should be on flat and level ground, separated from the public or the next door arena by preferably 20 metres, but at least 10 metres. Arenas can be either on grass or on a surface.
- b) The arena may be marked by either a continuous surround of white boards or rope, or by intermittent white boards, placed at each corner and opposite each marker, with a centre line mown from A to C. Where ropes are used to mark the arena, at least six breaking points must be incorporated in case of accidents.
- Markers. The outer markers must be clearly visible with the letters c) displayed in black or white. They should be placed about 50cm outside the arena.
 - A gap of about 1m each side of the centre line must be left at A to form an entrance and the A marker placed far enough back, 10m if possible, to allow the horses to enter the arena on a straight track. Crosses, preferably mown, shall be made through the centre line at X. G and D.
- Flowers and trees (if used) should be placed further back than the d) markers
- The arena(s) should be enclosed with rope or string and stakes not e) less than 10m but preferably 20m from the arena(s) on all sides.

55. EXERCISING AREA

It is important to provide a level area where competitors can exercise and warm up their horses without interfering with the competition and clear of the car and horsebox parks and spectators. If possible there should be a practice arena, which should be marked.

56. EQUIPMENT

Judges normally judge from their own cars. If not, a suitable one must be available, placed in line with the centre line approximately 5 metres from C.

Equipment required:

- Bell, whistle or car horn (varied if arenas are close to each other)
- Stopwatch or watch with good second hand to time any resistance by a horse
- Board and pen for the writer
- Judge's marking sheets.
- A copy of this Rule Book.
- List of competitors and their times of starting the test.

57. MEDICAL AND VETERINARY

- Medical Please refer to the current Pony Club Health and Safety Rule Book. More details can also be found at pcuk.org.
- b) Veterinary
 - Branch Activities and Competitions If a vet is required the Member's parent will normally call their own vet and arrange treatment.
 - Area Competitions Arrangements should be made for a Veterinary Surgeon to be 'on call' and able to attend the site in a reasonable time. The telephone number should be noted in the Secretary's Tent.
 - iii. In all instances the owner of the horse shall be responsible for the cost of the veterinary treatment provided.
 - iv. A tarpaulin should be available to cover a horse should one be killed, and the telephone number of the Hunt Kennels or Knacker noted in the Secretary's Tent. See the Health and Safety Rule Book for further information.
- c) Vaccinations refer to Rule 37.

58. SCORERS

It is most important that scores are published as soon as possible. Where there are two arenas, at least two good scorers are therefore essential, and where there are four arenas, at least three (preferably four) scorers, plus a scoreboard writer in both cases. The scorers' caravan/horsebox should be situated close to the scoreboard, but not so close that the scorers are disturbed

The score-sheets should be collected quickly and efficiently after each horse/ pony has completed its test.

A Chief Scorer should be appointed and he/she should make preparations before the day of the competitions. A list of competitors should be obtained from the Organiser and from this a note made of:

- Competing teams.
- Individuals in each arena, whether in a team or not.

If records of the above three categories are written in as the competition progresses, and score-sheets filed in order of merit, final scores can quickly be calculated and awards presented.

Where scores are equal, it is a help if the 'Collective Marks' are added together as the day progresses, and the total written at the foot of the scoresheet, so that if the competitors are in the placings the Chief Scorer can quickly see in which order they should be placed. Individual percentages should also be noted both on the score-sheet and on the scoreboard – a ready reckoner is available from The Pony Club Office.

59. ARENA STEWARDS

For ease of identification, Arena Stewards should wear tabards or numbers denoting the arena for which they are responsible.

60. TACK CHECK STEWARD

In addition to the Arena Stewards, Organisers shall appoint an experienced person to check that competitors' saddlery, in particular bits and dress, are in accordance with the Rules. If the bit in use is in question the trainer/groom can be asked to open the horse's mouth (this can be done before or after the test at the rider's discretion). Alternatively the bridle can be removed following the test.

61. TIMING

- a) Between the start of each competitor's test. Organisers should allow 2 minutes longer than the approximate time to complete the test shown on the test sheet i.e. for Pony Club Open Dressage 2015, approximate time is 5½ minutes: time between competitors is 7½ minutes (so use 7 and 8-minute intervals alternately).
- Competitors shall report to the Tack Check Steward 30 minutes b) before the time allotted for their test. Failure to do so may incur elimination. They should also report to their Arena Steward 20 minutes before their allotted time.

62. FINANCE

Charges for car and coach parking, admissions to the ground and programmes are left to the discretion of the Organiser. Although competitors and their District Commissioners or Appointed Representatives should be admitted free to the ground, they could well be charged for ringside parking places. It is hoped that every effort will be made to keep costs to a minimum and to show a profit which the organising Branch (or Branches) may retain for their own use.

63. JUDGES' SHEETS

District Commissioners, their Representative on the day or Team Trainers shall be given the Judges' sheets on the completion of the contest when the Judges have sanctioned their distribution and all scores have been published. (The time will be noted on the Board). Organisers should ask for a stamped addressed envelope from competitors who wish to leave before their Dressage sheet is available.

64. PROGRAMME

A programme shall be provided for sale to spectators and competitors. the Sponsor's name shall be included in the heading. It shall give the competitor's number, fore and surname, age (as of 1st January of current year), Branch, name of horse and owner of horse. Columns for writing down the scores are appreciated by spectators. The names of the Official Steward, Judges and the Jury of Appeal should be given. Additional space, if any, might well be devoted to a brief description of Dressage, the names of other officials, and an outline of the work of The Pony Club. It is a good plan to print in the programme the date and place of the Championships and to state which competitors shall qualify to take part. Advertisements from local firms can provide a source of revenue.

