



CASA GRANDE ALLIANCE
Delivering the message of prevention to
businesses, homes and hearts in our communities.



All natural Pain clinic located in Casa Grande, Arizona for over seven years.

Sircle Pain Clinic
820 W. Cottonwood Lane, Suite 6
Casa Grande, Arizona 85122
(520) 509-6380

Call Today for Your
FREE
Assessment



SAY "NO WAY"
TO DRUGS AND ALCOHOL.
YOU HAVE BETTER THINGS TO DO!

A great life is a drug-free life!
If you or someone you know has a drug or
alcohol problem, please, seek help right away!
Your very life may depend on it!

**WE SUPPORT A DRUG-FREE
WORK ENVIRONMENT!**

CARDINAL[®] CG 
A CARDINAL GLASS INDUSTRIES COMPANY

1109 N. Jefferson Avenue ♦ Casa Grande, AZ 85122
www.cardinalcorp.com

**YOUR FUTURE
IS KEY, SO STAY
DRUG-FREE.**

*Make a promise to live
your life to the fullest by staying
drug-free. If you or someone you
know has a drug or alcohol problem,
please seek help right away.*

**WE SUPPORT A DRUG-FREE
WORK ENVIRONMENT**

©2019 Abbott
December 2019 LITHO IN USA





Serving Casa Grande and Pinal County since 1989.

280 W. McMurray Boulevard
P.O. Box 11043
Casa Grande Arizona 85130
(520) 836-5022

BOARD OF DIRECTORS

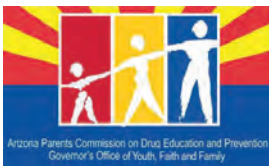
Roy Edwards, Redemption Church
Mary Gonzales, UA Cooperative Extension
Jeff Lavender, Vice Chair, Villago Middle School
Donna McBride, Chair, City of Casa Grande
Mark McCrory, CG Police
Ralph Varela, Pinal Hispanic Council
Reyna Villegas, Pinal County Public Health

CGA, Inc.

Our non-profit corporation, CGA, Inc., provides staff and administrative support to the Casa Grande Alliance and the Pinal County Substance Abuse Council. We are grateful for the generous volunteer and financial support we receive from individuals, local business and through state and federal grants. **Thank You!**



Arizona Adverse Childhood Experiences Consortium



AWARDS AND HONORS

- ◆ **Support for Students Award**— Mary C. O'Brian Elementary School, 2019
- ◆ **Business Excellence**, Casa Grande Chamber of Commerce, 2017
- ◆ **National Activity of the Year**, Students Against Destructive Decisions, National, 2015
- ◆ **Casa Grande Alliance Day Mayor Proclamation** — CG Mayor Bob Jackson, 2014
- ◆ **Reduction of Prescription Drug Abuse** (Pinal County Substance Abuse Council) — Arizona Criminal Justice Commission, 2013
- ◆ **Champions of Change**, Recognized as National Leaders in Drug Use Prevention — **President Obama, 2011**
- ◆ **Dose of Prevention Award** — Community Anti-Drug Coalitions of America (CADCA), 2010
- ◆ **Recognition for Instrumental Role in Over-the-Counter Medicine Abuse Reduction** — Governor Jan Brewer, 2010

**INTERESTED IN VOLUNTEERING?
POSITIONS AVAILABLE!**

CASAGRANDEALLIANCE@GMAIL.COM

OUR PROGRAMS

- ◆ **Strong Families Workshops (10 to 14 year olds)** - a highly effective workshop that helps parents and youth improve respect, communication, and understanding.
- ◆ **Casa Grande SADD** - Area teens sharpen leadership skills while working on critical social issues.
- ◆ **Substance Use Disorder Trainings** - Provide free professional development trainings to business and non-profit partners
- ◆ **Adverse Childhood Experience Trainings**—Clarify understanding of ACEs from youth to adulthood, including implications for substance use disorder.
- ◆ **Play Healthy**—provides helpful prevention information to youth athletes, parents and coaches.
- ◆ **Prevention Poster Partners**—local businesses make a positive difference by prominently displaying important prevention messages and reminders.
- ◆ **Prevention Resource Center**—access to information, resources and advocacy support for those seeking treatment.

PLEASE CALL TO LEARN MORE



Casa Grande Alliance
Please Consider Attending Our Next Meeting!
First Monday of the Month, 1 PM

