Derwent Diary

@derwentdiary on Facebook, run by volunteers, contact us on derbypeoplesdiary@hotmail.com

Issue 11 Spring 2022

Join the newsletter

team - we compile it 4 times a year for Derwent in Chad. Next issue July

Aspire update

Our new community shop is officially open for business, Mondays, Wednesdays and Thursdays 11 to 1 and Tuesdays 1 to 3. To access it people can self refer, they can get in touch with Aspire on facebook or they can ring 01332 640000.

We provide food, toiletries and companionship but we can also signpost to other organisations for additional support.

Fundraising Fashion Show!

Fashion Show, plus lots of clothing brands at up to 75% off, including designer clothing. Sizes 6-30. Saturday 2nd July Roe Farm Community Ctr, Worcester Crescent, DE21 4LJ.

Doors open 6.30pm for 7pm start. Tickets £5 (£8 on door) available from

tegans.butterflies@outlook.com All proceeds to Tegan's Butterflies in Paradise, see p2.



Tell Derby City Council: ACT NOW on the cost of living & poverty crisis

#FairChanceDerby "Let's tackle the rising child poverty, 'eating or heating' energy bill crisis, food poverty, debt, evictions & homelessness in our city. Other city councils have signed up to the poverty-busting Socio-Economic Duty and helped residents struggling with the crisis - let's unite to make Derby that kind of city too. Please sign and share! People's lives are at risk."

Thank you - read more and sign online at: https://chng.it/v8ThF4qjGt

Tell your local representatives to back #FairChanceDerby it's easy to find and message your local Councillors and MP via the website: www.writetothem.com

Revive Healthy Living...

Revive Job Club

For nearly 7 years now this club has helped people look for employment, training, volunteering, apprenticeships or further education. In some cases additional support with energy topups and food vouchers is available.

Jubilee Celebration Event, 1st June 12:30pm
For pensioners, people with disabilities, Carers,
people who have been shielding due to Covid and
people living with life threatening illnesses.

There are tickets left so please pop into Revive Centre to collect yours. For just £1 you can join us for delicious food and entertainment.

Energy Efficient Bulbs

the Arnold Clark Community Fund had awarded us a small grant so that we could help residents on low incomes by providing energy efficient light bulbs - as they could save up to £9 a year per bulb. It's not too late to apply, contact us on 01332 288700 or at reviveaid@revivecentre.com

Support Christmas appeal by voting at Tesco

If you or your family and friends shop at a local Tesco store, you can vote for our 2022 Christmas Appeal that provides gifts and support to vulnerable children and families.

You vote with a token given at the checkout. If you aren't given a token, please ask for one. The project with most votes wins a cash award.

Cost of Living Crisis

If you have no gas or electric or food, please reach out for support. All main energy suppliers have hardship funds. Revive is preparing initiatives for predicted further energy price rises.

For more info on any of the above please drop in to the Revive on Roe Farm Lane, call 01332 288700, email michael.smith@revivecentre.com or see www.revivehealthylivingcentre.co.uk You can find the Revive.Centre.Charity on Facebook.

Conservation tasks in Chaddesden Wood

Events are usually the first Sat each month 10-12: 7th May, 4th June, 2nd July (not in August).

Please wear strong footwear. See https://focwood.wixsite.com/focwood/events



Tegan's Butterflies in Paradise Coffee and chat (stay and play)

At Roe Farm Community Ctr, Tuesday's 10th May, 14th June, 12th July 10 till 12 Open to 0-5 yrs children with SEND, and their siblings. Drop in.

Messy Play and Crafts

St Philips, Taddington Rd 2 till 3pm Sat 21st May, 25th June, 23rd July. FREE and open to all ages, children with SEND and their siblings. Drop in.

Sensory Room session, Wyvern Business Park, 28th June, and Sensory Swim sessions in Spondon, 24th May, 26th July booking essential. Contact enquiries@tegansbutterflies.org

Socorro CIC Horticultural Therapists, Chris and Lynn

We offer horticultural therapy through gardening and nature-based activities, crafts and traditional skills, in relaxed surroundings, to combat loneliness and improve mental health.

Our unique environment works in harmony with nature, whilst the community groups can express themselves, learn new skills, meet new people from all backgrounds, and aim to improve well-being.

Based at Aspire Community And Wrestling Alliance. Cornwall Road Derby DE21 6DJ. Socorrocicuk@gmail.com, 07535 247245.

Rocco, Bridges of Hope CIC

'From May 23 I shall be in my new office (at Aspire) and will be available for a chat. I am willing to talk about my lived experiences and how I've come through Trauma and Addiction. I will also continue to put up messages of hope on Bridges and I want to set up a plastering workshop for all. There are not enough females in the construction industry and I hope to help young males that have got involved with crime or come out of prison with nowhere to turn."