65. SIGNPOSTING

The site of the competition should be clearly signed.

66. ALLOCATION TO ARENAS

Competitors will be allocated to arenas in the order that they appear on the declaration form. Members of the same family should NOT be allocated to the same arena, if at all possible.

67. HEALTH AND SAFETY

In accordance with The Pony Club Health and Safety Rule Book, the Organiser or a representative must carry out an inspection of the competition site prior to the competition and complete a Pony Club competition risk assessment check list.

PART IV – RULES FOR PONY CLUB DRESSAGE WITH JUMPING COMPETITIONS

68. COMPOSITION

The Dressage and Jumping Tests which make up a Dressage with Jumping Competition shall be taken in that order. The same horse and rider shall complete both tests, and elimination from one test results in elimination from the whole competition.

69. JUDGES

There shall be one or more Dressage Judges, drawn from the British Dressage Official List, and one Show Jumping Judge, preferably from the BS panel.

SECTION 1 - DRESSAGE 70. RULES

The conditions laid down on the Test Sheet (British Dressage, British Eventing or Pony Club) shall apply.

71. SCORING

On each Judge's Sheet the marks allotted for each movement shall be added and any penalties for errors of course deducted. If there is more than one Judge their scores are averaged. The final score is converted to a percentage. This figure is then subtracted from 100 to show the rider's penalty mark.

72. JUDGES' SHEETS

The Judges' marking sheets shall be given to competitors at the end of the competition.

SECTION 2 – JUMPING 73. RULES

The Jumping test consists of one round of the course, Judged under BS Rules Table Al, except where modified below. There is no jump-off.

74. COURSE

The course shall be approximately 460m long, with the obstacles so placed that the average horse, going smoothly, should meet them in his stride. Red and white boundary flags mark the start and finish, but need not be used to mark the extremities of the obstacles provided these are clearly defined. A plan of the course, showing the time allowed, shall be posted up not less than one hour before the jumping commences. The course shall be available for inspection at least half an hour before the start of the test.

75. OBSTACLES

There shall be approximately 8 to 12 numbered obstacles, including at least one double, as solid and as imposing in appearance as available materials allow.

- a) Open - No obstacle shall exceed 1.10m (3'7") in height or spread at the highest point and 1.80m (6') at the base except for two which may be 1.15m (3'9") in height, but must not be in combinations.
- Novice No obstacle shall exceed 90cm (2'11") in height or spread at the highest point and 1.25m (4'1") at the base except for two which may be 95cm (3'1") in height, but must not be in combinations.

76. SPEED

The time allowed is based on a speed of 325m per minute.

N.B. The time taken by each competitor must be recorded, even if it is within the time allowed, as this may be the deciding factor in the event of a tie.

77. PENALTIES

First disobedience in whole test	4 penalties
Second disobedience in whole test	8 penalties
Third disobedience in whole test	Elimination
Knocking down an obstacle	4 penalties
Fall of rider	8 penalties
Second fall of rider	Elimination
Fall of horse	Elimination
For every commenced second in excess of time allowed	1 penalty

SECTION 3 - GENERAL RULES 78. DRESS AND SADDLERY

- a) Dressage. See Rules 1 and 2.
 - Jumping. Please refer to The Pony Club Show Jumping Rule Book. b)

79. WHIPS

- a) Dressage. The carrying of a whip is permitted. See Rule 3.
- b) Jumping. May not exceed 75cm (29½in).

80. SCORING - OVERALL RESULT

The rider's Dressage penalties are added to the Show Jumping penalties and the result shall be the final score for each competitor. The competitor with the lowest final score is the winner.

If the final score gives equality of penalties to two or more competitors, the classification shall be decided by the lowest penalties in the Dressage test. If there is still equality, the fastest time in the Jumping test will determine the result

81. EXERCISE

See Rule 29

THE PONY CLUB OPEN DRESSAGE CHAMPIONSHIP TEST 2018

20m x 60m Arena

1.	A X C	Enter in working trot. Halt, immobility, salute. Proceed in working trot. Turn right.	10
2.	R S E	Turn right. Turn left. Circle left 10m diameter (collecting the trot in preparation for shoulder in).	10
3.	EK KAF	Shoulder in left. Working trot.	10
4.	FS S	Change the rein in medium trot. Working trot.	10
5.	Over C	Transition to walk for 2-5 steps followed by a transition to working trot.	10
6.	RK KAFP	Change the rein in medium trot. Working trot.	10
7.	P V E	Turn left. Turn right. Circle right 10m diameter (collecting the trot in preparation for shoulder in).	10
8.	EH	Shoulder in right.	10
9.	C Just before M M	Medium walk. Collect the walk. 1/4 pirouette right, proceed in medium walk towards G.	10
10.		The walk (C-M, M-G)	10
11.	GHS SR	Free walk on a long rein. Half circle left 20m diameter free walk on a long rein.	10 x 2
12.	R Just before M M	Medium walk. Collect the walk. 1/4 pirouette left, proceed in medium walk towards G.	10
13.		The walk (R-M, M-G)	10
14.	G H SK	Working canter left. Turn left. Medium canter.	10
15.	K Over A	Working canter. Give and retake the reins.	10
16.	FM	One loop 8-10m in from the track in working canter.	10
17.	M Btwn G & I I	Half circle left 10m diameter to G. Simple change. Half circle right 10m diameter to S.	10
18.	SCMR RF	Working canter. Medium canter.	10
19.	F Over A	Working canter. Give and retake the rein.	10
20.	KH	One loop 8-10m in from the track in working canter.	10
21.	H Btwn G & I I	Half circle right 10m diameter to G. Simple change. Half circle left 10m diameter to R.	10

