

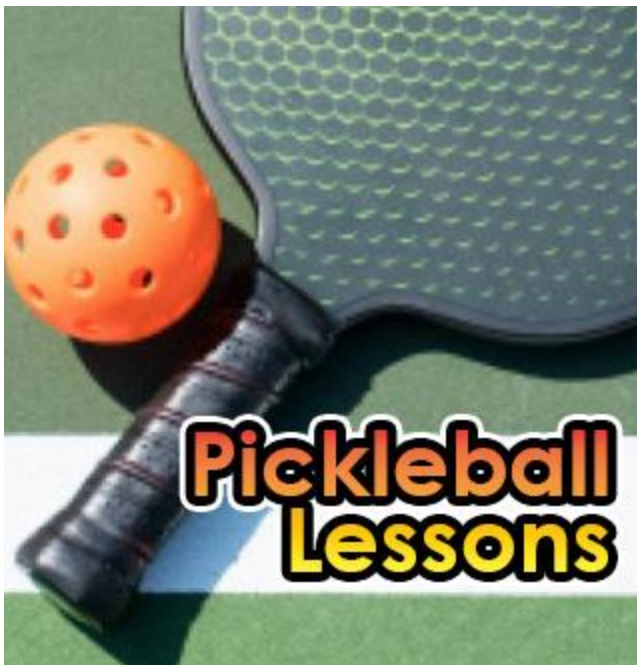


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## Nice Shot Pickleball Lessons

(ages 18+)



### About the Lessons:

Join dynamic pickleball instructor, Joy Soleiman (PPR and IPTPA certified) for these fun and informative small group lessons.

### Nice Shot Pickleball: "The Most JOYFUL Pickleball Lessons Ever!"

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### Schedule & Fees

Location: Inside Yanity Gymnasium (60 Prospect Street)

## Register Online

After clicking Register Online, look under Adult Programs (be sure it says "with Joy").

### **Intro to Pickleball:**

This is a fun and welcoming 60 minute beginner session with a small group of players (max. 4). You will be taught the fundamentals of pickleball while playing with structured, active coaching. Paddles are available for use during class.

Sessions	Day/Times	Fees (4 classes)
Sept. 19 - Oct. 10	Tuesday 1:15-2:15 pm or 2:30-3:30 pm	\$253 members, \$263 non-members
Oct. 17 - Nov. 14 (no class 11/7)	Tuesday 1:15-2:15 pm or 2:30-3:30 pm	\$253 members, \$263 non-members

### **Small Group Advanced Beginner Lessons:**

This class is for players with some court experience who are looking to improve consistency of their shots and game strategy (max. 4). Players will develop and maintain solid serve and return of serve shots. In addition, we will review stroke mechanics and footwork for ground strokes and volley shots. There will be emphasis on the dink shot and ways to develop this very important skill.

Sessions	Day/Times	Fees (4 classes)
Sept. 20 - Oct. 11	Wednesday 1:15-2:15 pm or 2:30-3:30 pm	\$253 members, \$263 non-members
Oct. 18 - Nov. 8	Wednesday 1:15-2:15 pm or 2:30-3:30 pm	\$253 members, \$263 non-members

### **Small Group Intermediate Lessons:**

This class will take your pickleball playing skills to the next level! The focus will be on controlling shot placement, increasing awareness of your partner's position, and transitioning to the NVZ line (max.4). This class is for players that are currently serving and rallying with consistency and pace.

Sessions	Day/Times	Fees (4 classes)
Sept. 21 - Oct. 12	Thursday 1:15-2:15 pm or 2:30-3:30 pm	\$253 members, \$263 non-members
Oct. 19 - Nov. 9	Thursday 1:15-2:15 pm or 2:30-3:30 pm	\$253 members, \$263 non-members

### **Champion of the Court: Advanced Beginner/Low Intermediate (2.5-3.0 Level):**

Practice some drills and then use your skills! Each session begins with 30 minutes of drills, followed by four 12 minute games. Players will move up or down the court and be paired with different partners during each game. The player with the most points will be our "Champion of the

Court!"

<b>Session</b>	<b>Day/Times</b>	<b>Fees (4 classes)</b>
Oct. 2 - Oct. 30 (no class 10/9)	Monday 1:30-3:00 pm	\$133 members, \$143 non-members

**Source URL:** <https://www.ridgefieldparksandrec.org/adult-courses/pages/nice-shot-pickleball-lessons>