

Casa Grande Alliance March 2024 Newsletter

OUR VISION:

We build resilient communities.

OUR MISSION:

We are a force that builds stronger youth and families by delivering and providing access to essential resources and services.

OUR VALUES:

Community, Integrity, Belonging, Change, and Service

WHAT WE DO

We provide trauma-responsive prevention education, programming, and services, youth coalition leadership, and treatment and recovery resource navigation. Our community coalitions represent a network of organizations dedicated to building individual, family, and community resiliency.

PUBLIC MEETINGS & TRAININGS

All meeting and programs are FREE & open to the public.

<u>Thursday, 3/7 @ 11am-12pm Community Overdose Awareness and Naloxone Training (Online)</u>

Thursday, 3/7 @ 6pm-8pm Triple P for all Parents- (Online)

Monday, 3/11 @ 1pm-3pm CG Community Resilience Coalition-(Hybrid)

Thursday, 3/12 @ 6pm-8pm Triple P Teen for all Parents- (Online)

Thursday, 3/14 @ 11am--12pm The Rise in Fentanyl (Online)

<u>Thursday, 3/21 @ 11am-12pm Snapchat. The Newest Drug Dealing Trend (Online)</u>

Tuesday, 3/26 @ 9am-11am Pinal County Wellness Alliance- (Hybrid)

Thursday, 3/28 @ 11am-12pm METH 2.0 (Online)

CONSIDER SCHEDULING A PARENTING SKILLS TRAINING OR PREVENTION WORKSHOP FOR YOUR GROUP. CALL (520) 836-5022

CASA GRANDE RESILIENCE AWARDS



Pictured above is a preview of the awards that will be given at the Casa Grande Resilience Awards Dinner



Nominations due March 15, 2024

Resilience: The capacity to withstand or to recover quickly from difficulties; toughness.

AWARDS

These will be awarded to individuals and organizations that exemplify resilience in the face of adversity. Nominees will have demonstrated the ability to overcome, persevere, maintain a positive attitude, and their commitment to making a positive

NOMINATION CRITERIA

INTEGRITY AWARD - Recognizes an educator who has overcome significant obstacles while continuing to provide a positive and supportive learning environment for their students.

SERVICE AWARD - Recognizes a youth (under the age of 18) who has overcome obstacles, displayed a positive attitude, and has shown remarkable strength and determination in the pursuit of their goals.

CHANGE AWARD - Recognizes a person in recovery who has displayed immense courage and strength in their journey towards recovery.

COMMUNITY AWARD - Recognizes a business, nonprofit or group for the ability to adapt and make necessary changes in strategies, and tactics while maintaining their commitment to their values, employees, and customers.

BELONGING AWARD - Recognizes a counselor or social worker who promotes resilience and empowers individuals to overcome adversity.

Friday May 3, 2024 6:00pm

Join us for an evening of celebration, proceeds from our celebration dinner will benefit our programs for youth and

LOCATION:

275 W. Viola Street

TICKET PRICE:

\$50 per person or

\$350 for table of 8

CATERING:

Creative Cafe



HOW TO SUBMIT A NOMINATION

Please email, mail or hand deliver your completed nomination on or before the deadline, Friday, **March 15, 2024.**

IN PERSON: 280 W. McMurray Blvd, Casa Grande, AZ 85122

AWARDS@CASAGRANDEALLIANCE.ORG

BY MAIL:

PO Box 11043, Casa Grande AZ, 85130

The Casa Grande Resilience Awards are designed to recognize and celebrate individuals, organizations, or communities that have shown exceptional resilience in the face of adversity.

Casa Grande Youth Alliance (CGYA) 2024 CIVIL RIGHTS ART CONTEST

"Darkness cannot drive out darkness, only light can do that. Hate cannot Drive out hate, only love can do that." -Dr. Martin Luther King Jr.

> Please join us in congratulating, Alaisha N. Gilliam, an 8th grader at Casa Grande Middle School on WINNING the 2024 Art Contest for CGYA. Her winning drawing is pictured on the left.



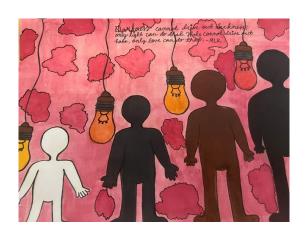






3rd place went to **Summer Whitmer**, a senior at Vista Grande High School for her painting titled, "Connecting Lights."

Natalia Olmedo, a Senior at Vista Grande High School was a runner-up with, "Brighter & Darker the Light Goes," a paint and ink composition.





