



# DONATE PERIOD UNDERWEAR

Help us to empower 200 girls in India

## WHAT IS IT?

The Akka Project is a Mum and Teen volunteer program where we partner with Parikrma Humanity Foundation in Bangalore, India.

As part of the Akka Project, our current team of Mum and Teen volunteers are on a mission to collect period underwear for young girls in India. Our target is 600 pairs of underwear, providing 200 girls with 3 sets of underwear each.



## WHY IS THIS IMPORTANT?



### AFFORDABILITY

Sanitary napkins are often unaffordable for many families.

### COMFORT

Period underwear is designed to provide all day comfort, reducing irritation and discomfort often caused by other disposable products.

### SUBTLETY

In cultures where menstruation isn't openly discussed, period underwear offers a discreet and reliable solution.

### ENVIRONMENT

Period underwear is a sustainable, eco-friendly alternative to disposable products.

## JOIN US IN MAKING A DIFFERENCE!

Donate period underwear sizes **6, 8, 10 and 12** to Akka Project. Alternatively donate \$30 for a set of 3 underwear on our Go Fund Me page

