



WHO WE ARE

WHAT WE DO

The logo features a stylized saguaro cactus in the center, rendered in a light tan color with black outlines. Behind the cactus is a dark grey silhouette of a mountain range. A large, thin, light tan arc, resembling a setting or rising sun, frames the cactus and the mountain. The text 'Greatest of the Grande' is written in a large, elegant, black script font with a light tan outline, positioned across the lower half of the image. The year '2023' is written in a smaller, bold, black script font with a light tan outline, positioned at the bottom right of the logo.

PLEASE VOTE FOR CGA!



Wednesday, September 27 @ 1 PM

Wednesday, October 25 @ 1 PM

SEPTEMBER

PUBLIC MEETINGS & TRAININGS

FREE POSITIVE PARENT SKILLS TRAININGS -

Everyone Always Welcome - Click on the listing for more information and to register

All parent skill building courses are offered in-person (hybrid) and online

[Tuesday, 9/12 @ 6 PM - Dealing with Disobedience \(online\)](#)

[Wednesday, 9/13 @ 4pm- Suicide Prevention Awareness \(online\)](#)

[Thursday, 9/14 @ 1 PM - The Rise in Fentanyl \(online\)](#)

[Monday, 9/18 @ 1 PM - Casa Grande Alliance \(hybrid - public welcome\)](#)

[Tuesday, 9/19 @ 6 PM - Parenting Booster Session \(online\)](#)

[Wednesday, 9/20 @ 4pm- Suicide Prevention Awareness \(online\)](#)

[Thursday, 9/21 @ 1 PM- Overdose Prevention and Naloxone \(online\)](#)

[Tuesday, 9/26 @ 9 AM- Pinal County Wellness Alliance \(online - public welcome\)](#)

[Wednesday, 9/27 @ 1pm CGA Community Partner Webinar \(online- public welcome\)](#)

[Wednesday, 9/27 @ 4pm- Suicide Prevention Awareness \(online\)](#)

[Thursday, 9/28 @ 1 PM- Meth 2.0 \(online\)](#)

CONSIDER SCHEDULING A PARENTING SKILLS TRAINING OR PREVENTION WORKSHOP FOR
YOUR GROUP CALL (520) 836-5022

Pinal Child Abuse Prevention Council Presents:

Children Thriving and Surviving through Safety

October 6th, 2023

8:30am - 5:00pm

The Property in Casa Grande
1251 W Gila Bend Hwy, Casa Grande, AZ 85193

TRAINING DESIGNED FOR:

Professionals working with children and their families. *Children Thriving and Surviving through Safety* provides an overview of various safety trainings, taught by our local experts, to provide tools on how to keep your children safe in a variety of settings.

ADDITIONAL INFORMATION:

- Completely FREE
- Certification of attendance
- Continental breakfast, lunch and snacks provided
share dietary restrictions when registering

HOW TO REGISTER:

Scan QR code or go to
<https://forms.gle/6ruTf375UMw9X7i19>



FOR MORE INFO



480-253-1456



Splotz@FirstThingsFirst.org

ENCUESTA DE NECESIDADES



Ayúdanos a asistir mejor a las familias.

Casa Grande Alliance is conducting a survey to help us better assist families. Click the link below to be directed to the survey. [TAKE THE BRIEF SURVEY!](#)

2023 DIAPER ASSISTANCE PROGRAM



MONDAY 4PM-7PM

TUESDAY 4PM-7PM

THURSDAY 4PM-7PM

SATURDAY 10AM-1PM

REQUIREMENTS:

-CRIB CARD

-BIRTH CERTIFICATE

-PICTURE ID

-COURT DOCUMENT



280 W MCMURRAY BLVD.

CASA GRANDE, AZ 85122

(520) 836-5022



FOOD PANTRY HOURS
 Monday, Tuesday and Thursday 4 to 8 pm
 Saturday 10 am to 2 pm
 (Deliveries are first and third Fridays)
EVERYONE IS WELCOME!



FREE
COMMUNITY CLOTHES CLOSET
 Monday, Tuesday and Thursday 4 to 8 pm
 Saturday 10 am to 2 pm
 (Donations Welcome!)
EVERYONE IS WELCOME!



CASA GRANDE ALLIANCE
PRESENTS
A TRIPLE P SUCCESS STORY!
REBECCA'S STORY
Positive Parenting for EVERY Parent!
CHANGE THE WAY YOU PARENT
IN JUST 8 WEEKS!

