

Brevard Flag Football Ref Quick Guide.

10 Yards & 1st Down

- **Offsides**
- **False Start**
- **Pass Interference**
- **Illegal Flag Pull (Pulling flag before it is caught)**
- **Illegal Rush (Defender not behind rush cone)**
- **Tackling**
- **Flag Guarding**
- **Stiff-arming**
- **Blocking**
- **Raising arms to block pass beyond line of scrimmage**

Notes:

- 1. Unsportsmanlike conduct is not to be tolerated, if it occurs the game should be stopped, and the coaches should address with teams.**
- 2. No cursing is allowed; Players will be removed from the game.**
- 3. Safeties are a score for the defense, the Offense will reset at the 5 yard line for the next possession.**
- 4. If one team is up 3 scores the following modifications will be in place:**
 - All defenders of leading team line up behind rush cone and no rushing QB**
 - Offense of leading team will be required to only rush the ball this includes no behind the line of scrimmage passes (only hand offs or short pitches allowed).**

Brevard Flag Football is a recreational league intended to teach the game of football to our local youth in a fun relaxed environment. Good Sportsmanship and equal playing time for all is number one!!