

(V)(GF) Indicates items can be made **Vegan** or **Gluten Free** upon request. Please let your server know when you order if you need **Vegan** or **Gluten Free**.
Items substituting (GF) bread or (GF) crackers will be a 1.00 up charge.

Starters

Soup of the day or Matzo Ball Soup

Cup-3.79 Bowl-5.79

(V)(GF)Mezze Plate-9.99 Hummus, tabbouleh, black bean hummus, mixed olives & warm pita bread

Lettuce Wraps- Two lettuce leaves filled with:

(V)(GF)Hummus-10.99 or **(GF)Rare Ahi-14.99**
avocado, cabbage, cucumbers, carrots, tomatoes, sprouts served with Ginger Dressing

Burgers & Sandwiches

Served on Rosemary Focaccia Roll

Veg Burger-9.50 Your choice of:

(V)House Made Patty or **(V)(GF)Portobello cap**
topped with caramelized onions, lettuce, tomato & aioli

(V)Bistro Burger-10.50 Ancient grain burger, gouda, caramelized onion, lettuce, tomato & bistro sauce

(V)Teriyaki Burger-10.50 Ancient grain burger, pineapple, lettuce, tomato, red onion & aioli

(V)(GF)BBQ Jackfruit-10.50 Jackfruit, coleslaw, horseradish sauce & BBQ sauce

(V)(GF)Silly Philly-10.50 Portobello mushroom strips, grilled onions and red peppers with Swiss & horseradish sauce

(GF)Blackened Fish Sandwich-11.99 Lightly blackened fish, lettuce tomato & aioli

(GF)Grilled Cheese-7.50 Gouda Cheese on grilled whole wheat. **With tomato add .50**

Tacos

Two tacos on Corn Tortillas

(V)(GF)Tofu Tacos-9.50 Tofu, onions, red peppers, cabbage, & salsa fresca

(GF)Fish Tacos-11.99 Grilled fish, cabbage & salsa fresca

(GF)Shrimp Tacos-10.50 Grilled Shrimp, cabbage, salsa fresca & green aioli

(GF)Scallop Tacos-15.50 Pan-seared Wild Maine Scallops, cabbage, pineapple mango salsa, tomatoes & sprouts

Wraps

Served in a spinach tortilla wrap

(V)California Wrap-10.50 Avocado, tempeh bacon, goat cheese, carrot, cucumber, onion, lettuce, tomato & blush sauce

(V)Greek Wrap-9.50 Hummus, feta, olives, carrots, cucumbers, onions, lettuce, tomato & Greek dressing

(V)Avocado Dream-9.99 Avocado, sprouts, onion, lettuce, tomato & blush sauce

with Shrimp-11.99

Ahi Tuna & Avocado-12.99 Rare Ahi, avocado, lettuce, tomato, aioli & ginger dressing

Lunch Extras

Ahi 7.99 Grilled Fish 4.99 Baby Shrimp 3.99
Scoop of Hummus 3.99 Tofu 3.49 Tempeh 3.49
Veg Burger w/ Caramelized Onions 3.49
Egg 1.59 Half Avocado 2.49 Cheese 1.99
(V)egan Cheese (When available) 2.49
Extra Dressing/Sauce 0.50
2 pc Wheat Toast 1.99

(GF)Crackers .75 (GF)2pc Bread 2.99

Salads

Dressing on side except Caesar

(V)(GF)2164 Signature Salad-10.50 Chopped Kale, shredded purple cabbage, carrots and raw beets with avocado, sprouts, sunflower seeds & Citrus Papaya Seed Dressing

(GF)Avocado Salad-10.50 Baby lettuces, avocado, goat cheese, raisins, pumpkin seeds & Lemon Dijon Dressing

(V)(GF)Simply Delish-10.50 Baby lettuces, olives, avocado, tomatoes, almonds & Lemon Dijon Dressing

Caesar Salad-9.50 Sm Plate-4.99

Romaine & croutons tossed with our house made Caesar Dressing topped with parmesan & tomato

(V)Veg Burger Salad-9.50 Veg burger topped with caramelized onions over baby lettuce with tomato & sides of aioli & Lemon Dijon Dressing

(GF)Niçoise Salad-14.99 Rare Ahi tuna, baby lettuces, grape tomatoes, olives, egg, capers, anchovy & Lemon Dijon Dressing

(GF)Avo Ritz Salad-12.99 Avocado filled with blush and shrimp over seasonal lettuce with cucumber, carrots, tomatoes & Lemon Dijon Dressing

Spanakopita-10.50 Spinach and feta pie in phyllo pastry served with Greek Salad

(V)(GF)House Salad-9.50 Sm Plate-4.99
baby lettuce, cucumber, red onions, sliced grape tomatoes & micro greens with Lemon Dijon Dressing