



The Casa Grande Alliance provides trauma-responsive parenting skills trainings, prevention education programming & services, youth coalition leadership, and treatment and recovery resource navigation. The coalitions we support represent a network of organizations dedicated to building individual, family, and community resiliency.



**ONE OF THE WORLD'S MOST EFFECTIVE PARENT PROGRAMS!**

**The Positive Parenting Program (Triple P)** is designed to give parents the skills they need to raise confident, healthy children and teenagers and to build stronger, loving family relationships.



**GROUP TRIPLE P FOR ALL PARENTS**

**For all parents of children up to age 14** with concerns about their child's behavior who seek intensive training in positive parenting or those who wish to learn a variety of parenting skills to apply in many situations. Parents learn **17 strategies** for improving child competencies and discouraging unwanted behavior. Through discussion, role play and homework exercises parents learn methods for dealing with unwanted child behavior and for encouraging positive behavior and supporting emotional needs. Parents receive a workbook and certificate of completion. **8 weeks of 2.5-hour group sessions and 20-minute individual appointments.**



**GROUP STEPPING STONES TRIPLE P**

**For parents of children with special needs up to the age of 14** with a range of developmental disabilities and with elevated levels of disruptive behavior. A small group course that helps parents learn proven strategies to improve and manage behavior. Parents refine the use of their parenting skills and develop independent problem-solving skills. Parents receive a workbook and certificate of completion. **9 weeks of 2.5-hour group sessions & individual 20-minute appointments.**



**TRIPLE P DISCUSSION GROUPS**

**For all parents.** A series of two-hour standalone small group sessions on common parenting challenges. Topics include **managing fighting and aggression; developing good bedtime routines; hassle-free shopping with children; and dealing with disobedience**. The discussion groups are also designed to provide an overview of the positive parenting principles for any interested parent. Parents receive a workbook and certificate of completion. **One 2-hour session per topic.**



**PATHWAYS TRIPLE P (by appointment only)**

**For parents with difficulty regulating emotions and as a result are considered at risk of child maltreatment.** The individual sessions focus on common parent traps, understanding and managing anger, and other strategies to improve a parent's ability to cope with raising children. Parents receive a workbook and certificate of completion. **Two 90-minute sessions.**



**STRONG FAMILIES PROGRAM**

**For parents and youth 10-14 years.** An interactive program for the whole family. SFP is designed to enhance parenting skills, empathy, and promote effective parenting styles. Strong Families builds decision-making and life skills in youth, including stress management, conflict resolution, peer pressure resistance, and empathy. SFP strengthens family bonds and promotes positive communication and family problem solving. Families receive certificates of completion. **Seven in-person 2.5-hour sessions for parents & children.**



**PARENT SUPPORT SESSIONS**

**For all parents.** Monthly peer to peer meetings to encourage connections between parents. Parents will have the opportunity to share struggles and challenges, problem solve and troubleshoot, share ideas, resources and strategies, and celebrate successes. **Monthly, 2.5-hour sessions on third Tuesdays**



**PARENT PEER COACHING**

**For all parents.** Parent peer coaching offers hope, guidance, advocacy, and camaraderie for parents and caregivers of children and youth receiving participating in the parenting skills training and family support programming we offer. **Parents and their coaches will have weekly check-ins and meet on a monthly basis.**

For more information and to sign up for programming, please contact us:



280 W. McMurray



(520) 836-5022



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www.casagrandealliance.com



### PROFESSIONAL DEVELOPMENT AND COMMUNITY EDUCATION

We offer a variety of presentations to youths, businesses, educational and social services. These presentations include, but not limited to: Adverse Childhood Experience and Trauma Informed Practice, Opioid Misuse Prevention Training for Employers, Fentanyl and Methamphetamine Crisis Training, Naloxone and Overdose Training, Protective Factors Training, and customized trainings to meet your needs.



### CASA GRANDE YOUTH ALLIANCE (CGYA)

The CGYA consists of a diverse body of students from middle and high schools across our community. We use the strategies of youth-led participatory action research (YPAR) and effective youth-adult partnerships to engage youth in developing and sharpening research and leadership skills, to assess needs and develop projects to address those needs through volunteer service to school and community. A goal for all Youth Alliance members is to earn the Presidential Volunteer Service Award.



### FAMILY ENGAGEMENT PROGRAMMING

We currently work in partnership with CGESD middle schools to coordinate youth, parent and family support programming guided by parent advisory committees. The programming engages students and adults during the after school and early evening hours. Our family support programming initiatives align with the National Family Support Network. We are currently seeking community volunteers and community partners to help us build programming that is high interest and engaging to youth and to parents. **Please consider volunteering!**



### THRIVE—A RESILIENCE PROGRAM FOR TEENS

**Empowering youth through skill development and application to overcome and conquer life's challenges.** In partnership with the Arizona National Guard Counterdrug Taskforce, we will be coordinating the facilitation of the THRIVE curriculum in 8th grade classrooms across Casa Grande. THRIVE is an Evidence Supported & Trauma Informed interactive course designed to empower teens with knowledge & tools to thrive in today's culture. Thrive addresses the challenges facing teens with a focus on the Risk and Protective factors that promote positive choices and healthy habits. **We are currently seeking community and organizational volunteers to serve as trained facilitators. Please help!**



### NALOXONE AND NARCAN DISTRIBUTION

In partnership with Sonoran Prevention Works and the Substance Abuse Coalition Leaders of Arizona, we serve as a community training and distribution point for naloxone and Narcan. With the dramatic increase of the illegal, illicit fentanyl flooding into our state, it is critical that we all learn how to prevent and reverse overdoses. **Please schedule an Overdose Reversal and Naloxone training for your organization or group soon!**



### THE CASA GRANDE ALLIANCE—A COMMUNITY ANTI-DRUG COALITION (NEW MEMBERS WELCOME!)

The Casa Grande Alliance is a collaboration among 30+ city and county government departments, mental health, treatment and recovery providers, schools, local businesses, churches, and other local organizations ready for and engaged in identifying needs and delivering effective community prevention strategy.



### THE PINAL COUNTY WELLNESS ALLIANCE—A COUNTY COALITION (NEW MEMBERS WELCOME!)

Committed to improving the quality of life for our communities, The Pinal County Wellness Alliance serves as a resource to better communicate, coordinate, and collaboratively work to address issues that bring the county's most vulnerable population into the social support and criminal justice systems. The Wellness Alliance also helps develop and strengthen individual and community resilience.

**Volunteer to get involved in strengthening the youth and families of Casa Grande!**



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