

Mark Lesson 14

Mark 7:1-37

**Broken down by day to avoid repeating. ESV
NLT translation of main passage following.**

DAY 2: Mark 7:1-13 ESV

Traditions and Commandments

7 Now when the Pharisees gathered to him, with some of the scribes who had come from Jerusalem, 2 they saw that some of his disciples ate with hands that were defiled, that is, unwashed. 3 (For the Pharisees and all the Jews do not eat unless they wash their hands properly, holding to the tradition of the elders, 4 and when they come from the marketplace, they do not eat unless they wash. And there are many other traditions that they observe, such as the washing of cups and pots and copper vessels and dining couches.) 5 And the Pharisees and the scribes asked him, “Why do your disciples not walk according to the tradition of the elders, but eat with defiled hands?” 6 And he said to them, “Well did Isaiah prophesy of you hypocrites, as it is written,

“This people honors me with their lips,
but their heart is far from me;

7 in vain do they worship me,
teaching as doctrines the commandments of men.’

8 You leave the commandment of God and hold to the tradition of men.”

9 And he said to them, “You have a fine way of rejecting the commandment of God in order to establish your tradition! 10 For Moses said, ‘Honor your father and your mother’; and, ‘Whoever reviles father or mother must surely die.’ 11 But you say, ‘If a man tells his father or his mother, “Whatever you would have gained from

me is Corban”’ (that is, given to God)— 12 then you no longer permit him to do anything for his father or mother, 13 thus making void the word of God by your tradition that you have handed down. And many such things you do.”

Day 3: Mark 7:14-23 ESV

What Defiles a Person

14 And he called the people to him again and said to them, “Hear me, all of you, and understand: 15 There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him.” 17 And when he had entered the house and left the people, his disciples asked him about the parable. 18 And he said to them, “Then are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile him, 19 since it enters not his heart but his stomach, and is expelled?” (Thus he declared all foods clean.) 20 And he said, “What comes out of a person is what defiles him. 21 For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, 22 coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. 23 All these evil things come from within, and they defile a person.”

DAY 4 Mark 7:24-30 ESV

The Syrophenician Woman's Faith

24 And from there he arose and went away to the region of Tyre and Sidon. And he entered a house and did not want anyone to know, yet he could not be hidden. 25 But immediately a woman whose little daughter had an unclean spirit heard of him and came and fell down at his feet. 26 Now the woman was a Gentile, a Syrophenician by birth. And she begged him to cast the demon out of her daughter. 27 And he said to her, “Let

the children be fed first, for it is not right to take the children's bread and throw it to the dogs.” 28 But she answered him, “Yes, Lord; yet even the dogs under the table eat the children's crumbs.” 29 And he said to her, “For this statement you may go your way; the demon has left your daughter.” 30 And she went home and found the child lying in bed and the demon gone.

DAY 5 Mark 7:31-37 ESV

Jesus Heals a Deaf Man

31 Then he returned from the region of Tyre and went through Sidon to the Sea of Galilee, in the region of the Decapolis. 32 And they brought to him a man who was deaf and had a speech impediment, and they begged him to lay his hand on him. 33 And taking him aside from the crowd privately, he put his fingers into his ears, and after spitting touched his tongue. 34 And looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” 35 And his ears were opened, his tongue was released, and he spoke plainly. 36 And Jesus charged them to tell no one. But the more he charged them, the more zealously they proclaimed it. 37 And they were astonished beyond measure, saying, “He has done all things well. He even makes the deaf hear and the mute speak.”

Mark 7 New Living Translation

DAY 2: Mark 7:1-13

Jesus Teaches about Inner Purity

7 One day some Pharisees and teachers of religious law arrived from Jerusalem to see Jesus. ²They noticed that some of his disciples failed to follow the Jewish ritual of hand washing before eating. ³(The Jews, especially the Pharisees, do not eat until they have poured

water over their cupped hands, as required by their ancient traditions. ⁴Similarly, they don't eat anything from the market until they immerse their hands in water. This is but one of many traditions they have clung to—such as their ceremonial washing of cups, pitchers, and kettles.)

⁵So the Pharisees and teachers of religious law asked him, “Why don't your disciples follow our age-old tradition? They eat without first performing the hand-washing ceremony.”

⁶Jesus replied, “You hypocrites! Isaiah was right when he prophesied about you, for he wrote,

‘These people honor me with their lips,
but their hearts are far from me.

⁷Their worship is a farce,
for they teach man-made ideas as commands from God.’

⁸For you ignore God's law and substitute your own tradition.”

⁹Then he said, “You skillfully sidestep God's law in order to hold on to your own tradition. ¹⁰For instance, Moses gave you this law from God: ‘Honor your father and mother,’ and ‘Anyone who speaks disrespectfully of father or mother must be put to death.’ ¹¹But you say it is all right for people to say to their parents, ‘Sorry, I can't help you. For I have vowed to give to God what I would have given to you.’ ¹²In this way, you let them disregard their needy parents. ¹³And so you cancel the word of God in order to hand down your own tradition. And this is only one example among many others.”

Day 3: Mark 7:14-23

¹⁴Then Jesus called to the crowd to come and hear. “All of you listen,” he said, “and try to understand. ¹⁵It's not what goes into your body

that defiles you; you are defiled by what comes from your heart.”