- ◆ Against Abuse, Inc.
- ◆ American Family Insurance
- ◆ Arizona Complete Health
- ◆ AZ Council for Compulsive Gambling
- ◆ AZ Department of Public Safety
- ◆ Arizona SADD
- ◆ Aurora Behavioral Health
- ◆ Banner Casa Grande Medical Center
- ◆ Be Awesome Youth Coalition
- ◆ Black Box Foundation
- ◆ Boys & Girls Club of the Casa Grande Valley
- ◆ Casa Grande Daybreak Rotary
- ◆ Casa Grande Elem. School Dist.
- ◆ Casa Grande Fire Dept.
- ◆ Casa Grande Main Street
- ◆ Casa Grande Municipal Court
- ◆ Casa Grande Police Dept.
- ◆ Casa Grande SADD Chapters
- ◆ CG Union High School District
- ◆ Casa Grande Valley Newspapers
- ◆ Casa Grande Youth Commission
- ◆ Celebrate Recovery
- ◆ City Of Casa Grande
- ◆ Community Bridges, Inc.
- ◆ Community Medical Services
- ◆ Coolidge Youth Coalition
- ◆ Corazon Integrated Healthcare
- ◆ Fidelity Investigative Services
- ◆ Greater Casa Grande Chamber of Commerce
- ◆ Helping Associates, Inc.
- ◆ Hope Medical Clinic
- ◆ Horizon Health & Wellness
- ◆ Michael Brubaker Counseling
- ◆ Mission Heights Prep. High School
- ◆ Narcotics Anonymous
- ◆ Next Generation Mentors
- ◆ Phoenix Indian Center
- ◆ Pinal County
 - ~ Adult Probation
 - ~ Attorney's Office
 - ~ Housing Authority
 - ~ Juvenile Court Services
 - ~ Public Health Services Dept.
 - ~ Sheriff's Office
- ◆ Pinal Gila Community Child Services
- ◆ Pinal Gila Council for Senior Citizens
- ◆ Pinal Hispanic Council
- ◆ Pinnacle Charter High School
- ◆ Redemption Church
- ◆ Restore to Life
- ◆ River Source
- ◆ Salvation Army PHX ARC Center
- ◆ Schaider Consulting Services, Inc.
- ◆ Seeds of Hope
- ◆ Sun Life Family Health Center
- ◆ Sunrise Optimists Club of CG
- ◆ Teen Challenge AZ Home of Hope
- ◆ The Sinners to Saints Ministry
- ◆ Vive Hope Lives
- ◆ Yang & Horsley Dentistry
- ◆ Yost Realty Group
- ◆ Zonta Club of Casa Grande Valley
- ◆ Individual supporters & donors



If only you could sense how important you are to the lives of those you meet; how important you can be to people you may never even dream of. There is something of yourself that you leave at every meeting with another person.

– Mr. Rogers

Naomi Montejo, 6th Grade
Casa Grande Middle School

Helping Associates, Inc.

“Providing quality counseling to Arizona since 1982.”



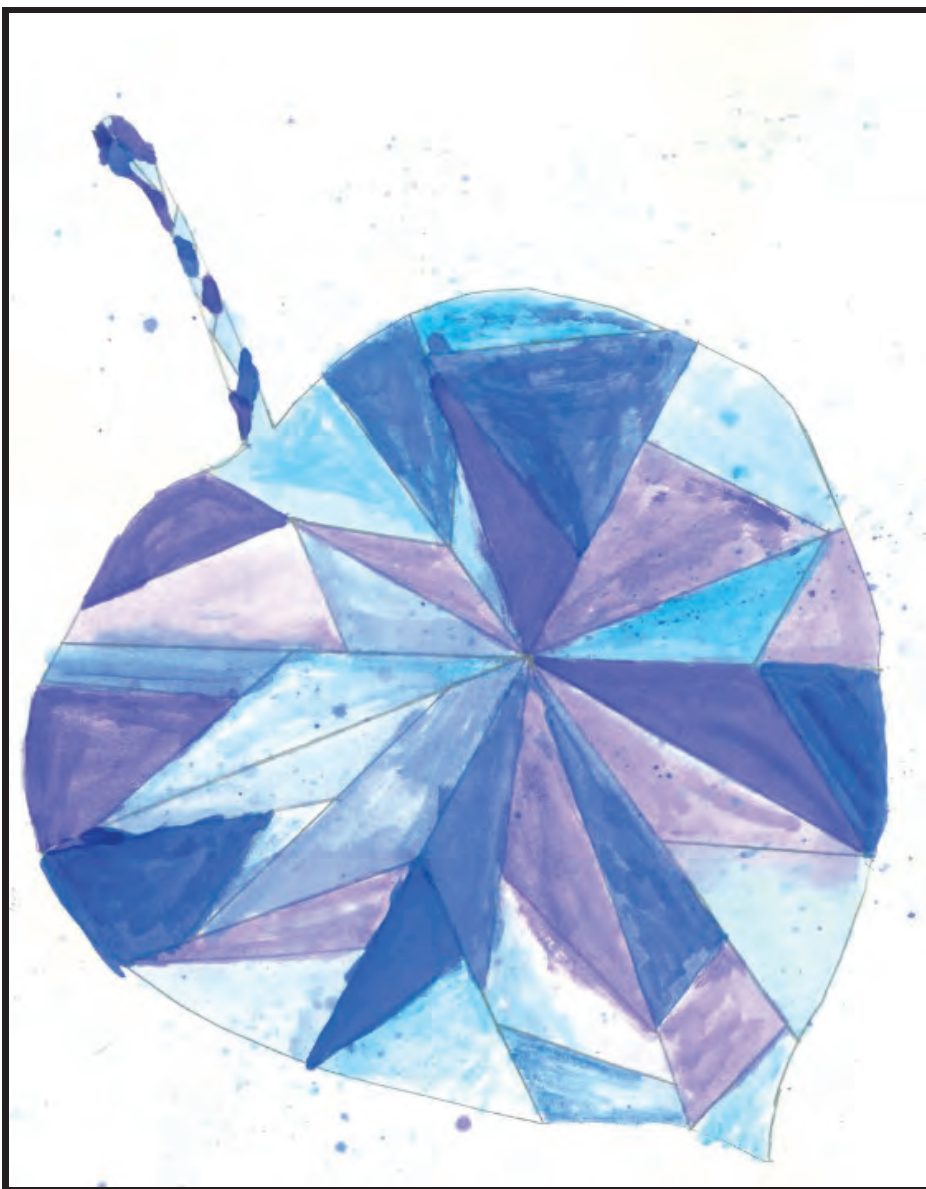
Group	Day	Time
Living In Balance Addiction Treatment	M, Tu, Th	5-8pm
Recovering Together (Women's Recovery Group)	Tu	5-8pm
My Ongoing Recovery Experience (MORE) After Care Group	W	6-7:30 pm
Family Education for Substance Abuse	W	6-7:30 pm

