



Essential Oils for OPTIMAL EAR HEALTH

For cleaning dog ears, I recommend weekly cleaning with colloidal silver, or you can use a combination of colloidal silver, apple cider vinegar and alcohol-free witch hazel.

Step-by-step clean the ears as follows:

1. Place a small amount of the solution into the ear canal.
2. Massage the ear canal gently.
3. Clean the outside of the ear with a cotton round or cotton ball. Use the cotton round or cotton ball to get to where you can see in the ear canal. *Never use a Q-tip or force anything into the ear canal.*
4. Try to get out as much liquid as possible.
5. Repeat with the other ear. *Give Treats!*
6. Optional (for red, irritated, or itchy ears):

In a 2 oz Spray Bottle, combine:

- ◆ 5 drops Arbovitae essential oil
 - ◆ 5 drops Lavender essential oil
 - ◆ 3-5 drops Basil essential oil
 - ◆ 5 drops Frankincense essential oil
- Top off with fractionated coconut oil

Apply a small amount of this mixture to the base of the ears, being sure not to get any into the actual ear canal. You can also place on a cotton ball and swipe the inside of the ear where you can see, *but do not drip into the ear canal.* Use as needed, up to twice daily.

**Here is a video demonstrating how to clean a dogs ears:*
<https://www.youtube.com/watch?v=ODHNB4vA-IU>



MORE FROM YOUR ESSENTIAL OIL VET DR. JANET ROARK


With over 17 years of experience in veterinary medicine, Dr. Janet Roark has dedicated her life to helping people and their animals.

She first became interested in essential oils for her personal health and soon recognized the revolutionary benefits of using oils with animals. Her first case was nothing short of miraculous, inspiring her to take this incredible resource beyond her local veterinary practice.


Though she is recognized worldwide as the Essential Oil Vet, she is here to serve. As one of her clients shared, *"Dr. Janet is amazing, compassionate, knowledgeable, caring and such a great problem solver when it comes to naturally taking care of animals."*

CONNECT WITH DR. ROARK:

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JOIN THE ESSENTIAL OIL VET MEMBERSHIP:

The Essential Oil Vet Membership gives you access to an online Membership Portal and a private Facebook group where you can learn directly from Dr. Roark. Sign up or learn more at:

<https://essentialoilvet.com/members>

- Exclusive Member-Only Webinars
- Weekly Q & A: Get your questions answered - LIVE videos weekly
- Individual Protocols and Whole Animal Health Guidance
- Recipes and Diffuser Blends: What to use When
- Safety Information, Research, and so much more!

BECOME AN ANIMAL AROMATHERAPY SPECIALIST

If you have a heart for helping people use essential oils with their animals, consider this 6-week online course to become a Certified Animal Aromatherapy Specialist. Learn more at: <https://essentialoilvet.com/animalaromatherapy>