¹⁷ Then Jesus went into a house to get away from the crowd, and his disciples asked him what he meant by the parable he had just used. ¹⁸ “Don’t you understand either?” he asked. “Can’t you see that the food you put into your body cannot defile you? ¹⁹ Food doesn’t go into your heart, but only passes through the stomach and then goes into the sewer.” (By saying this, he declared that every kind of food is acceptable in God’s eyes.)

²⁰ And then he added, “It is what comes from inside that defiles you. ²¹ For from within, out of a person’s heart, come evil thoughts, sexual immorality, theft, murder, ²² adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness. ²³ All these vile things come from within; they are what defile you.”

DAY 4 **Mark 7:24-30**

The Faith of a Gentile Woman

²⁴ Then Jesus left Galilee and went north to the region of Tyre. He didn’t want anyone to know which house he was staying in, but he couldn’t keep it a secret. ²⁵ Right away a woman who had heard about him came and fell at his feet. Her little girl was possessed by an evil spirit, ²⁶ and she begged him to cast out the demon from her daughter.

Since she was a Gentile, born in Syrian Phoenicia, ²⁷ Jesus told her, “First I should feed the children—my own family, the Jews. It isn’t right to take food from the children and throw it to the dogs.”

²⁸ She replied, “That’s true, Lord, but even the dogs under the table are allowed to eat the scraps from the children’s plates.”

²⁹ “Good answer!” he said. “Now go home, for the demon has left your daughter.” ³⁰ And when she arrived home, she found her little girl lying quietly in bed, and the demon was gone.

DAY 5 **Mark 7:31-37**

Jesus Heals a Deaf Man

³¹ Jesus left Tyre and went up to Sidon before going back to the Sea of Galilee and the region of the Ten Towns. ³² A deaf man with a speech impediment was brought to him, and the people begged Jesus to lay his hands on the man to heal him.

³³ Jesus led him away from the crowd so they could be alone. He put his fingers into the man’s ears. Then, spitting on his own fingers, he touched the man’s tongue. ³⁴ Looking up to heaven, he sighed and said, “*Ephphatha*,” which means, “Be opened!” ³⁵ Instantly the man could hear perfectly, and his tongue was freed so he could speak plainly!

³⁶ Jesus told the crowd not to tell anyone, but the more he told them not to, the more they spread the news. ³⁷ They were completely amazed and said again and again, “Everything he does is wonderful. He even makes the deaf to hear and gives speech to those who cannot speak.”

ADDITIONAL SCRIPTURES

DAY 2

Isaiah 29:13 ESV

¹³ And the Lord said:
“Because this people draw near with their mouth
and honor me with their lips,
while their hearts are far from me,
and their fear of me is a commandment taught
by men,

DAY 3**Jeremiah 17:9-10**

9 The heart is deceitful above all things,
and desperately sick;
who can understand it?
10 “I the Lord search the heart
and test the mind,
to give every man according to his ways,
according to the fruit of his deeds.”

John 3:3

3 Jesus answered him, “Truly, truly, I say to you,
unless one is born again he cannot see the
kingdom of God.”

Ezekiel 36:26

26 And I will give you a new heart, and a new
spirit I will put within you. And I will remove the
heart of stone from your flesh and give you a
heart of flesh.

2 Corinthians 5:17

17 Therefore, if anyone is in Christ, he is a new
creation. The old has passed away; behold, the
new has come.

Romans 3:9-12

No One Is Righteous

9 What then? Are we Jews any better off? No, not
at all. For we have already charged that all, both
Jews and Greeks, are under sin, 10 as it is
written:

“None is righteous, no, not one;

11 no one understands;
no one seeks for God.

12 All have turned aside; together they have
become worthless;

no one does good,
not even one.”

Romans 8:8

8 Those who are in the flesh cannot please God.

Romans 6:3-4

3 Do you not know that all of us who have been
baptized into Christ Jesus were baptized into his
death? 4 We were buried therefore with him by
baptism into death, in order that, just as Christ
was raised from the dead by the glory of the
Father, we too might walk in newness of life.

Revelation 21:5

5 And he who was seated on the throne said,
“Behold, I am making all things new.” Also he
said, “Write this down, for these words are
trustworthy and true.”

Romans 3:23

23 for all have sinned and fall short of the glory
of God,

Psalms 32:1

Blessed Are the Forgiven

32 Blessed is the one whose transgression is
forgiven,
whose sin is covered.

Romans 3:24

24 and are justified by his grace as a gift, through
the redemption that is in Christ Jesus,

Colossians 1:21-22

21 And you, who once were alienated and hostile
in mind, doing evil deeds, 22 he has now
reconciled in his body of flesh by his death, in
order to present you holy and blameless and
above reproach before him,

John 14:2-4

2 In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? 3 And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. 4 And you know the way to where I am going."

DAY 4**Mark 7:28**

28 But she answered him, "Yes, Lord; yet even the dogs under the table eat the children's crumbs."

Hebrews 11:6

6 And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

Matthew 8:11

11 I tell you, many will come from east and west and recline at table with Abraham, Isaac, and Jacob in the kingdom of heaven,

Isaiah 42:6

6 "I am the Lord; I have called you in righteousness;

I will take you by the hand and keep you;
I will give you as a covenant for the people,
a light for the nations,

Genesis 12:1-3

The Call of Abram

12 Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. 2 And I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. 3 I will bless those who bless you, and

him who dishonors you I will curse, and in you all the families of the earth shall be blessed."

Matthew 15:22

²² And behold, a Canaanite woman from that region came out and was crying, "Have mercy on me, O Lord, Son of David; my daughter is severely oppressed by a demon."