



Casa Grande Alliance May 2024 Newsletter

OUR VISION:

We build resilient communities.

OUR MISSION:

We are a force that builds stronger youth and families by delivering and providing access to essential resources and services.

OUR VALUES:

Community, Integrity, Belonging, Change, and Service

WHAT WE DO:

We provide trauma-responsive prevention education, programming, and services, youth coalition leadership, and treatment and recovery resource navigation. Our community coalitions represent a network of organizations dedicated to building individual, family, and community resiliency.

IMPORTANT UPDATE:

CHANGE IN LEADERSHIP AT CASA GRANDE ALLIANCE

Dear Community Partner,

Since the publication of our last newsletter, Bob Shogren resigned as Executive Director of Casa Grande Alliance. He was recruited for a new job opportunity out of state, and while we are sad to see him go, we understand and support his decision to pursue this next step in his career.

During his tenure, Bob played a vital role in shaping the Casa Grande Alliance and its two coalitions into what they are today. His dedication, leadership, and passion for service have been instrumental in our success, and we are immensely grateful for his contributions. As we move forward and continue growing as an organization, we remain committed to our mission of building resilient

communities through substance abuse prevention, education, and advocacy. The team at Casa Grande Alliance is working diligently to ensure the quality and continuity of programs and services during this transition.

The CGA, Inc. Board of Directors has launched a nationwide search for the next Executive Director. The job posting can be found on Indeed.com.

Thank you for your understanding and continued support.

SUMMER CHILD CARE PROGRAM



****Low Cost****
Summer Camp
May 28th
Palo Verde Before and
Afterschool Program
Monday to Friday
6am to 6pm
520-610-6826
****Ask me how to get care as
low as ZERO DOLLARS!**



**CALL (520) 610-6826 or (520) 836-5022 for
SUMMER CAMP INFORMATION**

MAY MEETINGS & CLASSES

FREE & Open to the Public.

All meetings are online unless otherwise noted.

THURS, 5/2 @ 11:00 am-12:00 pm - *The Rise in Fentanyl*

An hour-long educational webinar about the proliferation of this illicit opiate drug.

THURS, 5/9 @ 11:00 am-12:00 pm - *Community Overdose*

Awareness and Naloxone Training

Be prepared to save a life! Learn how to identify and reverse an opiate overdose. Free Narcan is available at our office! Call 520-836-5022 or stop by to pick some up today.

MON, 5/13 @ 1:00 pm - 3:00 pm - *CG Community Resilience Coalition Meeting* (Hybrid)

THURS, 5/16 @ 11:00 am-12:00 pm - *Snapchat: The Newest Drug Dealing Trend*

THURS, 5/23 @ 11:00 am-12:00 pm - *Youth Drug Trends*

An hour-long educational webinar about the proliferation of this illicit opiate drug.

MON, 5/27 @ 6:00-8:00 pm - *Anger Management*

Registration Required. Class meets once per week for 6 weeks. Must attend all sessions to receive Certificate of Completion.

TUES, 5/28 @ 9:00-11:00 am - *Pinal County Wellness Alliance*

THURS, 5/30 @ 11:00 am-12:00 pm - *Community Overdose*

Awareness and Naloxone Training

Be prepared to save a life! Learn how to identify and reverse an opiate overdose. Free Narcan is available at our office! Call 520-836-5022 or stop by to pick some up today.

THURS, 5/30 @ 6:00-8:00 pm - *Triple P for all Parents*

Registration Required. Class meets once per week for 6 weeks. Must attend all sessions to receive Certificate of Completion.

**SCHEDULE A FREE PARENTING SKILLS TRAINING
OR PREVENTION WORKSHOP FOR YOUR GROUP!
(520) 836-5022**

RESOURCES OFFERED ON-SITE AT CGA



Food Pantry
Free Clothing Closet
Diaper Bank
(Bring ID and
Birth Certificate/ or Crib Card)

Times:
Tuesday: 4 pm - 7 pm
Thursday: 4 pm - 7 pm
Saturday: 10 am - 1 pm

 **St. Mary's
Food Bank**
 **CAHRA**
DDDRP through Wildfire and CAHRA
(Diaper Distribution Demonstration and Resource Pilot)

280 W McMurray Blvd.
Casa Grande, AZ 85122
(520) 836-5022

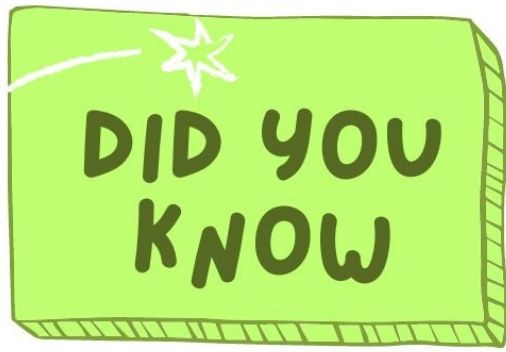
Need Resources?
(a CGA Staff Member will contact you)

**CG VAPE FREE PROGRAM FEATURED
IN CASA GRANDE DISPATCH ARTICLE**



CG Vape Free Program Manager Sean Stephens and Outreach Specialist Megan Case are educating students about health dangers.