22.	RMC C CHS	Working canter. Circle left 20m diameter, allow the horse to take the reins and stretch for at least 20m. On returning to C retake the reins. Working canter.	10
23.	S E X	Transition to working trot. Half circle left 10m diameter to X. On the centre line.	10
24.	G	Halt, immobility, salute.	10
Leav	ve the arena	a at walk on a long rein at a suitable place.	
25.		Paces	10
26.		Impulsion	10x2
27.		Submission	10x2
28.		Rider position and seat	10x2
			320

All trot work may be executed 'sitting' or 'rising'. It is recommended that all lateral work is executed in sitting trot.

THE PONY CLUB OPEN DRESSAGE TEST 2020

20m x 40m Arena

1.	A X	Enter at working trot. Halt, immobility, salute. Proceed at working trot.	10
2.	С	Turn left.	10
		Circle left 10m diameter in working trot.	
3.	HXF F	Medium trot. Working trot.	10
4.	After A	Turn onto the 3/4 line, leg yield left to between E and H	10
5.	М	Circle right 10m diameter in working trot.	10
5.	MXK K	Medium trot. Working trot.	10
7.	After A	Turn onto the 3/4 line, leg yield right to between B and M	10
8.	H E B	Medium walk. 1/4 pirouette left. Turn right in medium walk.	10
9.	F A	Working canter right. Circle 15m diameter.	10
10.	KEH HCM	Medium canter. Working canter.	10
11.	B E	Turn right, over X simple change. Turn left.	10
12.	А	Circle left 15m diameter in working canter.	10
13.	FBM M	Medium canter. Working canter.	10
14.	C Before C	Circle left 20m diameter in working canter allowing the horse to seek the rein and stretch. Retake the rein in working canter.	10
15.	E	Turn left and between X and B direct transition to walk.	10
16.	BFA Before K	Free walk on long rein. Medium walk.	10x2
17.	K D	1/4 pirouette right proceed to D in medium walk. Turn left onto centre line and transition to working trot.	10
18.	G	Halt, immobility, salute.	10
Leav	ve the arena a	at walk on a long rein at a suitable place.	
19.		Paces.	10
20.		Impulsion.	10x2
21.		Submission.	10x2
22.		Rider position and seat.	10x2
			260

All trot work to be executed 'sitting' or 'rising'. It is recommended that all lateral work is executed in sitting trot.

THE PONY CLUB INTERMEDIATE DRESSAGE CHAMPIONSHIP TEST 2014

20m x 60m Arena

1	e the arena at	walk on a long rein at a suitable place	
23.	G	Halt, immobility, salute.	10
22.	CMB B X	Working trot. Half circle right 10m diameter to X. On the centre line.	10
21.	С	Circle right 20m diameter, allow the horse to take the rein and stretch. Just before C retake to rein.	10
20.	S	Working trot.	10
9.	FE ES	Change the rein. Counter canter.	10
18.	HV VKAF	Show some steps of medium canter. Working canter.	10
17 .	Btwn B & M MCH	Transition to trot for 1 horses length followed by transition to working canter left. Working canter.	10
16.	Р	Circle left 15m diameter.	10
15.	V A AFP	Working trot. Working canter left. Working canter.	10
4.	ME EV	Change the rein. Counter canter.	10
3.	KS SHCM	Show some steps on medium canter. Working canter.	10
	FAK	to working canter right. Working canter.	
12.	Btwn B & F	Transition to trot for 1 horses length followed by transition	10
1.	R	Circle right 15m diameter.	10
10.	Btwn H & C	Transition to working canter right (transition may be progressive).	10
9.	S	Medium walk.	10
8.	RB BE ES	Free walk on a long rein. Half circle right 20m diameter free walk on a long rein. Free walk on a long rein.	10 x 2
7.	М	Medium walk.	10
6.	PH HCM	Change the rein; show some steps of medium trot. Working trot.	10
5.	Over A FP	Transition to walk for 3-5 steps followed by transition to working trot.	10
4.	V VK	Circle left 10m diameter. Working trot.	10
3.	RXV	Change the rein on the diagonal.	10
2.	R	Circle right 10m diameter.	10
l .	A C	Enter in working trot. Track right.	10

24.	Paces	10
25.	Impulsion	10 x 2
26.	Submission	10 x 2
27.	Rider position and seat	10 x 2
		310

All trot work may be executed 'sitting' or 'rising'. **Approximate time 5½ minutes.**