Call (520) 836-1029 to sign up.

Additional programs available.
www.helpingassociates.com

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																		
<p>You Can Make a Difference This Year - Talk to Your Children About Drugs and Alcohol.</p> <p>Teens whose parents talk to them regularly about the dangers of drugs and alcohol are 50% less likely to use, yet less than 48% of Casa Grande teens report having these conversations.^{1,2}</p> <p><small>1. Partnership for Drug-Free Kids (2011). 2. ACJC, AYS (2018)</small></p>			1 New Year's Day	2	3	4																																																																																		
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19	20 ML King Day	21	22	23	24	25 Chinese New Year																																																																																		
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There are no great limits to growth because there are no limits to human intelligence, imagination and wonder.

– Ronald Reagan

Adina Alarcon, 8th Grade
Cactus Middle School

Helping Associates, Inc.

“Providing quality counseling to Arizona since 1982.”




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Recovering Together (Women's Recovery Group)	Tu	5-8pm
My Ongoing Recovery Experience (MORE) After Care Group	W	6-7:30 pm
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FEBRUARY 2020

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<p>The Emotional Toolbox - 12 Tools to Teach Your Child to Help Them Succeed in Life</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 30%;">  <p>Breathing Tool <i>I calm myself and check-in.</i></p> </div> <div style="width: 30%;">  <p>Quiet/ Safe Place Tool <i>I remember where to go to feel quiet/safe.</i></p> </div> <div style="width: 30%;">  <p>Listening Tool <i>I listen with my ears, eyes, and heart.</i></p> </div> </div> <p style="text-align: right; font-size: small;"><i>The next 3 tools are listed in May.</i></p>						1																																																																																		
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23	24	25 Mardi Gras	26 Ash Wednesday	27	28	29																																																																																		
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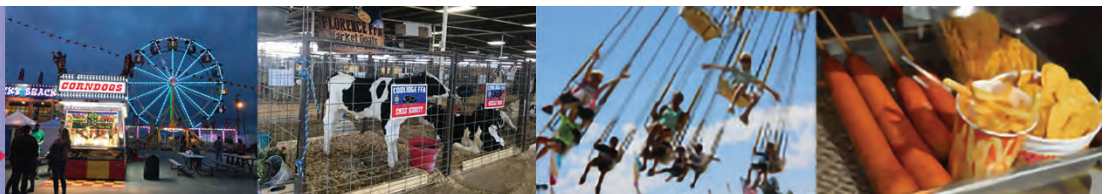


When I discover
who I am, I'll be free.

