

FORGET-ME-NOT

Café
KELOWNA

A friendly cafe welcoming
those with dementia and
their family and caregiver

The Last Tuesday of the month

First café: November 25
from 11:30am to 1:30pm
(cost \$5 per person)

Enjoy chair yoga, a healthy lunch
followed by singing and music

Please pre-register:

250-860-2447 or
celc@telus.net

Location: Christ Lutheran Church
2091 Gordon Drive, Kelowna