THE PONY CLUB INTERMEDIATE DRESSAGE TEST 2013

20m x 40m Arena

1.	А	Enter in working trot and proceed down the centre line without halting.	10
	С	Turn left.	
2.	H D KE	Proceed on a diagonal line to D. Half circle right 10 metres diameter to K. Working trot.	10
3.	Btwn E & H	Transition to walk 2-5 steps then return to working trot.	10
4.	С	Circle right 15 metres diameter.	10
5.	M D FB	Proceed on a diagonal line to D. Half circle left 10 metres diameter to F. Working trot.	10
6.	Btwn B & M	Transition to walk 2-5 steps then return to working trot.	10
7.	С	Circle left 15 metres diameter.	10
8.	Btwn C & H HE	Transition to working canter left. Working canter.	10
9.	E EAF	Circle left 20 metres diameter. Working canter.	10
10.	FM MH	1 loop 4-5 metres in from the track. Working canter.	10
11.	HXF	On the diagonal. At X working trot.	10
12.	А	Transition to medium walk.	10
13.	KBH	Free walk on a long rein.	10 x
14.	H Btwn C & M	Medium walk. Transition to working canter right (transition may be progressive).	10
15.	B BFK	Circle right 20 metres diameter. Working canter.	10
16.	KH HM	1 loop 4-5 metres in from the track. Working canter.	10
17.	MXK KF	On the diagonal. At X working trot. Working trot.	10
18.	FXH HC	On the diagonal and show some medium trot steps. Working trot.	10
19.	С	Circle right 20 metres diameter, allow the horse to take the rein and stretch. Just before C retake the rein.	10
20.	CB B	Working trot. Half circle right 10 metres diameter to X.	10
21.	X G	Down the centre line. Halt, immobility and salute.	10
Leav	e the arena a	t walk on a long rein at a suitable place.	
22.		Paces	10
23.		Impulsion	10 x
24.		Submission	10 x
25.		Rider position and seat	10 x
			290

All trot work to be executed 'sitting' or 'rising'.

THE PONY CLUB NOVICE DRESSAGE CHAMPIONSHIP TEST 2017

20m x 40m Arena

2.	C F	Track left. Half circle left 10m diameter to X.	10
	X FK	Half circle right 10m diameter to B. Working trot.	
3.	KXM	Change the rein on the diagonal. Over X transition to walk for 2-5 steps. Proceed in working trot.	10
4.	C A	Turn up centre line. Track right.	10
5.	E X	Half circle right 10m diameter to X. Half circle left 10m diameter to B.	10
6.	Btwn M & C	Working canter left.	10
7.	E EKA	Circle left 20m diameter. Give and retake the inside rein on the second half of the circle. Working canter.	10
8.	After A	Turn onto the 3/4 line. Between the BE line and the MH line make a transition to working trot.	10
9.	Btwn C & H	Transition to medium walk.	10
10.	HXF	On the diagonal free walk on a long rein.	10 x 2
11.	FK K	Medium walk. Working trot.	10
12.	Btwn H & C	Transition to working canter.	10
13.	B BF	Circle right 20m diameter. Give and retake the inside rein on the second half of the circle. Working canter.	10
14.	After A	Turn onto the 3/4 line. Between the EB line and the HM line make a transition to working trot.	10
15.	CB B X	Working trot. Half circle 10m diameter to X. Proceed down the centre line towards G.	10
16.	G	Halt, immobility and salute.	10
Leav	ve the arena at	walk on a long rein at a suitable place	
17.		Paces	10
18.		Impulsion	10x2
19.		Submission	10x2
20.		Rider position and seat	10x2
			240

All trot work to be executed 'sitting' or 'rising'.

THE PONY CLUB NOVICE DRESSAGE TEST 2020

20m x 40m Arena

			220
18.		Rider position and seat	10 x 2
17.		Submission	10 x 2
16.		Impulsion	10 x 2
15.		Paces	10
Leav	ve the arena at	free walk on a long rein at a suitable place	
14.	Btwn X & G	On the centre line halt, immobility, salute.	10
13.	A KX	Circle right 20m diameter and at X transition to working trot. Working trot.	10
12.	Btwn H & C C MBF	Working canter right. Circle right 20m diameter. Working canter.	10
11.	FXH	Change the rein in working trot.	10
10.	А	Circle left 20m diameter and at X transition to working trot.	10
9.	C HEK	Circle left 20m diameter in working canter. Working canter.	10
8.	F Btwn M & C	Working trot. Canter left.	10
7.	X A	Half 20m circle left in free walk on a long rein. Medium walk.	10 x 2
6.	M B	Medium walk. Turn right.	10
5.	С	20m circle in working trot over X give and retake both reins.	10
4.	B E	Turn left and over X transition to walk for 2-5 steps followed by a transition to working trot. Turn right.	10
3.	Α	20m circle in working trot over X give and retake both reins.	10
2.	B E	Turn right and over X transition to walk for 2-5 steps followed by a transition to working trot. Turn left.	10
	C M	Enter at working trot and proceed down centre line without halting. Turn right. Working trot.	10

All trot work may be executed 'sitting' or 'rising'.

PC110 EVENTING CHAMPIONSHIP TEST 2015

20m x 40m Arena

1.	A C	Enter at working trot. Proceed down the centre line without halting. Turn left.	10
2.	S	Circle left 15 metres diameter.	10
3.	SF F	Change the rein in medium trot. Working trot.	10
4.	A D	Turn onto the centre line. Leg yield right to between B and R.	10
5.	M MCH	Transition to working canter left. Working canter.	10
6.	HV VKA	Medium canter. Working canter.	10
7.	A AFP	Circle left 20 metres diameter. Give and retake the reins when crossing the centre line. Working canter.	10
8.	PXS SH H	Change the rein. Counter canter. Transition to working trot.	10
9.	HCMR R	Working trot. Circle right 15 metres diameter.	10
10.	RK K	Change the rein in medium trot. Working trot.	10
11.	A D	Turn onto the centre line. Leg yield left to between E and S.	10
12.	H HCM	Transition to working canter right. Working canter.	10
13.	MP PFA	Medium canter. Working canter.	10
14.	A AKV	Circle right 20 metres diameter. Give and retake the reins when crossing the centre line. Working canter.	10
15.	VXR RM M	Change the rein. Counter canter. Transition to working trot.	10
16.	С	Halt, immobility 3-5 seconds. Proceed in medium walk.	10
17.	HSXPF	Change the rein in free walk on a long rein.	10 x 2
18.	F A AKV	Medium walk. Transition to working trot. Working trot.	10
19.	VP P	Half circle right 20 metres diameter, allow the horse to seek the rein and stretch. Continue stretching.	10
20.	Before F A	Retake the reins. Turn onto the centre line.	10
21.	Χ	Halt, immobility, salute.	10
Lea	ve the are	na at walk on a long rein at a suitable place	
22.		Paces	10
23.		Impulsion	10 x 2
24.		Submission	10 x 2
25.		Riders position and seat	10 x 2
			290