-Ralph Ellison

Kiri Piotrowski, 8th Grade
Casa Grande Middle School

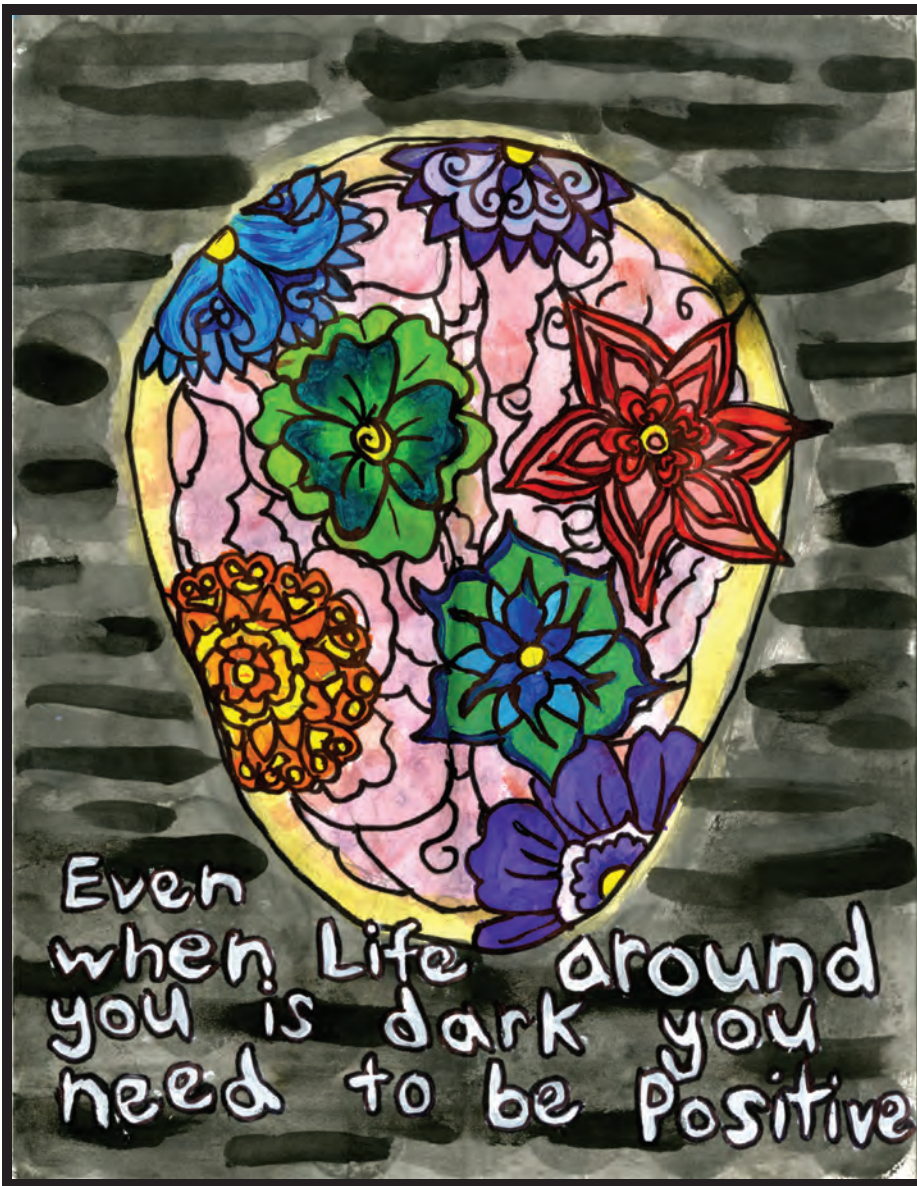
PINAL COUNTY FAIR
MARCH
18-22



MARCH 2020

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29	30	31	 <p>Talk to Your Children About Prescription Drugs</p> <ul style="list-style-type: none"> 7% of Casa Grande 8th graders abuse prescription drugs and 25% of them report stealing them from home.¹ <p>Dispose of your unused and/or expired medications at one of Casa Grande's permanent dropbox locations: Casa Grande Police Dept. & the Casa Grande Pinal County Sheriff's Office Substation.</p>																																																																																					
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1. ACJC, AYS (2018)



Find a place inside
where there is joy, and the
joy will burn out the pain.

-Joseph Campbell

Emily Holland, 7th Grade
Villago Middle School



the
Jan Hobbs
Agency

Jan Hobbs, Agent, Lower right

Come Join Our Family
¡Ven y se parte de nuestra familia!

jignoul@amfam.com
www.janhobbsagency.com



All your protection under one roof®

(520) 423-0122

275 E. Cottonwood Ln., Ste 1
Casa Grande, AZ 85122

American Family Mutual Insurance Company Main Office:
6000 American Parkway, Madison WI 53783
3576 10/15

APRIL 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																									
Talk to Your Children About Underage Drinking  <ul style="list-style-type: none"> • 12% of 8th graders in Casa Grande have drank alcohol in the past 30 days and 6% reported binge drinking.¹ • The average age Casa Grande youth start drinking is 13 years old.¹ <small>1. ACJC, AYS (2018)</small>			1 April Fool's Day	2	3	4																																																																																									
5	6	7	8	9 Passover	10 Good Friday	11																																																																																									
12 Easter	13	14	15 Taxes Due	16	17	18																																																																																									
19	20	21	22 Earth Day Admin Assist Day	23	24 Ramadan begins	25																																																																																									
26	27	28	29	30	Keep alcohol out of reach, out of sight, and locked up!  <ul style="list-style-type: none"> • 18% of Casa Grande youth report stealing alcohol from home and 2 out of 3 teens aged 13-18 say it is easy to get alcohol from their own homes without their parents knowing.^{1,2} <small>1. ACJC, AYS (2018) 2. American Medical Association Survey (2005)</small>																																																																																										
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“We need to help students and parents cherish and preserve the ethnic and cultural diversity that nourishes and strengthens this community - and this nation.”