Paola Vega Gonzalez, a Junior at Vista Grande High school, brings us, "Civil Rights," a pencil drawing as a runner-up.

Thank you to all that contributed!

SERVICES OFFERED

HOURS OF DISTRIBUTION:

TUESDAY 4PM-7PM THURSDAY 4PM-7PM SATURDAY 10AM-1PM

REQUIREMENTS- PICTURE ID AND ONE OF THE FOLLOWING:

-CRIB CARD -BIRTH CERTIFICATE -COURT DOCUMENT



280 W MCMURRAY BLVD. CASA GRANDE, AZ 85122

(520) 836-5022



FREE COMMUNITY CLOTHES CLOSET



Tuesday and Thursday 4 to 7 pm Saturday 10 am to 1 pm (Donations Accepted) EVERYONE IS WELCOME!



CLICK HERE TO TAKE OUR RESOURCE ASSESSMENT

(You will be contacted by CGA)

ONE OF THE WORLD'S MOST EFFECTIVE PARENT PROGRAMS!

The Triple P – Positive Parenting Program gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.

The Triple P is one of the most effective evidence-based parenting programs in the world, backed up by



more than 35 years of ongoing research.

Triple P is used in more 30 countries and has been shown to work across cultures, socio-economic groups, and in many different kinds of family structures.

CLICK TO LEARN MORE

CASA GRANDE ALLIANCE PRESENTS:



REBECCA'S STORY

A TRIPLE P SUCCESS STORY!

Positive Parenting for

EVERY Parent!

CHANGE THE WAY YOU PARENT IN JUST 6 WEEKS!

2023-2024 Parenting Course Catalog



REGISTRATION IS OPEN!

(520) 836-5022

Questions? Email Teresa or visit our website

CHANGE THE WAY YOU PARENT IN JUST 6 WEEKS

FREE Parenting Skills Training for ALL Parents!

NEW Classes Start March 12

Are your children up to age 14 and you have concerns about their behavior? Do you seek intensive training in positive parenting? Do you who wish to learn a variety of parenting skills to apply to multiple contexts? For any parent who can commit to 6 weeks of group sessions and individual appointments, this group's for you!

Parents will learn 17 different strategies for improving their children's competencies and discouraging unwanted child behavior.

Roleplay, homework exercises, and discussions involving video examples of effective parenting strategies are used to help parents learn methods for

dealing with unwanted child behavior and support for emotional needs.

Group Triple P Teen NEW CLASS ADDED

For parents of teenagers up age 17 years. After thorough family assessment, parents set their own goals, learn ways to encourage positive behavior for teens, and teach their teens new skills such as problem solving, conflict resolution, and self-regulation. 6-week lessons 2-hour group online sessions.



REGISTRATION IS OPEN! (520) 836-5022

Questions? Email Teresa or visit our website



REGISTRATION IS OPEN!

(By Appointment ONLY)

(520) 836-5022

Triple P Pathways

For parents with difficulty regulating emotions and as a result, are considered at risk of child maltreatment. The individual sessions focus on common parent traps, understanding and managing anger, and other strategies to improve a parent's ability to cope with raising children. Parents receive a workbook and certificate of completion.

Two 90-minute sessions

Questions? Email Teresa or visit our website

Need Anger Management?



TO SIGN UP CALL:

Anger Management training starts
Tuesday, March 5, and is one of the
best ways to help you identify what
make you angry. This course helps you
understand what triggers unhealthy
responses to anger and behavior
patterns that lead to anger. Through
conversation, role-playing, and
worksheets, we will learn to strategies to
avoid or reduce those patterns.

By attending this life-changing course, you will learn to mobilize techniques for

(520) 836-5022

Questions? Email Teresa or visit our website controlling and overcoming anger.

Learn how to avoid situations that cause stress and frustration, how to better cope with stressful situations, and remove the mystery from this intense emotion.

SACLAz SOR and SUBG Community Survey 2024



Click the link above or scan the QR Code to take the survey today!

In less than ten minutes you can make a *difference* in your community!

The questions in this community survey ask for your opinions, concerns, and awareness about substance use and overdose in your community, as well as some factors that impact substance use. Your responses are anonymous.



PINAL COMMUNITY REENTRY PROJECT

Will you volunteer to serve?

The Pinal Community Reentry Project provides mentoring and support to individuals returning to society from jail or prison who face obstacles such as housing, employment, clothing, mental health, and substance use.

We are currently seeking volunteers to become Community Coaches.