All trot work may be executed 'sitting' or 'rising'

PC110 EVENTING TEST 2010

20m x 40m Arena

1.	Α	Enter at working trot and proceed down the centre line without halting.	10
	С	Track right.	
2.	В	Circle right 15 metres diameter. Give and retake the inside rein on the first half of the circle.	10
	BFA	Working trot.	
3.	А	Serpentine 3 loops, each loop going to the long side of the arena, finishing on the right rein at $C.$	10
4.	Btwn C & M	Transition to working canter right.	10
5.	B BAK	Circle right 20 metres diameter. Working canter.	10
6.	KXM Btwn X & M	Change the rein on the diagonal. Transition to working trot.	
7.	С	Halt 3-5 seconds, proceed in medium walk.	10
8.	HE E BM	Free walk on a long rein. Half circle left 20 metres diameter in free walk to B. Free walk.	10 x 2
9.	M C	Medium walk. Working trot.	10
10.	E FKA	Circle left 15 metres diameter. Give and retake the inside rein on the first half of the circle. Working trot.	10
11.	A	Serpentine 3 loops, each loop going to the long side of the arena, finishing on the left rein at C.	10
12.	Btwn C & H	Transition to working canter left.	10
13.	E EKF	Circle left 20 metres diameter. Working canter.	10
14.	FXH Btwn X & H	Change the rein on the diagonal. Transition to working trot.	10
15.	MXK KA	Change the rein and show some medium trot strides. Working trot.	10
16.	A	Turn down the centre line.	10
17.	G	Halt. Salute.	10
Leav	ve the arena at	walk on a long rein at a suitable place	
18.		Paces	10
19.		Impulsion	10 x 2
20.		Submission	10 x 2
		Rider position and seat	10 x 2
21.			

All trot work may be executed 'sitting' or 'rising'.

PC100 EVENTING CHAMPIONSHIP TEST 2013

20m x 60m Arena

1.	A C CS	Enter in working trot and proceed down the centre line without halting. Turn left. Working trot.	10
2.	S SE	Circle left 15 metres diameter. Working trot.	10
3.	E B BP	Turn left. Turn right. Working trot.	10
4.	P PAV	Circle right 15 metres diameter. Working trot.	10
5.	VXR RC	Change the rein and show some medium trot steps. Working trot.	10
6.	Btwn C & H HS	Working canter left. Working canter.	10
7.	S	Circle left 20 metres diameter.	10
8.	SV VAF	Show some medium canter strides. Working canter.	10
9.	FLE Btwn L & E ES	Change the rein on the diagonal. Transition to working trot. Working trot.	10
10.	Btwn S & H	Transition to walk 2-5 steps then return to working trot.	10
11.	Btwn C & M MR	Working canter right. Working canter.	10
12.	R	Circle right 20 metres diameter.	10
13.	RP PAK	Show some medium canter strides. Working canter.	10
14.	KLB Btwn L & B BM	Change the rein on the diagonal. Transition to working trot. Working trot.	10
15.	М	Medium walk.	10
16.	HP	Change the rein free walk on a long rein.	10 x 2
17.	P F	Medium walk. Working trot.	10
18.	A X	Turn down the centre line. Halt. Immobility. Salute.	10
Leav	e the arena at	walk on a long rein at a suitable place	
19.		Paces	10
20.		Impulsion	10 x 2
21.		Submission	10 x 2
22.		Rider position and seat	10 x 2
			260

All trot work may be executed 'sitting' or 'rising'.

PC100 EVENTING TEST 2015

20 x 40m Arena

1.	A	Enter at working trot and proceed down centre line without	10		
		halting.			
2.	С	Track right and immediately commence a 3 loop serpentine, with each loop going to the sides of the arena, finishing at A on the right rein.			
3.	AKE E	Working trot. Turn right.			
4.	X	Halt 3-5 seconds, proceed at medium walk.	10		
5.	B BMC	Turn left. Medium walk.	10		
6.	C HB	Proceed in free walk on a long rein. Change the rein in free walk on a long rein.	10 x 2		
7.	В	Transition to medium walk and before F working trot.	10		
8.	FAK K	K Working trot. Transition to working canter right.			
9.	E	Circle right 20 metres diameter. Give and retake the inside rein when crossing the centre line for the second time.			
10.	EHCMB	Working canter.	10		
11.	Btwn B & F	Transition to working trot.	10		
12.	А	Half circle right 20 metres diameter to X.			
13.	X	Half circle left 20 metres diameter to C.	10		
14.	Н	Transition to working canter left.	10		
15.	E	Circle left 20 metres diameter. Give and retake the inside rein when crossing the centre line for the first time.	10		
16.	EKAFB	Working canter.	10		
17 .	Btwn B & M MCHE	Transition to working trot. Working trot.	10		
18.	E X G	Half circle left 10 metres diameter to X. Proceed on the centre line. Halt, immobility, salute.			
Leav	ve the arena at	walk on a long rein at A.			
19.		Paces	10		
20.		Impulsion	10 x 2		
21.		Submission	10 x 2		
22.		Rider position and seat	10 x 2		
			260		

All trot work to be executed 'sitting' or 'rising'.