By:Jodie Newell/PinalCentral



Whether vaping nicotine or weed, vape devices are designed to deliver high amounts of the drug. These high doses along with frequent use of vapes means a greater chance for becoming addicted.



Get the facts @ LearnMoreAZ.org



WANT MORE INFORMATION ON CG VAPE FREE?
CALL 520-836-5022

TEEN SUICIDE AWARENESS DESIGN CONTEST



Teen Lifeline
602-248-8336

Help Teen Lifeline
design their
license plate!

TEEN SUICIDE AWARENESS LICENSE PLATE DESIGN CONTEST

HOW TO ENTER

- 1 Use your art/design skills to create a license plate for Teen Lifeline.
- 2 Submit your design to our site through the link below by **Sunday, June 2 at 11:59 p.m.**
- 3 Spread the word! The winning design will be printed on AZ license plates later this year.



Win up to
\$500!

For contest details, visit

teenlifeline.org/design

CALLING ALL CASA GRANDE YOUTH!



Inviting all CG Youth to come be a part of Casa Grande Youth Alliance. For more information Email Melissa@casagrandealliance.org or CALL 520-836-5022



PARENTING & SELF-HELP CLASSES



®

The Triple P – Positive Parenting Program gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children’s behavior, and prevent problems from developing.

The Triple P is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research.

Triple P is used in more than 30 countries and has been shown to work across cultures, socio-economic groups, and in many different kinds of family structures.

[CLICK TO LEARN MORE](#)

2024 Parenting Course Catalog



**FREE Parenting Skills Training
for ALL Parents!**

***Triple P:
Positive Parenting Program***

NEW Classes Start May 30!

Do you have a child aged 14 or under? Have you had concerns about their behavior? Sign up for this intensive training in positive parenting! Join us online to learn a variety of parenting skills to apply to multiple contexts. For any parent who can commit to 6 weeks of group sessions and individual appointments: this course is for you!

REGISTRATION IS OPEN!

(520) 836-5022

[Questions? Email Teresa](#)

[Click to register](#)

Parents will learn 17 different strategies for improving their children’s competencies and discouraging unwanted child behavior.

Roleplay, homework exercises, and discussions involving video examples of effective parenting strategies are used to help parents learn methods for dealing with unwanted child behavior and support for emotional needs.

Participants receive a free workbook and can earn a Triple P Parenting Certificate upon course completion.

Group Triple P Teen

Class starts in July!

For parents of teenagers up to age 17 years. After thorough family assessment, parents set their own goals, learn ways to encourage positive behavior for teens, and teach their teens new skills such as problem solving, conflict resolution, and self-regulation. **6 weeks of 2-hour group online sessions.**



[Register Now](#)

(520) 836-5022

[Questions? Email Teresa](#)

Triple P Pathways



For parents with difficulty regulating emotions and as a result, are considered at risk of child maltreatment. The individual sessions focus on common parent traps, understanding and managing anger, and other strategies to improve a parent's ability to cope with raising children. Parents receive a workbook and certificate of completion.

Two 90-minute sessions

[Questions? Email Teresa](#)

REGISTRATION IS OPEN!

(By Appointment ONLY)

(520) 836-5022

[Visit our Website](#)

Anger Management



Anger Management training starts **Monday, MAY 27** and is one of the best ways to help you identify what make you angry. This course helps you understand what triggers unhealthy responses to anger and behavior patterns that lead to anger. Through conversation, role-playing, and worksheets, we will learn to strategies to avoid or reduce those patterns.

TO SIGN UP CALL:

(520) 836-5022

By attending this life-changing course, you will learn to mobilize techniques for controlling and overcoming anger.

[Questions? Email Teresa](#)

[Click to Register](#)

Learn how to avoid situations that cause stress and frustration, how to better cope with stressful situations, and remove the mystery from this intense emotion.

Meets Weekly. Six 2-hour Sessions.

