



Crowns – Post Op Instructions

Proper care after a crown has been placed will help prevent dislodging and cavity formation.

Any numbness you're experiencing from the anesthetic will last approximately two hours. Until the anesthetic wears off, be careful not to drink hot liquids or bite your lip, cheek or tongue.

After your procedure, you will receive a temporary crown until your permanent crown is ready.

While you have your temporary crown, remember to:

1. Eat soft foods and avoid sticky foods like chewing gum and caramel candies.
2. Be gentle when brushing and refrain from flossing until your permanent restoration is in place.
3. Use a salt water rise to reduce symptoms such as minor bleeding or swelling.
4. Should the temporary crown become dislodged, book an appointment to have it replaced as soon as possible. Waiting too long can cause the teeth to shift and the crown to fit incorrectly.

Once you receive your permanent crown, remember to:

1. Brush and floss your crown daily, just as you would your natural teeth.
2. Look out for abnormal symptoms. While it's normal to experience some sensitivity to cold, you shouldn't feel any throbbing or consistent pain.
3. Use a salt water rinse to help with any short-term heat or cold sensitivity.

If there are any questions or concerns call (631) 581-3500.