– Cesar Chavez

**Jasmine Gaxiola, 8th Grade
Villago Middle School**



DEDICATED



TO A DRUG FREE COMMUNITY

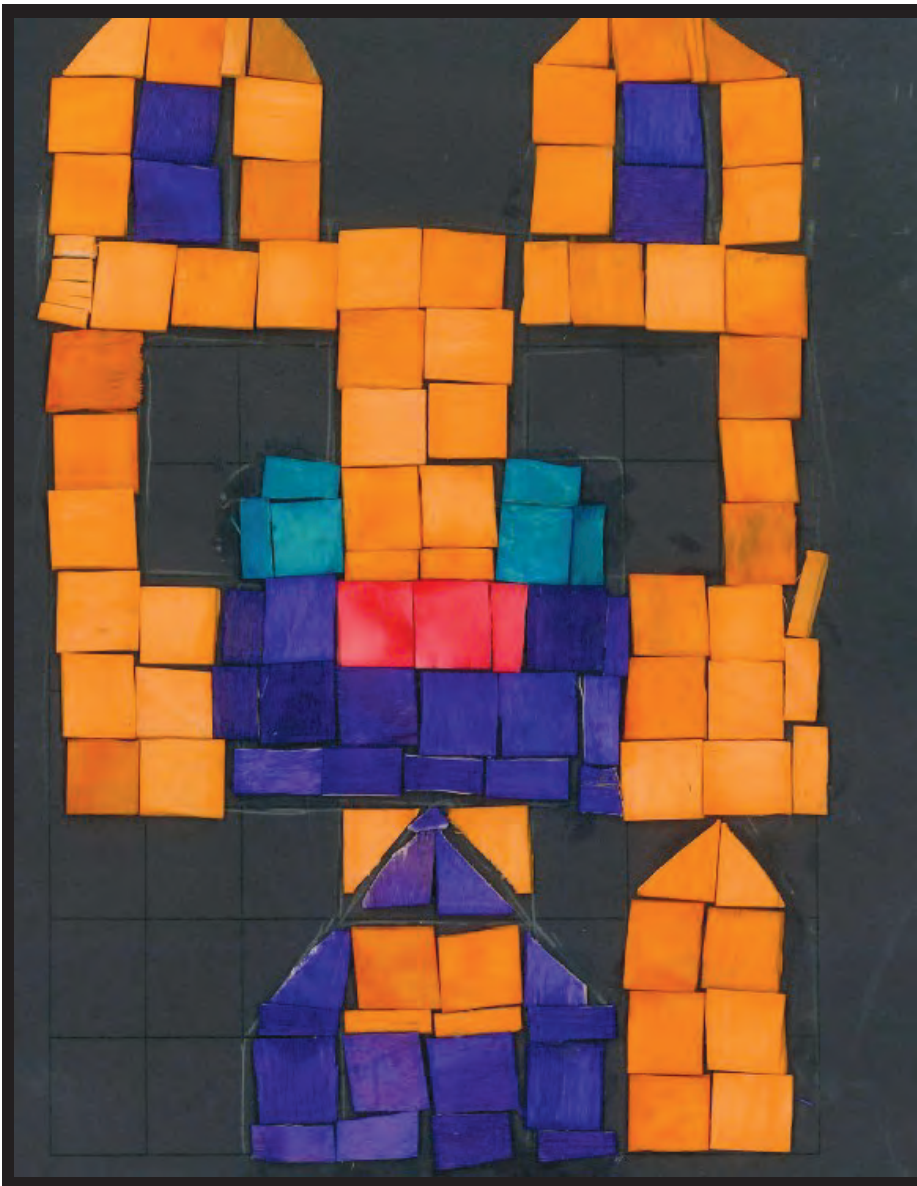
CASA GRANDE UHSD GOVERNING BOARD

Nancy Hawkins • Connie Dolezal • Chuck Wright • Joe Lopez • Jack Henness



MAY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Emotional Toolbox - 12 Tools to Teach Your Child to Help Them Succeed in Life Empathy Tool I care for others. I care for myself. Personal Space Tool I have a right to my space and so do you. Using Our Words Tool I use the "right" words in the "right" way. <small>The next 3 tools are listed in October.</small>					1	2
3	4	5 Cinco de Mayo	6	7	8	9
10 Mother's Day	11	12	13	14	15	16 Armed Forces Day
17	18	19	20	21	22	23
24	25 Memorial Day	26	27	28	29	30
31 Pentecost		April 2020 S M T W Th F Sa 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	June 2020 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	Notes:		



Focus and simplicity. You must work hard to make your thinking simple. It is worth it because once you get there, you move mountains.

-Steve Jobs

Anissa Alvarado, 6th Grade
Cactus Middle School




TIME TO GET YOUR UNIT CHECKED!



CONTACT US AT
520-466-1489
office@desertsunhvac.com

JUNE 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
S.A.D.D. For more information on S.A.D.D. or on how your student can join, call the Casa Grande Alliance at 520-836-5022.	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Flag Day	15	16	17	18	19	20 June Solstice
21 Father's Day	22	23	24	25	26	27
28	29	30	 <p>Developing Student Leaders Through S.A.D.D.</p> <ul style="list-style-type: none"> Students Against Destructive Decisions (S.A.D.D.) is an after school club at 6 local middle schools and high schools that promotes communication, teamwork, creativity and proactivity. Members are encouraged to be vocal and positive role models to their peers on various subjects young people deal with daily. 			
		May 2020 S M T W Th F Sa 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	July 2020 S M T W Th F Sa 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Notes:		



The Casa Grande Alliance

Strong Families Program



FAMILY SKILLS SHARPENED

- ◆ Youth and family management practices, including monitoring, age-appropriate parental expectations, and consistent discipline
- ◆ Parental resilience
- ◆ Effective and empathetic parent-child communication
- ◆ Promotes healthy beliefs and clear standards
- ◆ Encourages family bonding and supportive family involvement
- ◆ Goal setting and positive future orientation
- ◆ Positive parent-child affect
- ◆ Social and emotional management
- ◆ Pro-social family values
- ◆ Peer pressure refusal skills

The Strong Families Program is a universal, evidence-based, family prevention program that engages families with students **(between the ages of 10 and 14 years)** and builds on the existing skills of the family. The program helps to prepare parents and their children for the new pressures that are experienced as they grow into young adults. Additionally, transitioning to middle and high school can be very challenging when our young people and families are often underprepared for the change. In addition, this program is perfect for families that have youth that are struggling with school.