2023-2024 Parenting Course Catalog



STRENGTHENING FAMILIES PROGRAM

New classes starting

Wednesday, September 6th (in-person only)

Do you have a child between the ages of 10 and 14? Join us for a **FREE 7-week** interactive family training designed to

- Enhance parenting skills and promote effective parenting styles
- Build decision-making and life skills in youth, including stress management, conflict resolution, and peer resistance
- Strengthen bonds and promote positive communication and the ability to solve problems together as a family.

Pre-Registration is required

280 W. McMurray Blvd. Casa Grande, AZ 85122

Free CHILDCARE* Free DINNER*Weekly Prizes

For more information AND to pre-register [Visit our website](#)



ONE OF THE WORLD'S MOST EFFECTIVE PARENT PROGRAMS!

The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research. **Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.** Triple P is used in more 30 countries and has been shown to work across cultures, socio-economic groups and in many different kinds of family structures.

Learn more about the Triple P Program



CHANGE THE WAY YOU PARENT IN JUST 8 WEEKS

FREE Parenting Skills Training for ALL Parents!

NEW Classes Starting

Thursday, September 21 (Online)

Monday, October 23 (Hybrid)

REGISTRATION IS OPEN!

Childcare Available
For questions, please
email

cgafamilies@gmail.com

call (520) 836-5022
or [visit our website](#)

Parents of children up to age 14 with concerns about their child's behavior who seek intensive training in positive parenting or those who wish to learn a variety of parenting skills to apply to multiple contexts for parents can commit to 8 weeks of group sessions and individual appointments.

Parents learn 17 different strategies for improving their children's competencies and discouraging unwanted child behavior. Roleplay, homework exercises, and discussions involving video examples of effective parenting strategies are used to help parents learn methods for dealing with unwanted child behavior and for supporting emotional needs.



FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS!

GROUP STEPPING STONES TRIPLE P Monday, October 2nd (Online)

For parents of children with special needs up to the age of 14 with a range of developmental disabilities and with elevated levels of disruptive behavior. A small group course that helps parents learn proven strategies to improve and manage behavior. Parents refine the use of their parenting skills and develop independent problem-solving skills. Parents receive a workbook and certificate of completion. **9 weeks of 2-hour group sessions & individual 20-minute appointments.**

Pre-Registration is required.

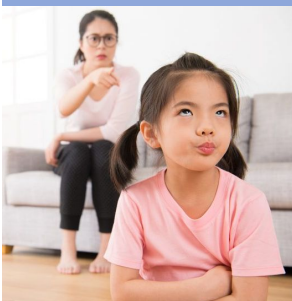
Childcare Available

For more information, [visit our website](#)

PARENTING SKILLS DISCUSSION GROUPS

FREE parent discussion groups provide an overview of the positive parenting principles for any interested parent. Parents are actively involved throughout the 2-hour small group discussion. .

THE SECOND AND FOURTH TUESDAYS @ 6 PM



Dealing with Disobedience

September 12, October 10

This discussion topic provides examples of common forms of disobedience and some reasons why children have difficulty learning to follow instructions. A number of positive parenting strategies are then introduced to help parents develop a personal plan to prevent disobedience, teach their child limits, and also to manage disobedience when necessary. **Limit: 12 parents per workshop!**

DISCUSSION GROUP SIGN-UP



Managing Fighting & Aggression

September 26, December 26, March 26

This discussion topic provides examples of common forms of disobedience and some reasons why children have difficulty learning to follow instructions. A number of positive parenting strategies are then introduced to help parents develop a personal plan to prevent disobedience, teach their child limits, and also to manage disobedience when necessary. **Limit:**

12 parents per workshop! . Limit: 12 parents per workshop!

[DISCUSSION GROUP SIGN-UP](#)



Developing Good Bedtime Routines

October 24, January 23, April 23

Parents explore different problems faced at bedtime and reasons why they happen. The skills children need to get into a good bedtime routine are discussed and parents are introduced to positive parenting strategies to help prevent problems.

Limit: 12 parents per workshop! . Limit: 12 parents per workshop!

[DISCUSSION GROUP SIGN-UP](#)



Hassle Free Shopping with Children

February 27, May 28

Parents learn how to deal with unwanted behavior in public. Positive parenting strategies are discussed as step-by-step suggestions for preventing problems and teaching children how to behave on shopping trips. Limit: 12 parents per workshop! . Limit: 12 parents per workshop!