PC90 EVENTING CHAMPIONSHIP TEST 2015

20 x 40m Arena

			250		
21.		Rider position and seat	10 x 2		
20.		Submission	10 x 2		
19.		Impulsion	10 x 2		
18.		Paces	10		
Lea	ve the arena at	walk on a long rein at a suitable place.			
17.	G	Halt. Immobility. Salute.	10		
16.	E X	Half circle 10m diameter to X. Proceed down the centre line.	10		
15.	М	Working trot.	10		
14.	B B	Circle left 20m diameter in free walk on a long rein. Medium walk.	10 x 2		
13.	Before B	Medium walk.	10		
12.	Btwn A & F	Working trot.	10		
11.	E	Circle left 20m diameter.	10		
10.	Btwn M & C	Working canter left.			
9.	E B	Turn right. Track left.			
8.	MBAE	Working trot.	10		
7.	Btwn C & M	Working trot.	10		
6.	E	Circle right 20m diameter.	10		
5.	Btwn F & A	Working canter right.	10		
4.	В	Circle right 20m diameter. When crossing the line for the second time transition to walk for 2-5 steps proceed in working trot.			
3.	B E	Turn left. Track right.			
2.	E EAB	Circle left 20m diameter. When crossing the centre line for the second time transition to walk for 2-5 steps proceed in working trot. Working trot.			
1.	A C	Enter in working trot and proceed down the centre line without halting. Track left.			

All trot work to be executed 'sitting' or 'rising'.

PC90 EVENTING CHAMPIONSHIP TEST 2015

20 x 40m Arena

1.	A C	Enter at working trot and proceed down the centre line without halting. Turn right.			
			10		
2.	MB Btwn B & F MH	Working trot. Half circle right 15 metres diameter, returning to the track at M. Working trot.			
3.	HXF	Change the rein on the diagonal, over X transition to walk 2-5 steps then return to working trot.			
4.	FA A	Working trot. Medium walk.			
5.	KXM	Change the rein in free walk on a long rein.	10 x 2		
6.	M H	Medium walk. Working trot.	10		
7.	Btwn E & K	Half circle left 15 metres diameter, returning to the track at H.	10		
8.	Btwn C & M MB	Working canter right. Working canter.			
9.	B BF	Circle right 20 metres diameter. Working canter.			
10.	Btwn F & A AK	Working trot. Working trot.			
11.	KXM	Change the rein on the diagonal, over X transition to walk 2-5 steps then return to working trot.			
12.	Btwn C & H HE	Working canter left. Working canter.	10		
13.	E EK	Circle left 20 metres diameter. Working canter.	10		
14.	Btwn K & A AF	Working trot. Working trot.	10		
15.	FX X	On the diagonal. Proceed on the centre line towards G.			
16.	G	Halt. Immobility. Salute.	10		
Leav	ve arena at w	alk on a long rein at a suitable place			
17.		Paces	10		
18.		Impulsion	10 x 2		
19.		Submission	10 x 2		
20.		Rider position and seat	10 x 2		
			240		

All trot work to be executed 'sitting' or 'rising'.

THE PONY CLUB GRASSROOTS DRESSAGE TEST 2018

20 x 40m Arena

1.	Α	Enter in working trot and proceed down the centre line without halting.				
2.	С	Track right.				
3.	ME	Change the rein.	10			
4.	A	Circle left 20m in working trot.	10			
5.	FE	Change the rein.	10			
6.	С	Circle right 20m in working trot.	10			
7.	Btwn C & M	Medium walk.	10			
8.	MXK	Free walk on a long rein. Just before K medium walk.				
9.	Btwn K & A	Working trot.				
10.	Α	Circle left 20m and after crossing the centre line and before A working canter left.				
11.	В	Circle left 20m and on the second half of the circle working trot.				
12.	MCH	Working trot.				
13.	HXF	Change the rein in working trot.				
14.	Α	Circle right 20m and after crossing the centre line and before A working canter right.				
15.	E	Circle right 20m in working canter and on the second half of the circle working trot.				
16.	HC	Working trot.	10			
17.	М	Medium walk.	10			
18.	В	Half circle 10m to X.	10			
19.	G	Halt. Immobility. Salute.	10			
Leav	ve arena at wa	lk on a long rein at a suitable place				
20.		Paces	10			
21.		Impulsion	10 x 2			
22.		Submission	10 x 2			
23.		Rider position and seat	10 x 2			
			240			

All trot work may be executed 'sitting' or 'rising'.

THE PONY CLUB INTRODUCTION TO DRESSAGE TEST 2019

20m x 40m Arena

1.	A Enter in working trot and proceed down the centre line without halting.				
2.	C B	Turn right in working trot. Turn right, between X and E transition to medium walk.			
3.	E K	Turn left in medium walk. Transition to working trot.			
4.	В	Circle left 20m diameter and on second half of circle transition to working canter left			
5.	MCH	Working canter, between E and K transition to working trot.	10		
6.	А	Medium walk.	10		
7.	FX	Free walk on a long rein.			
8.	Btwn X & H C	Medium walk. Working trot.			
9.	В	Circle 20m diameter and on second half of circle transition to working canter right			
10.	FAK Btwn E & H	Working canter. Transition to working trot	10		
11.	MXK A	Change the rein in working trot. Down centre line.	10		
12.	Btwn X & G	Halt and salute.	10		
Leav	e the arena a	t walk on a long rein at a suitable place.			
13.		Paces	10		
14.		Impulsion	10x2		
15.		Submission	10x2		
16.		Rider position and seat	10x2		
			200		

May be ridden in any normal riding bit.

