

Proud member of



INDEPENDENT CHOICE

May 2021

"Alone, we can do so little; together, we can do so much."
— Helen Keller



**Late July
Organic Restaurant Style
Tortilla Chips**

2/\$5

11 oz



**Dr. Bronner's
Regenerative Organic
Coconut Oil**

\$7⁴⁹

14 oz



**Simple Mills
Almond Flour
Crackers**

\$3⁴⁹

4.25 oz



**Food For Life
Organic Ezekiel 4:9® Bread
(selected varieties)**

\$4²⁹

24 oz



**Primal Kitchen
Mayo with
Avocado Oil**

\$6²⁹

12 oz



**Larabar
Fruit & Nut Bar
(selected varieties)**

5/\$5

1.6-1.8 oz



**Organic Valley
Organic Shredded Cheese**

\$3⁷⁹

6 oz



**Beyond Meat
Beyond Sausage**

\$6²⁹

14 oz



**Coconut Bliss
Organic Plant-Based & Dairy-Free
Frozen Dessert**

\$4⁴⁹

1 pt



**Santa Cruz Organic
Organic Lemonade
(selected varieties)**

2/\$4

32 oz



**Justin's
Organic Nut
Butter Cups
(selected varieties)**

2/\$3

1.4 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of May.



Bionaturae is an organic Italian food brand that was brought to the American market in 1995. We are passionate about organic farming and traditional Italian cooking. We believe the key to the best products comes from simple ingredients and traditional production methods.

**Bionaturae
Organic Strained
Tomatoes**

\$2⁷⁹
24 oz



**Bionaturae
Organic Tomato
Paste**

\$1⁹⁹
7 oz



**Wild Planet
Albacore Wild Tuna**



\$3⁴⁹
5 oz

**Annie's
Mac & Cheese
(selected varieties)**



5/\$5
5.25-6 oz

**Annie's
Organic Dressing
(selected varieties)**

2/\$6
8 oz



**Annie's
Organic Ketchup**

\$2⁷⁹
24 oz



**Maya Kaimal
Organic Everyday Dal**



\$3²⁹
10 oz

**Woodstock
Organic Kosher
Dill Pickles**

\$4⁹⁹
24 oz



**A. Vogel
Organic Herbamare
Sea Salt**

\$5²⁹
8.8 oz



**Napa Valley Naturals
Organic Extra Virgin
Olive Oil**

\$8⁷⁹
25.4 oz



**California Olive Ranch
Extra Virgin Olive Oil
(selected varieties)**

\$6⁹⁹
16.9 oz



**Glutino
Gluten Free Pretzels**

\$3⁷⁹
14.1 oz



**Kettle
Potato Chips
(selected varieties)**

2/\$4
5 oz



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**Food Should Taste Good
Tortilla Chips**

2/\$4

5.5 oz



**Garden of Eatin'
Taco Shells**

\$2⁷⁹

5.5 oz



**Siete
Grain Free Tortilla Chips
(selected varieties)**

\$3⁹⁹

5 oz



**Siete
Grain Free Tortillas**

\$6⁹⁹

8 ct



We are a Mexican-American family brand, rooted in family, that makes delicious grain free products. We wish to bring families together around the table with heritage-inspired foods made from simple, clean ingredients, that everyone can gather around and enjoy.

**Annie's
Organic Snack Mix**

2/\$7

9 oz



**gimMe Organic
Organic Seaweed Snack
(selected varieties)**

2/\$3

.32-.35 oz



**GoMacro
Organic MacroBar**

2/\$4

2-2.4 oz



**Clif Bar
Energy Bar
(selected varieties)**

5/\$5

2.4 oz



**Purely Elizabeth
Granola
(selected varieties)**

\$5²⁹

8-12 oz



**Barbara's
Cereal
(selected varieties)**

2/\$7

8-15 oz



**Made in Nature
Organic Dried Fruit
(selected varieties)**

\$2⁹⁹

3-9 oz



**Peter Rabbit Organics
Organic Baby Food Pouch
(selected varieties)**

2/\$3

4-4.4 oz



**Crofter's Organic
Organic Premium Spread
(selected varieties)**

\$3⁷⁹

16.5 oz



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**YumEarth
Organic Licorice**

\$3⁴⁹

5 oz



**Alter Eco
Organic Truffles**

2/\$1

1 piece



**Navitas
Organic Cacao Powder**

\$5⁹⁹

8 oz



**Chocolove
Chocolate Bar
(selected varieties)**

2/\$4

3.1-3.2 oz



**Tony's Choclonely
Chocolate Bar**

\$3²⁹

6.35 oz



**Theo
Organic Chocolate Bar
(selected varieties)**

\$2²⁹

3 oz



**Rice Dream
Rice Drink
(selected varieties)**

\$2⁹⁹

32 oz



**Honest Tea
Organic Iced Tea
(selected varieties)**

4/\$5

16 oz



**R.W. Knudsen
Organic Just Tart
Cherry Juice**

\$5⁴⁹

32 oz



**Lakewood
Organic Pure
Cranberry Juice**

\$7²⁹

32 oz



**Essentia
Alkaline Water**

\$2¹⁹

1 liter



**The Mountain Valley
Spring Water**

\$1⁵⁹

1 lt



**Nixie
Organic Sparkling Water**

\$3⁹⁹

8 ct



**Topo Chico
Sparkling Mineral Water**

99¢

12 oz



**San Pellegrino
Sparkling Natural
Mineral Water**

\$1⁵⁹

750 ml



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C20
Coconut Water

\$2⁹⁹
33.8 oz



Harmless Harvest
Organic Coconut Water

\$3⁷⁹
16 oz



Health-Ade
Organic Kombucha
(selected varieties)