Rocco's number is 07450 824836 and his facebook pages are

www.facebook.com/groups/253872322700672/about www.facebook.com/profile.php?id=100076336147089

Sport4Thought at Cricket ground

Dementia Friendly sessions

- physical activity every 1st Wed of the month from 4th May, 10-11am, **DCCC Performance Centre**

Reminiscence Sport

session, every 2nd Monday of the month, from 9th May, 10am - 12 noon, DCF Room (Pavillion). Contact Charlotte 01332 386601.

Show tickets call 07969 383015!



Boxing for Parkinson's

A Film By...
Feel Alive Drama and Dance Group...
The Greatest

Non-combat Parkinson's-specific boxing exercise class for people with Parkinson's and their supporters. Suitable for all ages.

Saturday mornings, (except the first Saturday of the month). At Roe Farm Community Centre. Cost £4 (first class is free). For more info or to book please contact Jane on 07745 678551.

Derby Walking Festival 1st May - 26th June

You can find all the programme info, walking opportunities and booking information at: www.movemorederby.co.uk/derby-walking-festival or follow Move More Derby on Facebook or Twitter

Specifically for Derwent is the self-guided orienteering route which was created with Derwent Valley Orienteers which can be found here: http://www.derwentvalleyorienteers.org.uk/maprun/ Derwent/derwentcourse.pdf

The Chaddesden park walk is every Tuesday at 11am, starting at the car park (near library), lasting approximately 1 hour. Just turn up or to find out more call Paul on 07812 302022.

Derbyshire Cricket College

Cornwall Road

Chaddesden

DE21 6DJ

is starting in September 2022. The college will enrol 18 students from across the county aged from 16 -18 years old on a 2-year course combined with cricket training, matches and coaching built into the timetable.

Open evenings to find out more: 31st May - 6:30pm - 8:30pm 20th July- 6:30pm-8:30pm

Presentations regarding the qualification and cricket coaching will be given as well as the opportunity to ask questions and scope out the facilities on offer. To register click here or contact Richard on 07841759315 or richard.wood@dcfcricket.com

Derwent Library

Did you know that there is a small Library in Derwent?

We are situated in the 'Revive Healthy Living Centre' building on Roe Farm Lane, DE21 6ET.

There are many new books, a wide range of genre's to suit all tastes. We have audio books, large print and many children's books to suit all ages, visit us and see for yourself.

We are open for 'browse and borrow' every Wednesday and Friday (apart from bank holidays) from 11 am to 3 pm. There are two computers for the use of the public and printing facilities also.

Community Managed

Community Managed Libraries are looking for volunteers from the local communities to assist in the day to day running of the Libraries. The role is not only rewarding to the community but a vital service for all. You could be involved in delivering your local library's services - for a few hours a week or more.

Develop new skills, gain experience, enhance your CV, build confidence, meet new people and much more!

We have 10 Community Managed Libraries (Mackworth, Derwent, Chaddesden, Allenton, Springwood, Allestree, Spondon, Chellaston, Blagreaves & Sinfin)

For more information contact amanda.chetwvn@dhadvice.org or call on 07458 015134 or visit the Library and enquire within.

St Philips community hub, www.stphilip.co.uk

The community cafe at Taddington Rd is thriving The jacket potatoes are a big hit.... At £3.50 for lunch & drink (Wed/Thu til 1) you can't go wrong. We are looking to open on a Tuesday as well from the autumn watch this space!! The monthly full English breakfasts run by Derby County Community Trust are also a hit (2nd Sat of month 10-12). Also look out for the groups running within the community space, the monthly menopause support group (2nd Wed 10.30am) is proving popular. From June we will be running a very low key course exploring Christian faith, with videos, discussion & no 'right answers'; just a space to explore wherever you may be on the faith spectrum. This will be on Tuesdays for 6 weeks, if you are interested please email revslwatson@gmail.com or pop down to the cafe.

Seeking Volunteer Drivers

The Sight Loss Leisure Group has recently increased by five members but we are now limited by volunteer drivers. If you can offer a few hours/month, please call! See below.

DERBY AREA SIGHT LOSS LEISURE GROUP

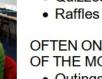
Do you or someone you know have problems with your sight?



JOIN, OR VOLUNTEER WITH US!

EVERY 1ST & 3RD TUESDAY OF THE MONTH:

- Singers
- Specialist talks
- Quizzes



OFTEN ON THE 4TH TUESDAY OF THE MONTH:

- Outings
- · Group meals
- Transport can be provided

12:00pm at Derwent Primary School Community Centre, St. Marks Road, Chaddesden, Derby, DE21 6AL



Contact Roger 07972 218457 or Keith 07758 998930

Sight Loss Leisure Group is a small, not for profit organisation providing information and support to sight impaired individuals in the Derby area through social meetings and outings. Our aims are to raise awareness and understanding, improve emotional well being and reduce isolation in sight impaired people.