

# FORGET-ME-NOT

## Café

KELOWNA

A friendly café welcoming  
those with dementia and  
their family and caregiver

**The last Tuesday of the month**

**Tuesday, January 27  
from 11:30am to 1:30pm  
(cost \$5 per person)**

**Enjoy chair yoga and  
a healthy lunch  
followed by love songs  
and arts & crafts**

**Please pre-register:**

**250-860-2447 or**

**[celc@telus.net](mailto:celc@telus.net)**

**Location: Christ Lutheran Church  
2091 Gordon Drive, Kelowna**

**We would like to thank our volunteers and sponsor: AS Matheson School**