# What's The Buzz?

#### BETTER ENVIRONMENTS TO ELEVATE EDUCATORS



# Nurture Yourself During the Holiday Break

As educators, it's important to prioritize self-care, especially during the holiday break. Here are some tailored practices for teachers:

Unplug and Reconnect: Take a break from work-related tasks and focus on connecting with loved ones and engaging in activities that bring you joy.

Rest and Rejuvenate: Prioritize quality sleep and establish a consistent sleep routine. Power naps can boost energy levels and improve mood.

Engage in Physical Activity: Make time for exercise that you enjoy, such as yoga, dancing, or walking. It releases endorphins and boosts mood.

Indulge in Self-Reflection: Use this break to journal, reflect on your teaching journey, and set intentions for the upcoming year.

Pursue Personal Interests: Revisit hobbies or explore new ones to unwind and maintain a healthy work-life balance.

Remember, self-care is essential for your well-being as an educator. By prioritizing self-care during the holiday break, you'll return to the classroom refreshed and ready to make a positive impact on your students' lives. Wishing you a rejuvenating and joyous holiday break!

# Newsletter Highlights

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Playlist of the Month

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Give Your Support

Beee FOUNDATION

# Playlist of the Month

## THE BEST TEACHER PLAYLIST FOR STARTING THE NEW SCHOOL YEAR

As an educator, staying motivated for the upcoming school year can be challenging with various stresses constantly on your mind. To kickstart your day, simply put on your earphones and tune in to this invigorating playlist designed to uplift and inspire amazing teachers like yourself. These motivational songs are curated to keep you motivated and energized as you dedicate yourself to creating a caring and secure learning environment for your students.

- 1. I Love Your So The Walters
- 2. Stubborn Love The Lumineers
- 3. The Gold Manchester Orchestra, Phoebe Bridgers
- 4. Cleopatra (Acoustic Demo) The Lumineers
- 5. My Vine Wasia Project
- 6. Your Song Elton John
- 7. Lean on Me Bill Wtihers
- 8. Midnight Train to Georgia Gladys Knight & The Pips
- 9. It Never Rains in Southern California Albert Hammond
- 10. Annie's Song John Denver
- 11. Don't Stop Believin' Journey

Kickback, Relax, and Unwind



# Playlist of the Month

## THE BEST TEACHER PLAYLIST FOR STARTING THE NEW SCHOOL YEAR

- 12. Shut Up and Dance WALK THE MOON
- 13. On Top Of The World Imagine Dragons
- 14. Eye of the Tiger Survivor
- 15. ABC The Jackson 5
- 16. Haven't Met You Yet Michael Bublé
- 17. Go Your Own Way Fleetwood Mac
- 18. Little Wheel Spin and Spin Buffy Sainte-Marie
- 19. I'm Coming Out Diana Ross
- 20. Don't Stop Me Now Queen

To listen to our playlist, <u>click here</u>, search September Playlist - BEEE Foundation on Spotify, or scan the QR code.



Kickback, Relax, and Unwind



# **Educational Activities**



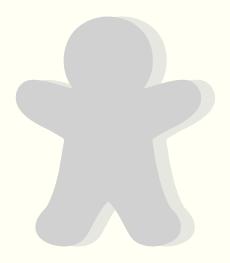
## **Sock Snowmen**

Sock snowmen are a great way to utilize math and holiday crafts. For each 'layer' of the snowman, have your child measure out a specific amount of beans or rice. Convert cups ro teaspoons or ounces.

# Paper Snowflakes

Crafting paper snowflakes is a wonderful way to keep kiddos busy. Not only does this activity keep kids busy, the snowflakes can double as decorations around the home and for packages.





## **Holiday Baking**

Believe it or not, baking is a great way to keep your child's brain working while having fun. Measuring, counting, and ratios are just a few of the educational benefits baking offers.

# November Interviews

# **EBONY STYLES**

Ebony Styles is a dedicated educator with a passion for empowering youth. With a background in Special Education from the University of Florida, Ebony pursued her Master's in Early Childhood Education to inspire children to overcome obstacles in the classroom. With nine years of teaching experience, Ebony employs innovative and engaging strategies to educate her first-grade students. Beyond the classroom, Ebony cherishes her role as a wife and mother, prioritizing quality time with her family.



# **LADAISHA PIERRE**

Ladaisha Pierre, a Miami native, is a passionate educator and community advocate. She founded Divine Minds Tutoring nonprofit dedicated to empowering underprivileged students. Ladaisha's extensive experience in nonprofit work has shaped her belief in the transformative power of education and the importance of giving back. As a Real Estate Agent, she also helps individuals achieve their dream of homeownership or investing. Ladaisha's commitment to making a meaningful impact extends through volunteering and personal growth. Let's join forces to inspire change and create a brighter future for all.



Check out the full stories on our website!

# **December Events**



## **Daily Observances**

### December 7

- Letter Writing Day
- Pearl Harbor Day

# Weekly Observances

**December 7 - 15** Hanukkah Begins

**December 26 - January 1** Kwanza

**December 21** First Day of Winter

December 24 and 25 Christmas Eve and Christmas Day

**December 31** New Year's Eve





### **DIAMOND BEEE \$100,000+**

- Thank you letter
- Donor Impact Letter Brochure Recognition Branded Merchandise
- Website and Socials
- Recognition Specific Campaign Recognition
- Exclusive Event Invitations

# Help Create Impact by donating to Better Environments to Elevate Educators



## PLATINUM BEEE \$50,000-99,999

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- **Exclusive Event** Invitations



### GOLD BEEE \$10,000-49,999

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- Branded Merchandise
- Website and Socials Recognition
- **Exclusive Event** Invitations

# YOUR MONEY AT WORK



Your donation will help us organize and conduct professional development programs. These programs will focus on topics that provide teachers with the knowledge and skills to improve their teaching practices and student outcomes.



Your donation will facilitate networking opportunities for educators to connect with their peers and share best practices, create a community of educators who are passionate about improving education, we can foster collaboration and teamwork among teachers.



Your donation will help us provide educational resources such as books, online courses, and instructional materials to assist educators in their professional journey, ensuring that every teacher has the necessary tools to succeed.

### WHY CHOOSE US?

BEEE is led by teachers creating content for teachers that helps retain qualified educators it also benefits students.



### SILVER BEEE \$1,000-9,999

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#### \$500-999 **BRONZE BEEE**

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- **Branded Merchandise**
- **Event Invitations**



#### POLLINATOR BEEE \$5-499

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- **Event Invitations**