



WAFFLES

By: Essa



Story

- When I was 11 years old my family got a mini waffle machine for Christmas. One year later I wanted a waffle, but my mom was not home. So, I decided to make mini waffles. Those waffles were so good I put Nutella, strawberries, and powdered sugar on them.

History

- It is **difficult to pin the invention of the waffle on any one person**, mostly because the roots of the modern-day waffle are deep. The first known waffle recipe appeared in 1393 in *Le Ménagier de Paris*, but the author is unknown.
- The waffle as we know it today began to take the shape in the 18th century when the waffle iron was developed in France.



Where does the name come from?

- "kind of batter-cake, baked crisp in irons and served hot," 1744, from **Dutch wafel** "waffle," from Middle Dutch or Middle Low German wafel, from Proto-Germanic *wabila- "web, honeycomb" (source also of Old High German waba "honeycomb," German Wabe), related to Old High German weban, Old English wefan "to weave" (see weave (v.)).



Different types of waffles

- Brussels waffles are big rectangular waffles that are crispy on the outside and fluffy on the inside with large deep pockets. Usually served for dessert with powdered sugar or whipped cream and fruit, these waffles are a favorite around the world.
- Hong Kong egg waffles are frequently called bubble waffles. Instead of the traditional pockets indenting a waffle, the Hong Kong egg waffle has egg shaped bubbles sticking outward that are easy to break off and snack on





Fun facts about waffles

- In 1994, someone stole the waffle iron from the White House.
- The worlds largest waffle party had over 10,000 people there.
- In 2004, a man from Canada set a record for eating 46 waffles in 1 minute.
- The first waffle iron was a pair of tongs.
- Waffles inspired the first Nike shoe.
- Waffle house sells 145 waffles a minute.