[DISCUSSION GROUP SIGN-UP](#)



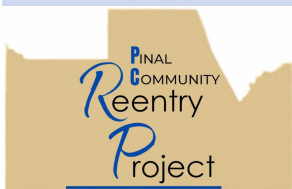
MONTHLY BOOSTER MEETINGS FOR PARENTS!

(3rd Tuesdays @ 6:00 PM -Hybrid)

September 19, October 17

For all parents. Monthly peer-to-peer meetings to encourage connections between parents. Parents will have the opportunity to share struggles and challenges, problem-solve and troubleshoot, share ideas, resources, and strategies, and celebrate successes.

[PARENT MEETING SIGN-UP](#)



PINAL COMMUNITY REENTRY PROJECT

Will you volunteer to serve?

The Pinal Community Reentry Project provides mentoring and support to individuals returning to society from jail or prison who face obstacles such as housing, employment, clothing, mental health, and substance use. **Our project is also seeking volunteers to become Community Coaches.**

[HELP US HELP THOSE IN THE GREATEST NEED](#)

PREVENTION WEBINARS

TO SCHEDULE A COMMUNITY TRAINING FOR YOUR GROUP, PLEASE CALL (520) 836-5022



SUICIDE PREVENTION AWARENESS

Wednesday, September 13 @ 4:00 pm

In this suicide prevention workshop, participants will learn the warning signs of suicide, how to intervene safely, and how to provide support resources to those at risk. Through interactive discussions and activities, attendees will develop a deeper understanding of suicide and its impact, as well as obtain effective strategies to prevent it. This workshop is suitable for individuals, organizations, and communities seeking to create awareness and promote mental health wellness.

[LEARN ABOUT SUICIDE PREVENTION](#)



THE RISE IN FENTANYL

Thursday, September 14 @ 1:00 pm

Arizona is seeing a spike in overdoses and deaths related to fentanyl. More than 2,000 Arizonans died from fentanyl overdoses in 2021 (a 43% increase over 2019). There is no sign of the new trend slowing down.

[LEARN MORE ABOUT THIS DEADLY TREND](#)



SUICIDE PREVENTION AWARENESS

Wednesday, September 20 @ 4:00 pm

In this suicide prevention workshop, participants will learn the warning signs of suicide, how to intervene safely, and how to provide support resources to those at risk. Through interactive discussions and activities, attendees will develop a deeper understanding of suicide and its impact, as well as obtain effective strategies to prevent it. This workshop is suitable for individuals, organizations, and communities seeking to create awareness and promote mental health wellness

[LEARN ABOUT SUICIDE PREVENTION](#)



OVERDOSE PREVENTION AND NALOXONE

Thursday, September 21 @ 1:00 pm

As Arizona is seeing a spike in overdoses and overdose deaths related to fentanyl, it is now more important than ever that we are prepared to save a life at a moment's notice with the overdose reversal drug Naloxone and/or Narcan.

[REGISTER TO SAVE LIVES](#)



SUICIDE PREVENTION AWARENESS

Wednesday, September 27 @ 4:00 pm

In this suicide prevention workshop, participants will learn the warning signs of suicide, how to intervene safely, and how to provide support resources to those at risk. Through interactive discussions and activities, attendees will develop a deeper understanding of suicide and its impact, as well as obtain effective strategies to prevent it. This workshop is suitable for individuals, organizations, and communities seeking to create awareness and promote mental health wellness

[LEARN ABOUT SUICIDE PREVENTION](#)



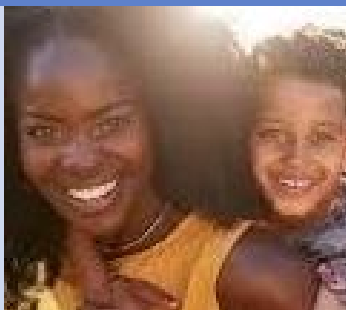
METH 2.0

Thursday, September 28 @ 1:00 pm

Meth 2.0 is the nickname for methamphetamine that is even stronger and cheaper than traditional meth. In some cases, this new meth has been found to have purity levels of 97%. Most of this meth has been mass produced in labs and imported from Mexico to the United States resulting in its cheaper price. Because it is so potent, meth 2.0 is even more addictive than traditional meth.

