

Smoothies

Strawberry Patch - \$10

Strawberry, Banana, Lime, Apple Juice

Mangoberry - \$10

Mango, Strawberry, Honey, Coconut Milk, Ice

Lava Flow - \$9

Strawberry, Pineapple, Banana, Honey, Coconut Milk, Ice

Chocolate Peanut Butter - \$9

Chocolate Syrup, Chocolate Powder, PB, Banana, Coconut Milk, Ice

Razzleberry - \$10

Raspberry, Pineapple, Banana, Coconut Milk, Honey, Ice

Green Goodness - \$10

Wheatgrass Powder, Spinach, Lime, Apple Juice, Pineapple, Banana, Coconut Milk, Ice

Green Delight - \$9

Spinach, Pineapple, Banana, Ginger, Coconut Milk

Blueberry Blast - \$10

Blueberry, Banana, Dairy-Free Yogurt, Almond Milk, Ice

Purple Power Punch - \$10

Almond Milk, Ice, Banana, Blueberries, Spinach, Peanut Butter, Chocolate Protein Powder, Cinnamon.

Protein Blast - \$10

Banana, PB, Protein Powder, Honey, Cinnamon, Almond Milk, Ice

Nitric Oxide Explosion - \$10

Raspberry, Banana, Beet, Strawberry, Honey, Ice, Water (Credit to Dr. Daniel Nuzum)

Juices

Orange Sunshine - \$9

Orange, Apple, Kale, Spinach, Lemon, Ginger

Farmer's Favorite - \$9

Beet, Carrot, Apple, Lime, Ginger

Immune Booster - \$10

Orange, Apple, Carrot, Ginger, Cinnamon

Emerald Bliss - \$9

Cucumber, Celery, Lemon, Ginger, Cayenne

Green Cleanse - \$10

Cucumber, Celery, Spinach, Kale, Parsley, Lemon, Ginger

Gateway Blend - \$10

Kale, Celery, Apple, Lemon, Ginger

Custom Smoothies & Juices - \$11

Fill out a custom form just the way you like it

Kids Smoothies - \$6

Any smoothie above for kids 12 and under

Acai Bowls

Acai Bowls - \$9

Sambazon Organic Acai with one fruit and any three other toppings below

FRUIT TOPPINGS: Blueberries, Strawberries, Raspberries, Blackberries, Bananas. All fruit is seasonally available

OTHER TOPPINGS: Chia Seeds, Hemp Hearts, Granola, Shredded, Coconut, Dark Chocolate Chips, Almonds, Walnuts, Flax Seeds, Peanut Butter, Almond Butter, Honey

Chai Tea & Herbal Tea

Oregon Chai Tea - \$3.50

Select Herbal Tea - \$3.50



Sandwiches, Wraps & More

*Check Grab & Go Cooler for PreMades.
Gluten Free Bread, Gluten Free Bagels &
Sprouted Wheat Bagels upon request.*

Turkey Sandwich - \$12

Wheat Bread, Turkey, Vegenaïse, Cheese, Lettuce, Sprouts, Cucumber, Onion, Pickle. Add Avocado \$1

Veggie Sandwich - \$11

Wheat Bread, Vegenaïse, Cheese, Lettuce, Sprouts, Cucumber, Onion, Pickle. Add Avocado \$1. Add Tofurky or Meatless Chicken \$1

Turkey Wrap - \$12

Spinach Wrap, Turkey, Hummus, Lettuce, Sprouts, Cucumber, Onion, Pickle, Tomato, Spike. Add Avocado \$1. Add dairy or non-dairy Cheese \$1

Veggie Wrap - \$11

Spinach Wrap, Veggie Meat, Hummus, Lettuce, Sprouts, Cucumber, Onion, Pickle, Tomato, Spike. Add Avocado \$1. Add Tofurky or Meatless Chicken \$1. Add dairy or non-dairy Cheese \$1

Greek Wrap - \$12

Spinach Wrap, Hard Boiled Egg, Vegan Cream Cheese, Spike, Feta Cheese, Salad Mix, Cucumber, Red Onion, Walnuts, Dried Cranberries. Add Avocado \$1

Bagel/Toast & Spread - \$8

Organic wheat bagel or bread with your choice of avocado, cream cheese, vegan cream cheese, peanut butter, almond butter, honey, or hummus. Add berries \$1.

Burritos, Salads & Soup

Veggie Burrito - \$13

Beans & Rice, Lettuce, Sliced Olives, Avocado, Salsa all wrapped in a Flour Tortilla. Add Cheese for \$1.

Breakfast Burrito - \$13

Hashbrowns, Beans & Rice, Avocado, Salsa wrapped in a Flour Tortilla. Add egg for \$1. Add Cheese for \$1.

Haystack - \$13

Tortilla Chips topped with Beans & Rice, Lettuce, Sliced Olives, Salsa, Avocado. Add Cheese for \$1.

Rice & Bean Bowl - \$12

Beans & Rice in a bowl topped with Lettuce, Sliced Olives, Salsa, Avocado. Add Cheese for \$1.

Soup - Bowl \$8 - Cup \$6

Our soups are made with our own organic produce and natural ingredients.

CUSTOM ORDERS

*Add boosters or fill out a custom form
and we'll make a sandwich, wrap, salad,
juice or smoothie just the way you like it.*

GRAB & GO COOLER

*Our Grab and Go Cooler is stocked
everyday with freshly made sandwiches,
wraps, salads and much more.*



JUICE TREE

Juices, Smoothies & Deli Food

Our juices, smoothies and deli foods are made from the best organic, natural and local ingredients. As we see it, what's best for you doesn't fall far from the tree.

Nature's Pantry
1907 4th St La Grande
541-963-7955

Menu is online:
www.naturespantry.life