The Program consists of eight interactive sessions conducted over consecutive weeks. The Program enhances general child management skills, parent-child affective relationships, and family communication. Strong Families increases the family's protective processes for children, while decreasing potential risk factors, so that problem behaviors can be reduced or avoided. **In addition, the program seeks to delay the onset of adolescent alcohol and substance use by improving family practices.**

The program is designed to enhance parenting skills, empathy, and promote effective parenting styles. For youth, the program builds decision-making and life skills in youth, including stress management, conflict resolution, peer resistance, and empathy. For families, the program strengthens family bonds and promotes positive communication and the ability to solve problems together.

PLEASE CALL (520) 836-5022 FOR MORE INFORMATION



**EMPOWER
ENGAGE
MOBILIZE
CHANGE
...Casa Grande**



CASA GRANDE STUDENTS AGAINST DESTRUCTIVE DECISIONS

CG SADD Chapters engage middle and high school students interested in sharpening leadership skills, working on youth empowerment issues to improve school and are willing to serve on an important team striving to make a big difference for Casa Grande! Chapters continue to recruit new members in Casa Grande middle and high schools across the community! **If you are interested in learning more and would like to get your youth involved, please call (520) 836-5022.**



SADD is the nation's leading youth health and safety organization, with 400,000 active members, thousands of active chapters, and millions of successful alumni. To learn more, visit sadd.org





**Behind Every Storm
There IS A Bright
Rainbow**

Haylie Martinez, 8th Grade Villago Middle School

Never give in.
Never give in.
Never, never,
never, never—in
nothing, great
or small, large
or petty—never
give in, except
to convictions
of honour and
good sense.

– Winston
Churchill


**Don't Flush Your Life Away,
SAY "NO" TO DRUGS!**

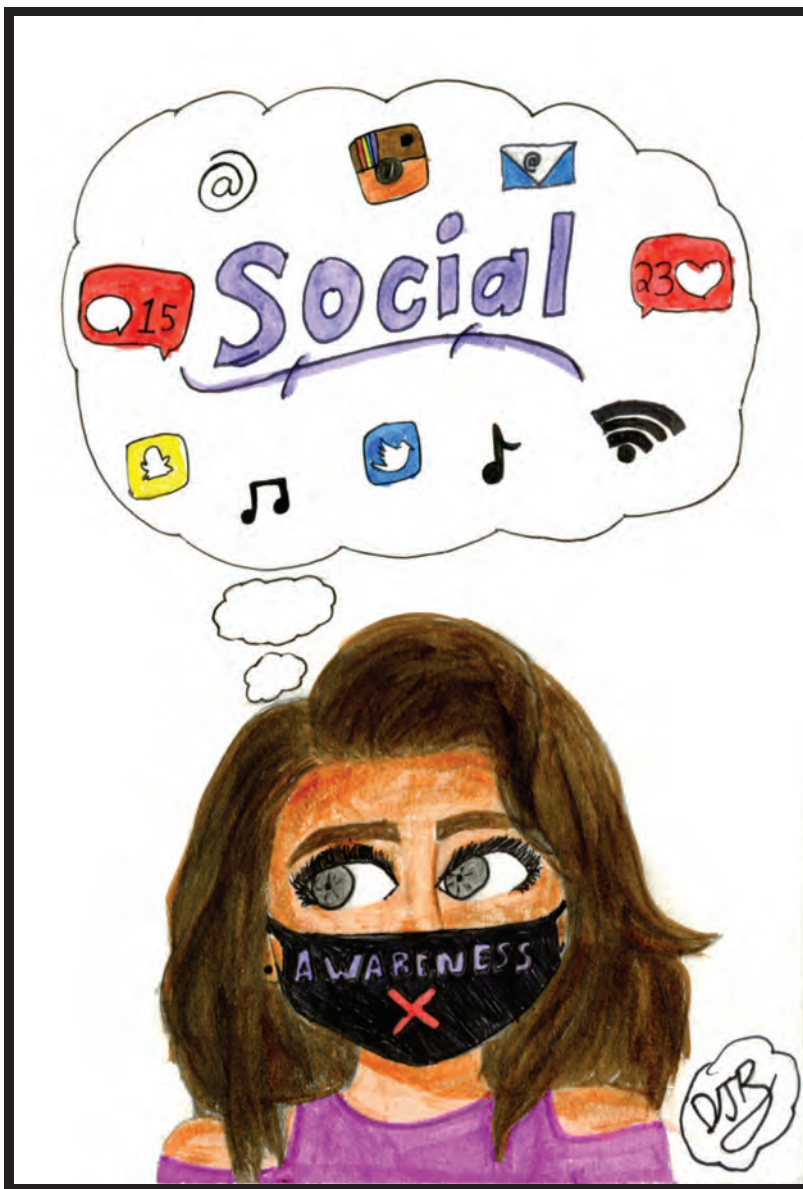
Licensed • Bonded • ROC 067458 • ROC 068025 • ROC 067457 • ROC 074815



600 E. 1st • Casa Grande
24-Hour Emergency Service
(520) 836-5802

JULY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Strong Families Program Can Make Your Family Stronger  <ul style="list-style-type: none"> • If you have a child between the ages of 10-14, join us for a FREE series of 8 workshops to help families communicate, appreciate each other, and successfully navigate common family situations. • There is a light meal provided at each workshop and free childcare is offered for children ages 5-9. 			1	2	3	4 Independence Day
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26 Parents' Day	27	28	29	30	31	Strong Families For more information on the Strong Families Program or to register for our next session, call the Casa Grande Alliance at 520-836-5022.
		June 2020 S M T W Th F Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	August 2020 S M T W Th F Sa 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		Notes:	



Electric communication will never be a substitute for the face of someone who with their soul encourages another person to be brave and true.