Parents Of Addicted Loved Ones (PAL)



PAL PARENTS OF
ADDICTED
LOVED ONES

YOU ARE NOT ALONE

PARTICIPANTS MUST BE 18 OR OLDER

MONDAY, MAY 6 @ 6 PM IN PERSON

LOCATION: 280 W. MCMURRAY BLVD., CASA GRANDE, AZ 85122

TERESA@CASAGRANDEALLIANCE.ORG

TOPICS INCLUDE:

- THE ADDICTION CYCLE
- ENABLING BEHAVIORS
- PEER-TO-PEER
- DELAYED EMOTIONAL GROWTH
- ROLE OF THE FAMILY
- SETTING REALISTIC BOUNDARIES
- EMOTIONAL DETACHMENT
- FINANCIAL STRINGS
- STEPS OF RECOVERY
- RECOGNIZING RELAPSE



NEED HELP?? YOU ARE NOT ALONE!

PINAL
COMMUNITY
Reentry
Project

PREVENTION WEBINARS

TO SCHEDULE A COMMUNITY TRAINING FOR YOUR GROUP,
PLEASE CALL (520) 836-5022



Rise in Fentanyl

Thursday, MAY 2 @ 11:00am

Youth Drug Trends presentation, created by SACLAZ and AHCCCS approved, is an education piece for caregivers and parents. Covering the top 4 most abused substances by teens in Arizona, this training is to familiarize yourself with the signs and effects of these substances. We will also discuss classifications of these drugs, Risk Factors, Protective Factors, trends in usage amongst 8th, 10th and 12th grade students, and we will also discuss Fentanyl and its presence within our community.

Register to Save
Lives



Community Overdose and Naloxone Training Thursday, May 9 & 30, 11:00am

As Arizona is seeing a spike in overdoses and overdose deaths related to fentanyl, it is now more important than ever that we are prepared to save a life at a moment's notice with the overdose reversal drug Naloxone and/or Narcan.

Register to Save
Lives

Youth Drug Trends

Thursday, MAY 16 @ 11 am

Marijuana, Alcohol, Nicotine, and prescription pills have long been teens' top four drugs of choice. Join us to learn about how these drugs used to impact our youth, what has

Youth Drug Trends

Presented By:



changed, and finally, some things we can do to protect our youth and community.

[Register to Save Lives](#)



Snapchat- May 23 @ 11:00am

How youth are accessing substances from places we thought were safe and what we can do to protect them. This presentation explores all aspects of Snapchat, including law enforcement perspectives on criminal cases, a family personally impacted, and what we can do about it.

[Register to Save Lives](#)

PLEASE CALL (520) 836-5022 TO RECEIVE OVERDOSE PREVENTION AND NALOXONE TRAINING AND FREE NARCAN!

Can you tell which pill contains a deadly dose of Fentanyl?



Neither can your child.

PROTECT THE YOUTH OF CASA GRANDE!

[Click to Download FENTANYL Flyer](#)

CALLING ALL VOLUNTEERS!



Available opportunities:

- Gardening
- Afterschool Program Leaders
- THRIVE facilitators

INTERESTED IN JOINING US?

Call: 520-836-5022

Email:

greta@casagrandealliance.org

**Need More
Resources?**

**Opioid Assistance and Referral Line
Free and Confidential
1-888-688-4222**

Need someone to talk to? Problem with drugs? Alcohol?
Depression? Mental Health? Suicide?

**ARIZONA COMPLETE HEALTH 24 HOUR CRISIS LINE
1-866-495-6735**

Teen Lifeline is a 24-hour service with trained
Peer counselors available from 3 - 9 pm Daily
TEEN LIFELINE 1-800-248-8336

Assisting Veterans and Military Families in Pinal County by
providing services or connecting them to
providers that will assist with life's challenges.

**Honoring/Hiring/Helping Our Heroes of Pinal County (520) 866-
3645**

Does someone's drinking bother you?
AL-ANON 1-888-415-1666



Community Rewards Program

A Simple Way to Support Casa Grande Alliance

Fry's Food and Drug will donate a small portion of what you spend every time you use your Fry's Card. If you would like to support Casa Grande Alliance, please link your Fry's rewards card to Casa Grande Alliance CGA Inc.

**Instruction to link CGA, Inc. in the Fry's app: for
iPhone and Android**

- Open Fry's App
- Click my account
- Choose community rewards,
- Enroll- hit the link (find organization)
- enter our number YB442 (for CGA Inc.)
- Hit enroll



CGA, Inc. | 280 W. McMurray Blvd, Casa Grande, AZ 85122 P: (520) 836-5022

[Unsubscribe cgadirector@gmail.com](mailto:unsubscribe_cgadirector@gmail.com)

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Sent by bygreta@casagrandealliance.org