

Agenda

Sept 18–20, 2026 · Live! Casino & Hotel, Hanover, MD

Friday, September 18

Reconnect & Rise: Sisterhood, Belonging & The Power of Blue

4:30 PM

Registration & Welcome

📍 Front Hotel Lobby

Check-in, welcome bags, and informal greetings.

6:30 PM

Opening Program

📍 Headliner Room 🗣️ Conference Chair(s)

Formal opening of the regional conference.

6:45 PM

Blue Connections Networking

📍 Headliner Room 🗣️ Precious Williams

"40 Year+ Glow Up" — a networking segment celebrating alumnae across the decades.

7:30 PM

Panel Discussion

📍 Headliner Room

Featured regional conference panel.

8:00 PM

Networking & Cocktail Reception

📍 Lobby Bar at David's

8:00–10:00 PM · Light appetizers, beverages, and alumnae connection. Morehouse alumni invited.

9:00 PM

Line Dancing

📍 Headliner Room

Join in for line dancing.

Saturday, September 19

Lead, Build & Thrive: Power in Action

6:30 AM

Optional Yoga / Stretch

A gentle, optional start to the day.

7:30 AM

Welcome Breakfast

📍 David's Restaurant

Breakfast and informal networking.

8:35 AM

Opening Remarks & Special Video Greeting

📍 Headliner Room 🗣️ Conference & National Leadership, Delegate Denise Roberts, Delegate LaTasha Ward

Includes remarks from Maryland state delegates and a recorded video greeting from Angela Alsobrooks.

9:15 AM

Spelman College Highlights

📍 Headliner Room 🗣️ Linda Hart Patton, Alyson Dorsey

Institutional update and an alumnae engagement call to action.

10:00 AM

3 sessions — choose one

Concurrent Workshop — Block 1

Leadership, wealth-building, and future-readiness.

Cliques, Chaos & Chapter Culture

Leadership & Chapter Power · Dr. Rhonda Waller

📍 **Feature Room**

The Millionaire Wealth Building Mindset

Wealth & Legacy — "Freedom Is Not Real Unless You Can Fund It!" · Deidra & Bruce Fryer

📍 **Headliner Room**

STEAM/STEM Education & the Future of Opportunity

STEAM & Future Pathways · Dr. Ashley Huderson

📍 **Limelight Room**

3 sessions — choose one

Concurrent Workshop — Block 2

10:45 AM

Legacy planning, caregiving, and technology.

Wills, Trusts, and Estate Planning

Legacy Planning · Christina Taylor, Esq.

📍 **Feature Room**

Caregiving from the Caregiver Perspective

Caregiving & Balance — Strength, Balance, and Hope · Theresa Hedgeman & Dr. Bellows

📍 **Headliner Room**

Setting Up Google Workspace

Technology · Dr. Frances Carter-Johnson & Shashonna Smith

📍 **Limelight Room**

11:30 AM

Purpose Before Pride

📍 **Headliner Room** 🗣️ Dr. Pamela Scott-Johnson

A purpose-centered session ahead of the midday keynote.

12:00 PM

Sisterhood Lunch with Keynote

📍 **Headliner Room** 🗣️ Coach Gessie

"Reclaiming Your Power: WELLNESS — The Foundation for Black Women's Leadership."

1:30 PM

Networking, Vendors & Group Photo

📍 **Hallway**

Connect, shop, and capture the regional conference photo.

2:00 PM

2 sessions — choose one

Concurrent Workshop — Block 3

Chapter engagement and wellness.

The Power of Blue: Strengthening Sisterhood, Chapter Engagement & Impact

Chapter Engagement · Pamela Cooper & Teri Wright

📍 **Headliner Room**

Wellness: Healthy From the Inside Out

Heart wellness, health, beauty, prevention & whole-person care · Dr. Karyn Willis & Judi Rayson

📍 Feature Room

2:45 PM

Chapter Presentations

📍 Headliner Room 🎤 Chapter Presidents

Three minutes per chapter — updates, engagement, and next steps.

3:15 PM

Regional Business Meeting

📍 Headliner Room 🎤 Regional Leadership

Regional updates, bylaws, and announcements. (75 minutes)

4:30 PM

Mindful Moment

📍 Headliner Room 🎤 Coach Lauren G

A high-energy wellness reset to close out the day.

6:00 PM

Sound Bath (Optional)

🎤 Rukiya Bonner '96

A restorative experience leaving you grounded, refreshed, and restored.

Sunday, September 20

Restore, Reflect & Return With Purpose

7:00 AM

Morning Movement: Xtreme Step

📍 Headliner Room 🎤 Coach Lauren G

An energizing wellness session to start the final day.

8:30 AM

Breakfast (Brunch)

📍 Headliner Room

8:30–10:00 AM · Fellowship and connection over brunch.

9:30 AM

Morning Glory

📍 Headliner Room 🎤 Cotton, Ferguson, Anderson

A musical and spoken-word morning segment.

10:35 AM

No More Burnout: Learn to Say No

📍 Headliner Room 🎤 Kweli Carson

For high-achieving professionals, caregivers, leaders, and chapter volunteers.

11:30 AM

AI: "The Takeover"

🎤 Diya Wynn

A closing keynote on AI's reach into work and leadership.

12:10 PM

Installation of Officers

📍 Headliner Room 🎤 Regional Leadership

Formal installation of incoming regional officers.

12:25 PM

Reflections & Closing Charge

 Headliner Room  Conference Chair, Regional Leadership
Participant reflections, commitments, gratitude, and final send-off.

1:00 PM

Conference Adjourns

Safe travels!