



CHILD PLAY THERAPY

2026 PRICE GUIDE

CONNECT AND REFFER

Play therapy is recommended for children under the age of 12 who have experienced any kind of trauma, including attachment trauma and developmental trauma.

We do not require a specific or specialist referral; however, if you have one, that is also helpful.

Located at our clinic in the Nowra CBD, by appointment only. For referrals, please go to our play therapy page and click the link to our referral form.

brighthouse.org.au

The price guide below is per 50-min session, and session pricing and intervention lengths vary depending on each child's clinical circumstances, complexity, and funding source.

Individuals and organisations should also keep in mind that interventions generally require at least 15 sessions.

Learn to Play Program ages 2-6	193.99
Humanistic Play Therapy ages 3-12	193.99
Systemic Play Therapy ages 3-12	193.99
Filial (family) Play Therapy ages 2-12	193.99
Consultation and Education Services	193.99
Provider Travel	97.00

We are able to accept self-funded and plan-managed NDIS clients and or private funding. Organisations and Nominees are responsible for sourcing their own funding.