2/\$5
16 oz



Califia Farms
Oat Barista Blend

\$3²⁹
32 oz



Ripple
Plant-Based Milk

\$3⁷⁹
48 oz



Silk
Almondmilk
(selected varieties)

\$3⁷⁹
64 oz



So Delicious
Coconutmilk Yogurt Alternative
(selected varieties)

2/\$3
5.3 oz



Brown Cow
Cream Top Whole Milk Yogurt

2/\$7
32 oz



Wallaby
Organic Aussie Greek
Style Yogurt
(selected varieties)

\$5⁹⁹
32 oz



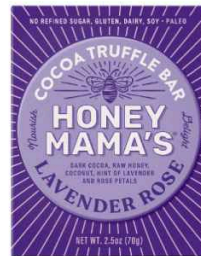
Petit Pot
Organic Pudding
(selected varieties)

2/\$5
3.5 oz



Honey Mama's
Cocoa Truffle Bar
(selected varieties)

\$3⁷⁹
2.5 oz



Perfect Bar
Protein Bar
(selected varieties)

2/\$4
2.2-2.5 oz



Hope
Organic Hummus
(selected varieties)

\$2⁷⁹
8 oz



Bubbies
Sauerkraut

\$5⁷⁹
25 oz



Lightlife
Organic Tempeh

\$2²⁹
8 oz



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**Field Roast
Plant-Based Sausages**



\$3⁹⁹

12.95 oz

**Vital Farms
Pasture-Raised Large Eggs**



\$4⁷⁹

12 ct

**JUST
Plant-Based Egg
Scramble**



\$3⁹⁹

12 oz

**Alden's Organic
Organic Ice Cream**



\$5⁹⁹

48 oz

**Vibrant Health
Green Vibrance**



\$42⁹⁹

11.92 oz

**Natural Vitality
Natural Calm
(selected varieties)**



\$14⁴⁹

8 oz

**Nordic Naturals
Nordic Berries**



\$18⁹⁹

120 ct

**American Health
Original Papaya
Enzyme Chewable**



\$5⁷⁹

250 tab

**Himalaya
Organic Ashwagandha**



\$13⁴⁹

60 caplets

JOIN THE MOVEMENT BEYOND THE MARKET

Fair trade is more than just a label on a chocolate bar or a bag of coffee. **FAIR TRADE IS A MOVEMENT BY AND FOR SMALL-SCALE FARMERS.**

This World Fair Trade Day, honor the work of small-scale farmers and artisans. Listen to their stories on the new podcast, **FOR A BETTER WORLD.**

Streaming everywhere podcasts are available and at FairWorldProject.org/Podcast.



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American Health
Ester-C® 1000 mg with
Citrus Bioflavonoids



\$18⁹⁹
90 cap

Natural Factors
WellBetX® Berberine 500 mg



\$19⁹⁹
60 vcap

Oregon's Wild Harvest
Organic Astragalus



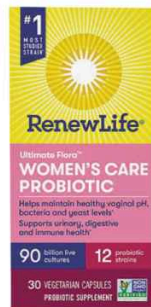
\$11⁹⁹
90 ct

Garden of Life
Dr. Formulated
Probiotics Once Daily
Men's or Women's



\$24⁹⁹
30 cap

Renew Life
Ultimate Flora
Women's Care
Probiotic 90 Billion



\$37⁴⁹
30 ct

Jarrow Formulas
Saccharomyces
Boulardii + MOS



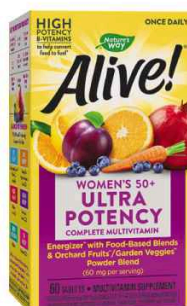
\$18⁹⁹
90 vcap

Rainbow Light
Men's or Women's
One Multivitamin



\$15³⁹
60 tab

Nature's Way
Alive!® Once Daily
Ultra Potency
Multivitamin



\$15⁹⁹
60 tab

MegaFood
Women Over 40™
One Daily



\$30⁹⁹
60 tab

Dr. Bronner's
All-One Toothpaste



\$4²⁹
5 oz

Jason
Powersmile Whitening
Powerful Peppermint
Toothpaste



\$3⁷⁹
6 oz

Andalou Naturals
1000 Roses
Cleansing Foam



\$9²⁹
5.5 oz

MyChelle
Dermaceuticals
Fruit Enzyme Scrub



\$14²⁹
2.3 oz

Badger
Clear Zinc Sunscreen
(selected varieties)



\$11⁹⁹
2.9 oz

Giovanni
Shampoo or Conditioner
(selected varieties)



\$5⁴⁹
8.5 oz

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net.

ALASKA

Natural Pantry

Rainbow Foods

IDAHO

Nature's Nook

Pilgrim's Market

Wealth of Health
Natural Market

Winter Ridge
Natural Foods

MONTANA

2J's Fresh Market

Camas Organic Market

Good Food Store

Mission Mountain
Natural Foods

Mountain Valley Foods

Real Food Market & Deli

OREGON

LifeSource Natural Foods

Nature's Pantry Natural Foods

Oregon Natural Market

Sundance Natural Foods

WASHINGTON

Bear Foods Natural Market

Blossom Grocery

Farm Fresh Market

Highlands Organic Market

Meyers Falls Market

Rocket Market

Sage Mountain Natural Foods

WYOMING

Good Health Market