All trot work may be executed 'sitting' or 'rising'.

THE PONY CLUB OPEN FREESTYLE DRESSAGE TO MUSIC 2015

Marks to be awarded as follows:

Technic	cal marks	
1.	Free walk (minimum of 20 metres)	10
2.	Medium walk (minimum of 20 metres)	10
3.	Working trot right	10
4.	Working trot left	10
5.	Leg yield left in trot	10
6.	Leg yield right in trot	10
7.	Medium trot	10
8.	Working canter right	10
9.	Working canter left	10
10.	Medium canter	10
11.	Simple change right to left	10
12.	Simple change left to right	10
13.	Halt at the beginning and end of the test	10
14.	Fluency of transitions	10
	Total for technical	140
Artistic	marks	
15.	Rhythm, energy and elasticity of horse	10 x 3
16.	Harmony between rider and horse	10 x 3
17.	Pattern and content of programme. Inventive use of ar	ena
		10 x 4
18.	Suitability and interpretation of music	10 x 4
	Total for artistic	140
	Final total	280

Please note: In the event of a tie the competitor with the higher artistic marks shall take the higher placing.

Objects

The object of the Competition is to provide an entertaining spectacle for both competitors and spectators.

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Open Dressage Championship Test 2018. If included marks may be deducted

THE PONY CLUB INTERMEDIATE FREESTYLE DRESSAGE TO MUSIC 2012

Marks to be awarded as follows:

Techi	nical marks		
1.	Free walk (minimum of 20 metres)	10	
2.	Medium walk (minimum of 20 metres)	10	
3.	Working trot right	10	
4.	Working trot left	10	
5.	Some medium trot strides	10	
6.	Working canter right	10	
7.	Working canter left	10	
8.	Halt at the beginning and end of the test	10	
9.	Fluency of transitions	10	
	Total for technical	90	
Artis	tic marks		
10.	Rhythm, energy and elasticity of horse	10 x 3	
11.	Harmony between rider and horse	10 x 2	
12.	Pattern and content of programme. Inventive use of arena		
		10 x 2	
13.	Suitability and interpretation of music	10 x 2	
	Total for artistic	90	

Please note: In the event of a tie the competitor with the highest artistic marks shall take the higher placing.

Final total

Obiects

The object of the Competition is to provide an entertaining spectacle for both competitors and spectators.

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Intermediate Dressage Championship Test 2014. If included marks may be deducted.

180

THE PONY CLUB NOVICE FREESTYLE DRESSAGE TO MUSIC 2012

Marks to be awarded as follows:

Technic	al marks	
1.	Free walk (minimum of 20 metres)	10
2.	Medium walk (minimum of 20 metres)	10
3.	Working trot right	10
4.	Working trot left	10
5.	Working canter right	10
6.	Working canter left	10
7.	Halt at the beginning and end of the test	10
8.	Fluency of transitions	10
	Total for technical	80
Artistic	marks	
9.	Rhythm, energy and elasticity of horse	10 x 2
10.	Harmony between rider and horse	10 x 2
11.	Pattern and content of programme. Inventive use of arer	na
		10 x 2
12.	Suitability and interpretation of music	10 x 2
	Total for artistic	80
	Final total	160

Please note: In the event of a tie the competitor with the higher artistic marks shall take the higher placing.

Objects

The object of the competition is to provide an entertaining spectacle for both competitors and spectators.

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Novice Dressage Championship Test 2017. If included marks may be deducted

THE PONY CLUB PAIRS FREESTYLE DRESSAGE TO MUSIC 2012

Marks to be awarded as follows:

Techni	cal marks	
1.	Free walk (minimum of 20 metres)	10
2.	Medium walk (minimum of 20 metres)	10
3.	Working trot right	10
4.	Working trot left	10
5.	Working canter right	10
6.	Working canter left	10
7.	Halt at the beginning and end of the test	10
8.	Fluency of transitions	10
	Total for technical	80
Artisti	c marks	
9.	Rhythm, energy and elasticity of horses/ponies	10
10.	Harmony between riders and horse/ponies	10
11.	Pattern and content of programme. Inventive use of are	na
		10 x 2
12.	Suitability and interpretation of music	10 x 2
13.	Compatibility of horses/ponies. Ability to keep together	
	as a pair and ride together when apart	10 x 2
	Total for artistic	80

Please note: In the event of a tie the competitor with the higher artistic marks shall take the higher placing.

Final total

Objects

The object of the competition is to provide an entertaining spectacle for both competitors and spectators.

All trot work may be executed 'sitting' or 'rising'.

The test may not contain movements above the standard of The Pony Club Open Dressage Championship Test 2018. If included marks may be deducted

160

RULES FOR ALL PONY CLUB FREESTYLE DRESSAGE TO MUSIC COMPETITIONS

To be run in accordance with Pony Club Dressage rules.