– Charles Dickens

Demi Rodriguez, 8th Grade
Villago Middle School

**CASA GRANDE
ELEMENTARY
SCHOOL DISTRICT #4**
Call or visit us online to join the CGESD Family
(520) 836-2111 WWW.CGESD.ORG @CGESD4



- Full Day Kindergarten
- Technology in Every Classroom
- Award Winning Staff
- Student First Culture
- Social Emotional Learning



- Students Clubs/Activities
- Rigorous Curriculum
- New Safety and Security Upgrades
- Student Recognition Programs
- Low Teacher to Student Ratios

AUGUST 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
<p>Talk to Your Children About E-Cigarettes & Vaping</p> <ul style="list-style-type: none"> • E-cigarettes are now the #1 most commonly abused drug by Casa Grande middle schoolers. 1 in 7 local 8th graders have vaped in the past 30 days.¹ • In 2018, the use of e-cigarettes among high schoolers increased by 78% in just one year.² • The most common used vaping device by youth, the Juul, contains 20 cigarettes worth of Nicotine in one pod.³ <p><small>1. ACJC, AYS (2018). 2. USFDA, National Tobacco Survey (2018). 3. Truth Initiative (2017)</small></p>						1																																																																																					
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30	31	<p>July 2020</p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td></td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>			S	M	T	W	Th	F	Sa			1	2	3	4		5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		<p>September 2020</p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>		S	M	T	W	Th	F	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				Notes:
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The tree is a slow, enduring force straining to win the sky.

– Antoine de Saint-Exupery

Emyle Hale, 8th Grade
Villago Middle School



Silent Witness Anti-Crime Night
Tues., Sept. 22, 2020 | Vista Grande HS | 1556 N. Arizola Rd. | Casa Grande | 5:30 p.m.-8:30 p.m.
Displays | Games | Food | Vehicles | *Free and Open to the Community!*

SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																
Marijuana concentrate use is on the rise!  <ul style="list-style-type: none"> • 9% of Casa Grande 8th graders report using marijuana concentrates.¹ • Marijuana concentrates are extremely potent and are most commonly used by youth through vaping the concentrate through e-cigarettes. <small>1. ACJC, AYS (2018)</small>	1	2	3	4	5																																																																																																	
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27	28 Yom Kippur	29	30	Talk to Your Children About Marijuana  <ul style="list-style-type: none"> • More than 1 in 10 Casa Grande 8th graders have used marijuana in the past 30 days.¹ • 10% of Casa Grande youth report using marijuana 20+ times in the last 30 days.¹ <small>1. ACJC, AYS (2018)</small>																																																																																																		
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There is a child in every one of us who is still a trick-or-treater looking for a brightly lit front porch.

-Robert Brault




Tatianna Williams, 6th Grade
Cactus Middle School

Hope Medical Clinic
520-518-5900 | 500 N. Florence St. | Casa Grande, AZ 85122
Medication-Assisted Treatment
www.myhopeheals.com



Suboxone Maintenance
Vivitrol Injections
Counseling and Group Therapy

OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																		
<p>The Emotional Toolbox - 12 Tools to Teach Your Child to Help Them Succeed in Life</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <p>Garbage Can Tool <i>I let the little things go.</i></p> </div> <div style="text-align: center;">  <p>Taking Time Tool <i>I take time-in and time-away.</i></p> </div> <div style="text-align: center;">  <p>Please & Thank You Tool <i>I treat others with kindness and appreciation.</i></p> </div> </div> <p><small>The next 3 tools are listed in November.</small></p>				1	2	3																																																																																		
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When you let your own light shine, you unconsciously give others permission to do the same. When we liberate ourselves from our fears, we liberate others from theirs.

– Nelson Mandela

Ana Rendon, 8th Grade
Casa Grande Middle School





CASA GRANDE JEWELRY & PAWN
1326 N. Pinal Ave. • Casa Grande • 520-836-7774
Corner of Pinal Ave. & McMurray Blvd.
Hours: Mon.-Fri. 9-6; Sat. 9-4 **BUY | SELL | TRADE**



Happy Birthday Ted!

NOVEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																		
1 Daylight Saving	2	3	4	5	6	7																																																																																		
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22	23	24	25	26 Thanksgiving	27	28																																																																																		
29	30	<p>The Emotional Toolbox - 12 Tools to Teach Your Child to Help Them Succeed in Life</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Apology & Forgiveness Tool <i>I admit my mistakes and work to forgive others.</i></p> </div> <div style="text-align: center;">  <p>Patience Tool <i>I am strong enough to wait.</i></p> </div> <div style="text-align: center;">  <p>Courage Tool <i>I have the courage to do the "right" thing.</i></p> </div> </div>																																																																																						
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You either walk inside
your story and own it or
you stand Outside your
story and hustle for
your worthiness.

