



LESSON 3

REFERENCES: GENESIS 2:1–3; PATRIARCHS AND PROPHETS, PP. 47, 48.

A Special Day

What day do you like best? Do you know that God made a special day for you and your family to enjoy with Him? Let's imagine what could have happened that day.

The warm sun was just peeking over the edge of the world as Adam and Eve woke up. Last night they had watched the sun slowly disappear.

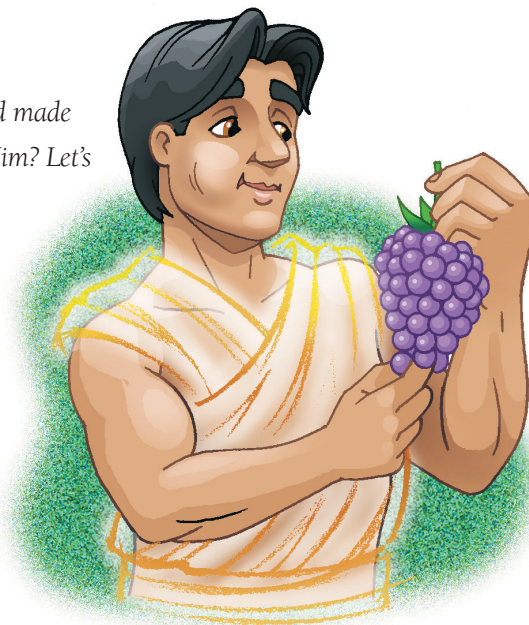
Tree branches rustled softly in a gentle wind. A little bird with brilliant red and

green and yellow feathers

perched there. Adam chuckled softly. Adam raised his hand, and the little bird swooped down and sat on it.

A huge lion ambled out of the trees. With a contented sigh the lion stretched out on the ground and leaned against Eve's leg. Eve rubbed his beautiful, fluffy mane. The lion snuggled closer. Butterflies played tag across the grass. Elephants trumpeted somewhere in the distance.

Just then they heard a voice close by. "It's God!" they exclaimed happily. God had come to the garden.



Memory Verse

"God blessed the seventh day and made it holy."

GENESIS 2:3, NIV.

The Message

God made the Sabbath for us because He loves us.

“Come!” God said. “Let’s go exploring.”

The three of them wandered through Eden, the special garden that God had created just for Adam and Eve.

Adam and Eve heard the rushing waters of the great river long before they saw it. The water sparkled in the early-morning light as if it were covered with tiny diamonds. When the river flowed out of the garden, it split into four separate smaller rivers. Eve looked as far as she could see and wondered where each of the rivers went.

God spent the whole day with Adam and Eve. Adam and Eve tasted new foods. They skipped and ran in the meadows. They joined the angels in singing praises to God.

“I have blessed this day and made it holy,” God explained as they enjoyed the day together, “because I am resting from creating this new earth. Every seventh day will be Sabbath. It will be our special day to spend together.”

And the evening and the morning were the earth’s seventh day. It was the end of the very first week of God’s wonderful new world. It was the very first Sabbath.

The Sabbath still comes to us every seventh day. It is our special time to be with God. It is a time to enjoy everything He has made for us.



Do and Say

SABBATH

Read Genesis 2:1–3 together. Help your child use the motions learned in Sabbath School to say the memory verse. (See page 60.)

Help your child deliver the invitation made in Sabbath School to a friend. Thank God for friends.

SUNDAY

Make a seven-day calendar. Each day, help your child draw in the calendar space a picture of something God created that day. On the first day, Sunday, God made light and darkness. Thank God for light.

Use the motions and say the memory verse.

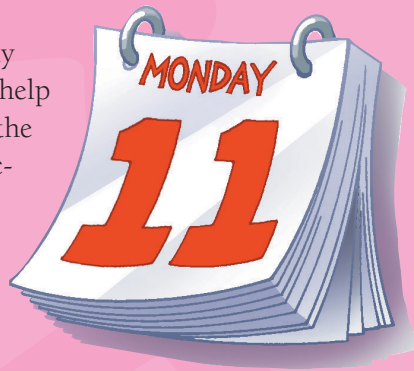
MONDAY

Read the lesson story together, then complete the calendar space. This day God made air and used it to separate the water. Go outside and take some deep breaths. Each time you drink water today, thank God for it.

Review the memory verse. Take deep breaths as you say it together.

TUESDAY

Help your child choose a friend to invite for Sabbath. Help your child complete today's



calendar space. This day God made land and plants. Look at some of the plants God made. God also made the oceans on this day. Have your child say what he/she enjoys about the beach.

Using the motions, say the memory verse. Share it with another family member.

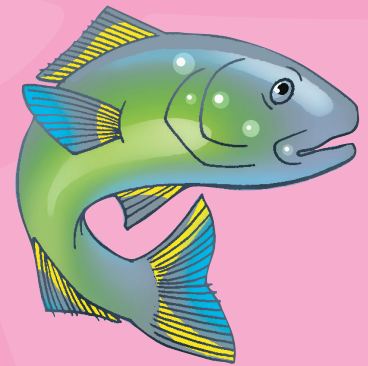
WEDNESDAY

Go outside to enjoy the sunshine. Tonight, go outside to see the moon and stars. Thank God for these lights.

Say the memory verse together. Complete the Wednesday calendar space. This day God made the sun and moon. He made the stars also.

THURSDAY

Complete the Thursday calendar space. This day God made birds and fish. Say the memory verse together. Thank God for making the birds and fish.



FRIDAY

Complete the Friday calendar space. This day God made animals and people. Have your child imitate a favorite animal. Plan to enjoy tomorrow the things God has created.

Sing "Sabbath Is a Happy Day." Thank God for all He made and for the Sabbath.