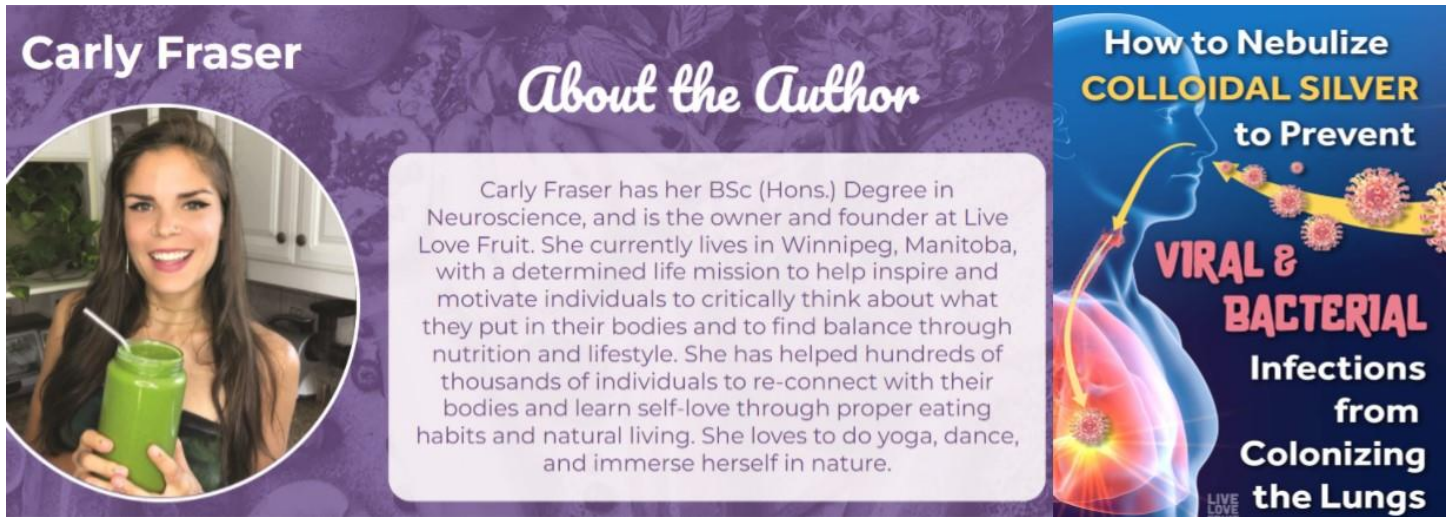


How to Nebulize Colloidal Silver to Support Lung Health

By Carly Fraser, Mar 18, 2020, <https://livelovefruit.com/how-to-nebulize-colloidal-silver/>

This article has been compressed to two pages. Visit the link above for the full article.



You may be surprised to learn that prior to World War II, the most powerful antibiotic, anti-bacterial and anti-fungal substance was silver. It was used by doctors all around the world because it was known to kill over 650 different illness-causing microorganisms, bacteria, viruses, and fungi. It wasn't until the 1940s when modern antibiotics arrived, that colloidal silver was put on the back-burner and sort of forgotten as a traditional natural remedy.

Nebulizing colloidal silver is the fastest way to get silver nanoparticles into the bloodstream. The nanoparticles bypass the digestive system and go straight to the lungs where they are absorbed into the bloodstream. It is by far, one of the most effective ways of healing the lungs naturally.

Within the first couple days of nebulizing three times a day for about 5 minutes each, I coughed up some phlegm and mucus, but by the third day, I started feeling much better. I also used the nebulizer when I happened to get a respiratory infection after getting sick, and my symptoms were nearly gone overnight.

Aside from my own experiences, nebulizing colloidal silver may also help with the following conditions: Cystic Fibrosis, Bronchitis, Pneumonia, Sinusitis.

How To Nebulize Colloidal Silver

Most portable nebulizers hold about 1 teaspoon of colloidal silver (about 10ppm) in the "medicine cup." With the nebulizer on the high setting, this will produce about 5 minutes of vapor.

If you start to nebulize colloidal silver at the first sign of respiratory issues, all you'll need is one 5-minute session. In more severe cases, nebulizing 2-3 times spread throughout the day is recommended.

Will Colloidal Silver Turn Me Blue?

There is limited research proving that any side effects of colloidal silver use exist (9).

Most people are familiar with the concept of colloidal silver turning their skin blue (a condition called argyria). There are more warnings of colloidal silver turning skin blue than articles pointing out the health benefits, but wrongly so. Argyria is a condition caused by the misuse of cheap silver products marketed as colloidal silver (such as ionic silver or silver protein).

If you use true colloidal silver as directed, you're not going to experience these effects.

What Brands Are Safe?

While many people have ventured into making their own colloidal silver products, one company I trust the most is Sovereign Silver. I've been using their products well over 10 years and have had nothing but positive outcomes as a result.

Sovereign Silver contains bio-active silver hydrosols with over 98% consisting of bio-active silver ions and silver nanoclusters. It is 99.999% pure silver, verified by third party assays, and doesn't include trace impurities, toxins, or unwanted heavy metals that many other brands might have.

Colloidal Silver Precautions

Always source your colloidal silver from companies who do their research! Do not use products made from ionic silver or silver protein. Do not nebulize colloidal silver if you are pregnant or breastfeeding.

Colloidal silver interacts with some drugs as well. If you're using the following drugs, do not use colloidal silver, or talk to your healthcare provider:

Antibiotics (Quinolones, Tetracyclines)

- Ciprofloxacin (Cipro)
- Enoxacin (Penetrex)
- Norfloxacin (Chibroxin, Noroxin)
- Sparfloxacin (Zagam)
- Trovafloxacin (Trovan)
- Grepafloxacin (Raxar)
- Demeclocycline (Declomycin)
- Minocycline (Minocin)
- Tetracycline (Achromycin)

Levothyroxine

Penicillamine (Cuprimine, Depen)

Hepatotoxic drugs

- Acetaminophen (Tylenol and others)
- Amiodarone (Cordarone)
- Carbamazepine (Tegretol)
- Isoniazid (INH)
- Methotrexate (Rheumatrex)
- Methyldopa (Aldomet)
- Fluconazole (Diflucan)
- Itraconazole (Sporanox)
- Erythromycin (Erythrocin, Ilosone, others)
- Phenytoin (Dilantin)
- Lovastatin (Mevacor)
- Pravastatin (Pravachol)
- Simvastatin (Zocor)
- Others...

Dosing of colloidal silver is also dependent on one's age, health, and several other conditions. Always follow the manufacturers' recommendations on how to use their products.