

**OUR VISION:** We build resilient communities. **OUR MISSION:** We are a force that builds stronger youth and families by delivering and providing access to essential resources and services. **OUR VALUES:** **Community** – We strive to uplift others through active participation, collaboration, and empathy. **Integrity** – We establish trust through honest, and transparent practices. **Belonging** – We create a welcoming environment that fosters creativity and growth, where everyone is celebrated, valued, respected, and supported. **Change** – We strive to embrace and drive change as an essential part of growth and progress. **Service** - We strive to provide exceptional service that exceeds expectations and inspires all.



## ONE OF THE WORLD'S MOST EFFECTIVE PARENT PROGRAMS!

The **Positive Parenting Program (Triple P)** is designed to give parents the skills they need to raise confident, healthy children and teenagers and to build stronger, loving family relationships.



### GROUP TRIPLE P FOR ALL PARENTS

**For all parents of children up to age 14** for parents who seek intensive training in a variety of positive parenting practices. Parents learn **17 strategies** for improving child competencies and discouraging negative behavior. Parents learn how to support the emotional needs of their children, to deal with unwanted behavior and to encourage positive behavior. Parents receive a workbook and certificate of completion. **Five weeks of 2-hour group sessions and three 20-minute individual appointments.**



### GROUP STEPPING STONES TRIPLE P

**For parents of children with special needs up to the age of 14** with a range of developmental disabilities and with elevated levels of disruptive behavior. A small group course that helps parents learn proven strategies to improve and manage behavior. Parents refine the use of parenting skills and develop independent problem-solving skills. Parents receive a workbook and certificate of completion. **9 weeks of 2.5-hour group sessions & individual 20-minute phone sessions.**



### TRIPLE P DISCUSSION GROUPS

**For all parents.** A series of two-hour small group sessions on common parenting challenges. Topics include **managing fighting and aggression; developing good bedtime routines; hassle-free shopping with children; and dealing with disobedience.** The discussion groups are also designed to provide an overview of positive parenting principles for any interested parent. Parents receive a workbook and certificate of completion. **One 2-hour session per topic.**



### PATHWAYS TRIPLE P (by appointment only)

**For parents with difficulty regulating emotions and as a result are considered at risk of child maltreatment.** The individual sessions focus on common parent traps, understanding and managing anger, and other strategies to improve a parent's ability to cope with raising children. Parents receive a workbook and certificate of completion. **Two 90-minute sessions.**



### STRONG FAMILIES PROGRAM

**For parents and youth 10-14 years.** A program for the whole family. SFP enhances parenting skills, empathy, and promote effective parenting styles. Strong Families builds decision-making and life skills in youth, including stress management, conflict resolution, peer pressure resistance, and empathy. SFP strengthens family bonds and promotes positive communication, and problem solving. Families receive certificates of completion. **Seven in-person 2.5-hour sessions for parents & children.**



### PARENT SUPPORT SESSIONS

**For all parents.** Monthly peer to peer meetings to encourage connections between parents. Parents will have the opportunity to share struggles and challenges, problem solve and troubleshoot, share ideas, resources and strategies, and celebrate successes. **Monthly, 2.5-hour sessions on third Tuesdays**



### PARENT PEER COACHING

**For all parents.** Parent peer coaching offers hope, guidance, advocacy, and camaraderie for parents and caregivers of children and youth receiving participating in the parenting skills training and family support programming we offer. **Parents and their coaches have regular check-ins and meet on a monthly basis.**



### COMMUNITY GARDEN—FOOD PANTRY — FREE CLOTHES CLOSET

In partnership with the **UA Cooperative Extension**, we manage the community garden at CGMS grow fresh vegetables that we freely share. We have partnered with **St. Mary's Food Bank** and have a small pantry that is open **Mondays, Tuesdays and Thursdays from 4 to 7 pm, and Saturdays from 10 am to 2 pm.** We also participate in the monthly commodities distribution program for our seniors. In addition, we host a **FREE clothes closet** that is open when our pantry is open.



### DIAPER BANK

In partnership the **Community Action Human Resource Agency (CAHRA)**, we offer a diaper bank for qualified parents. **We provide a 30 day supply of diapers to young parents and guardians that qualify** that To qualify, parents need to bring crib card, birth certificate and or court documents. The Diaper Bank is open when our pantry is open.