[LEARN MORE ABOUT THE NEW METH](#)

PLEASE CALL (520) 836-5022 TO RECEIVE OVERDOSE PREVENTION AND NALOXONE TRAINING AND FREE NARCAN!



RESOURCE FOR PARENTS 10 Tips for Parents in the Digital Age

In a world where children are "growing up digital," it's important to help them learn healthy concepts of digital use and citizenship. Parents play an important role in teaching these skills.

[Read the
Article](#)

RESOURCE FOR TEACHERS Back to School Checklist for Busy Teachers

Finishing off a relaxing summer to gear up for the arrival of the next class of students can be stressful for many teachers. To avoid feeling overwhelmed, craft your game



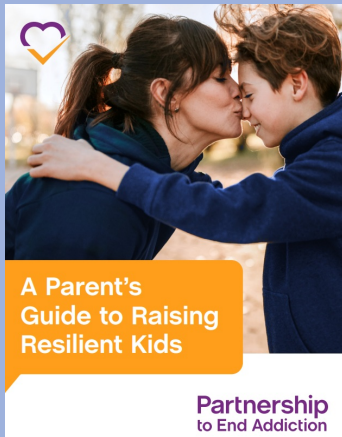
[Read the
Article](#)



[Read the
Article](#)

RESOURCE FOR EMPLOYERS 11 Helpful Office Management Tips

Having the ability to manage an office is important because it can set your employees up for success and help develop a powerful and engaging work environment. Whether you organize your working area or help develop and train the skills of team members, using sound management techniques can help you improve your office space and increase your company's performance. In this article, we discuss why office management is important and give you a list of tips to help you manage your office more efficiently.



A PARENT'S GUIDE TO RAISING RESILIENT KIDS

The toolkit includes supportive parenting practices that you can use and practice in those challenging circumstances that all parents face. **Ultimately, we hope this resource will help you in your efforts to raise healthy and resilient children with all of the wonderful opportunities to lead vibrant, fulfilling lives.**

[Download the
Toolkit](#)



"WHEN I WAS A KID..." DOESN'T REALLY WORK WHEN TALKING WITH YOUR KIDS ABOUT MARIJUANA TODAY. IT IS A WHOLE NEW BALLGAME.

Marijuana — legal or otherwise — is a hot topic. It's more important than ever for parents to protect their kids' health and development by addressing this issue early and often. Here, you'll learn how to set the stage to have an open dialogue with your teen. **Believe it or not, you are the most powerful influence in your child's life.** More than friends.

[Download the
Toolkit](#)

Can you tell which pill contains
a deadly dose of Fentanyl?



Neither can your child.

PROTECT THE YOUTH OF CASA GRANDE!

[DOWNLOAD THE ILLICIT FENTANYL
FLYER](#)

CALLING ALL



VOLUNTEERS!

Available opportunities:

- Gardening
- Afterschool Tutors and Mentors
- Afterschool Program Leaders
- THRIVE curriculum facilitators
- Administrative Support
- Reentry Volunteers!

INTERESTED IN JOINING US?

Call: 520-836-5022

Email: cgadirector@gmail.com

RESOURCES

Opioid Assistance and Referral Line - Free and Confidential 1-888-688-4222

Need someone to talk to? Problem with drugs? Alcohol? Depression? Mental Health? Suicide?
ARIZONA COMPLETE HEALTH 24 HOUR CRISIS LINE 1-866-495-6735

Teen Lifeline is a 24-hour service with trained Peer counselors available from 3 - 9 pm Daily
TEEN LIFELINE 1-800-248-8336

Assisting Veterans and Military Families in Pinal County by providing services or connecting them to providers that will assist with life's challenges.

Honoring/Hiring/Helping Our Heroes of Pinal County (520) 866-3645

Does someone's drinking bother you?
AL-ANON 1-888-415-1666



Community Rewards Program

A Simple Way to Support Casa Grande Alliance

Fry's Food and Drug will donate a small portion of what you spend every time you use your Fry's Card. If you would like to support Casa Grande Alliance, please link your Fry's rewards card to Casa Grande Alliance CGA Inc.

Instruction to link CGA, Inc. in the Fry's app: for iPhone and Android

- Open Fry's App
- Click my account
- Choose community rewards,
- Enroll- hit the link (find organization)
- enter our number YB442 (for CGA Inc.)
- Hit enroll



CGA, Inc. | 280 W. McMurray Blvd, Casa Grande, AZ 85122

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