– Brené Brown

Sebastian Varela Peñuelas, 8th Grade
Casa Grande Middle School



Say **NO** to Drugs!
Say **YES** to Christmas cookies!



DECEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
 <p>Thank You! Thank you to the Casa Grande Dispatch and the Casa Grande Elementary School District for helping us create this calendar.</p>		1	2	3	4	5																																																																																											
6	7 Pearl Harbor	8	9	10 Hanukkah begins	11	12																																																																																											
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20	21 Dec. Solstice	22	23	24 Christmas Eve	25 Christmas Day	26 Kwanzaa begins																																																																																											
27	28	29	30	31 New Year's Eve	<p>From the Casa Grande Alliance,</p>  <p>Thank you for using our calendar. We hope that we have inspired you to talk with your children more frequently about the dangers of drugs and alcohol. If you would like any more information on anything that was discussed, please call us at 520-836-5022.</p>																																																																																												
		<p>November 2020</p> <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> </thead> <tbody> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>		S	M	T	W	Th	F	Sa	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						<p>January 2021</p> <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>Sa</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>		S	M	T	W	Th	F	Sa						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							Notes:
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What is Social and Emotional Learning?

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

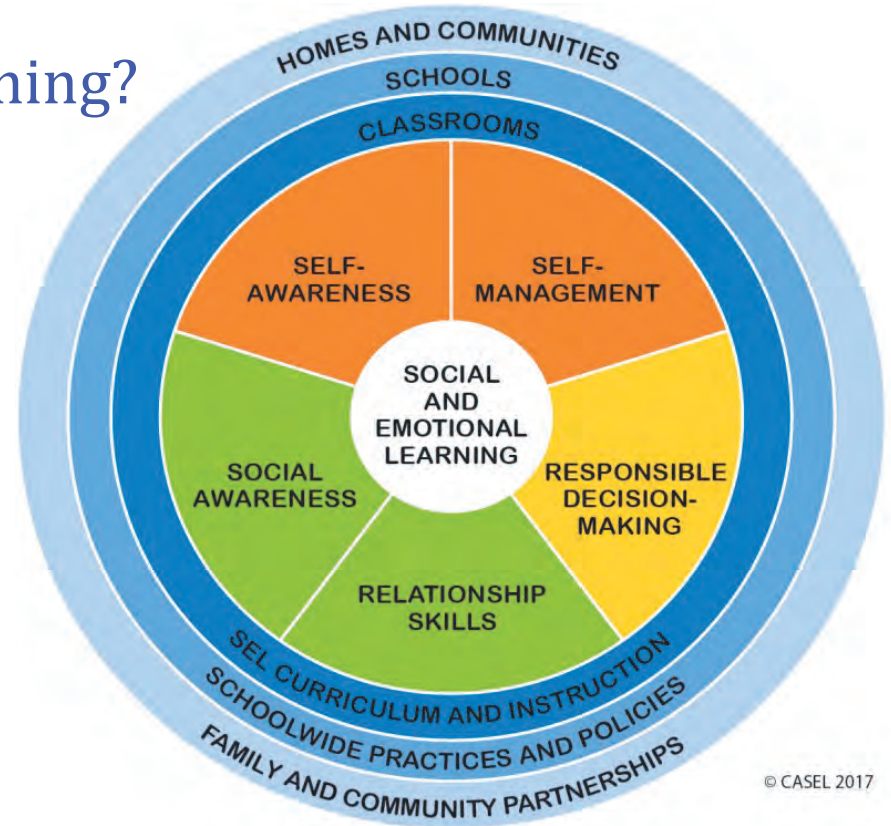
Self-awareness: Know your strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."

Self-management: Effectively manage stress, control impulses, and motivate yourself to set and achieve goals.

Social awareness: Understand the perspectives of others and empathize with them, including those from diverse backgrounds and cultures.

Relationship skills: Communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

Responsible decision-making: Make constructive choices about personal behavior and social interactions based on ethical standards, safety, and social norms.



© CASEL 2017

SEL Works

More than two decades of research shows that SEL leads to:

For more information:



Increased Academic Achievement
According to a 2011 meta-analysis of 213 studies involving more than 270,000 students, those who participated in evidence-based SEL programs showed an 11% point gain in academic achievement.



Improved Behavior
Studies show decreased dropout rates, school and classroom behavior issues, drug use, teen pregnancy, mental health problems, and criminal behavior.



Strong Return on Investment
A review of six SEL interventions in evidence-based SEL programs showed that for every dollar invested there was an economic return of 11 dollars.



UltraStar Multi-tainment Center at Ak-Chin Circle features state-of-the-art bowling, pure digital cinemas, fine dining, sports lounge, live entertainment, arcade gaming, as well as corporate and private event facilities. Come experience adventure, competition, entertainment, and relaxation all conveniently located under one roof.



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BECAUSE YOU DON'T GET SICK ON SCHEDULE.

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