HELP US HELP THOSE IN THE GREATEST NEED

VOLUNTEER TO BE A COMMUNITY COACH

CHANGE STARTS WITH YOU!!!

The Pinal Community Reentry Project is looking for volunteers to be positive, guiding, mentors to justice-involved individuals that are reintegrating back into the community.

If you have 4-6 hours a month to spare and would like to make a difference in our community call or come in today for more information!

BE THE CHANGE YOU WANT TO SEE IN THE WORLD







Casa Grande Alliance 520-836-5022 280 W. McMurray Blvd



PREVENTION WEBINARS

TO SCHEDULE A COMMUNITY TRAINING FOR YOUR GROUP, PLEASE CALL (520) 836-5022



Community Overdose and Naloxone Training Thursday, March 7, 11:00am

As Arizona is seeing a spike in overdoses and overdose deaths related to fentanyl, it is now more important than ever that we are prepared to save a life at a moment's notice with the overdose reversal drug Naloxone and/or Narcan.

REGISTER TO SAVE LIVES

Real











Rise in Fentanyl Thursday, March 14 @ 11:00am

Youth Drug Trends presentation, created by SACLAZ and AHCCCS approved, is an education piece for caregivers and parents. Covering the top 4 most abused substances by teens in Arizona, this training is to familiarize yourself with the signs and effects of these substances. We will also discuss classifications of these drugs, Risk Factors, Protective Factors, trends in usage amongst 8th,10th and 12th grade students, and we will also discuss Fentanyl and its presence within our community.

REGISTER TO SAVE LIVES

Snapchat- New Drug Dealing Trend Thursday, March 21 @ 11:00am



How youth are accessing substances from places we thought were safe and what we can do to protect them. This presentation explores all aspects of Snapchat, including law enforcement perspectives on criminal cases, a family personally impacted, and what we can do about it.

Snapchat- New Drug Dealing Trend
Click the link above to LEARN MORE



Meth 2.0
Thursday, March 28 @11:00am
Now there's "METH 2.0"- a more potent and more deadly version of the drug Newsweek coined "America's Most Dangerous Drug". It's more addictive than ever and can result in death...even on the first try.

REGISTER TO LEARN MORE

PLEASE CALL (520) 836-5022 TO RECEIVE OVERDOSE PREVENTION AND NALOXONE TRAINING AND FREE NARCAN!

RESOURCES



FAMILIES

Welcome to Modern Parenting, Where Rules Must Have Reasons

"Children are more likely to question and challenge the rules presented to them than children in the past".

By: Calvina Ellerbe Ph.D. The Parenting Playbook

Read the Article



TEACHERS

6 Ways to Integrate Technology in Your Classroom Routines

More and more teachers are hopping on the "paperless classroom train" and it's no surprise that they are seeing amazing success

By: Valerie
All Students Can Shine



EMPLOYERS

The Job Seeker's Guide To 2024's Job Market

Interested in the trends of the job market for 2024? This articles for you!

"Whether the 2024 labor market will continue to maintain strength remains to be seen. From every indication, things should look good this year, economy-wise."

By: Kara Dennison Forbes Magazine online

Read the Article



Partnership to End Addiction

A PARENT'S GUIDE TO RAISING RESILIENT KIDS

The toolkit includes supportive parenting practices that you can use and practice in those challenging circumstances that all parents face. Ultimately, we hope this resource will help you in your efforts to raise healthy and resilient children with all of the wonderful opportunities to lead vibrant, fulfilling lives.

Download the Toolkit



"WHEN I WAS A KID..." DOESN'T REALLY WORK WHEN TALKING WITH YOUR KIDS ABOUT MARIJUANA TODAY. IT IS A WHOLE NEW BALLGAME.

Marijuana — legal or otherwise — is a hot topic. It's more important than ever for parents to protect their kids' health and development by addressing this issue early and often. Here, you'll learn how to set the stage to have an open dialogue with your teen. Believe it or not, you are the most powerful influence in your child's life.

More than friends.

Download the Toolkit

Can you tell which pill contains a deadly dose of Fentanyl?



Neither can your child.

PROTECT THE YOUTH OF CASA GRANDE!

DOWNLOAD THE ILLICIT FENTANYL FLYER





- Click my account
- Choose community rewards,
- Enroll- hit the link (find organization)
- enter our number YB442 (for CGA Inc.)
- Hit enroll

































CGA, Inc. | 280 W. McMurray Blvd, Casa Grande, AZ 85122 P: (520) 836-5022

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