For more information and to sign up for programming, please contact us:



280 W. McMurray



(520) 836-5022



CGAlliance



www.casagrandealliance.com



### YOUTH RESILIENCE PROJECT

We train high school youth to serve as peer supports and mentors for middle school students who benefit through building positive relationships with older youth as a part of an adult supervised afterschool project with a focus on improving report card grades and helping the youth through facing challenges and tough choices. We also provide extra support and prevention education to youth involved in school-based disciplinary proceedings.



### SAGUARO BEFORE AND AFTER SCHOOL CHILDCARE PROGRAM (6:00 am to 6 pm, weekdays)

A new project with Saguaro Elementary School, we are now offering ADHS licensed & AZDES supported high-quality, affordable, childcare for children between the ages of 5-12. We work to build strong partnerships with Saguaro parents and provide the children we serve with developmentally appropriate activities in a positive, supportive, and structured environment where children feel safe, build healthy relationships and are free to explore and learn. **Now enrolling children!**



### CASA GRANDE YOUTH ALLIANCE (CGYA)

The CGYA consists of middle and high school and community chapters delivering high-impact school and community service projects. The projects are driven by our members empowered to research issues important to youth through youth-led participatory action research (YPAR) and effective youth-adult partnership. A goal for all of our members is to earn the Presidential Volunteer Service Award. **We always welcome new youth members and adult volunteers!**



### FAMILY ENGAGEMENT PROGRAMMING

Working in partnership with **AmeriCorps VISTA** and **CGESD schools** we have partnered to help improve school attendance and coordinate youth, parent and family support programming guided by advisory committees. The programming engages students and adults during the after school and early evening hours. We currently seek community volunteers and partners to build programming of interest. **Consider volunteering!**



### THRIVE—A RESILIENCE PROGRAM FOR TEENS

*Empowering youth through skill development and application to overcome and conquer life's challenges.*

In partnership with the Arizona National Guard Counterdrug Taskforce, we coordinate the facilitation of the THRIVE program in 8th grade classrooms across Casa Grande. THRIVE addresses challenges and provides the knowledge & tools to promote positive choices and healthy habits. **We seek community volunteers to train as program facilitators.**



### COMMUNITY RESILIENCE AND PREVENTION EDUCATION

We offer a variety of presentations to youths, businesses, educational and social services. These presentations include, but not limited to: Adverse Childhood Experience and Building Resilience, Opioid Misuse Prevention Training for Employers, Fentanyl and Methamphetamine Crisis Training, Naloxone and Overdose Training, Caregiver Training on Snapchat, Teen Alcohol Use, Youth Vaping and Marijuana, Protective Factors Training, and customized trainings to meet your needs. **Organize a FREE training for your group today!**



### NALOXONE AND NARCAN DISTRIBUTION

In partnership with Sonoran Prevention Works and the Substance Abuse Coalition Leaders of Arizona, we serve as a community training and distribution point for naloxone and Narcan. With the dramatic increase of the illegal, illicit fentanyl flooding into our state, we need to learn how to prevent and reverse overdoses. **Schedule an Overdose Reversal and Naloxone training for your organization or group soon!**



### THE CASA GRANDE COMMUNITY RESILIENCE COALITION

The newly rebranded Community Resilience Coalition is a collaboration among 30+ city and county government departments, mental health, treatment and recovery providers, schools, local businesses, churches, and other local organizations ready for and engaged in identifying needs and delivering effective community prevention strategy. **New members welcome!**



### THE PINAL COUNTY WELLNESS ALLIANCE—A COUNTY COALITION

Committed to improving the quality of life in Pinal County, our wellness alliance serves as a resource to work to address issues that bring our most vulnerable population into the social support and criminal justice systems. The Wellness Alliance also helps develop and strengthen individual and community resilience. **New members welcome!**



### THE PINAL COMMUNITY REENTRY PROJECT

We provide supportive services, information referrals, and mentorship for individuals returning to the community from jail or prison to empower individuals to set and achieve goals for returning to our community. Our volunteer coaches provide emotional support, encouragement and resource navigation for our returning citizens who need a positive, encouraging and safe friend and mentor. **Consider giving up to 6 hours a month as a Reentry Coach!**

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