

Alcohol Beverages using Elixir for Life's Mixes

*Our elixir mixes can be added to any drink: Cider, Smirnoff Ice, Twisted Teas & even Beer...
Add 1-2 oz Elixir per drink. Don't forget to rehydrate with at least 1 cup water per drink consumed.*

Fuzzy Head G&T

- 1-2 oz of Gin into tall glass with ice
- Add 1-2 oz Lemon, Cherry or Blueberry mix.
- Fill with Tonic Water & garnish w lemon
- Add a dash of lemon juice (optional)

Fresh & tongue tantalizing sizzling drink.

Real Blueberry Tea

- Make a pot of black or herbal tea
- 1-2 oz Grand Marnier into a Brandy sniffer
- Add 1-2 oz Lemon-Honey or Blueberry mix
- Pour seeped tea into sniffer
- Garnish with Cinnamon Stick

This drink is warm and comforting.

Berry-licious Berry-tini

- Soak favourite berries (fresh or frozen) in Vodka beforehand
- Rub lemon wedge on rims of 2 martini glasses & press in sugar
- Shake or stir the following, and strain into martini glasses:
- 1-2 oz Vodka & 1-2 oz Cranberry or Other Juice
- 1-2 oz of Elixir for Life's Blueberry or Sour Cherry mix
- 1 oz Sourpuss or dash of lemon juice (optional)

This mouth puckering drink will make you giddy with Joy.

Sad Tom Collins

- 1-2oz Gin
- 1-2 oz Blueberry mix
- Fill with Tonic or Soda
- Garnish w Orange Slice
- (for sweeter drink add syrup)

This makes Tom blue.

Popping Cherry

- 1-2 oz Vodka into a glass w ice
- Add 1 Cherry mix
- Add 1 oz Cherry Liquor or Sour Puss
- Fill with 7-up or Sprite
(substitute soda water if too sweet)
- Garnish with Cherry (optional)

This Cherry drink will pop!

Twisted Corkscrew

- 1-2 oz of White Rum into tall glass w ice
- Add 1-3 oz Lemon-Honey mix.
- Add 1 oz of Peach Schnapps or Gr Marnier
- Fill with Orange Juice
- Garnish with a twist of lemon

May become your new favourite Corkscrew

Sensational Sangria (Red or Rose)

- 1/2 bottle of red or rose wine
- 4 oz Cherry or Blueberry Elixir for Life mix
- 2 oz Gran Marnier &/or 2 oz Berry Sourpuss
- 4 oz Tonic or Soda Water
- 4 oz Splash of any Berry Juice
- Frozen or Fresh Berries

This makes a delicious jug full. Enjoy

Sensational Sangria (White)

- 1/2 bottle of white wine (not chardonnay)
- 4 oz Lemon or Cherry Elixir for Life mix
- 2 oz Brandy or Peach Schnapps (optional)
- 4 oz Tonic or Soda Water
- 4 oz Pineapple or Mango Juice
- Muddled fruit (apples, oranges, pineapple)

This makes a delicious jug full. Enjoy

*Please **drink responsibly**, never get behind the wheel after drinking, remember your limit and drink at least 1 glass of water per drink of alcohol before bedtime to counter the dehydrating effects of alcohol.*

Experiment & send us your own drink recipes to info@elixirforlife.ca Our morning smoothie is fantastic.

It not only contains curcumin (to counter a hangover), but other highly nutritious ingredients.

See smoothie recipe at: www.elixirforlife.ca or on the directions sheet