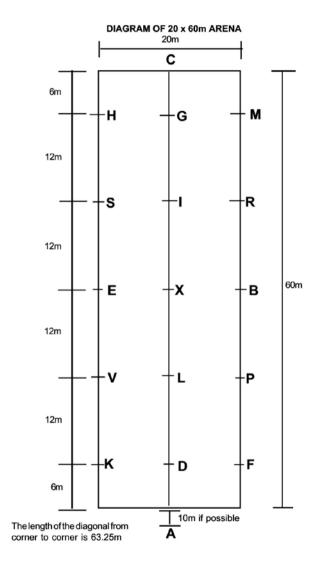
- 1 Open to all current Members of The Pony Club. See competition schedule for specific rules for eligibility. There shall be no height limit.
- 2. Competitions may be run in either a 20x40m or 20x60m arena. Arena size must be displayed on the schedule and entry form.
- 3. The test may be performed in any sequence, but must show the movements shown on the test sheet. There must be a halt at the beginning and end of the test on the centre line facing the judge.
- 4. When ponies/horses compete as a pair they may separate during the test but the majority of the test should be ridden together as a pair.
- 5 The test may not contain movements above the standard of The Pony Club Dressage test indicated on the test sheet. If included marks may be deducted.
- 6 The test should not be of more than 5 minutes duration. The time is taken from the exact moment when the pony(ies)/horse(s) move(s) forward from halt at the beginning. The test finishes with a halt and salute anywhere on the centre line.
- 7. The music may start either before the entry at 'A' or after the first halt and shall be provided by competitors on their own CDs or tapes containing only the music for this particular competition. It is recommended that a second CD or tape is kept by the competitor to act as a backup. Competitors need to be aware that some CDRW discs. cannot be read by all CD players so it is advisable to use CDR discs.
- Failure to complete the test in the allotted time will not incur time faults 8. but may be taken into consideration when marking the 'Artistic Marks'.
- There are no errors of course and the bell must not be rung should 9 a rider make an obvious mistake but points may be deducted under 'Artistic Marks'.
- The test should be interesting and pleasing to watch. 10.
- In the case of a technical failure which interferes with the competition. 11. the judge at C will ring the bell. In the case of the rider's music failing, skipping or jumping during a test, the rider may make one request to restart or the judge can suggest that they restart. When possible. the restart should be immediate but if not the rider should return to complete or restart their test during a scheduled break or at the end of the competition. During extreme weather conditions or other extreme situations, the judge at C may ring the bell for interruption of the test. The rider should return to complete their test when conditions permit. It is up to the rider whether to restart the test from the beginning or to commence from the point the music failed. In either case, the marks already given to the point.

APPENDIX A -ARENA DIAGRAMS

DIAGRAM OF 20 x 40m ARENA С М G 14m 40m Ε-Х В 20m K-- D F Α 20m

The length of the diagonal from corner to corner is 44.72m

APPENDIX A -**ARENA DIAGRAMS (CONT.)**



APPENDIX B -BODY PROTECTOR RULE

The Pony Club does not make the use of body protectors compulsory, except for all Cross Country riding and Pony Racing whether it be training or competing. Body Protectors used for Cross Country and Pony Racing must meet BETA 2009 Level 3 standard (purple label) or **BETA** 2018 Level 3 standard (blue and black label) – see below.



For general use, the responsibility for choosing body protectors and the decision as to their use must rest with Members and their parents. It is recommended that a rider's body protector should not be more than 2% of their body weight. When worn, body protectors must fit correctly, be comfortable and must not restrict movement. BETA recommend body protectors are replaced at least every three to five years, after which the impact absorption properties of the foam may have started to decline. BETA 2009 Level3 (purple label) body protectors will continue to be accepted at Pony Club competitions until 1st December 2024.

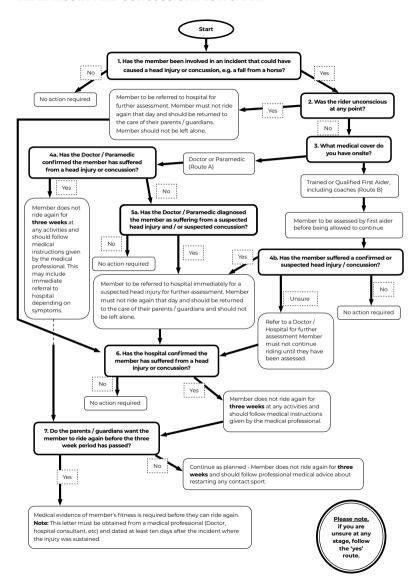
Riders who choose to use the Woof Wear Body Cage EXO must lodge a key with the Event Organiser when they collect their number.

Air Jackets

When an air jacket inflates the sudden noise startles horses in the immediate vicinity thereby causing difficulties for the other members of a ride if used in a group ride in a confined area, e.g. an indoor school or outdoor manége. Air jackets are therefore not encouraged for group rides.

If a rider chooses to wear an air jacket in Cross Country or Pony Racing, it must only be used in addition to a normal body protector which meets the BETA 2009 Level 3 standard (purple label) or BETA 2018 Level 3 standard (blue and black label). Parents and Members must be aware that riders may be permitted to continue after a fall in both competition and training rides for Cross Country and/or Pony Racing, provided the rider has been passed as fit to continue by First Aid Providers. In the event of a fall, it must be fully deflated or removed before continuing, after which, the conventional body protector will continue to give protection. Air jackets must not be worn under a jacket and number bibs should be fitted loosely or with elasticised fastenings over the air jacket.

APPENDIX C -HEAD INJURY AND CONCUSSION FLOWCHART





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